

## Commissioners talk budget

### Commissioner roundup

By Karen Krien

The county's budget was discussed when the Cheyenne County Commissioners met Monday morning. The commissioners were concerned about the raise of around 9 mills in the budget but it was noted that the reasons for the raise were the hospital bond which accounted for 8 of the 9 mills and the noxious weed department.

Commissioner Tim Raile asked how the county got by without raising taxes, when they had raised salaries and some department budgets and the valuation was down. It was pointed out that there was cash carryover which made the difference.

Jack Eldridge, county auditor, was concerned about the noxious weed department and sug-

gested increasing the landfill fees. For the last three years, it has not been necessary to budget funds for the noxious weed department because the employment had been cut to half but now that fund was going to need some money.

The commissioners were concerned about raising landfill rates because it might discourage people from using the site for dumping. The

auditor said that there was less money coming into the landfill and the commissioners figured that was probably due to the serious effort in recycling.

A budget work session was set for Wednesday and the commissioners will try to work out the details so the budget can be printed in August.

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At the meeting on July 15, the Cheyenne County Commissioners:  
• Talked about the purchasing of laptop computers with 911 funds for the St. Francis law enforcement. See Page 7.  
• Heard about the mitigation plans which the emergency manager will draw up. See Page 7.



CANDIDATE DAVID ADKINS, standing in middle, talked to St. Francis residents on Thursday morning. Others pictured, left to right, are Kenny Roberson, Gus Zweygardt, Tobe Zweygardt and Veda Orth.

Herald staff photo by Karen Krien

## Senator visits with concerned residents

By Karen Krien

Senator David Adkins was in St. Francis Thursday morning to talk to a small crowd about his plans to run for Kansas attorney general. He said he will be enforcing the laws of the state, preventing Kansans from becoming victims and making Kansas a safer place.

Making Kansas a safer place includes cracking down on child abuse and domestic violence, protecting people from con artists and enforcing the Open Records Act.

The senator is a primary sponsor of legislation designed to protect consumers by creating a Kansas "no-call" list, which allows Kansans to prevent

telemarketers from calling them at home.

A real challenge came after the attack on the twin towers in New York City on Sept. 11.

"We are dealing with the war on terror and we, the government, needs to be prepared," he said, noting that the Kansas food production is a significantly

important part of the nation. "Much has been done (in preparing) but there is still a lot to do."

Sen. Adkins is a Leawood Republican who was making a 15-city tour last week, making stops throughout north-west Kansas. He stated that he felt that the attorney general should enforce the  
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## Candidates, legislator hold early morning meeting in Sainty

By Karen Krien

The primary election is coming up and two candidates, the wife of one candidate and a senator were in St. Francis early Tuesday morning to talk to people about the issues for which they stood.

Dennis Wilson, who is running for state treasurer, was present as were Deborah Kline and daughter Hillary, who were representing husband and father Phill Kline who is running for attorney general. John Fabor, House representative for the District, who is running again and Sen. Stan Clark were also present.

Paul Rainbolt, who was representing Tim Shallenburger, candidate for governor, opened the meeting by endorsing Mr. Shallenburger. He said that as the people move into a new era, they need honest and fair government. And when the government has money, the

legislators do not buy new buildings.

Sen. Clark reported that the senate had spent way too much time on redistricting. He and Sen. Janis Lee had fought long and hard to get two representatives instead of one as had been proposed and, when the battle ended, they had won. He felt that it was important that legislators look for long-term solutions to problems, addressing home and community based services and how these services could be delivered to the people. He thought that base-core curriculum was needed to offset declining enrollments.

"I have served eight years in the Senate, and I'm ready for an offensive rather than a defensive session," he said.

Rep. Fabor reported that the last legislative session had been "horrendous" but he will begin campaigning in full force starting next week. He reported

that when he had gone to Topeka, he was for education and still was. He introduced the bill to help schools with declining enrollments and those schools where the enrollment had fallen below 100.

Phill Kline

Mrs. Kline told how Mr. Kline had reacted after going to the state house for the first time. He said "the language they were using had no 'integrity.'" "Government doesn't talk the same language. When they say budget cuts, it means cutting a few and raising many."

As attorney general, he wants to keep violent criminals off the streets and behind bars. As a senator, he voted against a bill that reduced sentences for violent criminals by 20 percent and also opposed a bill which authorized the early release of hundreds of criminals  
See EARLY MORNING on Page 7A

## Newest evidence revealed in hormone replacement therapy

By Nadja Vawryk Button, MHS, PA-C

Recent news about hormone replacement therapy (HRT) has prompted many questions, and perhaps some fear from women using the therapy. Like any other medication, it is important to understand the reason why women are taking the medication, along with the benefits and risks, and any alternatives available. The goal of this article is to provide individuals with information for making decisions about their per-

sonal use of hormone replacement therapy, when discussing therapy with your health care provider.

The U.S. Food and Drug Administration approved two uses for hormone replacement therapy. One use is for the relief of menopausal symptoms such as hot flashes. The second approved category is the prevention of osteoporosis. The use of hormone replacement therapy for control of menopausal symptoms and/or the prevention of osteoporosis has not been called into

question by the recently published study results.

Studies suggest that there may be an increased risk of breast cancer with prolonged use of hormone replacement therapy. However, one study of breast cancer patients showed that users of estrogen had lower death rates from breast cancer than non-users.

Prolonged exposure of the uterus to unopposed estrogen (estrogen without progesterin) has been shown to increase  
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## Fun and sales set for Saturday

By Karen Krien

How many have their dogs groomed and ready to enter the dog show during St. Francis' Christmas in July promotion on Saturday? The event is sponsored by the St. Francis Area Chamber of Commerce and held annually along with the Christmas In July celebration.

The dog show will start at 10 a.m. in the park and dogs will be judged on best tricks, fastest, most obedient, best costume, look alike, cutest and best all around. Prizes will be awarded.

Throughout the morning, there will be in-store and sidewalk sales up and down Main Street. Check the ads located on Page 8 and 9 and on the classified pages.

"There will be great sales all over town," said Paige Gardner, Chamber

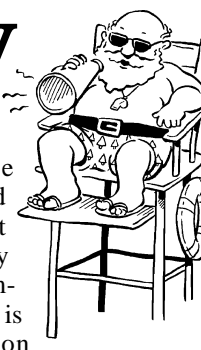
secretary.

Many of the events will be held in the park right next to the newly established Farmers Market which is set up on Denison Street.

Santa will arrive on the fire truck with the firemen who will cool kids (and a few adults) off from 11:30 to 12:30 with fun and games. Following the games in the park, there will be a free watermelon feed.

"Don't miss the fun," Secretary Gardner said.

Make plans to save money, stock up on bargains and enjoy the day.



## Books close to voters on July 22, advanced voting in clerk's office

All people who wish to vote in the primary election need to be sure they have registered on or before July 22, the day when the registration books close.

County election officer Terry Miller reported that the books will close at the end of the working day or at 5 p.m. and they will remain closed until Aug. 7, the day following the primary election.

Those wishing to register may do so at the county clerk's office in the courthouse or at the city clerk's office in St. Francis or, in Bird City, they can register at the First National Bank (formerly the Security State Bank).

A citizen of the United States who is 18 years or older or will be 18 before the election may register to vote. When a voter has been registered according

to law, his or her registration will continue to be valid until the voter changes their name by marriage, divorce or legal proceedings or moves.

People may apply in person or by mail to Mr. Miller to be registered. Application forms will be provided upon request. The applications shall be signed by the applicant under penalty of perjury.

Advanced voting

Advanced voting will begin on July 23 in the clerk's office at the courthouse. Those who know they are not going to be able to vote on Aug. 6 or would just like to make their mark early can do so in that office anywhere from July 23 to Aug. 5.



PIECE OF HISTORY came tumbling down last week. The Classy Cuts building was located east of Bankwest on St. Francis Main Street.

## Barber/beauty shop comes down

Last week, workmen from Goody's in Goodland brought their equipment into St. Francis to move the old Classy Cuts beauty shop.

Windows were taped and the old wood footing was knocked out. However, before they could get it moved, it collapsed in a heap.

The space is now cleared and bank

president Rick Kriegh said the area will have a gazebo and some landscaping will be done. It will be a cool stopping spot for people on Main Street.

People really didn't seem to know when the building was built or if it was moved in from Wano.

Through the years, it has generally been a barbershop or a beauty shop. At

one time, Jerry Scoby had a photography shop. Rex and Elmer Confer had a barbershop and Gary Cooper also ran a barbershop. While it was a barbershop, the stripped pole was on the front side of the building.

If anyone knows of more information about this building, contact the Herald.



ANGELA KNODEL helped Sydney and Stephanie Busse with their clothing buyman outfits in a workshop held Monday. The 4-H fashion revue will be held July 29.  
Photo courtesy of Stephanie Schafer, extension office

# Officer wants laptops

Jason Ryan, St. Francis Chief of Police, reported back to the Cheyenne County Commissioners on Tuesday with the price of laptop computers which would be purchased with 911 Funds as they would be used as "emergency equipment." Chief Ryan had been at a previous meeting and the commissioners asked that he bring back the prices of the equipment.

The 911 Fund has around \$65,000 which can be used only for emergency equipment. The money comes from a 75-cent fee charged for each phone line in the county.

Chief Ryan was asking for four laptop computers for a total cost of about \$6,000. Commissioner Tim Raile asked if the department could get by with less computers. Chief Ryan said they have four vehicles and each would be mounted on brackets. On the weekends, there were generally three officers out on patrol and possibly the department could get by with three but preferred four.

The law officers now receive information at night through the Sherman County dispatch but, with the city's plan to install wireless by the first part of August, the city police could eliminate the dispatch and call directly to the Kansas Bureau of Investigation for information when needed.

The computers will be the only expense as the Kansas Bureau of Investigation provides the software. The computers would be dedicated only to law information and, when the computers are installed, they can also be used to do daily reports and logs instead of going to the police office.

The other commissioners were concerned that the county sheriff office and Bird City Police Department also be aware of the purchase and, that they too could benefit from the 911 Fund. They asked Chief Ryan to talk to the sheriff and Bird City policeman about also getting the computer equipment for their departments and maybe there would be a reduced price for the equipment.

The chief will report back at the July 31 commissioners' meeting about the number of computers needed and what they will cost. He will also contact local dealers about prices.



TALKING TO THE CANDIDATE — Dennis Wilson, left, visited with Ryan Shay at the early morning meeting on Tuesday.  
Herald staff photo by Karen Krien

## BUDGET

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Commissioner Raile had been approached about local people purchasing the hospital bonds. He had visited with a commissioner from Colorado where the commissioners were able to reserve bonds to be sold to local buyers but Chuck Curfman, representative with Cooper Malone McClain, had said Kansas laws were different. If anyone is interested in purchasing the bonds, they should contact Mr. Curfman at 316-685-5777 for more information.

that, at this time, they were not interested in purchasing it.

- Commissioner Krien said that he was getting some materials to experiment patching the finish on the courthouse steps.
- The commissioners approved that Ranae Pilkington, road and bridge secretary, be allowed to attend a software training class.

### Next meeting

The next meeting of the commissioners has been set for 8 a.m. on July 31 in the commissioners' room in the courthouse.

## EARLY MORNING

**Continued from Page 1A**

from state supervision. In only 18 months, the bill has provided early release to 146 violent criminals who since have found new victims, committed new crimes and are now back in prison.

Mr. Kline has a 100 percent pro-life voting record; has voted to protect educators from lawsuits; and has received an "A" from the National Rifle Association, protects the Pledge of Allegiance, upholds the Constitution of the United States and supports the rights of law abiding citizens to keep and bear arms. Most of all, he believes in truth and knowing right from wrong.

"Sometimes, those yard signs are the only connection people have with the legislators," he said.

Signs can be obtained from Paul Rainbolt and Rodney Shay. If they don't have one, they may be able to tell individuals where to get them.

## HORMONES

**Continued from Page 1A**

a woman's risk of endometrial cancer. The current hormone replacement therapy standard for women with an intact uterus is combination estrogen/progestin therapy. This combination reduces this risk of endometrial cancer.

Researchers once felt that estrogen lowered the risk of cardiovascular (heart and blood vessel) disease. Data revealed this month shows this is not the case. There is a pattern suggesting a higher risk of heart problems early on in therapy. This risk decreases over time. Women with heart disease should not start treatment with hormones for the purpose of preventing coronary events.

There are other non-hormone replacement therapy medications the individual's provider can prescribe for the prevention of osteoporosis and some non-medication options that are smart advise for everyone:

- Eat a balanced diet rich in calcium and vitamin D.
  - Do weight-bearing exercises, like walking, on a regular basis.
  - Avoid smoking and excessive alcohol.
- Those having any further questions can contact the Cheyenne County Clinic at 785-332-2104.

## SENATOR

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laws fairly and efficiently — not make new laws.

Sen. Adkins will be running against Republicans Phill Kline, Shawnee, and Charles McAtee, Topeka for the office of attorney general. Chris Biggs, Junction City, is the only Democrat to file for the position and will not face the winner of the Republican primary until November in the general election. The former attorney general Carla Stovall, will be stepping down at the end of the term, leaving the office vacant.

Kenneth Roberson, St. Francis, asked the senator why he was stepping down from the senate to run for attorney general?

He replied that he is a lawyer and has worked in the legislature. The combination of the two would be excellent experience for the person taking over the attorney general position. Besides he has a small daughter which he wanted to spend more time with and being attorney general would allow for that extra time.

Sen. Adkins talked about the water litigation between Kansas, Colorado and Nebraska. He said that he would defend the state's interest as the case advanced.

He took a strong stand on sex offenders saying that he felt that the law should be "two strikes and you're out!" With the first offense, the offender is committed to Larned and a second offense will be a life sentence in prison. He talked about the new interstate laws which allows states to check on sex felons if they move from one state to another. Sex felons are also required by law to register with the law when they move.

Veda Orth, St. Francis, wanted to know if laws tracking foreign students enrolled in universities would be more stringent. The senator said that before the Sept. 11 attack, these students were not kept track of and, even though there is lack of staff, there is a greater effort being made to find out exactly what these students are doing.

"We are not going to let foreign students into the country and forget about them," he said.

Mrs. Orth also questioned the recent issue of the courts ordering school children not to say the Pledge of Allegiance in schools. Senator Adkins said that the ruling would not stand.

"Kansas has a law that requires students to say the Pledge," he said. "In Kansas, it is faith, family and friends that are important."

He added that the court ruling in California was a "Stick in the eye" and expects it to be overturned.

Mrs. Orth added that she had appreciated the candidate's talk as he told about what he stood for instead of putting the other candidates down.

"I want to make a difference and this isn't the only time you will see me," Sen. Adkins said.

## Emergency mitigation plans to be drawn up

By Karen Krien

Gary Rogers, emergency manager, reported that, by May 2003, he will be required to have two mitigation plans drawn up, one for Rawlins County and one for Cheyenne County. However, with the present computer equipment, it is impossible.

At an earlier meeting, Manager Rogers had approached the commissioners about purchasing a laptop computer which would fill the needs required by the state and also the plans could be started. The government has offered incentive money of \$3,000 for the two counties to draw up the plans. He thought \$1,500 could be used to help purchase the computer while the other \$1,500 could be used for expenses incurred with the total plans.

The commissioners agreed that be-

tween the grant money, and Emergency Management Capital Outlay and Equipment Reserve funds, there would be enough money to purchase the computer which will cost around \$2,322.

The manager was concerned how the \$3,000 grant funds would be handled — if there needed to be a separate fund or line. However, after discussion, it was decided that the funds be deposited in the general fund and vouchers would be used to draw out those funds when needed.

Manager Rogers reported that the county had received \$4,850 from the Department of Justice grant. However, there was a list of specific items which the money could be spent for and there were only a few items which the county could use. He would study the list further but if the grant funds are not used, the county will lose them.

### Road and bridge report

Dave Flemming, road and bridge supervisor reporting on roads, stated that Mill and Seed had seeded the roadsides in an area. He also said that he had received a letter indicating he needed to obtain a permit for water rights when digging gravel pits and exposing ground water.

He told that there was a scraper on sale in South Dakota and he was considering making a bid for the equipment. The commissioners thought it would be wise to send a county mechanic to look at it before bidding on it.

Commissioner Ron Krien was still questioning the width of a county road west of St. Francis and the supervisor and commissioners discussed the slope of the ditches, noting that they shouldn't be too steep — that it was dangerous.

The commissioners also questioned if the supervisor knew who had loaned Riverside Recreation, St. Francis, the county water truck. The supervisor knew that it had been used and had not been refueled nor filled with water when it was returned. Gary Rogers, emergency manager and volunteer fireman, said that the truck was used sometimes to carry water to the fire sites and he knew that the watering system had broken down at Riverside.

Following a discussion on who, why and when county equipment should be loaned out, the commissioners agreed that if the equipment were loaned out, at least the supervisor should know as well as at least one of the commissioners.

### In other business

- In other business:
- Commissioner Raile noted that there are grants for cleaning up property including business and private.
- County Attorney Kevin Berens reported that charges had been filed in the destruction of some of the county road signs.
- Rita Koros, owner of Main Street Sweets, had written the commissioners offering the lot across the street for sale to them. After discussion, they agreed

### Horse Liniment Eases Arthritis Pain

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