

HONORED

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home town, St. Francis, where Dick could practice medicine.

"We were both interested in politics so we attended the first Cheyenne County Republican meeting," she said.

Chet Holliman, owner of the Palace Market, was the chairman. Because of her enthusiasm, Mr. Holliman asked her to be his vice chairman that night.

"I was county chairman for 35 years and vice chairman many years before that," she said.

The Crams were always delegates to District and State conventions. In 1960, when Bob Dole ran for the United State Representative, Mrs. Cram arranged a panel discussion with him and Robert Cram as the speakers. Mr. Cram was her father-in-law who served in the Kansas State House of Representatives for 11 years.

"Afterwards, I said to Bob Dole, 'I like you! is there any way that I can help you?'"

Mr. Dole replied by asking her to be the county chairman for Cheyenne County. She said she eagerly accepted and was Mr. Dole's chairman from 1960 to 1996 when he retired after running for presidents.

"He (Mr. Dole) came to St. Francis many times and one time, I had him in the back of the pickup campaigning with a microphone and loud speaker as we drove down Main Street," she said, adding, "we still exchange Christmas cards."

When I was seeking funds for Bob Dole's first campaign, she said, I typed all the letters with carbon-paper copies. Her children, Richard, Ione and Claudia helped by licking stamps and envelopes.

"I collected \$200 and sent it to him," she said.

When Senator Barry Goldwater ran for president in 1964, Mrs. Cram opened a Republican Headquarters on Main Street.

"We had lots of information and sold small bottles of 'Goldwater' to save money for the Cheyenne County Republican Committee," she said.

"We had United States Senator Jim Pearson in the high school gym for a big banquet with the help of Jerry Waters, his administrative assistant. Jerry was from St. Francis and my first cousin. He continued working in the national political arena for many years.

When Mike Hayden of Atwood

became Governor of Kansas, Mrs. Cram worked hard to help him with his campaign locally.

"Recently, I have been actively encouraging and helping with the reorganization of the Cheyenne County Republican Central Com-

mittee." she said. "Once again it has become active and my enthusiasm for good government has not waned on the local, state, or national scene.

"It all begins here with us at the 'grassroots' level!"

LOSS

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ty already has problems and the nursing home needs help. Understanding the county's situation and knowing that the status of the nursing home is another critical component, the community will need to choose a vision to pursue.

As a hospital board, said Jerry Toler, board president, it is important to be proactive and work in unison. The county residents need to be considered but we need to start working on these problems and let the county know we need support and more money to operate.

With health care reform, when and if it is fully implemented in 2015, Mr. Lacy said, there will be more people insured and there should be a reduction in charity care. This should help.

The administrator said he was cooperating with the Community Builders group to apply for a Kansas Rural Health Works - Community Engagement Program. The application for this is competitive in Kansas, with two communities out of the state to be selected in this round. This would serve the entire community and be helpful for the nursing home task force and the hospital in strategic planning. (See related article that shows one component of this study.)

Mr. Lacy has been appointed to the Policy Congress of the National Rural Health Association representing Critical-Access Hospitals. Great Plains Health Alliance is covering the expenses.

Lacy continues to work toward a financial proforma to assess the viability of a Federally Qualified Health Center (FQHC). He indicated that there were some serious governance and reimbursement issues that would have to be considered and dealt with to proceed with the model, but that it brings with it several enhancements including some improvements to reimbursement and scope of services, relief of some malpractice costs, and approximately \$650,000 per year in grant funds.

"This is one option we need to look at, but we may need another model," he said.

Mr. Lacy reported that he is writing a position paper describing this alternate model that will be submitted to the United Methodist Health Ministry Foundation later this month. When questioned, he indicated that the model would be designed to serve the needs of a frontier county (fewer than six people per square mile) and would enable improved collaboration and integration between the current components of health care. The orientation of the model would be far more prevention and wellness oriented than the current system. He said he has been very active in pushing for this new model.

In other business

- Terry Miller, county clerk, swore in new board members, Mike Bandel and Erika Zimbelman. Traci Neitzel and Joy Andereg are the outgoing members.
- Board elections took place with Mr. Toler re-elected as the president; Kari Gilliland is the new secretary; and Jane Young, the treasurer.
- Susan Roelfs, case manager department head, gave a brief report on what is happening in the department.

Next meeting

The next meeting of the board has been scheduled for 3 p.m. on Thursday, Feb. 24, in the St. Francis Clinic conference room.

- Bowling News -

Ladies Night Out 2/3

- Team standing: Yehas, Bier's Maids, Strikers, Wray Meat Packing, Wright Carpet, Bankwest, Dundy Ag.
- High game (scratch): Bier's Maids, Wright Carpet, Wright Carpet, Strikers; (handicap): Bankwest, Bier's Maids, Wright Carpets.
- High game women (scratch): Terry Yost, Vicki Coates, Kathy Blecha; (handicap): Coates, Vickie Schliep, Yost.
- High series women (scratch): Yost, Blecha, Mary Bier; (handicap): Yost, Bier, Tammy Gilliland.

Across the County

Watch for hypothermia, frostbite in livestock

This latest blast of cold weather was a big change from the warm temperatures we were enjoying a week ago. Big temperature swings can really be difficult to handle, especially for livestock. With many producers in the midst of calving, below zero temperatures are the last thing they would like to deal with. The dangers of hypothermia and frostbite quickly become a reality for livestock, especially newborns.

Hypothermia is a profound drop in body temperature. Animals less than 48 hours old or animals with a pre-existing condition or disease are at the greatest risk for developing hypothermia. In addition, newborns often are hypoglycemic, which means they have low energy reserves and electrolyte imbalances. Animals with pre-existing conditions (pneumonia, old age) have impaired body reserves and may succumb more readily to very cold and windy conditions.

Frostbite is the destruction of tissue in a localized area due to extreme cold. It is uncommon in healthy, well-fed and sheltered animals, but animals that are less than 48 hours old or have a pre-existing condition are at the greatest risk for developing frostbite.

The area's most likely to be injured include the ears, tail, teats, scrotum and distal parts of the limbs, especially the hooves. Hind limbs are more likely to be affected in cattle since the animal's normal posture is to draw its front legs under the chest while the hind legs

protrude from under the body.

Treating cases of hypothermia and frostbite is often unrewarding and therefore prevention is of primary importance. Prevention consists of keeping the animals, especially newborns, warm and dry. Windbreaks must be provided to counteract the effects of the wind chill. Bedding also is essential. It allows the animal to "snuggle" in and lowers the body surface area exposed to the wind. Also, increasing the amount of energy supplied in the animal's diet helps give the animal that extra energy to keep warm.

Some advice if livestock are suffering from hypothermia or frostbite: Calves with hypothermia need to be warmed slowly. The heat source should be about 105 to 108 degrees Fahrenheit. Warmer temperatures may cause skin burns or shock. Sources of heat include a warm-water bath, electric blanket, heat lamps or hot-water bottles, plus a warming box.

Supplying an energy source to these calves also is essential. If the calf is a newborn, colostrum should be supplied within the first six to 12 hours of life. Provide milk or electrolytes with an energy source such as glucose. An esophageal feeding tube works well to supply these energy sources. Without fluids, the animal becomes acidotic as it warms. An acidotic calf is predisposed to contracting scours or pneumonia.

Areas suffering from frostbite

By Marty Fear



County Extension Agent

should be warmed quickly. Frostbite is the actual destruction of tissue. To prevent permanent damage, circulation in the affected areas needs to be restored as soon as possible. The heat source should be about 105 to 108 F. Do not rub affected areas. They already are damaged and quite fragile. As the area warms, it will be painful. Do not let the animal rub these areas; that only will make the situation worse. In severe cases, analgesics (painkillers) may be indicated. Consult your veterinarian.

Contact the Cheyenne County Extension office at 332-3171 or cfear@ksu.edu with questions or comments.

-Till next week - Marty

BEE

Continued from Page 1

panion of the spelling bee. His final word spelled correctly was "hexagonal."

The last two Cheylin students to go out were Allie Frisbie and Jaime Davison. Allie misspelled the word "monstrosity" while Jaime misspelled "millennium."

Jude is now eligible to participate in the Great Bend Tribune Sunflower Spelling Bee in Great Bend on March 12. The winner of this round can go to the Scripps National Spelling Bee in Washington, D.C.

Cheylin participants were: fourth graders - Granite Bock, Merlin Ray, Jacob Serrano; fifth graders - Jordan Janicke, Alex Hazuka, Rachel Keltz; sixth graders - Haleigh Rucker, Bergan Bock, Kevin Estrada; seventh graders - Devon Janicke, Pedro Guiteriz, Ivan Kemp; eighth graders - Anamarie Crespin, Allie Frisbie, Jaime Davison.

St Francis participants were: fourth graders - Kyla Hicks, Lauren Johnson, Tayton Weeter; fifth graders - Devin Patton, Luke Lampe, McKinley Bartels; sixth graders - Joel Hill, Ryan Grover, Sophie White; seventh graders - Sydney Sundstrom, Jude Faulkender, Austin Patton; eighth graders - Aby Fernandez, Val Wurm and McKayla Taylor.

Bowling News

Monday Night Mixed 1/31

Team standing: Merklin Construction, ABC-Z, Western State Bank, Earl's Mowing.

High game (scratch): Merklin Construction, ABC-Z, Western State Bank; (handicap): Merklin Construction, ABC-Z, Western State Bank.

High game men (scratch): Arrie Cox, Brad Merklin, Eddie Zuege; (handicap): Cox, Merklin, Steve Morris.

High series men (scratch): Zuege, Cox, Merklin; (handicap): Cox, D. Morris, Merklin.

High game women (scratch): Pat Rose, Amelia Zuege, Connie Wilger; (handicap): Rose, Vicki Cox, Zuege.

High series women (scratch): Rose, Zuege, Wilger; (handicap): Cox, Rose, Zuege.



Wednesday Night Men 2/2

Team standing: Krien Steel, Haigler 1, Idalia JV, 2001 Electronics, Bonanza Ford, Cheyenne Bowl, Wright and Wrong, Haigler 2.

High game (scratch): 2001 Electronics, 2001 Electronics, Idalia JV; (handicap): Idalia JV, Krien Steel, Idalia JV.

High game men (scratch): Bill Carpenter, Carpenter, Bob Lippert; (handicap): Carpenter, Chris LaBarge, Bill Ehrman.

High series men (scratch): Carpenter, Lippert, LaBarge; (handicap): LaBarge, Carpenter, Wayne Mahon.

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HONOR



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