#### Saint Francis Herald 3

# County 4-H days set for Thursday

#### By Karen Krien

karen.k@nwkansas.com People are urged to stop by the St. Francis high school tonight (Thursday), about 4:30 p.m. to see the 4-H'ers in action.

Cheyenne County 4-H Day will find 4-H'ers performing singing, to dancing, to playing be demonstrations, project for those in the audience. talks and skits.

The Favorite Food Show will be held in the cafeteria. The 4-H'ers will create a meal, party or snack, attractively set the table and provide the recipe. They are judged and the room is then opened to the public.

Day Attending 4-H a variety of talents from encourages the 4-H'ers as they learn to speak and perform to instruments. There will also the public. It is also entertaining

## St. Francis included in second round

St. Francis has been included in you think a nursing home is schools, retail businesses. We by voting every day. the second round of the Reader's Digest, We Heart You America, contest and is in the running to win \$40,000 for the Good Samaritan Village nursing home.

People are urged to go http:// wehearyouamerica.readersdigest. com/town.jsp?, enter the city and state or zip code. Then cheer! As of Tuesday, St. Francis was in sixth place. However, on Friday, the town was in second place.

After getting to the site, people can cheer for St. Francis 10 times each day. They also have the opportunity to write why important.

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People should call their friends, share this on facebook, send out e-mails, do whatever it takes.

Many people have written on the site. Among the comments

• Both of my folks were residents of the home, and were treated just outstanding. This town needs to rebuild this home. • Though we are small in number in our community, our spirit is mighty! The senior population is as much a part of our everyday as is our churches,

need to keep our nursing home facility so seniors can go there and the loss of the nursing home when they need to, so we can take care of them as they have taken care of us and our town.

• For years, the nursing home in St. Francis has supplied safe, secure, compassionate care for its aging citizens. It has also provided a source of jobs for this farming community. When it recently burned, the people who lived there lost their homes. They have had to be relocated at some distance from loved one, losing their sense of stability and belonging. Many people lost their source of income and economic stability as well. The community needs a new nursing home/retirement center/assisted living facility. Being a farm community, it is hard pressed to build one without some form of intervention/assistance.

• Many towns are asking for a new swimming pool or a rec center for the kids but all we want is to bring our loved ones home. The only nursing home in our town had a terrible fire last October and all of the residents were moved to other towns. We are starting to rebuild but we People are encouraged to add

• St. Francis is my home town has made a huge impact in the loss of jobs and economic impact on the community and having someone's loved one 30 or more miles away from families. It is an important part of the town and needs to be restored and

maintained. • Hey. The nursing home reopens on the 14 with two coming home each day until we have 22. This is a win-lose situation. Win because we're open. Lose because we can't accommodate enough residents to break even. Also it's a lot less than 50! We need the county to take it over and help it become a viable operation again.

• Yes we need help to restore our long-term nursing facility, which is vital to our hospital, school and pharmacy. Our community foundation, with significant funds, could assist this entire community of 1,200, for many years to come if we had funds to generate revenue. The locals are very generous but the foundation could use a major boost.

There are pages of comments. need lots of help. Please help us their comments when they vote.



Two St. Francis eighth grade grade division including students people in America stand by each students were earlier notified from Goodland, Weskan and St. that their essays were selected as winners in the Goodland Elks Lodge Essay Contest. McKayla Taylor received first place and Aby Fernandez received third place in the writing contest.

On March 11, McKayla's essay won second place at the district level and she received a \$75 savings bond. Aby won third place and was awarded a \$25 gift certificate at the district level

Aby's essay also won third place at the state level and she was awarded a \$75 savings bond.

Both students wrote their essays in Mrs. Gibson's eighth grade language arts class. There were 80 entries in the seventh and eighth Another marvelous reason is how

Francis.

Students wrote on the topic, "Why I am Proud to be an American."

#### The essays appear below. Why I am Proud To Be an American

By McKayla Taylor If there is anything I'm to be proud about, it's to be an American. I love my life as a proud American!

People say Americans live in the most prosperous land. They're definitely right about that, but what makes America so great? Is it that we always fight for our right to be free? Yes, that may be one reason.

other through better or worse. Nothing is greater than the love and generosity of our country.

The men and women of America in Afghanistan, who are fighting for our freedom we have today, are most definitely the people we should be most thankful to. Without those wonderful people of the past, present, and future, we wouldn't be where we stand today.

If you think back to the Revolutionary War, you never would have thought that farmers or even village people had the skill to take down the British Army. The British had an astonishing Navy force and no one thought that these people, who barely knew what they were doing, could take down a professional army. You know how they did it? It's because of how much they loved their country. Without their love and devotion, we wouldn't be where we are today. I think that if it wasn't for the men and woman of the past, we wouldn't have the amazing future of today. What do you think?

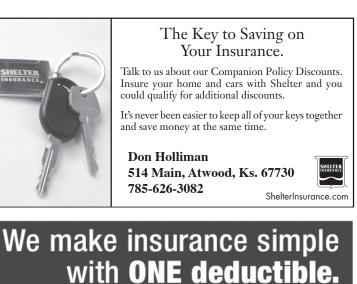
Why I'm Proud to be an American

By Aby Fernandez

If there is one thing to be proud of it would be being American. People sometimes criticize me for being American and Mexican at the same time. From the eleven years I have been living in the United States I found out that other people's opinions don't always count and that no matter what, I should always be myself.

I love being an American because that's one of the major things that make me feel so special. I am surely proud to be an American because I am convinced I am free. When you are an American you know you have the freedom to do things other nations can't. You have way more

I have lived in the United States for about eleven years and the time that I have been here has been awesome. When I came back from a trip to Mexico I can assure you it was the happiest day of my life. I realized there is no other better place than the USA.



# opportunities to succeed in life.



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**DRYLAND AND GRASS** 

• Sealed envelope - put in the temperatures: get warm water and freezer for a few hours, then slide a put Dawn dish-washing liquid in knife under the flap. The envelope it. Pour it all over the steps. The can then be resealed.

• Use empty toilet paper roll them neat and you can write on the dipped in baking soda. Comes of roll what appliance it belongs to.

• For icy door steps in freezing is!).

girl was kill 10 miles north of St. The truck was driven by Enrique Fernandez-Macias of Wray, Colo. Yesenia Coronado, driving a

Coronado's family was 2003 Mitsubishi, was traveling traveling behind and were on the north on K-27 when she hit an icy scene when the Kansas Highway spot in the road, spun around in Patrolman arrived. The accident front of and hit a 2004 Freightliner occurred around 3:30 p.m.

## **Helpful Hints**

Holyoke girl killed

Francis on Tuesday, March 8.

mix won't re-freeze. to store appliance cords. It keeps worked wonderfully! A damp rag,

• Crayon marks on walls? This with little effort (elbow grease that

### in recent accident An 18-year-old Holyoke, Colo., truck hauling a load of hogs.



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