At the Game



RYLAN DOYLE waits for the whistle to go for the reversal or escape. Rylan placed fifth at the

Young wrestlers continue competition in Goodland

There were sixteen St. Francis wrestlers competing in the Kansas Kids District 4 North Sub-District tournament held in Goodland on Saturday. There were 10 of them that placed in the top four, with Tayton Weeter and Trayton Doyle bringing home first places.

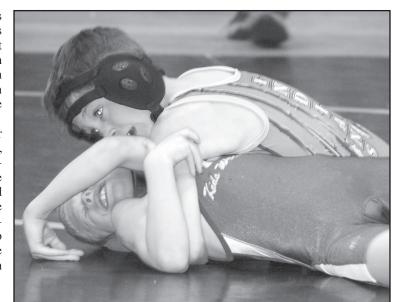
Those qualifying besides Weeter and Doyle are Shadryon Blanka, Luke Lampe, Ryan Grover, Garrett Brunk, Justin Pacheco, Lane Hobrock, Shakotah Blanka and Zach Gienger. They will advance to the district tournament on Saturday in WaKeeney and the top four placers will qualify for the Kansas Kids State Tournament in Topeka, March 24 and 25.

Placings

8 and under: Brody Kaup, 55 pounds, placed fifth; Shadryon Blanka, 80 pounds, placed second; Rylan Doyle, 110 pounds, placed fifth.

10 and under: Connor Keller, 76 pounds, placed fifth; Tayton Weeter, 82 pounds, placed first.

12 and under: Luke Lampe, Grover, 190 pounds, placed sec- pounds, placed second; Shakotah



BRODY KAUP came in fifth place at the wrestling tournament in Goodland on Saturday. Herald photo by Shawna Blanka

placed first.

14 and under: Clay Cassaw, 115 pounds, placed fifth; Garrett 138 pounds, placed fifth; Austin Brunk, 135 pounds, placed sec- White, 138 pounds, placed sixth; ond; Justin Pacheco, 145 pounds, Zach Gienger, 195 pounds, placed 120 pounds, placed second; Ryan placed fourth; Lane Hobrock, 155 second.

ond; Trayton Doyle, 215 pounds, Blanka, 265 pounds, placed second.

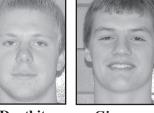
High school: Logan Lampe,

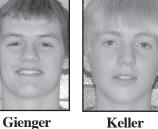


P. Nelson

Hoffman





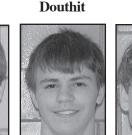


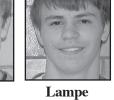


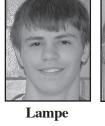




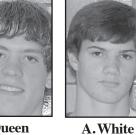
Wolaver









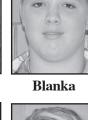




Northrup









Dunn

Letter winners are named

E. Nelson

The 2011-2012 season St. Francis wrestling letter man, Logan Lampe, Derek Caitlin Northrup, Taylor winners have been named by Coach Nathan Smith.

Senior: Paul Nelson. Juniors: Thomas Douthit, Blanka, Jon Hoard, Matt Zach Gienger, Casey Howell and Erik Nelson. Keller, Mikey Leibbrandt and Dylan Wolaver.

Queen, Austin White and Matt White. Freshmen: Shakota

Also receiving letter awards for participation as

Sophomores: Lane Hoff- manager/mat maids were: Archibald, Jandy Dunn





Students lift weights for public

Students from plyometrics assistant track/wrestling coach pounds, Scott Warren with 410 classes participated in a weight Kyle Buffington. lifting demonstration Thursday, maximum weights throughout the week and during Thursday night's Lifters were spotted by plyomet- pounds, on bench press. rics instructor Nathan Smith and

SF 9-11.indd 1

Over 30 students participated March 8, in the high school gym. in bench press, squat and power Students had been tested to reach clean lifts. Top lifters for the eve-

Sam Reed with 285 pounds, demonstration for the community. and Sydney Sundstrom with 90

Mikey Leibbrandt with 420

pounds, and Laura Brunk with 220 pounds, on squat.

Thomas Douthit with 220 pounds, Sydney Sundstrom with 80 pounds, on power clean.

Additional videos can be found on the school's website, www. usd297.org.

Basketball season ends with broken records

winners of the 2011-2012 Francis basketbovs ball team have been selected. Ten studentathletes are on Coach Jeff Beims' list:

Seniors: Jonathan Butler, Isaac Schiltz and Matt Tygart.

Juniors: Dylan Peter, Steven Nelson Keegan and Sherlock.

Sophomores: Wyatt Landenberger and Mason Schiltz.

Freshmen: Cade Bracelin and Kyler Zweygardt. The boys had a 10-11 record

this season and several new records were set (or tied) during this season. Best Field Goal Percentage

(3-Point Shots)- One Season: 35.49 percent (148-417). The old record was 34.7 percent (95-273) set in 2010-2011. Fewest Points Allowed in One

Game: 6 vs. Idalia on Jan. 10,

2012. The previous record was 28 vs. Christian Family Educators set on Jan. 28, 2010. Fewest Points Allowed in One Half: 1 vs. Idalia on Jan. 10,

2012. The previous record was 9 vs. Cheyenne Wells set on Dec. 19, 1999. Fewest Points Allowed in One Quarter: 0 vs. Idalia on Jan. 10, 2012. This ties the record set by

previous teams including: vs. Oberlin on Jan. 18, 2000; vs. Cheylin on Feb.2, 2002; and vs. Cambridge, Neb. on Jan.16, Fewest Free Throws Attempted in One Game: 2 vs. Thunder

Ridge on March 1, 2012. This ties the record set vs. Cheylin on Feb.11, 1987. Senior Isaac Schiltz and freshman Kyler Zweygardt also

broke some individual records this season. Most Points in One Game:

36 Isaac Schiltz vs. Osborne on Feb. 27, 2012. Two other athletes have accomplished this feat - Bill Krueger vs Cheyenne Wells on Feb. 23, 1984 and Tim Harkins vs. Oberlin on Feb. 25, 1974. Isaac also scored 32 points





Sherlock



Landenberger

Indian athletes



M. Schiltz













a game. This feat has occurred 21 times in Indian basketball history. Isaac scored 30 or more points four times in his career. Most 3-Point Goals Made-One Season: 59 Isaac Schiltz 2011-2012. The old record of 48

have scored 30 or more points in

was held by Mike Zweygardt set in 1990-1991. Most 3-Point Goals Made-Career: 132 Isaac Schiltz 2009-2012. The old record was 125 held by Mike Wolters in 1998-

Most 3-Point Goals Attempted- One Season: 157 Isaac Schiltz 2011-2012. This ties the previous mark of 157 set by Mike Zweygardt in 1990-1991.

Two Indians earned a position on the All-Time lists. Isaac Schiltz earned the number one position on the Scoring Average- One Season list with 20.14 points per game this past season. Only one other player, Ron Daggett in 1958-59, averaged 20 or more points for the season. Isaac also earned sixth place on the Career Scoring list with 946 career points.

Kyler Zweygardt tied Darrel Busby (1956-57) for the second spot on the Season Free Throw Percentage list. Kyler made good on 12 of 15 (80 percent) free throws this season. Isaac was also added to the

short list of athletes scoring 400 or more points in one season Isaac scored 423 points this past season. Nick Young is the only other Indian athlete to score 400 points in a season. Nick accomplished the feat twice- 440 and "With our season coming to a

this season on Feb. 24. Thirteen premature close, we are forced

to say good bye to our three seniors," Coach Beims said. "I think I write every year that this is by far the toughest part of my job, mainly because it's true. If it were up to me, I would

have 50 players on my team, as I would never allow anybody to leave my program." "Jon Butler has been a great player for us, leading the team as our point guard for the last couple years," Coach Beims said. "Point guards rarely get much credit, as they do things that don't generally show up on stat sheets, but "J-But" shouldered the responsibility admirably. Matt Tygart's season was cut short due to injury and we missed his height down the stretch. Isaac Schiltz leaves the program with an impressive resume, having tied or set sev-

kind of commitment doesn't come along that often, and I'm grateful to have had the opportunity to watch him develop into the player he has become.' "These three young men have given a lot to St. Francis High School over the last four years,

and they will be missed," Coach

Beims said.

eral records. He will always be

remembered as one of the most

prolific scorers in St. Francis

history. I will remember Isaac

as the most dedicated, hardest

working player I've coached to

this point. Unfortunately, that

Girls letter winners chosen

St. Francis girls' basketball Coach Susan Dinkel has named seven student-athletes as the letter winners of the 2011-12 sea-

Seniors: Kaitlin Figgins and Jenna Hill

Juniors: Laura Brunk and Clarice Neitzel. Aubrey Mills was awarded a provisional letter. Sophomore: Aly Schlepp.

Freshmen: Kyla Bandel and Justice Wiley.

Kaitlin Figgins set a new school record for most points in one game when she scored 41 points against Osborne in the first round of sub-state play this season. The previous record was 36 points and was held by Julie Burnham (class of 1981). Both Megan Kinen (class of 1982) and Michelle Young (class of 2000) scored 35 points in one

"This season was a quick season- one in which we grew immensely as players," Coach Dinkel said. "We started out as a junior varsity team playing varsity games, but we quickly grew and became a decent varsity team. "We will certainly miss the

senior leadership of Kaitlin and Jenna, but we will have three seniors next year to lead us, as well as a junior and some sophomores that have plenty of varsity experience. "Although relieved the sea-

son is over, I truly do miss this team already. They were a great group of girls, who responded well to our coaching. Even when I yelled at them, or gave them my 'Frank Martin stare,' they your children can participate



Mills

Figgins

Hill

Schlepp

Brunk

Wiley

Neitzel

Bandel

knew I did it because I knew in. Allow them the opportunity they could do better. I am really so they have an idea how to be looking forward to next season, competitors. You can't expect as well as working with them in the offseason to make them stronger and quicker.

"On a side note, I really do want to publicly thank those individuals who have helped with our youth basketball program over the years: Rob Schiltz, Matt Bandel, Chris Bracelin, Jason Johnson and Noel Ketzner. They have done a great job teaching our youth the fundamentals of basketball and we are beginning to see the students who were involved in our junior high and high school programs. This is free of charge to students and a great way to introduce your children to the fundamentals of the sport. Also, there are 5-on-5 or 3-on-3 tournaments

your child to be a star athlete and play all the time without a little knowledge outside of the sport. Encourage your child to get out and play.

"Focusing solely on one sport makes someone good in that sport only," Coach Dinkel said. "Allowing your children to participate in a variety of activities makes a well-rounded athlete. No, athletics isn't everything, but participating in them will help in the world outside of high school-competing for a job, time management, teamwork, winning and losing, decision-making, and making adjustments on the fly. All of these things help create a well-rounded studentathlete and employee."

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