

## Groups to hold prayer walk

Two groups of "Prayer Walkers for Life" will be walking to each church in Bird City and St. Francis on Sunday. The walk will begin at 2 p.m. at Peace Lutheran Church in St. Francis, and at 3 p.m. at St. John Lutheran Church in Bird City.

The participants will pray at each church for the congregation and its pastor. The pastor or a member of the congregation will have the opportunity to pray for those who work to

preserve and enhance life for all

At the end of the walk, both groups will meet at the Wesleyan Community Church in Bird City at 4 p.m. for a time of fellowship and a brief meeting.

The event is being sponsored by Cheyenne County Kansans for Life. Everyone is urged to participate.

For details, call 785-734-2703 in Bird City or 785-332-2950 in St. Francis.

## Learn about voting

An opportunity to coming up to learn about voting in Cheyenne County. What is the deadline for registering? How is an absentee ballot applied for? When do they have to be returned? Are there dates to vote in the county clerk's office? Where are the polling places in the county? What if you are in the military or overseas?

These and other questions you have may be answered by Debra Lindsten of the county clerk's office

at the Mainstreet Java at a 6:30 p.m. dinner meeting on Tuesday, Oct. 5.

Although the meeting is sponsored by the Cheyenne County Republican Committee everyone is invited to attend. Ms. Lindsten is very knowledgeable about the procedures for voting.

Although it is a dinner meeting, each individual is responsible for their own meal. It would be courteous if you let the Mainstreet Java know if you plan to attend.

## School Menu

**Monday**  
Breakfast: pancake and sausage on a stick, syrup, juice, cereal assortment, milk.  
Lunch: turkey bacon wrap, cheese, lettuce, tomato, curly fries, tropical fruit, peanut butter finger, milk.

**Tuesday**  
Breakfast: breakfast pizza, toast, juice, cereal assortment, milk.  
Lunch: chili, crackers, carrots and celery, cinnamon rolls, pears, milk.

**Wednesday**  
Breakfast: fruit turnovers, juice, cereal assortment, milk.

Lunch: chicken enchilada, tossed salad, refried beans, sliced peaches, milk.

**Thursday**  
Breakfast: biscuits with sausage gravy, juice, cereal assortment, milk.  
Lunch: barbecue pork sandwich, tater tots, strawberry fruited Jello, chocolate crinkle cookie, milk.

**Friday**  
Breakfast: scrambled eggs, toast, juice, cereal assortment, milk.  
Lunch: macaroni and cheese or ravioli with meat sauce, green beans, hot rolls, banana, milk.

## Weather

Date	H	L	P
Sept. 21	81	55	
Sept. 22	94	61	.20
Sept. 23	78	46	
Sept. 24	85	46	
Sept. 25	75	42	
Sept. 26	82	43	
Sept. 27	86	45	

The Right Stuff

S	O	S	W	A	P	I	T	I	A	G	O	G
O	T	T	A	N	A	C	I	N	L	O	W	E
C	O	U	N	T	Y	C	O	R	K	K	L	E
C	O	M	E	T	K	N	E	E	P	A	D	
E	L	P	A	S	O	S	R	O	S	E	E	
R	E	Y	G	P	A	S	P	A	T	E	S	
C	R	I	M	E	S	T	O	P	P	E	R	S
I	R	E	N	E	T	E	R	E	S	A		
D	E	S	A	L	T	D	E	E	R	A	G	
A	W	E	I	R	A	R	E	C	E	D	E	
E	P	A	U	L	E	T	M	O	R	A	Y	
B	O	D	E	S	P	A	R	K	P	L	U	G
A	D	E	N	T	H	R	E	A	T	N	E	E
R	E	D	D	S	A	N	E	L	Y	S	S	R

**Republican meeting**  
The Cheyenne County Republican Committee will hold a dinner meeting starting at 6:30 p.m. on Tuesday, Oct. 5, at Main Street Java, St. Francis. Deb Lindsten, deputy county clerk, will talk about voting in the county. Anyone is welcome to attend.

**Church unity potluck lunch**  
All believers in St. Francis and Bird City are invited to a church unity potluck lunch at 1 p.m. on Sunday, Oct. 3, at the American Legion Hall in Bird City. Everyone is encouraged to bring their own plates and silverware. Church families will be offering to provide drinks, cups, and napkins. And, of course, sponsors would like for those attending to bring the food!

**Notice of Annual Membership Meeting**  
Cheyenne County Development Corporation will hold its annual meeting on Thursday, Oct. 12, at noon at the St. Francis Public Library on 121 N. Scott, St. Francis. All Cheyenne County registered voters are members and are welcome to attend.

**Varsity sports schedule**  
The football team will play Decatur Community at home Friday evening.

The volleyball team will be playing Wray and Idalia in St. Francis today (Thursday), beginning at 5 p.m. They will be playing in the Oberlin Tournament on Saturday and Triplains and Wallace County in St. Francis on Tuesday.

**Hospital Guild**  
The Cheyenne County Hospital Guild will hold their opening meeting of the new year at 2 p.m. on Monday, Oct. 4. The program will take place at Dr. Tim Poling's office and will be a Dental Update. Hostesses will be Anita Miller and Betty Loudon at the St. Francis Senior Center.

**Farm Safety and Health Week**  
National Farm Safety and Health Week started Sunday (Sept. 19-25). This year's theme is "ATVs: Work Smart. Ride Safe."

In 2009, there were 16 non-fatal farm incidents and 21 fatal incidents. There was one non-fatal ag

industry incident and one fatal; 19 non-fatal ATV incidents and four fatal incidents.

**Guy Lombardo's Royal Canadians**  
Guy Lombardo's Royal Canadians will be performing in Hoxie at 3 p.m. on Sunday in the Hoxie High School auditorium. The Royal Canadians will perform a concert of Big Band era tunes, and their logo has been to play "the sweetest music this side of heaven." This is a Western Plains Arts Commission and Kansas Arts Commission program with admission by season tickets or at the door.

**Yuma Art Show**  
The Yuma Art Show is scheduled for Oct. 2-7 at the Yuma Presbyterian Church, 110 W. 4th Avenue. Highlighted this year are featured artist June Andrews and honored artist Goldie Gorman. Meet both artists at the Grand Opening and Reception on Oct. 2 from 1 p.m. to 5 p.m. The show will be open from 8 a.m. to 5 p.m. through the week, closing at 5 p.m. Thursday.

**County Commissioners**  
The Cheyenne County Commissioners will meet at 8 a.m. (today) Thursday in the commissioner's room at the courthouse.

**Board of Education**  
The St. Francis Board of Education will meet at 7:30 p.m. on Thursday, Oct. 14.

**City Council**  
The St. Francis City Council will meet on Monday, Oct. 11.

**Fair board**  
The next regular meeting is set for 8 p.m. on Thursday, Oct. 7, in the commissioners' room in the courthouse.

**Video cameras needed**  
The St. Francis Camera Committee needs one or more video cameras to record meetings. Contact *The Saint Francis Herald*.

**Store remodeling**  
The 2nd Beginnings Thrift Store in Bird City will open Oct. 1 after remodeling.

**St. Francis Public Library Art Gallery**  
The St. Francis Public Library Art Gallery is featuring "Sheet Music of the Past" during the

month of October.  
**Peace of Mind AA**  
Peace of Mind AA will meet at the St. Francis Public Library at 7 p.m. on Thursdays. Contact Kris D. at (785) 332-4410 or (785) 772-5090.

**Narcotics Anonymous**  
Narcotics Anonymous meetings are held at 104 W Webster/Meth- odist Education Building on Sunday nights at 8 p.m. and Thursday

nights at 7:30 p.m. Contact (785) 342-0028.

**Correction**  
The St. Francis City Council article in last week's *Herald* should have stated that a hearing date had been set concerning the cleanup of the property of Roger Sauer in St. Francis. This was not Dave and Teresa Sowers.

## Wray health fair and screening set

The Fall Community Health Fair in Wray will be held Wednesday, Oct. 27, at the Wray Rehabilitation Activity Center from 5:30 to 7 p.m. This is an annual event sponsored by the Wray Community District Hospital and Clinic, and the Wray Lions Club.

The health fair will offer community members an opportunity to learn more about their current health status and opportunities to improve their health. Additionally, the fair will offer an opportunity for the community to visit with a member of the local medical staff about lab results.

**Blood testing**  
Optional blood testing is available prior to the health fair. This testing includes a full general health chemistry including cholesterol, glucose, blood count and thyroid levels.

Please remember, the person must fast 12 hours prior to this test and drink plenty of water!

For an additional cost, gentlemen interested in receiving a PSA (Prostate Specific Antigen) test may include this in the general blood test. This test is utilized in detecting prostate cancer and is recommended annually for men over 50 (sooner for those at high risk).

All test results will be distributed at the Wray Health Fair. If partici-

pants are unable to attend the health fair, the test results will be mailed the following week along with a flyer explaining the results.

All participants are encouraged to make their doctor's visits after the health fair as results will not be able to be released until Oct. 27. People should discuss any abnormal values with their care provider.

**Blood draws available Oct. 6 through 21**

All blood tests must be completed prior to the health fair. Blood draws will be performed in the education room by the south entrance of the Wray Community District Hospital weekdays starting Wednesday through Oct. 21 from 6 to 9:30 a.m.

Blood draws will also be available at the Idalia Visions Center from 7 to 9:30 a.m. on Friday, Oct. 22, and Monday, Oct. 25. Appointments are highly encouraged.

To make an appointment for your blood test, please call the Wray Hospital at 332-4811.

**Bone density screening**

Optional bone density screening will be available the night of the health fair for a charge of \$50.00. Call for an appointment at (970) 332-4811 and pay for the screening the night of the Health Fair when you check in for your appointment.

**SHOWTIME: 7:30 p.m. 1 hr. 44 min.**

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Children 12 & Under: \$3 All Others: \$5

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2007 Freestyle Limited, DVD, Nav., 46K, #T5860	\$20,500
2009 Taurus X E. Bauer, DVD, AWD, 15K, #T5080	\$27,495
1999 Crown Vic Cloth, 73K, Blue, #53870B	\$6,500
2004 Crown Vic LX, Lthr, 4.6L, 85K, #08630A	\$8,000
2005 Ford 500, AWD, V6, Lthr, 145K, #T8182A	\$8,500
1996 Chrysler Sebring LXI, 150K, White, #45514A	\$1,995
1996 Lincoln Continental, Lthr, 115K, Tan, #25307C	\$2,800
2006 F150, S/C, XL, L.Box, AT, 4x4, 47K, White, #23451A	\$18,995
2006 Ranger, S/C, SLT, AT, Cloth, 4x2, 29K, #T1823A	\$13,900
2009 Chevy 1500 Silverado S/C, 4x4, 26K, #T0834A	\$25,500
2006 F250, S/C, XLT, 6.0L, 4x4, AT, 88K, White, #T8116A	\$22,500
2006 F250, R/C, XLT, 6.0L, 4x4, AT, 110K, Beige, #T3134A	\$19,000
2008 F350, S/C, XL, 4x4, AT, 6.4L, L.Box, 87K, #T4205A	\$27,000
2008 F350, S/C, XL, 4x4, AT, 6.4L, Flatbed, 80K, #T7537A	\$28,000
2006 Freestyle SEL, Lthr, FWD, V-6, 53K, #T2434A	\$14,500
2008 Escape XLT, Cloth, AT, 44K, Dark Grey, #T8557A	\$18,995
2008 Buick Enclave, FWD, Lthr, Silver, #T5703A	\$29,995
2008 F250 Crew Lariat, 4x4, 4" Lift, Cust. Paint, #T3234A	\$39,500
2001 F250 Crew Lariat, 4x4, #T6660B	\$9,500
2007 F250 Crew Lariat, 4x4, AT, 6.0L, #T8317	\$32,325
2009 F150, S/C, XLT, 4x4, AT, 18K miles, 1-owner	\$29,500
2006 F150 R/C, XLT, 4x2, Cloth, 51K, #T8054A	\$12,825
2008 Mercury Sable Premier, 27K Miles, #27009	\$23,500
2001 F250 Crew Lariat, 4x4, AT, 217K, #T6660B	\$9,500
2006 Freestar SEL, Cloth, AT, 71KMiles, #60770A	\$11,225
2010 Explorer E. Bauer, 4x4, AT, #T5631	\$31,650
2010 Focus SE, AT, 4 door, 20K, #27020	\$15,500
2008 F250 S/C Lariat, 4x4, 6.4L, AT, 49K, #T1737A	\$36,500
2008 F250 Crew XLT, 4x4, AT, 6.4, 70K, #T3329A	\$35,500
2002 Chevy Trailblazer 4x4, 129K, #T56788,	\$7,950
2006 Lincoln Mark LT, 4x4, DVD, 37K, #T0960B	\$27,425
1996 Chevy Tahoe 1500 AT, 4x4, #T5300C	\$4,500
1991 Chevy K 1500 S/C, 4x4, 151K, #T6336A	\$2,500
2007 Rokat Maui 50 Scooter, #18432B	\$1,000
2008 F350 Crew King Ranch, 18K, must see! #T4320A	\$44,500
2004 Chevy 1500 S/C, L. Box, AT, 4x4, 138K, #T8431B	CALL
2003 Chevy 1500 S/C, AT, 4x4, 125K, #T4896A	CALL
2005 Dodge Curango Limited, DVD, NAV, #T3363A	\$15,250

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785-626-3211  
**Wed., Oct. 27**  
Cheyenne County Hospital - P.M.  
210 W. 1st • 332-2104  
**Thurs., Oct. 28**  
Atwood (a.m.) • 626-3211  
Colby (p.m.)  
CSMC, 175 S. Range  
462-3332  
CMC, 100 E. College Dr.  
462-7511  
**Fri., Oct. 29**  
CSMC at 9 a.m.

**Stuart's Jewelry**

Our Bridal Registry

Couple registered:  
**Dani Lohman & Brian Holzwarth**

Bridal Shower  
Oct. 16  
at the First Christian Church

Free Wrap & Delivery 785-332-2333 Available  
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**CHEYENNE COUNTY HOSPITAL** 210 W. 1st • St. Francis, KS 785-332-2104

**Cheyenne County Hospital, Clinic and Health Department Will Be Sponsoring a Health Fair for men and women.**

There are two lab exams available – the lab profile will be a Chemistry Panel (with TSH and Lipid panel) and PSA. The lab draws will be offered for three mornings in St. Francis and one morning in Bird City.

We will offer a female exam that includes a breast and pelvic exam with Pap smear. The male exam will include a prostate check. The fee is due at time of service and will not be billed to insurance.

**Lab Draws**  
Monday, Oct. 4, 5, 6 from 7 to 10 a.m. in St. Francis Cheyenne County Clinic basement  
Tuesday, Oct. 5, 7 to 10 a.m. at the Bird City Clinic  
• No appointment needed.

• Please remember to fast for the Chem Panel Lab Test (Nothing to eat or drink except water after your evening meal)

Lab Fee: Chemistry Panel with TSH and Lipid \$40  
A1C — tests to check average blood sugar over 3 month period \$20  
PSA \$20

**MEN'S AND WOMEN'S EXAM SCHEDULE**  
**EXAM DATES: St. Francis —**  
Wednesday, Thursday and Friday, Oct. 6, 7 and 8  
Cheyenne County Clinic, St. Francis.  
**Bird City —**  
Wednesday, Thursday and Friday, Oct. 6, 7 and 8  
Bird City Clinic

Exam Fee: Female Exam \$25  
Male Exam \$25

Please contact the Cheyenne County Clinic to schedule your exam  
Or if you have additional questions at 785-332-2682.

**Check your renewal dates**  
— Current Rates —

**The Saint Francis Herald**  
Area - \$38 KS - \$42  
Out-of-State - \$48

**Bird City Times**  
Area - \$33 KS - \$36  
Out-of-State - \$40

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