



## Alumni website now online

A website has been dedicated to the St. Francis High School alumni and faculty and is now online.

Sponsored by the St. Francis Community Foundation, the website is [www.stfrancisalumni.org](http://www.stfrancisalumni.org).

Alumni and faculty are invited to visit this site. Over 100 have registered to date. Registration is voluntary and an individual can decide what personal information he/she chooses to share online.

Each class will have a page dedicated to their graduation year. Classmates can post messages on a class bulletin board after they register online.

The enrollment process is very easy. Each class will have a class administrator to monitor those that choose to register with their class.

Class administrators will also assist classmates with questions. The Alumni Website Committee has gathered all yearbooks from 1959 to 2011, except the years 1974 and 1981.

If you have one of these years, said Tom Keller, one of the coordinators, please consider sharing it to be scanned.

All these yearbooks will be eventually scanned and shared online. Some pictures from the earliest yearbooks have already been posted online.

All classes will eventually have their senior pictures posted on their year of graduation. Alumni that graduated prior to 1959 are asked to share class pictures by sharing them with the committee or upload their own photos.

This website was developed to facilitate communication between classmates. Please check out this new website, [www.stfrancisalumni.org](http://www.stfrancisalumni.org).

Contact Tom Keller, Jason Padgett or any other foundation board member with questions.



**FALL MUSIC FESTIVAL** is set for tonight (Thursday) at 7 p.m. at the grade school. Pictured, left to right, are Emma Johnson, Colton Netizel, Doyle Easter and Macye Elkins.

## Fall music festival set for tonight

The grade school music department will present their fall music program at 7 p.m. on Thursday (tonight). The program will be held in the gymnasium and will feature the kindergarten, first, second and third grade music classes.

The 20 kindergarten students will present "A Day in the County." The first, second and third grade students will be performing an international program entitled "It's A Small World." A wide variety of songs, dances and entertainment will be presented.

There will be an all-school dress rehearsal will be held at 10:15 a.m. the morning of the program. Everyone is welcome to attend the program which is 1-hour in length.

**BAKER, Lukas Zwegardt, has a special part in the program.**

*Herald staff photos by Karen Krien*



## Games, food, fun offered on Monday

Halloween doesn't have to be scary or dangerous.

This year, three churches have put together the Fall Festival from 6 to 9 p.m. on Monday at the fairgrounds exhibit building.

There will be games such as wet sponge toss in the face, ring toss, bean bag toss, football throw through a hoop, ping pong, face painting, arts and crafts and bottle-stack throw, just to name a few. In addition, there will be a hay ride.

It will be an evening filled with fun and laughter, said Pastor David Butler, St. Francis Community Church.

Not to miss out on the trick or treats, each child will receive a bag of candy.

There will be a chili cook-off that will be judged by everyone in attendance via secret ballot. In addition, there will be a brownie cook-off and it will be judged accordingly. Each winner will receive the coveted "Golden Ladle" and "Golden Spatula".

This is a come and go event, Pastor Butler said.

Hosting the festival are the Peace Lutheran Church, Christian Church and the St. Francis Community Church.

For more details, contact: Diane Shay - 332-3209 or [shaydiane@hotmail.com](mailto:shaydiane@hotmail.com); Gwen Keller - 332-2067 or [gwenkk3@yahoo.com](mailto:gwenkk3@yahoo.com); or Jeff Landers - 332-2956 or [jeffreylanders1@sbcglobal.net](mailto:jeffreylanders1@sbcglobal.net).

## Shop specializes in coffees, soups and sandwiches

*By Karen Krien*

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Cuppa Joe open Oct. 17 at 216 W. Washington, St. Francis.

Kary and Kim Zwegardt, owners, are excited to be in the restaurant business.

"It is something I have wanted to do," said Mrs. Zwegardt said, who is also a certified registered nurse anesthetist.

For 12 years, they have been owners of the building which has had several restaurant-coffee shop businesses. Each time a shop would close, they considered opening a restaurant, however, they felt it wasn't the time. When Michelle McCoy, who was operating a coffee shop in the building, talked to them about finding someone to take over, they seriously considered opening the business.

We thought about it and prayed about it - the kids had left home - and, Mrs. Zwegardt said, in the end, we decided that we should be

the new managers. We also had a lot of positive encouragement from the community.

They didn't go into the business without some knowledge. Mrs. Zwegardt's mother had ran a restaurant and Kim knew it was a lot of work.

Both Kary and Kim like coffee - good coffee. They found PT Coffee Roasters in Topeka. The owners were from small towns but they had traveled worldwide and knew their coffees. They offered training so the Zwegardt made a trip to Topeka and learned all they could about making everything from espresso, to lattes, to a great cup of coffee.

When they order coffee beans, the beans are roasted and the next day, they are shipped to St. Francis. We grind our own beans, she said, and people can tell the difference in the freshness of the coffee.

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## Sainty wrestler inducted

Former St. Francis High School wrestler and Goodland assistant wrestling coach (2001-2002), Billy Gabel, has been selected to be inducted into the Kansas Wrestling Coaches Association Hall of Fame.

Gabel was a four-time state champion in high school with 125 wins and 5 total losses. He was named Senior 3-2-1 A Wrestler of the Year and was the 1996 Kansas Wrestler of the Year.

He competed in the Junior Fargo All Americans for two years placing 5th in Greco Roman the first year and 7th the second year. He was a four-time Junior Regional National Champion and was named Outstanding Wrestler in 1996 at the Rocky Mountain Regionals. Gabel was also featured in the 1996 *Sports Illustrated* magazine.

After high school, Gabel was recruited by the University of Nebraska at Lincoln and wrestled there from 1996-1999. He then transferred to Oklahoma State University to wrestle with his brother, Kelly Gabel. He wrestled at OSU from 1999-2001 where he graduated with his degree in Physical Education.

He then began teaching and coaching in Goodland from 2001-



**BILLY GABEL encourages his wrestler during a tournament.**

2002. He went on to teach and coach at Pine Creek High School in Colorado Springs. He was the assistant wrestling coach there from 2002 - 2007 and was named the head wrestling coach in 2008 until the present.

In 2004, Gabel took a Colorado elite team of 19 wrestlers to compete in Germany. He has served on the Colorado USA Wrestling Board as a Cadet Director, Equipment Director, and Folkstyle Director over the past eight years.

As a first time head coach for Pine Creek High School, Gabel's

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## Chorus entertains Sunday afternoon

There will be music, jokes, skits and lots of laughing starting at 4 p.m. on Sunday when the Windsong Chorus comes to the St. Francis high school auditorium.

The Windsong Chorus will be performing "North Pole Nonsense," which finds elves from all over the world converging on the North Pole for training to become one of Santa's elves. The show appeals to all ages, young and old alike. Children will especially like it, said Neala Carmichael, a retired member of the chorus.

Windsong Chorus is a Sweet Adelines barbershop group which sings four-part harmony and rehearses weekly in Sterling, Colo. Colleen Gardner and Carol Ross, both of St. Francis, have been members of this group for about 16 years. Mrs. Carmichael, now of St. Francis, retired two years ago after directing the chorus for 30 years.

Some of the songs the audience will enjoy are: "Keeping Out of Mischief," "It's a Small World," "Are You From Dixie," "Baby Face," "Candy Land," "The Climb" and "Santa Claus Is Coming To Town."

Mrs. Carmichael encourages everyone to get an early start on the Christmas spirit by attending the Windsong Chorus event.

Chapter U of P.E.O. is sponsoring the concert. Tickets will be sold at the door. Children 8 and younger will be admitted free when accompanied by an adult. Tickets to the Windsong Chorus concert are also available from any P.E.O. member as well as Ross Manufacturing, Bankwest, First National Bank and Western State Bank.



**MAKING TOYS FOR SANTA** were Carol Ross, right, and Colleen Gardner. The elves are part of the Windsong Chorus which will be performing Sunday at 4 p.m.

*Herald photo by Kristi Guthmiller*