Tysson Thomas Andrist

Andrew Andrist welcomed home his new brother, Tysson Thomas Andrist, born Sept. 25, 2012, at the Cheyenne County Hospital in St. Francis.

Tysson weighed 9 pounds, 3 ounces and was 22-inches

His parents are Dustin and Sharissa Andrist, St. Francis.

Sara Marie Jahay

Sara Marie Jahay was born on Aug. 20, 2012, in Great Bend, Kan., to Eleanor and Dustin Jahay of Ellinwood. She weighed 8 pounds, 7 ounces and was 21 1/2-inches

Grandparents are Randy and Sally Hudson of Benkelman, Neb., and Duane Jahay of Ellinwood. Great-grandparents Marge Hickert Benkelman, and Sammy and Helen Jahay of Ellinwood.



Tysson Andrist



Sara Jahay

School Menu

Junior-senior high school Nov. 5-9 Monday

Breakfast: Aloha muffin square, ereal, grapes. Lunch: Chicken tetrazzini,

ossed salad, steamed carrots, breadstick, strawberries.

Tuesday

Star Spangled pancakes, sausage links, fruit

Lunch: Pork rib with bun, romaine and tomato, French fries, corn, cherry crisp.

Wednesday

Breakfast: Bagel with toppings, fresh orange.

Lunch: Lasagna, garden salad, green beans, French garlic bread, apple wedges.

Breakfast: Breakfast pita with salsa, hash browns, fresh fruit.

Lunch: Baked chicken, savory rice, steamed broccoli medley, oatmeal roll, sliced peaches.

Friday

Breakfast lasagna, fruit cocktail. Lunch: Sloppy joes with bun,

chips, sweet potato puffs, baked beans, fresh grapes.

Elementary school menu Monday

Breakfast: Pancake on a stick with syrup, tri-taters, fruit juice.

James E. Reeves. DPM

Podiatrist/Foot Specialist

Reconstructive Surgery

Foot & Ankle Injuries

For appointments call:

Rawlins County

Health Center

785-626-3211

Wed., Nov. 7

Cheyenne County

Hospital - P.M.

210 W. 1st • 785-332-2104

Thurs., Nov. 8

Atwood (a.m.) · 626-3211

Colby (p.m.)

CSMC, 175 S. Range

785-462-3332 CMC, 100 E. College Dr.

785-462-7511

Fri., Nov. 9

CSMC at 9 a.m.

Come & Go Baby Shower

Amber Dunn & Eastin

Saturday, Nov. 10

10 a.m. to 12 p.m.

Peace Lutheran Church

202 N. College Street, St. Francis

Lunch: Pig in a blanket, potato wedges, broccoli with cheese, fresh apple, Jello with juice. Tuesday

Breakfast: French toast sticks with syrup, strawberries and

Lunch: Chicken wrap, Romaine and tomato mix, Spanish rice, steamed carrots, tropical fruit. Wednesday

Breakfast: Western omelet, quesadilla with tomato salsa, potato rounds, pears.

Lunch: Spaghetti with meat sauce, spinach salad, peas, grapes, garlic bread.

Thursday

smoothie, graham crackers.

cinnamon puff, pineapple tidbits.

Friday

Breakfast: Biscuit and gravy, apricots, juice.

Lunch: Chicken and noodles, mashed potatoes, green beans, roll and jelly, oranges.

Note: Salad bar is offered daily at the junior-senior high school.

At both the grade school and junior-senior high school, juice, cereal and milk are served every morning. Fruit and milk are served every lunch.

Menu is subject to change.

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Death notices Howard Poulignot, 84, died Oct. 24, 2012, in St. Francis. Memorial services will be held at the Knodel Funeral Home in St. Francis at 1 p.m. on Saturday, Nov. 3. An inurment service will be held at the Fort Logan National Cemetery in Denver at a later date.

Oct. 25, 2012. Visitation will be held from 3 to 9 p.m. on Thursday, Nov. 1, at Knodel Funeral Home, St. Francis; funeral services will be held at 2 p.m. on Friday, Nov. 2, at Peace Lutheran Church, St. Francis.

Edward "Eddie" Brunswig, 83, died Friday, Oct. 26, in Wray, Colo. Funeral services were held at 11 a.m. on Tuesday, Oct. 30, at Zion Lutheran Church, Haigler, with interment in Hope Valley Cemetery, rural St. Francis.

Family Fall Festival The Family Fall Festival will be held from 6:30 to 8:30 p.m. at the fairgrounds on Wednesday, Oct. 31. Adults and children are encouraged to come have fun by playing games and eating chili at the annual festival.

Craft Show

The annual Craft Show will be held from 10 to 3 p.m. on Saturday at the St. Francis grade school. The PTA Book Fair will be held and lunch will be served from 11 a.m.

Food Pantry pick up

On Sunday, Nov. 18, between 2 and 4 p.m., people are encouraged to place non-perishable and canned food items on their front porches for the Food Pantry. The Boy Scouts, Girl Scouts and United Methodist Church youth group will be picking up these items and taking them to the local pantry at the courthouse.

for pick up; please contact Pastor 7. This meeting will be held in the Rd.), go southwest to Road 13 (1st Warren Cico at the Methodist

Speaker at Wesleyan Church

Mark Vanderput will be sharing about his recent trip to the Middle East at 6 p.m. on Sunday, Nov. 4, at the Wesleyan Community Church, Robert "Bob" Fiedler, 47, died Bird City. Everyone is invited to

Veterans' Affairs

Jody Tubbs of the Kansas Commission on Veterans' Affairs will be in St. Francis at 10:30 -11:30 a.m. at the County Clerk's office to assist veterans and their dependents with claims work on Thursday, Nov. 1. You can also contact Ms. Tubbs at her Colby office any Monday, Wednesday or Friday at 785-462-

Catholic Church benefit dinner

The annual St. Francis Catholic Church turkey dinner benefit for the St. Francis Senior Center will be held from 11:30 a.m. to 1:30 p.m. on Sunday, Nov. 4, at the St. Francis high school cafeteria.

The funds raised will go to help the senior center. Call 785-332-3454 for home delivery. See advertisement in this paper for more information.

Valet parking will be available.

Hospital guild

Cheyenne County Hospital Guild meeting will be held at 2 p.m. on Monday, Nov. 5, at the St. Francis Senior Center. Program will be presented by Ken Loof, Great Plains Mental Health. Hostesses are Kathy Weber and DeEtta Knorr.

Hospital dietician to speak

Kirsten Angell, Cheyenne County Hospital's dietician, will be the guest speaker at the Cheyenne County Diabetes Management class

Lines From the Library—

Lines from the Library By Pat Leibbrandt

Breakfast: Coffeecake, sunrise arrived at the St. Francis Public Library: *People of the Black Sun* by Lunch: Taco salad, whole grain Michael and Kathleen Gear; Sleep chips and salsa, refried beans, No More by Iris Johansen; The Tess Gerritsen; Taming the Wind,

NYPD by James Patterson; Mad River by John Sandford; The The following new books have Birdesmaid by Beverly Lewis; Zoo by James Patterson; Severe Clear by Stuart Woods; Low Pressure by Sandra Brown; Last To Die by Bone Bed by Patricia Cornwell; an audio CD by Tracie Peterson.

SHOWTIME: 7:30 p.m.

1 hr. 32 min.

Taken 2

Nov. 2, 3 & 4

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Liam Neeson, Maggie Grace, Famke Janssen, Rade Serbedzija

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785-332-2747

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3D Movies: Children 12 & Under \$5 All Others: \$7

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Health Fair 2012

Join us for the Cheyenne County Health Fair

Nov. 12 - 14, 2012 Blood Lab Draws: Nov. 12, 13 & 14

from 6:30 to 10 a.m. in St. Francis at the **Cheyenne County Health Department** (no appointment needed for lab draws)

Blood Lab Draws: Nov. 15 & 16 6:30 to 10 a.m. at the Bird City Clinic

(no appointment needed for lab draws) Lab Fee: \$45.00 due at time of service! No food or drinks after midnight except water & your prescription medication!

St. Francis -

MEN'S AND WOMEN'S EXAM: Monday, Nov. 19 - All Day; All day on Tuesday, Nov. 20, and All day on Wednesday, Nov. 21. In St. Francis - Call clinic for appointment 785-332-2682 Bird City -

Monday, Nov. 19, 9 a.m. - noon; Tuesday, Nov. 20, 9 a.m. noon; Wednesday, Nov. 21, 9 a.m. - noon. In Bird City - Call clinic for appointment 785-734-2200

Exam Fee: \$25 due at time of service! For more information contact: Mila Badnel, RN County Health Nurse 785-332-2381. Sponsored by Cheyenne County Hospital, Clinic & Health Department







The Saint Francis Herald

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(available in local area only)

could be right here." For more information contact: Tim Burr at 785-332-3162

"Your sponsorship

basement of the Cheyenne County Clinic. She will be discussing tips home on right. for eating healthy during the holiday

Bulletin Board

public and free of charge. For more information, call the Cheyenne County Health Department at 332-

Wheeler Equity meeting

The Wheeler Equity Co-op meeting has been set for 6:30 p.m. on Wednesday, Nov. 7, at the St. Francis high school cafeteria. Among the items on the agenda is the election of one director. If planning to attend, call 332-2281 to make a reservation.

Airport zoning hearing

The Cheyenne County Airport Zoning Commission will hold a public hearing at 1 p.m. on Tuesday, Nov. 13, in the commissioners' room in the courthouse in St. Francis. The purpose of the meeting is the adoption of an airport zoning ordinance affecting the real estate and airspace surrounding the airport south of St. Francis. For more information, see the legal notice in

Shakespeare, Socrates, Mark comes to St. Francis

On the weekend of Friday, Saturday and Sunday, Nov. 9 through 11, Patrick McWilliams, former teacher of literature and drama at The Phillips Exeter Academy, will visit St. Francis. He will offer a series of workshops and performances, sponsored by the Cheyenne Center for Creativity. A schedule and more information will be published soon.

Fair board

meeting will held at 7 p.m. from the list of people inducted into on Thursday (tonight) in the the Kansas Wrestling Hall of Fame. commissioners' room in the courthouse. Time to insulate

Now is the time to insulate residential and business water pits. The city of St. Francis is asking for

If your donated items are missed at 1:30 p.m. on Wednesday, Nov. on U.S. 36, turn left on Rd. 13 (River left), go 1 1/2 miles south. Maifeld

The program will be "According to Accordions" by Althea Lebow and The meeting is open to the Dr. Ron Maifeld. Bonnie Cram will do the poetry moment. Hostesses for the evening are Beth Maifeld,

> Rikki Rueb and Jackie Butler. The club will be making plans for their Yuletide Festival to be held on Sunday, Dec. 2 at 2 p.m. at St. Francis high school auditorium. The Candy Store will be set up in the fover of the auditorium. Guests are welcome.

Commissioners

Cheyenne County The Commissioners will meet at 8 a.m. on Wednesday, Oct. 31, in the commissioners' room in the

Community Chorus

Community Chorus singers who plan to sing at Salem Lutheran Church Christmas program on Dec. 15 can pick up music now at Neala Carmichael's at 403 E. Webster, across the street from the grade school. Mrs. Carmichael will be directing rehearsals on Wednesdays. Dec. 5 and 12, starting at 8:30 p.m. sharp, at Peace Lutheran Church.

Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Correction:

• Notice: Eldon Zimbelman, St. Cheyenne County Fair Board Francis, was inadvertently omitted

residential and business water pits.	Date	High	LOW	M
The city of St. Francis is asking for	Oct. 23	86	43	
your cooperation.	Oct. 24	59	31 .10	
Music Club	Oct. 25	44	26	
The St. Francis Federated Music	Oct. 26	38	23	
Club will meet at 7 p.m. on Monday,	Oct. 27	51	25	
Nov. 5, at the home of Beth Maifeld,	Oct. 28	65	34	
1275 Road 13. Directions: Go west	Oct. 29	76	33	

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