# Lady Cougars win big in league games to end the season

By Tammi Carmichael

Tribune Jackrabbits, the Weskan Coyotes, and the Triplains Vikings. The evening proved to be a big confidence builder for the entire team as they worked hard, played hard, and expected to win and did. Stats for this week are as fol-

Against Tribune, Cheylin scored 15-13 and 15-11, winning the first match in two games. Amanda Banister had 39/42 good sets and seven good serves giving her 100 percent from the line, Jill Zumbahlen had 10 good passes, 5/6 hits with two kills and two good blocks, Sara Moore earned the team nine points with 12 good serves for the Cougars giving her 100 percent from the serving line. Sara also had 4/6 hits with three of them being kills and three good blocks. Joy Zumbahlen stepped up with eight points out of 11 good serves for the ladies, she had 10/12 hits with four of them being kills, and 11 good passes. Hayley Young had seven good serves, three of them aces, 10 good passes, and four good blocks. Amanda Poore had 6/8 blocks for Cheylin along with 10 good passes and seven good hits. Add to this a great effort put forth from the bench as they stepped in and did a good job as well.

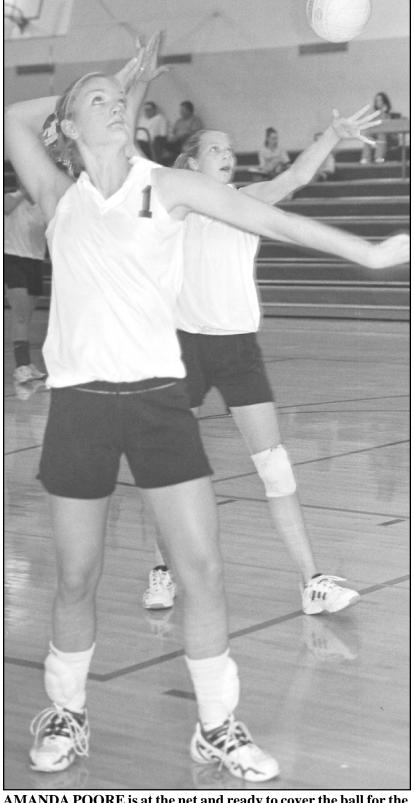
In the second match of the evening Cheylin played Triplains winning in three games, 15-7, 6-15, and 15-13. The girls played well and improved the teams serving percentage as well as their blocking percentage. Hayley Young scored 13 points from the

serving line, followed by Amanda On Tuesday, Oct. 17, Cheylin Banister and Sara Moore each with traveled to Tribune to take on the six, Amanda Poore with five, Joy Zumbahlen with four, and Jill Zumbahlen with three. Serving 100 per cent from the line were Amanda Banister and Jill Zumbahlen. The passing found Hayley Young with 22 good passes, nine good sets, and seven blocks. Sara Moore had seven good passes, 14 hits with five aces, and nine good blocks. The Zumbahlen girls both did extremely well picking up digs as Jill had 12/14 and Joy 8/9. The third game was intense as I

found our team playing their best at the net and covering the ball, it was great to watch them in action.

The final match had Cheylin playing Weskan. Put to the test the Coyotes came out and won the first game 15-11. The Lady Cougars are becoming quite accustomed to playing three games and keeping that in mind, the girls came from behind and won the second game 15-7. The team's blocking was unbelievable, the girls on the net were aggressive and played hard to make the come-back. Going into the third game the Cheylin ladies were pumped and played extremely well winning 15-12 against Weskan. It was a great feeling to walk away

on Oct. 17, carrying three big wins from league games. The girls worked hard, played extremely well, and they had the desire to win big. The Cougars have established that they are a team to be reckoned with this year. Assistant Coach Alisha Beeson also feels great about the wins and the Lady Cougar's play.



AMANDA POORE is at the net and ready to cover the ball for the Lady Cougars.

## McDonald News By Vera Kacirek

Shayln Harris, daughter of Aric and Miller and family and Randy and Sue Jamie Harris, was baptized on Sunday at St. Isadore's Catholic Church in Manhattan. Father Keith Weher officated at the baptism. Godparents are Lori Denny and Cary Harris. Those attending the baptism were Greg and Cheryl Wilkinson and Lori Denny, Kenny and Phyllis Wilkinson and Patty Skolout.

Kent and Joan Banister drove to Denver this weekend to pick up Amelia Banister at the Denver Airport. Amelia had spent the past week visiting Ami and Kevin Torrey in North Carolina.

Zelda Knapp was a Wednesday dinner guest of Jerry and Betty Knapp.

Lori and Dennis Driskill of Wichita spent from Thursday to Sunday with Gail Frances Erickson, Brian and Dawn Kacirek.

Miller and Justin.

Myrtle Hazuka, Penny Loker, Leila Loker, Lila Howard, Cynthia Howard and Dana Sabatka attended the Bird City

Craft Show on Saturday. Rick Olson of Hays was home for the

weekend to celebrate his birthday. Joan Tongish, Vivian Curry, Eunice Officer, and Eleanor Swihart attended the Western Plains Art Council program in St. Francis on Sunday.

Eleanor Swihart spent the weekend in St. Francis with Seth and Adrienne Swihart while their parents were in Chicago visiting their son, Ben, who is a freshman at Trinity University.

Rod, Lisa, and Josh Johnson were Satand Ray Miller. Other visitors were urday evening callers of Laddie and Vera

### South of McDonald By Sandy Binning

Ami Torrey was a visitor this past week of her parents, Jim and Cheryl Banister and other family members.

Teryn Carmichael was a Saturday afternoon guest of her grandma, Cheryl Lindon and Diane Montgomery at-

tended the funeral of Diane's aunt, Mary Donnelly, in Kansas City Saturday. They returned home Sunday evening. Dan and Margie Hubbard attended a

birthday party Sunday evening at the  $home \, of \, George \, and \, Dixie Louder baugh.$ Hannah celebrated her 15th birthday. George and Kathy Banister attended

the volleyball regional at Golden Plains Tuesday. The Cheylin girls took second George, Kathy, David and Debbie Banister attended sub-state volleyball at

Ransom on Saturday. Afterward, they stopped in Quinter to visit Kathy's mom, Laurene Dickman at the Gove County Long Term Home. Then they stopped in Grinnell to help Kathy's brother, Daryl and his wife Arletta do some moving.

Ote and Ellen Dewey called on Junior and Dee Dewey Saturday afternoon.

Lavern and Bethel Goltl attended Ref ormation Services in Brewster Sunday

### 17 golfers play in mens tourney

Riverside Mens Club golf tournament

was held Sunday with nice weather and

17 golfers participating. With October half over and the time change on Saturday, plus cooler weather right around the corner, there will be less days with perfect golfing weather. With a 73 on his scorecard, Rich Grace placed first in the championship flight. He was followed by Brad Leiker and

Larry Gabel tying at 75 for second place and Roger Lauer and Gerald Lauer, tying for fourth with 76. In the first flight, Randy Andrist was the winner, Roger Faulkender placed

second and Steve Danielski and Rod Lampe, tied for third. Hole prize winners were Tyler Lampe

(2), Rod Lampe, Mark Roesener, Randy Andrist, Mel Confer and Richard Grace.

### Plain Sense

### By High Plains Mental Health

Dear Plain Sense: School is in session again, and I dread the homework hassles we seem to have almost every evening at our house. The kids wait until the last minute to get started, or want me to help when I'm busy with something else. We all seem to end up in a bad mood. Any

Assuming that everyone involved understands the importance of completing homework assignments, sometimes the first step is just good planning and organization. And most of us can benefit from some assistance in getting organized when we have work to do. Sometimes the biggest challenge is just sitting down and getting started. Begin developing good homework habits when children are young, so that good study habits will be in place as they get older.

Here are some suggestions:

Sit down with the children and work together on a plan for completing homework. Allowing them some input will make them feel more a part of the decision making involved, thus increasing cooperation.

Decide the overall best time to study, with some flexibility in mind when other activities might interfere. Set a specific time when possible. Some kids want to complete their homework as soon as they get home from school. While others need a break before getting back to work.

Set aside a place for study with as few distractions as possible. The kitchen table can be as appropriate as a student desk. A quiet location is best. Some children study better with music playing, but it should not be to the point of interfer-

ing with their studies. Please, no TV! same location. Stock up on pen, pencils, paper and other items. A lot of time can their books and papers spread out in

be wasted searching for such supplies. Help your child to understand their own working style. Some like to start LCPC, Consultation and Education Dewith the hardest, to get it out of the partment

Keep needed supplies on hand, in the thing easier. Some people work best on a neat, tidy table; others need all front of them.

way; others want to begin with some-

Contributed by Karen D. Beery,

### **Bowling News**

Wednesday Coffee League 10/16

Team standings: Krien Steel Building 21-7, The 3 G's 18-10, Windmill Restaurant 15-13, Flower Magic 15-13, Cheyenne Bowl 15-13, Snyder's Hay Gals 11-17, Sam's Electric 10-18, 573; Johnson 709, Kale Zimbelman Dairy King 7-21.

High game (scratch): Shirley Adkinson 194, Charlene Counce 179,

Barb Cobb 177 High series (scratch): Adkinson 510,

Counce 506, Ilene O'Leary 464 Monday Mixed League 10/21

Team standings: Bandel Home Center 17-11; Hook's Auction & Realty 16-12; Cueballs 14-14; Krien Phar-

macy 13-15; Z-Tubing 12-16; Captain Hook's Fine Dining 12-16 High game (handicap): Bill Ehrman

255, Randy Johnson 248, Rich Grace 229; Tami Merchant 229; Janice Krien 220; Vanessa Vollman 211

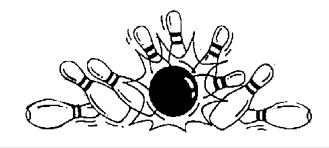
High series (handicap): Vollman 600, Sheila Bunjes 599, Pam Hook 634, Kelley Faylor 633.

Ladies Nite Out 10/24

Team standings: Dundy Ag 21-11, Troy's Alley Cat 21-11, Jake's 18-14, Jersey Mids 16-16, Wright Carpet 14-18, Cheyenne Bowl 14-18, First National Bank 12-20, Great Plains Co-op

High game (scratch): Kathy Blecha 231, Marsha Kechter 202, Jenny Wright 198

High series (scratch): Blecha 536, Pat Confer 530, Kechter 527



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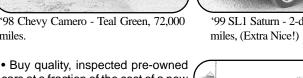
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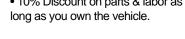




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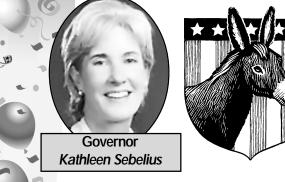
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