



WAITING FOR THE STORE TO OPEN – These chickens and several others were the talk of the town as they casually strolled down Main Street Sunday morning.
Herald staff photo by Karen Krien

County residents urged to participate in health survey

Health care services in rural Kansas are facing challenges on many fronts, and the Cheyenne County Rural Health Improvement Taskforce is working to develop new approaches to address these challenges and improve local health care.

To assure they are doing a thorough job, the health care and community leaders on the taskforce are seeking the help of area residents in defining the various problems, especially those that pertain to "health risk behaviors," said Carol Sloper, task force coordinator. The extent of those behaviors such as little exercise, poor diet, and smoking, as well as limited access to care caused by such issues as lack of health care insurance or distance factors, can shed light on the best steps the community should take to improve overall health and personal well-being.

"This project is important to Cheyenne County so that our health care needs are not forced to be served by a model that is imposed by more urban areas that face far different challenges," Mrs. Sloper said.

Better Understanding of Area Needs

The taskforce has developed a survey based on the Centers for Disease Control and Prevention's (CDC) "Behavioral Risk Factor Surveillance System." However, Greg Bonk of HMS Associates, lead consultant for the project, pointed out that in rural areas such as Cheyenne County, the number of people surveyed is too small for reliable localized estimates and statistical analyses.

"We need to expand our knowledge about the community and better understand residents' concerns," he said, "then we will have the insight to target programs at the most pressing needs."

Mr. Bonk also explained this survey is particularly important because most data on a community's health is several years old and may really be more indicative of long-standing health problems and medical conditions rather than contemporary health risk behaviors which have been found to be of equal, if not greater, importance.

Survey Availability Near

The Risk Factor Survey will be conducted in late March through early April and many residents may receive the survey via email or paper copy through employers or other organizations. If possible, the survey should be completed online. Paper copies can be returned to Carol Sloper, CCH, 210 W 1st Street, St. Francis, KS 67756.

Anyone interested in participating in the survey can complete it online at <https://www.surveymonkey.com/s/CHY-HC> or contact Mrs. Sloper at 785-332-2104 for a paper copy. The survey will also be conducted at several area locations including: the Senior Center in St. Francis and the Cheyenne

County Health Fair in St. Francis and Bird City the week of March 24.

The task force is conducting the survey in conjunction with its role as a pilot program of the Kansas Rural Health System Improvement Project, organized by the United Methodist Health Ministry Fund, Hutchinson. The project, which also currently includes pilot programs in three other rural communities in western Kansas, is supported by funding from six not-for-profit foundations in Kansas.

Survey Results

Survey results will be available in December 2014 upon request from Mrs. Sloper at the Cheyenne County Hospital.

Board accepts bids for installation

By Karen Krien
karen.k@nwkansas.com

The Good Samaritan Village administrator, Jeff Paulsen, met with the Cheyenne County Commissioners on Friday. They talked about the installation of a heating and air conditioning system. The system would take care of 16 rooms, or the majority of the west wing of the nursing home.

A bid for installation had come from CB Heating and Air Conditioning, Colby, for \$31,200. Brett Poling, commissioner, said Ed Marin at Heartland Air Conditioning and Heating, St. Francis, was going to submit a bid. He wondered if he still had time to turn in a bid. At least, he said, we would have a comparison. We don't know if \$31,200 is a reasonable bid or not.

The bids are already closed, said Dale Patton, commissioner. He also noted that the Colby company was

licensed and insured. They agreed to accept the bid for the installation of the units. The money will come out of the Home for Aged fund.

Mr. Paulsen said that the remodeling of the west entrance was taking shape.

Dr. Poling, at the last meeting, reported on a headline in the Oberlin Herald that claimed the nursing home was making \$132,000. Mr. Paulsen said he had talked to the administrator of the Oberlin home, and she said the headline was incorrect; that, in fact, they had lost money.

In other business

- In other business:
 - Dr. Poling talked about the possibility of bringing a motorcycle museum to St. Francis. It would bring in a lot of people, he said.
 - Karan Thadani, county attorney, said an expert in the Leanna

Windell case will testify for the county.

- Randy Nelsen was appointed as the county's emergency services safety officer.

- The Nebraska, Kansas, Colorado Railroad had sent correspondence that the company would settle the lawsuit against the county for \$85,000. They had originally wanted \$200,000, claiming that the county had been responsible for a train derailling several years ago.

I don't feel that this was the county's fault, said Mr. Patton. The railroad should be fixing their lines.

- Three permits were signed so Murfin Drilling could put electrical lines under county roads northwest of St. Francis.

- The commissioners discussed businesses that could be separating cardboard for recycling but are sending it to the landfill. The landfill, they noted, is filling up fast.

RICK NEMETH

200 18 Mo. Old Registered Angus Bulls for Sale on Farm
85% of Bulls Are AI Sired
60 Bulls are ET Calves
nemethangus.com
Ludell, KS • (785) 626-4309 or (785) 322-5505
LOCATION: 13 miles northeast of Atwood, KS

Sale bulls are in top 3% of breed for both weaning and yearling weights.

2.3 58 104 average EPD's on Nemeth sale bulls.
2.6 36 18 66 EPD's for current sires of the Angus breed.

 <p>FREE SPIRIT</p> <table border="0"> <tr> <td>SAV</td> <td>NET</td> <td>WORTH</td> <td>BOYD</td> <td>FOREVER</td> <td>LADY</td> </tr> <tr> <td></td> <td></td> <td></td> <td>8003</td> <td>SAF 598 BANDO 5175</td> <td>GAR PRECISION 1019</td> </tr> </table> <p>SAV EMBLYNETTE 5463 SAF 598 BANDO 5175</p>	SAV	NET	WORTH	BOYD	FOREVER	LADY				8003	SAF 598 BANDO 5175	GAR PRECISION 1019	 <p>SAV GRAND PRIX</p> <table border="0"> <tr> <td>SAV</td> <td>FINAL ANSWER</td> <td>SITZ</td> <td>TRAVLER</td> </tr> <tr> <td>0035</td> <td>8180</td> <td>SAV</td> <td>EMULOUS</td> </tr> <tr> <td></td> <td>8145</td> <td></td> <td></td> </tr> </table> <p>SAV BLACKCAP MAY SAV BLACKCAP MAY</p>	SAV	FINAL ANSWER	SITZ	TRAVLER	0035	8180	SAV	EMULOUS		8145		
SAV	NET	WORTH	BOYD	FOREVER	LADY																				
			8003	SAF 598 BANDO 5175	GAR PRECISION 1019																				
SAV	FINAL ANSWER	SITZ	TRAVLER																						
0035	8180	SAV	EMULOUS																						
	8145																								
 <p>MUSTANG</p> <table border="0"> <tr> <td>SAV</td> <td>FINAL ANSWER</td> <td>SITZ</td> <td>TRAVLER</td> </tr> <tr> <td></td> <td>8180</td> <td>SAV</td> <td>EMULOUS 8145</td> </tr> <tr> <td></td> <td></td> <td>SAV</td> <td>NET WORTH 4200</td> </tr> </table> <p>SAV EMBLYNETTE 7415 SAV EMBLYNETTE 7260</p>	SAV	FINAL ANSWER	SITZ	TRAVLER		8180	SAV	EMULOUS 8145			SAV	NET WORTH 4200													
SAV	FINAL ANSWER	SITZ	TRAVLER																						
	8180	SAV	EMULOUS 8145																						
		SAV	NET WORTH 4200																						



KISS VERIZON

GOODBYE

SWITCHING IS EASY & YOU CAN KEEP YOUR NUMBER!

SWITCH TO VIAERO & WE'LL

PAY YOU UP TO \$600*

THE VIAERO ADVANTAGE

<ul style="list-style-type: none"> • Unlimited 4G Data • No one has more 4G towers in Viaero's coverage! • Great national 4G networks with our roaming partners T-Mobile and AT&T • No contract necessary 	<ul style="list-style-type: none"> • Android, iPhone or the rugged CAT phone – the best phones at the best prices. • Local customer service and outstanding customer satisfaction! • Industry leading phone protection plans included with purchase* <small>*on installment purchases</small>
---	--



VIAERO
4G WIRELESS
we are where you are

To Find a Viaero Location: Visit www.viaero.com or call 1.877.484.2376
*Customer must port their post-paid Verizon or US Cellular number to Viaero. Customer must provide their unlocked Verizon or US Cellular handset at the point of activation. Activation with Viaero on the Intro Data or Unlimited Everything rate plan is required. Purchasing a smart phone on an installment plan is required. Customer must fill out and mail in the Contract Buyout Form within 90 days of activation showing their Early Termination Fee charges in order to receive the ETF credit. Customer must fill out and mail in the Verizon Switch Handset Credit Form within 90 days of activation in order to receive the handset credit. Must maintain good standing with Viaero for minimum of 60 days and be active at time of credit processing to receive the ETF and Handset credit. Certain restrictions apply; see store for details.