

Bulletin Board



Rowland Roelfs

Birthday honored

Rowland Roelfs will be celebrating his 90th birthday. His family is holding an open house in his honor from 2 to 4 pm on Saturday, Dec. 7, at the Peace Lutheran Church, 202 North College, St. Francis. Rowland requests no gifts and that those attending dress casually.

Those wishing to send cards can address them to him at PO Box 352, St. Francis, KS 67756.

Christmas in the Country
Salem Lutheran Church is hosting the ninth "Christmas in the Country" at 5 p.m. on Saturday, Dec. 14. Prelude music begins at 4:30 p.m. The public is invited to come hear carols sung and the Christmas Gospel read in German and English in honor of the Black Sea Germans from Russia who founded the historic church.

Parade of Lights

Everyone is encouraged to get

Weather

Date	High	Low	Prec
12	53	26	
13	72	30	
14	59	35	
15	67	32	
16	62	29	
17	52	21	
18	60	22	
19	59	28	
20	65	19	
21	19	13	.05
22	30	18	
23	35	21	
24	40	15	
25	42	17	

School Menu

Dec. 2- Dec. 6

Junior-senior high menu

Monday

Breakfast: Muffin choice, whole grain cereal, fruit juice.

Lunch: Beef and bean burrito, corn, salsa and corn chips, tossed salad, pink applesauce.

Tuesday

Breakfast: Scrambled eggs, buttered toast, cereal, fruit juice.

Lunch: Ham and cheese stromboli with marinara sauce, green beans, tossed salad, mandarin orange jello.

Wednesday

Breakfast: Coffeecake, cereal, orange julius.

Lunch: BBQ beef on bun, sweet potato criss cuts, baked beans, strawberries and bananas, oatmeal cookie.

Thursday

Breakfast: Western omelet quesadilla with salsa, cereal, fruit juice.

Lunch: Turkey and cheese sub, lettuce and tomato, baby red potatoes, pineapple tidbits.

Friday

Breakfast: French toast with syrup, cereal, fruit juice.

Lunch: Hot hamburger and gravy, mashed potatoes, broccoli and cauliflower, apple wedges

with caramel.

Grade school menu

Monday

Breakfast: Breakfast tornado, fruit cup, milk.

Lunch: Beef and bean burrito with salsa, salad mix, corn, apple, milk.

Tuesday

Breakfast: Biscuit and gravy, fruit, milk.

Lunch: Stromboli, salad mix, carrots, strawberries, milk.

Wednesday

Breakfast: Cinnamon twist, peaches, milk.

Lunch: Barbecue beef on a bun, french fries, bake beans, oranges, milk.

Thursday

Breakfast: Breakfast chicken, biscuit, oranges, milk.

Lunch: Cheesy potato soup, ham sandwich, carrots and celery with peanut butter, banana, milk.

Friday

Breakfast: Pancake on a stick, pineapple, milk.

Lunch: Hot hamburger, mashed potatoes and gravy, green beans, applesauce, milk.

From the kitchen: Menus are subject to change.

their float ready for the big light parade scheduled for Nov. 29 at 6 p.m. No pre registration is needed. Entries should meet at the high school at 5:30 p.m. Let's make this the best parade ever!

Quincy Gallery entertainment

Enjoy live piano, violin and vocal music at Quincy Gallery before and after the Holiday Parade Friday, Nov. 29.

Designs by Dawn open house

Designs by Dawn will have a holiday open house on Monday, Dec. 2 from 2-6 p.m. There will be Christmas gifts, stocking stuffers, holiday ideas and refreshments at 117 W 2nd Street in Bird City. For more information call 785-734-2222.

59th anniversary

Don and Helen Love will be celebrating their 59th wedding anniversary. They have six grandchildren and five great-grandchildren. They were married on Nov. 26, 1954, in Beloit. Cards wishing them well may be addressed to them at 505 17th Rd, Ellsworth, KS 67439

Catholic Advent CD presentations

The Stewards of Hope committee for St. Joseph and St. Francis of Assisi Catholic parishes invite you

to join us this Advent for a series of CD presentations to enrich the season. All will begin at 5:30 p.m. on Sundays of Advent at St. Joseph Catholic Church in Bird City. Dec. 8 "Our Lady of Guadalupe" one hour session; Dec. 15 "Why be Catholic?" one hour session; stay tuned for Dec. 22 presentation.

Cheyenne County Hospital Guild

Cheyenne County Hospital Guild will meet at the Senior Citizen's Center on Dec. 2 at 2 p.m. The program will be St. Francis high school music with Debbie Fiala. Hostesses are DeEtta Knorr and Phyllis Crandall.

Meet the artist

"Meet the Artist" reception at Quincy Gallery Thursday, Dec. 5, from 7 to 9 p.m.. Come, enjoy refreshments, and visit with local artist, Mike Boyson, about his sculpture exhibit which will include replicas of antique steam engines and tractors.

Painting with Peggy

Painting with Peggy: Acrylic Techniques, Dec. 6, 6:30 to 9:30 p.m. Location TBA; Canvas and Chianti (or crisp white), Dec. 13, 6:30 to 9:30 p.m. Register at Cuppa Joe Espresso or call 785-332-3569.

Library display

The St. Francis Public Library will have Christmas tree skirts on display from Dec. 1 to Dec. 27. Stop by to see them. For more information call 785-332-2766.

Salem Christmas aired on PBS

Smoky Hill Public Broadcasting Service (PBS) will be airing last year's Salem Christmas In the Country service at 7 p.m. on Saturday, Nov. 30. They will also be airing the service at 8 p.m. on Monday, Dec. 16, and at 8 p.m. on Wednesday, Dec. 25.

Community Chorus rehearsals

Singers in the Community Chorus are reminded of two important rehearsals, Dec. 4 and Dec. 11 at 8 p.m. at Peace Lutheran Church. There's still time to pick up music if you are interested in singing with this outstanding chorus in their Christmas performances. Call Neala Carmichael at 785-332-8996 for more information.

Pancake breakfast

The St. Francis Lions Club Annual Pancake Breakfast will be held on Saturday, Dec. 7 from 6:30 a.m. to 1 p.m. The venue has been changed to the St. Francis Senior Center.

Community Foundation grant applications

St. Francis Community Foundation is soliciting grant applications for 2013. Applications will be taken up to Dec. 27. Applications for charitable causes can be obtained at the website, www.sfcommunityfoundation.org or the city office.

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Senior citizens soup supper

On Friday, Nov. 29, during the St. Francis Christmas Opening, the senior citizens will be holding one of their two fundraisers - the annual soup supper. They will be serving vegetable beef and chili soup along with cinnamon rolls from 4:30 to 7:30 p.m. at the center, 322 W. Washington.

Grief Support Group

The Grief Support Group will continue to meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information call 785-734-2739.

The group is confidential support in a safe place of mutual help and comfort to all who have experienced the loss of a loved one.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact 785-342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Senior Menu

Senior Center December Menu

Dec. 3, Tuesday: Breakfast casserole, mixed vegetables, coffee cake, tropical fruit.

Dec. 5, Thursday: Baked spaghetti, tossed salad with tomatoes and carrots, corn, garlic bread, peaches.

Dec. 6, Friday: Chicken patty, Italian blend vegetables, dressing with gravy, roll, cranberry salad.

Dec. 10, Tuesday: Chili or potato soup, 5 cup salad, crackers, cinnamon buns.

Dec. 12, Thursday: Bierock casserole, stewed tomatoes, cottage cheese with fruit, applesauce bars.

Dec. 13, Friday: Salmon patty, scalloped potatoes, California blend vegetables, bread, pears.

Dec. 17, Tuesday: Chicken and rice casserole, seasoned

carrots, orange pineapple salad, bread, cookie.

Dec. 19, Thursday: Meat balls over noodles, broccoli cauliflower salad, roll, fruit crisp.

Dec. 20, Friday: Ham, sweet potatoes, green beans, roll, cookie, gelatin with strawberries.

Dec. 24, Tuesday: Hamburger vegetable soup, carrifruit salad, cornbread, apricots.

Dec. 26, Thursday: CLOSED FOR HOLIDAY

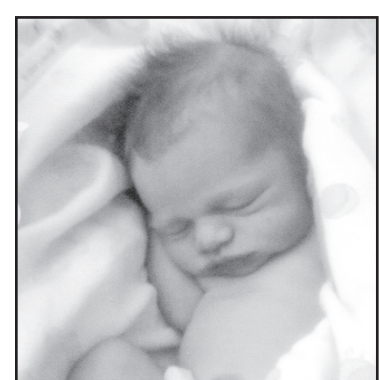
Dec. 27, Friday: Roast beef, mashed potatoes with gravy, California blend vegetables, roll, cake, peaches.

Dec. 31, Tuesday: Polish sausage with kraut, mashed potatoes, seasoned carrots, bread, cinnamon apples.

Introducing

Jacy Rose Hilt and Grandma Mary L. Walz would like to announce the arrival of Jacy's baby boy, Elliott Xavier Hilt, who made his arrival at 5:30 p.m. on Oct. 30 at Hays Medical Center. He weighed 6 pounds 14 ounces and was 19 1/2 inches long.

Also welcoming him is first time Aunt Tina Marie Walz, and his cousins, "Auntie" Ashley and "Auntie" BreAna Zwegardt of Salina. Great-grandma Dorla Mae Rose also welcomes him.



Elliott Xavier Hilt

Christmas Memories

Presented by

The Community Chorus of Cheyenne County



Sunday, Dec. 15 • 2 p.m.

Peace Lutheran Church

St. Francis

Featuring: 60 voice chorus, vocal and instrumental soloists and small groups along with some surprises. Refreshments will follow.

Bring 2 items for Food Pantry

SHOWTIME: 7:30 p.m.

1 hrs. 52 min.

THOR: Dark World 2D/3D

PG-13

Nov. 29-30, Dec. 1

Starring: Chris Hemsworth, Natalie Portman, Tom Hiddleston

3D showing Friday and Saturday evenings. Shown in 2D only on Sunday, 2 & 7:30 p.m.

Thor, the Mighty Avenger, as he battles to save Earth and all the Nine Realms from a shadowy enemy that predates the universe itself. Thor fights to restore order across the cosmos.

CHEYENNE THEATER

St. Francis, KS 785-332-2747

Children 12 & Under: \$4

All Others: \$6

3D Movies: Children 12 & Under \$6

All Others: \$8

CHEYENNE COUNTY HOSPITAL

210 W. 1st • St. Francis, KS 785-332-2104

Mental Health First Aid

Course will review the common mental health issues, how to approach persons in crisis, and ways to manage them effectively and safely. Appropriate for healthcare, civil, service, ministerial, and legal professionals, and anyone impacted by someone with a mental health issue.

Cheyenne County Clinic Conference Room 210 W. 1st St., St. Francis, KS

Thursday, Dec. 12, 2013

8-5 p.m. with working lunch (included) Class fee: \$60 (includes book)

RSVP Candi Douthit, 785-332-2104 or cdouthit@cheyennecountyhospital.com

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Specials

Sunday Stuffed Pork Chops
Breakfast every day.
Lunch Sunday thru Friday.

Verizon Dealer NOW 4G
New 4G Capable Items Coming Soon

Majestic Service & Truck Stop
510 West Highway 36 St. Francis, Ks. 785.332.2905

J.Lou's Salon & Gift Shop
Christmas Open House
Tuesday, Dec. 3 • 4-6 p.m.
210 W. Emerson
Refreshments will be served
Owner: Jill Braccini

James E. Reeves, DPM Podiatrist/Foot Specialist

Reconstructive Surgery

Foot & Ankle Injuries

For appointments call:

Rawlins County

Health Center

785-626-3211

Mon., Dec. 23

Cheyenne County

Hospital - P.M.

210 W. 1st • 785-332-2104

Thurs., Dec. 26

Atwood (a.m.) • 626-3211

Colby (p.m.)

CSMC, 175 S. Range

785-462-3332

CMC, 100 E. College Dr.

785-462-7511

THANKSGIVING SHARE YOUR BLESSINGS



American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Saint Francis Herald

(available in local area only)

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For more information contact: **Tim Burr** at 785-332-3162