



KATTIE WURM celebrates her lucky win of an IPOD from Park Hill Restaurant.
Herald staff photo by Tim Burr

Commodity distribution

Cheyenne County commodity distribution of government surplus will be from 5 to 5:30 p.m., on Monday, Jan. 20, at the Church of Christ, 502 W. Spencer in St. Francis.

The types of food vary and include vegetables, fruits, juices, meat, cereals, peanut butter, nonfat dried milk and pastas. The food is shipped to the Church of Christ and it is supplied four or more times per year.

To be eligible for commodities, the household's total monthly income must be below:

- \$1,245 - household of one;
- \$1,681 - household of two;
- \$2,116 - household of three;
- \$2,552 - household of four. For each additional family member, add \$436.

Those ordering must pick up their order in person or send a signed official proxy form with another individual. Proxy forms are available at the senior center

in St. Francis. An accurate and complete Cheyenne County address is required.

Free wild game feed

Saturday, January 11, a group of guys who like to hunt will be sponsoring a free wild game feed. It will be held at Riverside Recreation, starting at 7:00 pm, until the food is gone. This is a family night, and you are encouraged to bring out your young hunters and have them try out the variety of game prepared. See ad elsewhere in this issue for more information. 02

Library display

The St. Francis Public Library will have old and new aprons on display from Jan. 1 to Jan. 31. Stop by to see them. For more information call 785-332-2066. 02

Grief Support Group

The Grief Support Group will continue to meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel

United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group is confidential support in a safe place of mutual help and comfort to all who have experienced the loss of a loved one.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W. Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact 785-342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Bird City promotion is successful

Bird City Century II Development Foundation held their first Bird City Match Day on Dec. 11. The event was designed to raise awareness and support our local non-profits in the community.

Bird City Century II committed to match the first \$10,000 in contributions that came in that day to the eligible organizations. The Foundation extended their office hours from 7 a.m. to 7 p.m. to accept donations throughout the day. Donations came in the form of cash, checks and grant.

The organizations that were eligible to have contributions matched included: Bird City Community Club, Bird City Historical Association, Bird City Area on Aging, Tri-State Antique Engine and Threshers Association, Bird City Food Bank, Bird City Cub Scouts, Bird City Girl Scouts, Bird City Go-Getters 4H Club, Teens for Christ, Awanas, Catholic Youth Organization, United Methodist Youth Council, Bird City Library, Bird City EMS, Bird City Fire Department, Cheylin Recreation Commission, Bird City Housing Authority, Thresher Association Endowment Fund and Cheylin Wellness Center.

Tax deductible donations elsewhere were available to be made if the donor chose to; however, the Foundation did not match contributions outside of those organizations listed above.

The total contributed from the community on Bird City Match

Day was \$12,632.93. Due to some grant funds still available in the 2013 budget, the Bird City Century II Development Foundation Board chose to match the full amount of the eligible contributions that came in that day exceeding the original \$10,000. Therefore, with the matched funds from the Foundation, a grand total of \$25,065.86 will be awarded between the 19 different organizations listed above, along with one non-matched contribution.

"We were very pleased with the turnout from the community and donations that came in that day," said Cathy Domsch, Bird City Century II executive

director.

"All of the 100 percent of the contributions will be going to our local non-profits to assist them with their operations and projects. Every one of the organizations on our list received at least one contribution, so we are excited to have grant checks to give out to all 19 organizations."

Bird City Century II Development Foundation will be awarding the grant checks on Friday, Jan. 10, at half-time of the boys high school basketball game in McDonald. We ask that a representative from each of these organizations be available to receive their grant checks, Mrs. Domsch said.

School Menu

Jan 13 - Jan 17

Junior-senior high menu

Monday

Breakfast: Whole grain cereal, string cheese, apricots, fruit juice.

Lunch: Baked Ham, two potato mash, green beans, angel biscuit and jelly, mandarin oranges.

Tuesday

Breakfast: Whole grain breakfast pastry, tropical fruit, fruit juice.

Lunch: Macaroni and cheese, meatballs, seasoned peas, baby carrots, whole wheat bread and jelly, apple wedges.

Wednesday

Breakfast: Biscuit and gravy, banana, fruit juice.

Lunch: Chicken nuggets, mashed potatoes and gravy, steamed broccoli, whole wheat roll and jelly, strawberries and bananas.

Thursday

Breakfast: English muffin breakfast sandwich, strawberries and bananas, fruit juice.

Lunch: Chili, whole grain corn chips, carrots and celery, cinnamon roll, peach halves.

Friday

Breakfast: Whole grain muffin, fresh orange, fruit juice.

Lunch: Hamburger on a whole grain bun, romaine and tomato, sweet potato fries, fruit salad, rice crispy bar.

Grade school menu

Monday

Breakfast: Muffin, banana, juice.

Lunch: Hot ham and cheese on a bun, potato wedges, fresh broccoli, pears.

Tuesday

Breakfast: Waffle sticks with syrup, pineapple, juice.

Lunch: Pizza, salad mix, banana.

Wednesday

Breakfast: Breakfast pizza, tropical fruit, juice.

Lunch: Taco salad mix, refried beans, pears.

Thursday

Breakfast: Egg taco with salsa, pears.

Lunch: Pasta bake, cooked carrots, french bread, applesauce.

Friday

Breakfast: Cinnamon roll, mandarin oranges.

Lunch: Chicken sandwich, green beans, oranges.

From the kitchen: Menus are subject to change.



-St. Francis News-

Uncle Ernie and Aunt Marlene Lebfrom went to Waukomis, Okla. for Christmas. They enjoyed staying with Jason, Jennie, Pepper and Tylee Elmore. Everyone went to Christmas Eve candle light service at their church at Enid, Okla.

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS
785-332-2104

Mark Your Calendars:

FLU VACCINE CLINIC

Thursday, Jan. 16
and
Thursday, Jan. 23
7:30 a.m. - 4 p.m.

Cheyenne County Health Department

No appointment necessary - open over noon hour

Elevator Available

785-332-2381 -
County Health Dept.

It is not too late to get your influenza vaccine for this flu season!

Specials

Sunday

Beef and Noodles
Breakfasts every day

SUBWAY

Remember Subway catering for upcoming "Big Game" parties

Meeting room is available for parties and meetings

Cash Fuel Discounts

Snacks • Beer • Pop • Ice

Majestic Service & Truck Stop

510 West Highway 36
St. Francis, Ks.
785.332.2905



James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries

For appointments call:
Rawlins County Health Center
785-626-3211

Wed., Jan. 29
Cheyenne County Hospital - P.M.
210 W. 1st • 785-332-2104

Thurs. & Fri., Jan. 30-31
Atwood • 626-3211

Thursday, Jan. 30
Colby (p.m.)
CSMC, 175 S. Range
785-462-3332
CMC, 100 E. College Dr.
785-462-7511

"From the Horse's Mouth"

H	A	H	A	A	D	D	E	R	A	L	A	N	
I	C	E	D	S	U	A	V	E	N	I	N	E	
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American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Saint Francis Herald

(available in local area only)

Brought to you by
The Herald

"Your sponsorship could be right here."

For more information contact: **Tim Burr**
at 785-332-3162

SHOWTIME: 7:30 p.m. 1 hrs. 59 min.

Anchorman 2: The Legend Continues PG

Jan. 10-12 With the 70s behind him, San Diego's top rated newsmen, Ron Burgundy, returns to take New York's first 24-hour news channel by storm.

Starring: Will Ferrell, Christina Applegate and Paul Rudd

CHEYENNE THEATER St. Francis, KS
785-332-2747

Children 12 & Under: \$4 All Others: \$6

3D Movies: Children 12 & Under \$6 All Others: \$8

YOST

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