Echoes Across the Plain

By Dorthy L. Mast

The Homestead Act of 1862 The 5 years "proven up" patent - It provided that any person who is the head of the family or has arrived at the age of 21 years, and is a citizen of the United States or who shall have filed his declaration of intent to become such and who has never borne arms against the United States government or given aid and comfort to the enemy, is entitled to 80 acres if taken in more favorable

Example: a Railroad Grant.

sometimes depending on the area.

From the date of application, usually called filing, 6 months was allowed for making improvements

the homesteader had to be on the land and begin improvements. He was further required to make this his permanent residence for 5 years from the date of application. Any time after that date the settler could take out his final papers provided that he did this within 7-1/2 years

The final papers consisted of giving evidence that the conditions had been fulfilled. If this evidence 160 acres of land in certain areas or was satisfactory the patent was granted on the testimony of two witnesses.

Sometimes, historians study only In most areas, the application fee one aspect of history instead of was \$14 and an additional \$4 when the overall impact that it made. final proof was made. This varied The Homestead Act of 1862 was one of these aspects among many others. The conquest and betrayal of the Indian tribes, the traders and trappers, the military pursuit of the and on or before the expiration date, Indian tribes, the building of forts to

protect the settlers - these are only a few of the aspects.

The problem some historians often have is that records that have been kept are from the different viewpoint of the record keepers, due to his or her understanding of the prior existing issues and possible environment or the environment at that particular time frame.

The Plains area of Cheyenne County, Kansas was entirely different from Eastern Kansas. Many of the homesteaders who migrated from Missouri and other places were unprepared for the open plains without trees - only bushes along the river banks and live springs.

Sources:Government records. The Sod House Frontier, by Everett Dick, The Covered Wagon, by Emerson Hough, and True Sod by Barbara Oringdorf.

Next issue:The Indian Aspect



Bandel County Health Nurse

The workforce and the needs of to reduce your stress level. A good

working families are at an all time high due to the demographic and More women are employed outside the home, single parent families are on the rise, and demands from work and family roles are increasing. Both men and women are seeking balance to their work and personal lives. At the same time, many of us have high expectations of ourselves and our families, and feel guilty, frustrated and worn out. We cannot (or may not want to) eliminate all of our roles; therefore, the key may be in finding ways to balance those

yourself by getting plenty of sleep, and exercise regularly. A healthy and concentration, which will help improve your efficiency so that you can complete your task and help one who is capable of doing tasks at

place to start is by identifying what causes your stress, how your body economic changes we have seen. and mind respond to stress, and creating a plan to reduce it.

> Here are some ideas for making changes and finding balance in your

> Prioritize: Eliminate some of the unimportant things that clutter your life. Make a list of thing to do each week, then give high priority items an "A", low priority items a "C", and those in the middle a "B". Structure your activities around this list.

Let Go: you cannot do it all. You cannot be superwoman or super dad without paying a price. You must first take care of Look around your home or office to what produces valueless work... eat a healthy diet, be creative, let it go! If you don't have time to spend time with adult friends, bake goodies for a bake sale and can donate money instead...then donate lifestyle can improve your focus the money. Don't stress over the small stuff.

Delegate: You are not the only

Haigler News

Laura Pearl Wall and Sophia

Stan and LaNeta Carlock's estate

home and work. Make a list of jobs and activities that could be handled by someone else and let them help.

Communicate your needs: Don't assume others know how you feel or what you need done. If you want your family or co-workers to help out, then ask them nicely. You don't have to do everything yourself!

Stop procrastinating: If putting things off is affecting your personal or professional life and you feel guilty about it, you are a procrastinator. Determine why you put things off then think about how you could break down some tasks into smaller parts and tackle the smaller pieces one at a time.

Keep an open mind about managing your life through time, work and family and take care of yourself. Stressing over something is not healthy!

Floy



GETTING THEIR INSTRUCTIONS — Matilynn Smull and Shane Todd listen to Coach **Brock McAtee during a recent game.** Herald photo by Danielle McAtee

Poetry Winners

Scott Warren was among the poetry winners in the freshman poetry winners in the freshman poetry winners in the freshman class. He will have this poem class. She will have this poem class. She will have this poem published.

Life of a Lineman **Scott Warren** Freshman

It's the end of the school day As I make my way home

So I can get my homework

Because our big game is today

Here I am in the locker room Putting my pads on

When the coach comes over to

And says that I am starting in

I became very excited and

But I calmed myself down Because I had to stay serious

So I could concentrate on the We head out onto the field

The crowd's cheers sound like

As we get on the grass To start our warm-ups

As the game progressed on I started to get tired, but I didn't

I still played my hardest

It was the last play We needed to score to win And if we didn't, we would

The quarterback called the play I got in my stance

The quarterback snapped the

And in a flash, we had won

Lenny Olivares was among the published. **Emotional Feelings**

By Lenny Olivares Freshman

seems grayish Depression black.

Like a dark and frightening cave giving me goose bumps.

I see a gray sky ready to become

I hear thunder and the hard rain hitting the ground.

I smell the water of rain and

I touch the cold, hard, and wet ground.

I taste water running down my

Lane Hoffman was among the poetry winners in the freshman class. He will have this poem published.

Bear Lane Hoffman Freshman

Fear seems black. Like the darkness that fills a

I see the two glowing beads in forgives me

the back of the cave. I hear the breathing of the know that it can not come true

monster inside.

I smell the stench of muck on eyes

I touch the slimy walls as I back to me

my face as I run from my fate.

I try to hold back the tears in my

Shelby Cassaw was among the

I am

Shelby Cassaw

Freshman

I am a girl who worries way too

I wonder if things can ever go

I hear people talk bad about me

I want nothing more than to be

I am too worried about what

I pretend like everything is all

I feel my heartbreak like a lighting

I touch my skin as it turns to

I worry like a little kid when they

I cry as I lie there thinking about

I am trying not to worry so much

I understand people say things

I say that I'm sorry but no one

I dream of a perfect life but I

my day and what went wrong

right and I am happy

hitting a tree

goose bumps

fall for the first time

but it doesn't work

they don't mean

I see the way they look at me

published.

much

happy

I hope that my friends will come

I am someone that worries like a I taste the sweat as it runs down new mother wondering if she has done everything right

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Idalia News -

Sophia Zuege visited Pat Bryan to Wyoming on Sunday to do some

Dale and Dode Faylor's grandson, Zuege visited Emma Brunswick

Kelsie Shay visited for a while on auction is scheduled for Saturday,

Saturday night. They continued on July 23, 10 a.m. mountain daylight

in Colorado Springs over the visiting there.

Kelley Faylor and wife, Nikki, and Tuesday afternoon.

By Angela DeLeon St. John's News:

their two children, Kelton Lane and

Thursday mornings from 7-7:30 shown on July 14. a.m. at St. John church. All men welcome.

Weather

Tom Mandis. Average high, 81.1.

Average low, 52.7. Warmest day, 101 June 30. Coolest day, 47 June 1. Precipitation for month, 1.61

inches. **Cornerstone movie**

The Idalia matinee on Thursdays, 10 a.m., at

performances, to give suggestion for future movies, or to make Idalia weather for June, 2011 by suggestion on different showing times, please talk to Chuck Wright, 354-7522.

Blood Pressure visits

Denice Baucke, RN and the new Senior Services Coordinator, Rogene Gutshall will be in Idalia at the Prairie Vista Café on Tuesday July 19 from 9-10:30 a.m.. Come Cornerstone meet Rogene and Denice who Community Center will be showing will be doing free blood pressure



St. Francis, KS homes for sale

314 East Emerson....Charming remodeled 4 bedroom, 2 bath home. This home has had lots of recent remodeling. Main floor offers living room, dining room, kitchen, two bedrooms and bath. Basement has family room, two bedrooms, bath and laundry. Central heat and air, privacy fenced yard and

detached garage. \$69,900.

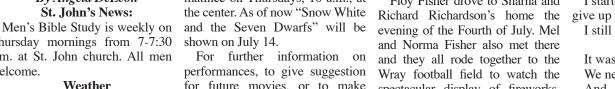
Please contact Donna Moore 785-899-2328 or cell 785-899-8089 to view this home.



213 West Webster...Great investment property. This two bedroom bungalow offers living room with fireplace, kitchen, bath, bedroom and family room on main floor. Basement is finished with small den, bedroom, 3/4 bath and utility room. There is central heat and air and detached garage. Only one block from downtown St. Francis. \$13,613. Please call Donna to show you this home 785-899-2328 or cell 785-899-8089



www.GoodlandHomestead.com

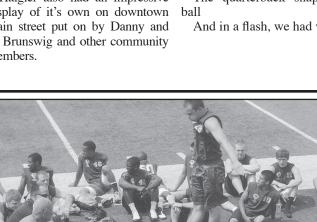




It was reported that Don Harford was taken to the emergency room and transferred to a hospital in Loveland, Colo., and Paul Freehling's surgery was postponed

for a few days. Floy Fisher drove to Sharna and and Norma Fisher also met there and they all rode together to the Wray football field to watch the spectacular display of fireworks. The crowd seemed smaller than in some former years but on going out there were many private yard

gatherings at homes in the vicinity. Haigler also had an impressive display of it's own on downtown main street put on by Danny and Jo Brunswig and other community members.



I, Dalton Magnani, would like to send out a special thank you to all the individuals and all the businesses that made it possible for me to go to Canton, Ohio for the National Blue-Grey Super Combine on June 18!! It was an amazing opportunity for me to get to compete against 200 other athletes, some of the best athletes from the United States!!! It was a once in a lifetime opportunity that I will always remember, and never forget!!

The very first people I would like to thank are my parents for driving me all that way, and also making it possible for me to go to Canton!!

Once again I would like to thank the following people: Modern Woodmen Fratenal Financial (Garrett Dowling)

Hometown Market Century II Monty's Beef Jerky Big Ed's Steakhouse **Anthony Blair** Chris & Dana Howard Mark & Cathy Loop **Brent & Stephanie Johnson Hendricks Farms** Les & Trish Loker Melvin R. Dunn

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