



On the Plains

Idalia News

By
Elsie
Shanks



Idalia Baptist Church News
Idalia Baptist Church congregation and Pastor Gary Fore invites you to come join them. Worship service is at 8:45 a.m. Sunday evening Bible study is at 4 p.m. Thursday evening Bible study is at 6 p.m. Everyone is welcome to attend.

School News
Idalia school started September 2. The music teacher will be Diane Homm or Mrs. George Homm of Burlington. Brad Wingfield will teach science, physical education and coach. There will only be four bus routes this year instead of six. Bus drivers are Judy Shively, Laura Lengel, Vicki Schlepp and Scarlett Sharp. Sherrie Ramseyer will be helping in the Science Green House.

Football boys have been practicing for sometime. Some of them lifted weights during the summer at the Idalia school to keep fit. The Wolf pack this season includes seniors; Joel Davis, Ben Krause, Kyle Richards, Kelly Sharp, Gage Soehner and Brandon Weyerman. Juniors; Ryan Cure, Neil Hutton, Reed Parker, Tyson Ramseyer, Jody Rittenhouse and Mike Van Pay. Sophomores; Logan Furnish, Dillon Monsmith, Kaleb Rittenhouse, Evan Schiel and Trent Terrell. Freshman;

Blake Cure, Kevin Lengel, Tyler Manser and Andy Mumm.

School Schedule
Friday, Sept. 6 Briggsdale at Idalia at 7 p.m.
Friday, Sept. 13 Deer Trail (homecoming) at 7 p.m.
Friday, Sept. 20 at Woodlin at 7:30 p.m.
Friday, Sept. 27 at Arickaree at 7:30 p.m.

Head coach- Tim Gribben. Same coaching staff as last year; Tim Krause, Chris Soehner and Brad Wingfield. Volleyball will be before football.

Surprise Party
Mrs. Susan Richards hosted a surprise birthday party, August 18 for Denise Weyerman and Sherri Ramseyer at Run-Away Inn south of Joes with 16 friends and spouses attending.

Anniversary
Jim and Dian Pfeiler spent two days in the mountains around Idaho Springs celebrating their 25th Wedding Anniversary.

Lions Club
Lions Club annual back to school picnic was held September 3 at the east end of Idalia school. Community members brought a salad or desert. Hamburgers, tableware and drinks were furnished. Everyone enjoyed

meeting new neighbors and faculty of Idalia school.

Birthday
Bill and Renee Carpenter, Faith and Hannah, Ted and Donna Mosier, Eric and Jeannie Mosier, Ethan and Luke of Elizabeth, Bill and Peggy Carpenter, E.J. and Briar Carpenter enjoyed a potluck picnic last Sunday at Bonny Lake in honor of Faith's 4th birthday. They enjoyed cake and ice cream.

Beecher Island Reunion
The 103rd Beecher Island Reunion will be held September 14 and 15, Saturday and Sunday, with camping, food, games, music and history as well as Black Powder shooting. A concert will be held Saturday evening and nondemoninational services will be held Sunday morning. Food will be served by various community groups both Saturday and Sunday and many entertainers and vendors will be at Beecher Island during the two day celebration.

St. John United Church of Christ News
St. John United Church of Christ invites everyone to come and join them. Sunday school is at 10 a.m. Worship service is at 11 a.m. for winter. Communion was held Sunday and a group went to Wray and St. Francis to rest homes to give communion to

members. Bill Carpenter Sr. and Hannah Langendoerfer sang a duet accompanied by Betty J. Moellenberg on the piano. Womens Fellowship will be September 11 at 1 p.m. at St. Johns United Church of Christ Fellowship Hall. Please try to attend.

Butch Wudtke and Jim Smith had their farm tour cancelled August 27 due to the muddy fields and was held at the Stratton Coop at Idalia with a corn representative speaking on the different variety of corn planted with 110 people attending and enjoying the barbecue that was provided. Some went out in the fields in the afternoon when it had gotten drier.

Denise Weyerman motored to Denver Monday to visit her father who suffered a heart attack and he is stable now. Denise returned home Friday.

Vision foundation has put air conditioning in the pre-school, cafeteria, computer lab and new science room.

Laura Ramseyer of Colorado Springs spent two days at home visiting her parents, Mark and Sherri Ramseyer and boys and returned to Colorado University College last Wednesday where she is studying to be a nurse.

Larry and Janie Beckman were last weekend visitors of their son, Ryan

Beckman at Glenwood Springs. Enroute home were Monday overnight guests of their daughter and family, Tom and Angie Toledo and Chelesea at Parker.

E.J. and Briar Carpenter plan to motor to Sidney, Mont., to visit her parents, Perry and Mary Blanchard for the weekend.

Clay Blankenship spent a week visiting friends at Last Chance and returned home last Sunday.

Betty J. Moellenberg help Judy Langendoerfer inventory their fire loss.

Violet Knapp was a Wednesday visitor of her brother, Virgil Lundvall and sister-in-law Orea Branson in Burlington and overnight guest as Virgil isn't doing too good.

Tyra Walters in enrolled in Colby Community College. Tyra wants to be a nurse.

Trisha Renee, former Bud Knapp's daughter, husband and their daughter and children all of Colorado Springs arrived Saturday to visit Violet Knapp and Virginia Lengel and go camping at Bonny Lake.

Clark and Mildred Rolow motored to Goodland Wednesday shopping and talked a little with their daughter, Phyllis Long at the courthouse where she works. Enroute home they visited his sister and husband, Pat and Harold Madsen at St. Francis.

There was a bad storm Wednesday night with terrible wind, a lot of lightning and some thunder. Electricity went off for two hours. There was 1.30 inches of rain which came in buckets. Jo Thompson has been at Hooker, Okla., for a week working on their rental home and returned home Thursday.

Esther Engemoen and son, Mark of Fort Collins arrived Thursday to spend a few days visiting her sister, Alma Helling and other relatives.

Plain Sense

High Plains Mental Health Center
Parents and Anger

As much as parents would like to be in charge and in control of their children, it is just not possible to be a perfect parent. Wouldn't it be great if children obeyed and behaved well all the time! The reality is that brothers and sisters fight, babies cry, and toddlers say "no". Add in the stresses of daily life, as well as a lack of enough sleep, and parents can feel overwhelmed and react angrily. Anger is a normal reaction, but can often be misplaced when adults are dealing with children. Consider the following:

Ask yourself if the anger is a legitimate reaction to the child's behavior, or the result of something else, such as problems at work or other stressors.

Take time to stop and cool off before you say or do something you regret. Get control of your feelings by slowly counting to 10 or stepping into another room or outside for a few minutes.

Look at the situation and try to determine what is really happening. Talk it over with those involved. Use "I" statements rather than "you" statements.

For example say, "I am very upset about this." Instead of "You make me so angry!"

Decide who owns the problem, you or the child. Allowing a child to take responsibility for their actions is a good learning experience.

Problem solve; determine possible solutions and follow through.

Avoid lecturing and lengthy explanations; keep your comments short and to the point. Take time for further discussion after everyone is calmed down and the situation in control.

Try not to take everything personally that a child says or does. Let them know how you feel, then suggest better ways for them to react or respond.

It is important for children to understand that anger is a normal human emotion experienced by them as well as adults. Everyone involved will feel better when they are in better control of those emotions. Learning how to express anger in a positive manner is a skill needed throughout life.

Contributed by Karen D. Beery, LCPC, Consultation and Education Department

Beecher Island News

There were 51 at Sunday school with Nancy Peaker giving the special number and Jessica Towns giving her birthday offering.

Cory and Brook Zuege were Friday overnight guests of Mallory and Chynna Rose helping Mallory celebrate her belated birthday.

Last Monday Mr. and Mrs. Ray Dodge hosted a farewell supper in honor of Ladonna Dodge before she returned to Mission, Texas, Wednesday. Guests were Violet Brown, Mr. and Mrs. Rich Brown and Tyson, Mr. and Mrs. LeRoy Bowker and Amanda and Danny Brown.

Sunday evening music jam session guests of Mr. and Mrs. Rowe Shively were Mr. and Mrs. Larry Allen, Gordon and Betty Orth of St. Francis and Debbie Smith.

Amber Simmons spent Saturday to Tuesday this week with Mr. and Mrs. Robert Simmons. They took her home as they went to Cheyenne, Wyo., to attend the funeral of Bill Dike, a cousin of Robert.

Mr. and Mrs. Matt Parmelee, Philip and Gunner were weekend guests of Mr. and Mrs. Phil Osmus.

Tempy Bowman, Brady and Abby spent the weekend with Mr. and Mrs. Pete Osmus. Shelia had attended the Women of Faith. All had lunch with Mr. and Mrs. Perk Salvador in Yuma.

Gwen Cranmer visited Bernice Eberhart in the hospital in Burlington Saturday and Sunday. She was an overnight guest of Mola Mangus.

Mr. and Mrs. Bill Strangways visited Thursday with Nettie May Welton. Violet Brown was a Sunday afternoon caller.

Suzy Richards had lunch Friday with June Richers.

Ernie Smith and daughters of Benkelman visited Norma Ekberg Wednesday. Nick Wisdom also was a visitor.

Mr. and Mrs. Monte Mansfield and Mr. and Mrs. Gary Mansfield visited at the Bill Mansfield home last week. Jo Ellen Goodman visited Thursday and Friday nights.

Judy Shively, Cindy Like and Leona Helling were in Denver Thursday and Friday. They attended the Boulder Dinner Theater Thursday evening.

Mr. and Mrs. Jeff Hurlburt and family and Harvey Allen are frequent callers at the Berl Allens. Saturday Jeff Hurlburt, Ashley and Trevor had dinner with Berls. Kristy and Garrett came later.

By
Bessie
Dent



Jeri Rose and girls visited Mr. and Mrs. Albert Reitz last Tuesday in Yuma.

Norma Ekberg visited at Cedardale Tuesday and at the Clint Wisdoms Thursday.

Zack and Austin Bowman were Thursday and Friday night guests at the Rowe Shively home while their mother, Kim Bowman, went to Denver International Airport to meet Mark Bowman who is spending a couple of weeks at home from East Timor.

Hannah and Lucus Langendoerfer spent Wednesday night with the Kenny Rose family.

Boni Osmus spent Friday with Mr. and Mrs. Perk Salvador.

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4-H Tab

To be inserted in October.

This tab features a collection of articles celebrating 4-H Week and the 4-H Clubs in Cheyenne County.



Kids —

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