

Is somebody in Topeka listening to the legislators?

Maybe somebody in Topeka is listening. At least, legislators are starting to talk, after last year's awful marathon, about shortening the session. The Legislature is supposed to meet for no more than 90 days, including the wrap-up and veto sessions. In practice, though, the session has been getting longer. Last year, with a tight budget and nothing to fill the holes with, the members set a record at 107 days. They still didn't get the budget right, and the governor has been cutting ever since. It's a far cry from the days when the Legislature met for a couple of months every other year. Not much gets done in the first two months of the session. The Legislature convenes in January and by the time everyone is ready to get down to business, it's March. Major issues already have been hashed out in "interim" committees between sessions, but hundreds of bills go into the hopper at the first of the year. Few move before the deadline. Then, at the end of the session, there's still all the important stuff — the budget, taxes, major decisions about how to run the state — left to agree on. Most

of that is done at the last minute, and it really doesn't make any difference when the session starts — or ends. We've maintained for years that the whole thing would run better if legislators had less time to fool around. The session should be cut to 60 days, with tight deadlines, and no room for late bills. To be sure that the members know we mean business, we'd limit their pay and expenses to 60 days. After that, they'd be on their own time. And we're willing to bet that if the paychecks stopped coming, the Legislature could be finished with its business in 60 days. Some things wouldn't change. The big decisions on budgets, schools and the like would still be made at the last moment. But we taxpayers wouldn't be paying extra for all the mad dashing about. Not if it was after the session was supposed to be over. And we'd save a lot of money just by cutting expenses off earlier. Let's hope this study doesn't die before it gets a look. — Steve Haynes



Chattin' With Casey

By Casey Johnson



Announcement that the Conservation Awards Program will again be held in this county was received today and I have been asked to serve as chairman of a committee to select candidates for awards. This program is being sponsored by the Agricultural Committee of the Kansas Bankers Association. Last year awards were made to Cheyenne County persons, Royce, Tim and Troy Stimbirt. The purpose of this program is to stimulate a greater interest in the conservation of the agricultural resources of Kansas by giving recognition to

those farmers and landowners who have made outstanding progress in the establishment of soil and water conservation on their farms. Included in the awards program are a soil conservation award and a windbreak award. Points to be considered in selecting soil conservation award winners include:

- use of land according to its capabilities;
- completeness of conservation plan
- balance of farm enterprise
- quality of conservation work completed and maintenance of practices; and
- special practices unique to the farming operation.

The Windbreak Award considers windbreaks which provide protection from damaging winds for residential (or other structures) areas, livestock, or fields. Windbreaks should be a minimum of three-years-old. Points to be considered in selecting award winners include windbreak design, management, location, density and length. Nominations can be made by any person in the county. They should be sent to my office by Oct. 15.

County Health Corner

Can breast cancer be prevented? At this time, there is no way to prevent breast cancer. A women's best strategy is to reduce her known risk factors whenever possible by increasing activity, reducing alcohol intake and avoiding obesity. How is breast cancer detected early? The most important physical symptom of breast cancer is a painless mass. Up to 10 percent of patients, however have breast pain and no mass. Less common symptoms include persistent changes to the breast, such as thickening, swelling, skin irritation or distortion, and nipple symptoms, including spontaneous discharge, erosion, inversion or tenderness. Early breast cancer, when it is most treatable, typically

does not produce any symptoms. It is, therefore, very important for women to follow recommended guidelines for finding breast cancer early. Early detection of breast cancer greatly improves the treatment options, the chances of successful treatment, and survival. American Cancer Society guidelines for the early detection of breast cancer include three types of examinations, mammography, clinical breast examination and breast self-examination. These guidelines are for women with no symptoms of breast cancer and who have not been identified to be at significantly higher risk. Age 20 through 39 need clinical breast examinations every three years with

monthly breast self-examination. Age 40 plus should have annual mammogram, clinical breast examination and monthly breast self-examination. The health department can assist eligible women with the Free to Know Program (Kansas Breast and Cervical Cancer Initiative). Call 332-2381 to see if you qualify.



Honor Roll

New and renewed Herald subscriptions: Don Antholz, Atwood; Mallory Knodel, Des Moines, Iowa; Mildred Lampe, St. Francis; Tom Alderson, St. Joseph, Mo.; Wendell Kite, St. Francis; Ed Kite, Eudora; Patrick Delano, Bird City; Irene Burkhalter, Bird City; Delphine Norton, Ness City; Verlene Kunz, Garden City; Mrs. David Konkel, Denver, Colo.; Rodney Bracelin, St. Francis; Raymond Boll, Goodland; Wally Underwood, Bird City; Esther Krug, Benkelman, Neb.; Daryl Barnhart, Oakley; Pat Owens, St. Francis; Bob Voorhies, Bird City; Carol Redding, St. Francis; Merlyn Yonkey, St. Francis; Karen Nicks, Aurora, Colo.; Harvey Forsythe, St.

Francis; Richard Grace, St. Francis; Greg Cooper, St. Francis; Marion Miller, St. Francis; Bob Holzwarth, St. Francis; Chasiti Gerstenkorn, Kansas City, Mo.; Dulcie Henderson, St. Francis; Vicki Callicrate, St. Francis

GOD SAYS
A fool uttereth all his mind:
but a wise man keepeth it in
till afterwards.
Proverbs 29:11

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News From the Past

5 years ago - 1997
The St. Francis Board of Education approved the low bid for the removal and construction of a concrete driveway north of the high school. The area is an estimated 16,473 feet.
Doric Chapter 404 Order of the Eastern Star honored two 50-year members Nola Burrus and Mary Dorsch.
Indian football players Justin McAtee and Kelley Faylor were honored by *Kansas Sports Magazine*.
Sainty Indians had a good Homecoming victory. It was a come-from-behind win over Holyoke, the Number One ranked team in their class in Colorado. This leaves the Sainty team undefeated for the year. Many Homecoming activities were enjoyed with T.J. Burr and Trista Krieh reigning as king and queen.
Jett Fromholtz is getting his demolition derby car ready for the national competition to be held in San Jose, Calif., on Oct. 17.
The Lions Club members planted three trees in the city park to give shade to the Lions' shelter.
Mae Mossburgh will celebrate her 100th birthday on Oct. 23. She was born to Waitman and Hattie Doak near Altan.
15 years ago - 1987
Kari Milliken won the Reserve Grand Championship in the Fashion Revue Clothing Carousel division at the Kansas State Fair.
St. Francis grade school students marched to the new library construction site Friday afternoon where selected students put their hand prints in the freshly poured cement. "We wanted the kids to be aware of the facility and be a part of it," said Mike Day, member of the library board.
During National School Lunch Week St. Francis lunchroom cooks

Bonnie McDuffee, Betty Sherlock, Sylvia Queen, Kathy Vandike, Josephine Ford, Nancy Vernon and part time help Phyllis Zwegardt were saluted.
Cheyenne County boasts five 4-H clubs with 120 members. Libby Curry, Cheyenne County Extension Home Economist and Terry Weeden, Cheyenne County Agriculture Agent are administrators of the county program. Many 4-H'ers were recognized at the Awards Dinner held recently. Tammy Cress, Matt Bandel, Chris Leibbrandt and Kelley Milliken were all winners of the 4-H Key Award.
25 years ago - 1977
Roger Zwegardt announced this week that he has leased the Standard service station on Highway 36.
The Aid Association for Lutherans received a Caretaker Grant that was used for grass seed for Sawhill Park.
The Future Homemakers of America Club at St. Francis Community High School took a first place in regional competition in Goodland for their display.
The Cheyenne County Courthouse will be getting a partial facelift next month when new windows are installed to replace the 53-year-old original windows. The new windows will have beige metal frames and a brown insulated panel in the top one-third section.
Kelly Gienger and Katie Button were crowned king and queen during the high school Homecoming festivities. The football team defeated Hoxie 14-0. The first touchdown was scored on a 75-yard pass play from Daryl Schultz to Roger Vrbas. Schultz taking the ball over center scored the second touchdown.
The Cheyenne County Soil Conservation Service office has moved to new quarters and is sharing office space with the ASCS office on Highway 36. They feel that the two agencies will better served the farming community this way

with less expense to the taxpayers.
30 years ago - 1972
Six Cheyenne County residents took an Emergency Care Training sponsored by the Northwest Kansas Medical Center of Goodland and the Department of Family Practice at the University of Kansas. Attending from the county were Reverend John Bartlett, Vaughn Durfee, Martha Stothard, Hollis Peters, Melvin Mast and Dorothy Mast.
The Cheyenne County Commissioners have purchased a well equipped new ambulance. They received the approval of county residents to levy a small amount for ambulance service.
Work was begun Saturday on a major improvement project in the park area north of the Cheyenne County courthouse. The Better Homes Unit has plans to replace picnic tables and benches and improve playground equipment.
Mr. and Mrs. Bob Owens have announced that they will hold the grand opening of their new Owens True Value Farm and Home Center in St. Francis.
The St. Francis eight-man cross country squad has had an active fall campaign. Members of the team include Don Zwegardt, Roger Murray, Royce Neitzel, Ron Neitzel, Gary Watkins, Keith Neville, Dave Busby and Steve Holzworth.
75 years ago - 1927
A reception will be held at the Methodist church Friday night for Reverend and Mrs. C.M. Williams, who are here to take their place in our community.
New officers for the American Legion include E. Bruce Brumson, Edward Scoby, A.C. Handcock, Argyle Tapp, Albert Benkelman, B.H. Kehmeier, Ned Baker, Budd Boardman and Caleb Fredrickson.

CHURCH DIRECTORY

<p>Wesleyan Church Hwy 36 • 734-2727 Pastor Scott Baker Sunday School 9:45 a.m. Worship 11:00 a.m. Sunday Bible Study 7 p.m.</p>	<p>Peace Lutheran Church 202 N. College 332-2928 Pars. 332-2308 Pastor David Roszbach Sunday School 9:30 a.m. Worship 10:30 a.m.</p>	<p>United Methodist Church Office 332-2292, Church 332-2254, Pars. 332-3170 512 S. Scott Pastor Nel Holmes Early Bird Service 8:30 a.m. Sunday School 9:30 a.m. Worship 10:30 a.m.</p>
<p>Church of Christ 332-2380, Pars. 332-3424 502 W. Spencer Norman Morrow - Minister Bible Class 9 a.m. Morning Worship 10 a.m. Wed. Bible Study 7 p.m.</p>	<p>First Christian Church 332-2956 • 118 E. Webster Pastor Joe Briseno Sunday School 9:15 a.m. Church Service 10:30 a.m. Wed. night Bible Study 7 p.m.</p>	<p>First Baptist Church 2nd & Scott • 332-3921 J.W. Glidewell, Pastor Sunday School 9:30 a.m. Worship 10:30 a.m. Sunday Evening Service 6:30 p.m., Wednesday prayer service, 6:00 p.m. Wed. AWANA Club 6:30 - 8:00 p.m.</p>
<p>Grace Assembly of God 332-2925, Pars. 332-2899 208 E. 2nd Rev. Rob Meyer Sunday School 9:30 a.m. Worship 10:30 Sunday Eve. Service 6 p.m.</p>	<p>Seventh-Day Adventist Church 332-2888 • 3rd & Adams Pastor Arlin Cochran Sabbath School 9:30 Morning Worship 10:45</p>	<p>Clough Valley Baptist Church Pastor Al Davis D. Min. 12 m. west, 6 m. north of SF 332-2506 Sunday School 9:00 a.m. CT Worship 10:00 a.m. CT</p>
<p>Salem Lutheran Church 332-3002 Pastor Chris Farmer Sunday School 10:00 a.m. Morning Worship 11:00 a.m.</p>	<p>St. Francis of Assisi Catholic Church 625 S. River • 332-2680 Fr. Beryl Gibson Sunday Mass 10:30 a.m. Weekday Mass 8 a.m. Confessions Sat. 4-4:30</p>	<p>St. Francis Equity</p>

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