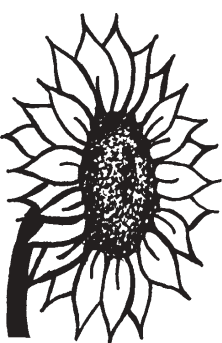


At the Game



TRIPLE JUMP—Sheryl Miller placed fourth at the 9-10 meet in Goodland on Monday, April 14. *Herald staff photo by Evan Barnum*

Sainty ladies place first at Goodland with 110 points

By Betty Jean Winston

The St. Francis girls collected the most points in their division at the Goodland 9-10 track meet held Monday, April 14. They had 110 points with Colby coming in second with 84 points.

Placing first for St. Francis were Talisa Voorhies in the long jump and the 100-meter dash, Jade DeGood in the triple jump, and Ally Reichert in the javelin. The girls 4x400-meter relay also placed first.

The Sainty boys placed fourth with 46 points. Ulysses dominated the event with 160 points.

"There were not as many kids or as many schools as in the past," Coach Tim Lambert said.

Girls

Team standing: St. Francis 110,

Colby 84, Burlington 63, Ulysses 45, Hoxie 32, Scott City 28, Goodland 27, Tribune 16

High jump: (2) Voorhies, 4-6
Long jump: (1) Voorhies, 15-1;
(2) Amy Grace, 13-6; (5) Sheryl Miller, 12-4.5

Triple jump: (1) Jade DeGood, 28-2; (4) Miller, 26-11; (6) Sawyer White, 24-4.5

100-meter dash: (1) Voorhies, 15.42; (3) A. Grace, 16.34; (6) Miller, 17.00

Discus: (5) Ally Reichert, 80-0
Javelin: (1) Reichert, 102-4; (3) Maddie Knodel 71-10; (4) Sam Marin, 64-10;

Shot put: (2) Reichert, 31-7
800-meter run: (2) Kelsey Dunn, 2:58.57

200-meter dash: (5) Miller, 32.44
4x400-meter relay: (1) St.

Francis, (McKenzie Grace, Kelsey Dunn, DeGood, Voorhies), 4:48.29

In the boys division

Boys

Team standings: Ulysses 160, Burlington 111, Tribune 108, St. Francis 46, Colby 34, Scott City 33, Hoxie 18, Goodland 8

Pole vault: (2) Matt Brown, 8-0
4x800-meter relay: (3) St. Francis, (Dylan Loyd, Gabe Gienger, Andrew Feikert, Heath Owens), 9:58.63

100-meter dash: (1) Heath Kibel, 11.99; (3) Gabe Smull, 12.42

Triple jump: (5) Smull, 33-1.5
300-meter high hurdles: (4) Trevor Richard, 51.38

800-meter run: (4) Loyd, 2:29.62
4x400-meter relay: (3) St. Francis, (Feikert, Cody Barnhart, Owens, J.D. Hawkins), 4:05.58

Volleyball camp sponsored by St. Francis Recreation

The St. Francis Recreation Commission will be hosting a volleyball camp for all area junior high and high school girls. This will include sixth grade girls that will be entering junior high next year. There will be a fee for this camp, a slightly higher fee for non-St. Francis residents. Prices are listed in the ad in this issue of the Herald and Times.

"We encourage all girls interested in this clinic to sign up and welcome Atwood, Goodland, Bird City, McDonald, Wray, Idalia, Benkelman, and any other area girls," Jolene Dodd, St. Francis Recreation Director, said.

Coach Dennis Troester will be running the camp. He has been a coach for over 20 years and the past five years his volleyball teams have

won the Nebraska State High School championship. He has been the Nebraska All-Star Volleyball Coach for three years. For the past three years he has coached his team and taken them to Hawaii for the tournament. Last summer the Nebraska team won the tournament.

"St Francis Recreation Commission is very excited about offering Coach Troester's expertise and skills to our area girls," Director Dodd said.

The volleyball camp will be held for three days, June 11, June 12 and June 13. There will be two sessions everyday, morning sessions run 9

a.m. to 11:30 a.m. and the afternoon sessions will run from 1:30 p.m. until 3:30 p.m. The deadline for signing up for this camp will be June 4.

"We need to let Coach Troester know how many girls will be attending this camp so that he may have assistants available if necessary," Director Dodd said.

Sign up forms may be picked up at the St. Francis Community High School office, the City of St. Francis office or contact Jolene Dodd at (785) 332-2545 and she will send you one.

St. Francis sixth grade girls will have forms sent home with them.

Honor Roll

The Area Track and Field Honor Roll was published in the Friday, April 18 in The Salina Journal. Two St. Francis athletes and one Cheylin athlete were named to the list.

Sara Moore, Cheylin: first in the high jump at 5-6 and eighth in the long jump at 16-1.
Samantha Coates, St.

Francis: fourth in the high jump at 5-3

Tanner Kinen, St. Francis: ninth in the 300-meter hurdles at 42.10

School can also fax information to *The Wichita Eagle*, which publishes a High School Track and Field honor roll on Sunday. Coates was listed April 20.

Wrestlers do well at Brighton

Ten St. Francis wrestles traveled to Brighton, Colo., on Saturday to participate in both Greco and freestyle events.

The group included students in grade school, junior high, high school and one college student.

Those coming in first include Jordan Gienger, 14-and-under, first in both Greco and freestyle; Trevor Richard, cadet, first in freestyle; Dylan Loyd, cadet, first in Greco and Gavin Smull, 14-and-under, first in Greco

Results include:
14-and-under: Garrett Zweygardt, second in Greco, participated in freestyle; Sam Sowers, second in Greco, participated in freestyle; Gienger, first in Greco and first in freestyle; Gavin Smull, first in Greco, second in freestyle.

Juniors: Josh Walters, second in Greco, participated in freestyle; Seth Swihart, second in Greco, participated in freestyle
Cadet: Richard, second in Greco, first in freestyle; Loyd, first in Greco, injury default in freestyle; Gabe Smull, fourth in Greco, second in freestyle;

Open: Ryan Zweygardt, third in freestyle

Bowling News

Wednesday Coffee 4/9

Team standings: The 3 G's 37-15, Sam's Electric 32-20, Snyder's Hay Gals 31.5-20.5; Flower Magic 24.5-27.5; Cheyenne Bowl 23-29, Dairy King 21-31, Krien Steel Buildings 20-32, Windmill Restaurant 19-33

High game: Counce 487, Linda Yonkey 460, (scratch) Kathy Snyder 453

High series: Charlene Counce 190, Pat Rose 172, Mayetta McCall 170

Ladies Nite Out 4/17

Team standings: Jake's 38-21, Troy's Alley Cat 35-25, Wright Carpet 31-29, Dundy Ag 30-30, First National Bank 29-30, Great Plains Co-op 29-30, Cheyenne Bowl 24-35, Jersey Maids 22-38

High game (scratch): Marsha Kechter 181, Sara Schield 174, Terry Yost 170

High series (scratch): Yost 473, Pat Confer 461, Kechter 456

School Menu

April 28-May 2

Monday: breakfast: bagel, cereal assortment, cream cheese, jelly, orange juice, milk; lunch: chicken tenders, mashed potatoes, gravy, hot rolls, peaches, milk

Tuesday: breakfast: breakfast taco, salsa, grape juice, milk; lunch: ham and cheese stromboli, Italian Sauce, green beans, fruit cocktail, cookie, milk

Wednesday: breakfast: Belgian waffles, strawberries, whipped topping, apple juice, milk; lunch: La-

sagna, Italian bread, tossed salad, cookies and cream pudding, milk

Thursday: breakfast: blueberry muffins, cereal assortment, orange juice, milk; lunch: taco, beef and cheese, lettuce and tomato, salsa, pears, cinnamon roll, milk

Friday: breakfast: cereal assortment, buttered toast, grape juice, milk; lunch: cheese burger, pickles, potato chips, macaroni salad, fruit slush, milk

Monday/Friday: junior/senior high salad bar

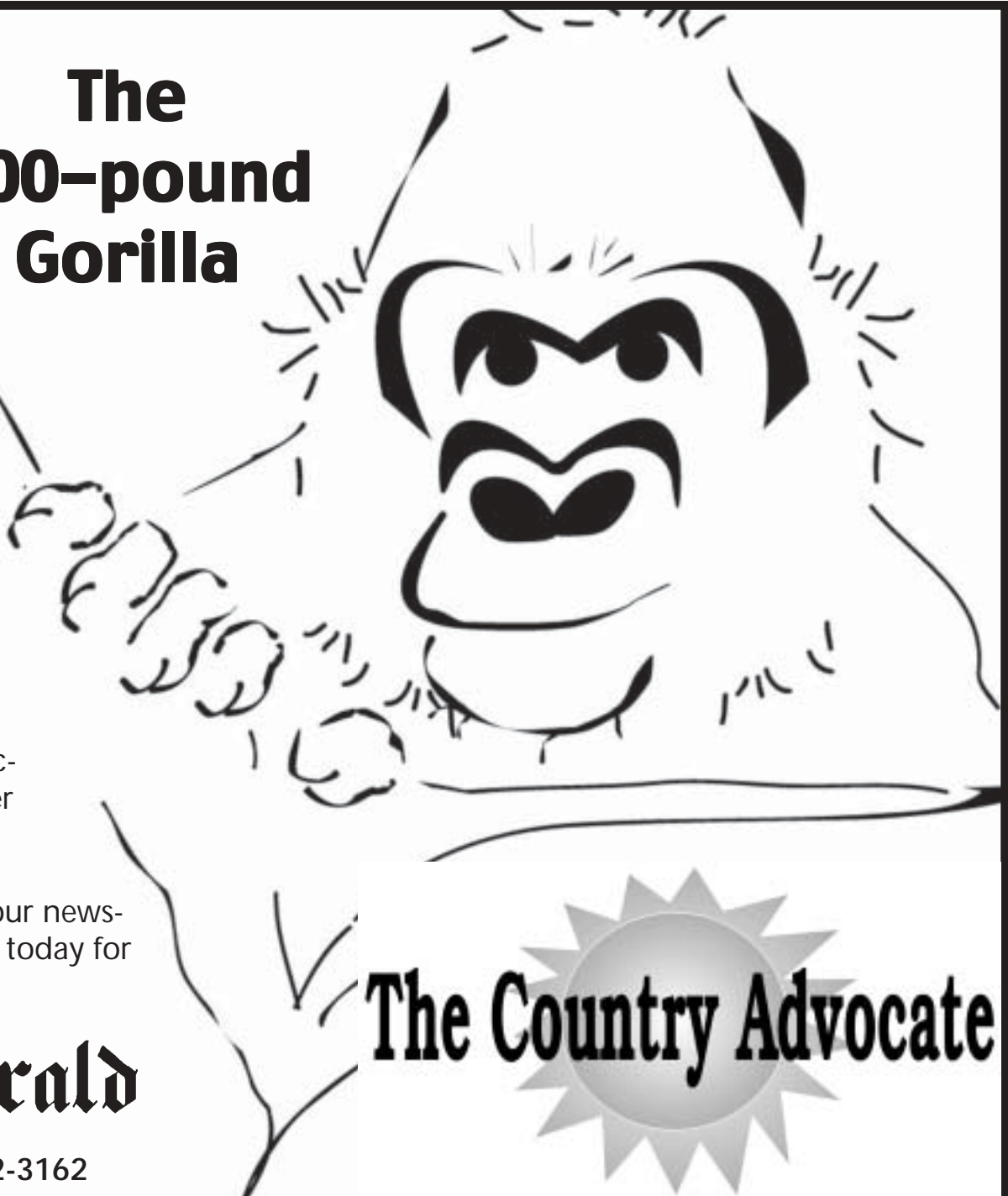
The Country Advocate is the 800-pound Gorilla of Northwest Kansas. The Advocate, with its circulation now 16,000 strong, is delivered to homes from Oberlin to Cheyenne Wells and Burlington out in Colorado, and from St. Francis down to rural Hoxie and Oakley. The Advocate goes nearly everywhere in this area, sells just about everything. Face it, nobody argues with an 800-pound Gorilla.

But this Gorilla is a nice guy. He's on your team. You'll find him right here in your newspaper every week, bringing you want ads, sale ads, merchandise ads of all kinds. The Gorilla can help you. He'll move your old refrigerator, get rid of the wreck out back, or find a new home for your kittens. He's that kind of guy.

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