

Former resident makes first court appearance

By Amanda Miller
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A former St. Francis resident was brought back to Cheyenne County this week to make a first appearance in the Cheyenne County District Court.

Terrance Demont Cooks appeared before District Magistrate Judge Robert Van Allen on Monday, Feb. 24. Cooks appeared alone, without an attorney. Karan Thadani, Cheyenne County attorney, represented the prosecution for the state of Kansas.

The 40-year-old man is being charged with two counts of aggravated criminal sodomy, and two counts of aggravated indecent liberties with a child under the age of 14.

Under Jessica's Law, the required term of imprisonment

is life with a minimum term of no less than 25 years and a fine not to exceed \$500,000.

Cooks did not enter a plea at this time.

Cooks is also being charged with aggravated criminal sodomy in McPherson County, where there is a June trial scheduled. There is a felony warrant in Colorado Springs, Colo., written for full extradition as well.

Due to the warrant in Colorado Springs, the court set an "own recognizance" bond in the amount of \$250,000, with the condition that Cooks wear a GPS monitor and have no contact with the victims or witnesses in this case.

The date for the preliminary hearing was set for March 6 at 10 a.m.

Clinic begins reading program for children

The Cheyenne County Clinic is excited to announce the we have been accepted in to the "Turn a Page, Touch a Mind" program. The program is offered by the Kansas Pediatric Foundation for Kansas children.

Dr. Megan Brown was instrumental in advising the staff at Cheyenne County Clinic of the availability of this program. Children who read at home are given a head start on school readiness. Cheyenne County Clinic promotes not only the physical health of the children in our community, but also the development of cognitive skills.

"Turn a Page, Touch a Mind," provides funding for physicians

in Kansas to distribute books and encouragement to families at the time of well-child exams for children 6 months to 5 years of age, to help prepare our Kansas children for school.

The Cheyenne County Clinic is celebrating with Kansas Pediatric Foundation in March, the birthday of Ted Seuss Geisel, fondly known to all as "Dr. Seuss". A coloring contest, honoring this occasion, will be held for ages 2-10. Prizes will be awarded, including some of the most loved Dr. Seuss classics. To pick up your coloring sheet, please stop by the Cheyenne County Clinic, in either St. Francis or Bird City. Through out the entire month of March, Dr. Seuss stickers and pencils will be given away to the young patients. Please come celebrate Dr. Seuss' birthday with the clinic staff on Saturday, March 29, in the clinic basement, from 2-3 p.m. At that time we will be awarding prizes to winners of the coloring contest. Cake and punch will be served and there will be games for the kids! Come help celebrate!

Ash Wednesday service

Ash Wednesday service will be held on Wednesday, March 5 beginning at 7:00 p.m. at the Peace Lutheran Church. 09

Wrestlers' send off

A send off for the wrestlers going to state in Hays will be held at 3:15 p.m. on Thursday at the weight room in the high school. 09

Music Club

The St. Francis Music Club will meet Monday, March 3, at the home of Debbie Grace, 420 E. Spencer, at 7 p.m. Talley Morrow and five other singers will perform a program of hymns, sung a cappella, in four-five part harmony. Co-hostesses with Mrs. Grace are Pat Leibbrandt and Teresa Porter.

Northwest Kansas CERT

An informational meeting concerning Northwest Kansas CERT (Community Emergency Response Team) will be held Saturday, March 1, at the Emergency Services Building, located on Highway 36, in St. Francis. The meeting will begin at 10:00 a.m. Come and see a short presentation on CERT, meet other interested community members, and get your questions answered. 09

United Methodist men's breakfast

The United Methodist Church men's breakfast will be Saturday, March 8 at 8 a.m. at the Methodist Church, 512 S Scott. All men are welcome. 09

Bankwest hosts question and answer session

Bankwest is hosting a Question & Answer session on "Using futures and options to market grains and livestock" on March 6 in the basement at Bankwest in St. Francis. Coffee and donuts will be served beginning at 9:30 a.m. with Steve Ziegelmeyer from ZEZ Commodities on hand at 10. There is no charge. All interested people are invited to attend. Contact Mike or Tye at 785-332-3333 with questions.

Kansans for Life

The Cheyenne County Kansans for Life will meet Monday, March 3, at the First Christian Church in St. Francis, beginning at 7:00 P.M. All in our community are invited to join in prayer, learning, and fellowship, as we work together to provide "Life for All".

95 birthday celebrated

Leone Krien will be 95 years old on March 1. She would love to receive cards at 820 S. Dennison St. Francis,

KS 67756.08

90th birthday celebrated

Vera (Rogers) Fortmeyer will be celebrating her 90th birthday March 17. Her children will be hosting an open house at the Catholic Care Center in Wichita March 15. Cards may be sent to Vera Fortmeyer, % Rita Beck, 626 N Doreen Ct., Wichita, KS 67206.

Public Invited to Book Signing

The public is invited to a Book Signing by Marie Holzwarth on Sunday, March 9, at 2:00 p.m. Her poems and memoirs of a lifetime have recently been published in My Scribbles. The afternoon will start with readings from her book at the Old Country Church on Highway 36. Then Marie will sign books at the Cheyenne County Museum. The Rough Writers are hosting and will serve refreshments. The Cheyenne County Historical Society is sponsoring the event, and freewill donations go for upkeep of the church.

Thresher Association annual meeting

Saturday, March 1 at 10 a.m. there will be the annual meeting for the Tri-State Antique Engine and Threshers Association at the Bird City Senior Center. At noon there will be ham, beans, and corn bread lunch. This year's show dates are July 31 and Aug. 1-2. 09

Veterans' Affairs

Jody Tubbs of the Kansas Commission on Veterans' Affairs will be in St. Francis from 10:30 to 11:30 a.m. at the county clerk's office to assist veterans and their dependents with Veteran Administration claims work on Thursday, March. 6. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is 785-462-3572. 09

Hospital Guild

The Cheyenne County Hospital Guild will be meeting Monday, March 3 at 2 p.m. in the Senior Citizen's Center. Dr. Shara Johnson will be doing a program on the Cheyenne County Hospital Physical Therapy Department. Hostesses will be Lee Russ and Arlene Walz. 08

Lions Club

St. Francis Lions Club collects used eyeglasses, sunglasses, hearing aids, and cell phones for refurbishing and use by those in need in 3rd world countries. Collection boxes are available at Bird City: Senior Center, and in St. Francis: County Health Clinic,

Senior Center, Dr. Tim Poling, Krien Pharmacy, Thrift Store, St. Francis Supers, and the Court House. For assistance call 785-332-3119, 332-2950, 332-2024, or contact any Lions Club member. 08

Landscaping your home class

The K-State Sunflower Extension District will be presenting a landscaping your home class. The class has 3 sessions: March 27, April 2, and April 9, from 1-4 p.m. CST at the Cheyenne County 4-H building, or 6-8:30 p.m. MT at the Wallace County CAB building. Learn simple and effective home landscape design methods. There will be hands-on activities and homework. Class is limited to 15 - Registration is \$40 and includes all supplies and materials. For more information or to register, call Sunflower Extension District at 785-332-3171. 08

Library display

The St. Francis Library will have a display of Dee Epperson's postcards from Feb. 10 to Feb. 28. 07

Local artist show

Quincy Gallery is featuring its second "Local Artist Show." Don't miss the variety of pieces on display: oil,

water color, feather painting, pencil, acrylic, pottery, metal sculpture, fused glass and more. Gallery Hours are: Thursdays and Fridays from 9:30 a.m. to 3:30 p.m. and Saturday mornings 9:30 a.m. to 12:30 p.m. 08

Banquet tickets

Cheyenne County Wildlife banquet tickets are available at Owens True Value, Frontier Arms, Bumper To Bumper, Republican Valley Auto, or any board member. The banquet is March 29 at the Legion hall in Bird City. This year's drawing will be for an AR10 and a Winchester 243 caliber. 07

Painting

Cheyenne Center for Creativity announces Feb. acrylic class with Peggy Moberly at Quincy Gallery, 109 N. Quincy, St. Francis. 1) "Painting with Peggy"- acrylic techniques. Join the fun Friday night, Feb. 28, from 6:30 to 9:30 p.m. and create a beautiful painting to take home that night. All materials are provided for both sessions: brushes, paints, canvas, and chianti (actually white wine)! Some say they are "hooked" on these classes. Sign up with friends at Cuppa Joe or call: 785-332-3569. 08.

School Menu

March 3-7

Junior-senior high menu

Monday

Breakfast: Scrambled eggs, buttered toast, whole grain cereal, fruit juice.

Lunch: Ham and cheese sub sandwich, potato wedges, seasoned peas, sliced peaches, chocolate chip cookie.

Tuesday

Breakfast: Pancakes with syrup, sausage links, whole grain cereal, fruit juice.

Lunch: Beef and cheese tacos, whole grain tortilla, lettuce and tomato, refried beans, lime pear jello salad.

Wednesday

Breakfast: Whole wheat bagel with toppings, fruit cocktail, whole grain cereal, fruit juice.

Lunch: Pizza choice, corn, tossed salad with romaine, garlic bread stick with marinara sauce, fresh banana.

Thursday

Breakfast: Breakfast pita with tomato salsa, whole grain cereal, fruit juice.

Lunch: Baked rotini, fresh carrots and celery, whole wheat bread and jelly, pink applesauce, fudge brownie.

Friday

Breakfast: Whole grain cinnamon roll, whole grain cereal, fruit juice.

Lunch: Breaded fish, baked beans, oven fries, wheat roll and jelly, mandarin oranges.

Grade school menu

Monday

Breakfast: Pancake on a stick with syrup, pineapple.

Lunch: Beef and bean roll-ups with cheese sauce, salad mix with tomato, corn, apple.

Tuesday

Breakfast: Waffle sticks with syrup, pears.

Lunch: Cheeseburger Stromboli, green beans, strawberries.

Wednesday

Breakfast: Fruit turnovers, peaches.

Lunch: BBQ beef on a bun, french fries, baked beans, oranges.

Thursday

Breakfast: Chicken biscuit sandwich, orange.

Lunch: Turkey sandwich, carrots and celery, macaroni salad, tater tots, apple.

Friday

Breakfast: Hot cereal, sausage links, toast, orange.

Lunch: Hot hamburger, mashed potatoes and gravy, broccoli, banana.

Weather

Date	High	Low	Prec
Feb. 18	61	29	
Feb. 19	59	25	.20
Feb. 20	39	17	
Feb. 21	53	20	
Feb. 22	49	22	T
Feb. 23	25	21	
Feb. 24	52	08	

Zumba Classes

Taught by Killy Lampe

\$3 per class • \$20 per month
7 p.m.

Every Monday and Wednesday
Located at the Dance Ranch
120 W. Washington • St. Francis



James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
No appointments in March
Rawlins County
Health Center
785-626-3211
No appointments in March
Cheyenne County Hospital - P.M.
210 W. 1st • 785-332-2104
No appointments in March
Atwood • 626-3211
Colby (p.m.)
CSMC, 175 S. Range
785-462-3332
CMC, 100 E. College Dr.
785-462-7511

Specials
Sunday
Barbecued Ribs
Breakfasts every day

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St. Francis, Ks.
785.332.2905

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SHOWTIME: 7:30 p.m. 1 hr. 58 min.

The Monuments Men PG-13
Feb. 28-March 2
Starring: George Clooney, Matt Damon and Bill Murray

An action drama focusing on an unlikely World War II platoon, tasked by FDR with going into Germany to rescue artistic masterpieces from Nazi thieves and returning them to their rightful owners. How could these guys—all more familiar with Michelangelo than the M-1-hope to succeed?

CHEYENNE THEATER St. Francis, KS 785-332-2747

Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$6 All Others: \$8

Jensen's

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Pete Jensen - Salesperson
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CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS 785-332-2104

Cheyenne County Spring Health Fair
Blood Lab Draws:

St. Francis - March 24, 25 & 26
6:30 a.m. to 10:00 a.m. at the Cheyenne County Health Department, St. Francis

Bird City - March 27 & 28
6:30 a.m. to 10:00 a.m. at the Bird City Clinic (no appointment needed for lab draws)
Lab Fee: \$45.00 due at time of service!

Please TAKE your prescription medication & drink plenty of Water prior to the lab draw! - No other foods or drinks after midnight the night before lab draws.

Men & Women Exams: April 14-18 - all day in St. Francis
St. Francis - Call clinic for appointment 332-2682

Men & Women Exams: April 14-18, 2014 in Bird City 9:00 a.m. - noon
Bird City - Call clinic for appointment 734-2306

Exam Fee: \$25.00 due at time of service!

For more information Contact: Mila Bandel, RN, County Health Nurse 785-332-2381. Sponsored by Cheyenne County Hospital, Clinic & Health Department

"Best Buds"

V	E	G	A	S	A	Y	N	A	S	S	E	T		
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See American Profile magazine in this week's issue of

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For more information contact: **Tim Burr**
at 785-332-3162