

Kansans urged to plan now for cold winter weather

The Kansas Division of Emergency Management, in conjunction with county emergency management officials across the state, urge Kansans to take a few minutes to prepare for winter this week. This year, Winter Weather Awareness Day is Wednesday, Nov. 14. It is designated to remind Kansans of the potential hazards associated with winter weather and the actions everyone can take to have a safer winter.

"The best time to plan for freezing temperatures, snow and ice is now," said Major General Lee Tafanelli, director of the Kansas Division of Emergency Management and adjutant general. "It only takes a few minutes to put together an emergency kit for your car that prepares you for safer winter travel should problems arise."

A vehicle emergency kit should consist of blankets, flashlights, batteries, a cell phone charger, hand-warmers, high-energy food snacks, bottled water, necessary medications, a snow shovel, flares and other emergency supplies. Additional vehicle preparations recommended include winterizing your car by checking tires and anti-freeze levels, and never letting your vehicle's gas tank fall below a quarter tank because road conditions may slow down your travel or leave you stranded with no gas and no access to heat.

"It's also important to restock your home emergency kit with the essentials needed when power is out, temperatures are frigid and roads are impassable," Tafanelli added.

Be prepared to be without power

for at least three days by assembling a home emergency kit with emergency supplies for every member of the family: bottled water, non-perishable foods, flashlights, batteries, blankets, medications, children's games and pet food.

For a complete list of items for a home or car emergency kit, go to www.ksready.gov or www.ksready.gov. Additional information on preparing for winter weather is available from FEMA at www.fema.gov, the American Red Cross at www.redcross.org or your county emergency management office.

Winter road conditions are accessible by dialing 5-1-1 from your mobile phone or by going to the Kansas Department of Transportation web site at 511.www.ksdot.org.



PLAYING DEFENSE— Taylor Rogers, left, Joel Hill, center, Quinton Cravens, right. The junior high basketball teams played Hoxie on Monday night. Herald staff photos by Kent Kechter

Young basketball teams bring home two wins

Vs Quinter

The Sainty junior high boys traveled to Quinter on Thursday, Nov. 8, and came home with two wins. The A-team won 52 to 26 and the B-team, 37-32.

Junior high boys' B-team 37-32

The B-team guys were a little flat at the beginning of this game, said David Morrow, coach, but they were able to play just well enough to maintain the lead throughout most of the contest.

Trayton Doyle had a great evening in the post area, scoring 14 of his 19 points in the first quarter, Coach Morrow said. Luke Lampe and Dalton Straub did a good job of handling the ball against some tough pressure. Connor McBride made a couple of important shots toward the end of the game that helped us stay in front.

Playing Quinter will always reveal a team's weaknesses, he said, because their teams are always fundamentally sound and well-coached. We were exposed in a couple of areas defensively and will have to work hard in practice to fix these things. It's nice to be able to use as many different guys on this team as we've been able to. Some of the less-experienced players are really starting to contribute meaningfully in both games and practice.

Scoring: Dalton Straub, 3; Trayton Doyle, 19; Luke Lampe, 7; Connor McBride, 4; Nick Paulsen, 2; Sayed Fierro, 2.

By Quarters:	1st	2nd	3rd	4th
Sainty	15	22	29	37

(The Quinter score by quarters for this game is not available.)

Junior high boys' A-team 52-26

In some ways we weren't quite as sharp as we could have been, at least early in the game, said Coach Morrow about the A-team game. Part of that has to do with the fact that we had a very tough game on Monday night, but Quinter is also a difficult team to have easy success against. Once we got in the flow of the game, however, things went pretty well.

One of the biggest differences in this game, he said, was the guys' shooting. Nearly all of them shot better than we have so far this season. Quinton Cravens and Tate Busse both shot well from 3-point range, and Taylor Rogers hit a couple of nice shots from the field as well.

Though Joel Hill and Jeremiah Neitzel didn't have huge scoring nights, both played good defense. Joel's defensive pressure on the wing area is crucial to the fast break offense, and many of the layups the other guys have are from steals in his area. Jeremiah usually gets to guard the other team's post players, and we've seen two good ones in a row.

Scoring: Tate Busse, 25; Quinton Cravens, 12; Taylor Rogers, 12; Joel Hill, 4; Jeremiah Neitzel, 4.



TAYLOR ROGERS goes up for a lay-up during the Monday night game.

Herald staff photo by Tim Burr

By Quarters:	1st	2nd	3rd	4th
Sainty	13	26	38	52

(The Quinter score by quarters not available for this game.)



JO FREWEN helps get out the Christmas decorations at the thrift store.

Herald staff photo by Tim Burr

Training for returning veteran

Are you a veteran with an interest in farming or ranching? If so, please make plans to participate in an online Beginning Farmer training session on Friday, Nov. 16, from 7 to 8:30 p.m.

You can participate from anywhere in the world by connecting to this website: www.connect.cis.ksu.edu/veteranfarmer/

You will receive information on funding, program availability

as well as contact information regarding resources for related benefits.

Topics to be discussed include but are not limited to:

- Access to credit
- Program availability
- Additional benefits
- Live question and answer session

This online Webinar is a joint project hosted by the Center for Rural Affairs, Farmer-Veterans Coalition, Farmers Union, AgrAbility and USDA/FSA.

For more information, visit www.cfra.org/veteran_farmers_project or call 402-617-7946 or any other phone numbers listed on the website.

Book Review

Backfire

By Catherine Coulter

San Francisco judge Ramsey Hunt, longtime friends to FBI agents Lacey Sherlock and Dillon Savich, begins the murder trial of Clive and Cindy Cahall only to have federal prosecutor Mickey O'Rourke, known for his relentless, aggressive style, suddenly turn tentative and distracted. Hunt suspects that something is very wrong – and then O'Rourke goes missing and Judge Hunt gets shot in the back.

Savich and Sherlock receive news of the attack as a mysterious note is delivered to Savich at the Hoover Building: "For what you

did, you deserve this." Who sent the note? What does it mean?

As Ramsey Hunt's life hangs in the balances, Savich and Sherlock race to San Francisco to answer the question: Why would anyone shoot the judge? When they discover one answer, more questions arise until Savich and Sherlock face the final shock.

Leading-edge chemotherapy treatments are now available close to home!



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-Leota Brown (With her pal, Bubbles)

Leota Brown is one busy lady. She's a seamstress, hat maker, cake decorator, cross-stitch designer, and master angler. She's best friend to her

dog, Bubbles, too. Leota has better ways to spend her time than driving 75 miles to North Platte for chemotherapy treatments.

Receiving chemotherapy treatments in McCook is so important for busy people like Leota. Our new Oncology Services suite offers leading-edge chemotherapy treatments in a spacious area for infusions, with an area dedicated solely to chemotherapy treatments coming soon.

Leota works with visiting oncologist, Dr. Maria DeVilla of the Callahan Cancer Center in North Platte, and enjoys our certified chemotherapy nurses so much, she thinks of them as family.

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In Rawlins Co., Ks just South of Ludell: Tract 3: 5.6 ac. in 30-2-32
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