Thursday, November 6, 2003



ABC PRESCHOOL AUCTION has been set for 7 p.m. on Friday at the St. Francis Commuity High School cafeteria. Checking out some of the auction items are: Hanna Bracelin, Jenna Confer, Teagan Landenberger and Makhla Rogers.

Herald staff photo by Karen Krien

Bulletin Board

90th birthday

Helen Frick will be celebrating her 90th birthday on Nov. 20. A card shower is being held in her honor. Address greetings to Helen Frick, Terrace Garden, 2308 N. 3rd Street.

Garden City, KS 67846. St. Francis Library The St. Francis Public Library will be closed on Tuesday, Nov. 11 in observance of Veterans Day.

Pray for rain

Those who have drought in the area are urged to come to the Pray for Rain meeting to be held from 3 to 6 p.m. on Nov. 22 in Colby at the 4-H building. Those coming should send a card or letter with their name, address and phone number if they plan to come and please bring a scripture, comments and prayer. If unable to come because of distance, please send a card to represent the area. Cards should be sent as soon as possible. Mail to: Pray for Rain, P.O. Box 275, Brewster, KS 67732 or call 785-694-2671.

Death notice

Word has been received of the death of Emma Nighswonger, 101, at Loveland, Colo., on Oct. 23.. Emma was a former resident of St. Francis. She was cremated.

Open house

Goodell Greenhouse Holiday Open House will be held Friday and Saturday, Nov. 7 and 8. Friday hours are 2 to 6 p.m. and Saturday hours are 9 a.m. to 5 p.m. Check ad in this issue for address.

Open house

Barbara J. Parker, business consultant, will be hosting an open house from 9:30 to 11:30 a.m. Saturday, Nov. 8 at 114 E. Washington Street in St. Francis. You are welcome to drop in for coffee and also view premior designs/jewelry and Colesce

meeting and election of three board members at 7 p.m.

Board of Education

The St. Francis Board of Education will meet at 7:30 p.m. Thursday, Nov. 13.

Chamber of Commerce

The St. Francis Area Chamber of Commerce will meet at noon Friday at the Dairy King

Cheyenne County Hospital Board

The Cheyenne County Hospital Board will meet at 7 p.m. on Monday, Nov. 17 in the basement of the clinic across from the hospital. Note date and time of meeting.

Alzheimer's Support Group

Alzheimer's Support Group will meet at 7:30 p.m. Monday at the St.

Cheyenne County

The Cheyenne County Commis-

St. Francis Parent Teacher Asso-

order to not have a break in your service, renew by the expiration date.

Notice all veterans

Would all veterans of the 20th century associated with Cheyenne County or a family member, please contact Milton E. Lampe at (785) 332-3119 or another member of the Historical Society, for an information sheet for their story to be included in a Veterans History Book. The deadline is Dec. 31.

Hospice Service

Hospice Services Inc., has information available about end-of-life care, advance care planning, and other related topics. Hospice Service, Inc. is available to provide programs for groups and organizations. For

/Al-Anon

Roger Jensen

Sharon Springs

Exchange student to spend 10 months with family

By Karen Krien

Seventeen-year-old Sayuri Ito is spending 10 months with her host family, Jett and Barb Fromholtz.

Raised in Chiba, Japan, Sayuri arrived in St. Francis in August and began the school year as a junior at St. Francis Community High School. When she returns to Japan next year, she will be a senior.

Sayuri said she likes being in the United States and attending school in St. Francis.

"They (people) are so friendly," she said.

School in St. Francis is different than in Japan. She said that she would not have the opportunity to take classes such as speech, drama and other fun classes.

Her classes include: band, where she plays the flute; American History, computer, Geometry, English, speech and art. She is also a

— School Menu —

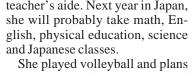
Nov. 10 - Nov. 14

Monday: muffin, cereal assortment, orange juice, milk; lunch: chicken nuggets, barbecue and honey, broccoli and rice casserole, relish sticks, hot roll, peaches, milk.

Tuesday: breakfast: pancakes, cereal assortment, apple juice, milk; lunch: barbecue beef, bun, French fries, fruit cup, cookie, milk.

Wednesday: breakfast: breakfast casserole, buttered toast, jelly, grape juice, milk; lunch: Italian dunkers, cheese bread stix, tossed salad with dressing, apple or orange, milk.

Thursday: breakfast: waffles, strawberries and whipped topping, apple juice, milk; lunch: chicken



to play basketball. However, one of her favorite activities at the school is eating lunch.

"I really like lunch, especially when they have baked beans," she said.

Sayuri likes American foods but misses eating raw fish which is commonly eaten in Japan.

Sayuri knows about foods as, in Japan, she has worked in Chinese and French restaurants, a grocery store and a McDonalds. She said the younger Japanese like hamburgers and they are considered a cheap food. The difference between Japan's McDonalds and the American McDonalds is the size of the drinks as American McDonalds drinks are bigger.

driven by one of the members of her host family. She will not be able to drive until she is 18 years old. In Japan, she rides her bike to school, however, her parents own a car which they travel in.

Sayuri's father is a businessman and works with computers. Her mother works in the elementary school. She has two older brothers.

She said she misses her family and talks to them on the phone about be a tour director based out of Japan. once a month but e-mails them almost daily.

Chiba is a prefecture (like a state or territory) which is very near Tokyo where they do much of their shopping. She said she likes to shop and one of the favorite purchases likes helping children.



she has made while in the United States has been a music box.

Friday was Halloween and Sayuri was looking forward to going trick-or-treating as a witch. She had a sparkling cape and matching witches hat and collected her pumpkin full of candy. She said she is also In St. Francis, Sayuri walks or is excited about Christmas. Before she goes back to Japan, she hopes to travel to Disneyland or Disney World.

> The Fromholtz family has hosted several exchange students and three years ago, they opened their home to Sayuri's cousin Natsuko Ito who now lives in Oregon. She plans to visit Natsuko while in the United States.

> In the future, Sayuri would like to She feels that her stay in the United States will help her learn more about the country and she will learn to speak English more fluently. She is also interested in working with the UNICEF program because she







Couture/lingerie.

Liberty Craft Bazaar

Liberty Craft Bazaar at Liberty School, Joes, Colo., on Sunday, Nov. 9 from 1 to 4 p.m. Check ad for additional information including lunch times.

Idalia Vision

Idalia Vision Foundation, Inc. annual meeting will be held Wednesday, Nov. 12 at the Idalia School lunchroom. There will be a free soup supper at 6 p.m. followed by business

785-332-3162

"Neighbors helping neighbors"

