ROGER NEITZEL shovels snow after the recent storm. Herald staff photo by Karen Krien

Wedding planned

Brian and Monica Roe, Hays, announce the engagement of their daughter, Sondra Ann, to John Thomas Raile, son of Dale and Ramona Raile, St. Francis.

The bride-elect graduated from Hays High School and Fort Hays State University with an associate's degree in radiologic technology and bachelor's degrees in biology and medical diagnostic imaging. She is employed as a radiologic technologist at the Woodward Regional Hospital, Woodward, Okla.

graduated from St. Francis Community High School and Fort Hays State University with a bachelor's ployed by Murphy Farms LLC, lic Church, Hays.



Roe-Raile

The prospective bridegroom Laverne, Okla. He is the grandson of William L. and Ellen Raile, St.

A May 1 wedding is planned at degree in mathematics. He is em- Immaculate Heart of Mary Catho-

First baby of the year to receive several gifts

By Karen Krien

The "First Baby of the Year 2004" contest has begun and, as of Tuesday, there had been no notification that a baby had been born to parents living in the county.

Having parents living in the county is the only requirement when the first bond from Bankwest, \$50 savings baby of 2004 is born. These parents bond from First National Bank, \$15 and their new born infant will be gift certificate for baby food or forawarded gifts from sponsors.

The rules are simple:

• As stated, the parents must have lived in Cheyenne County for at least

• The Saint Francis Herald office must be notified as soon as possible.

-Life is too short –

A teacher once told each of her students to bring a clear plastic bag and a sack of potatoes to school. For every person they'd refused to forgive in their life's experience, they chose a potato, wrote on it the name and date, and put it in the plastic bag. Some of their bags were quite

They were then told to carry this bag with them everywhere for one week, putting it beside their bed at night; on the car seat when driving; next to their desk at work

The hassle of lugging this around with them made it clear what a weight they were carrying spiritually, and how they had to pay attention to it all the time to not forget and keep leaving it in embarrassing places.

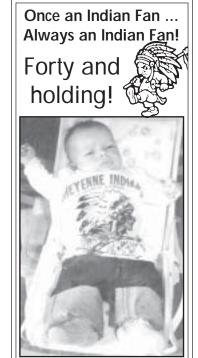
Naturally, the condition of the potatoes deteriorated to a nasty slime. This was a great metaphor for the price we pay for keeping our pain and heavy negativity! Too often we think of forgiveness as a gift to the other person, and it clearly is for ourselves!!

The Herald's number is 785-332-

winner will receive a baby blanket and stuffed animal from the Steven's Kansas Territorial, a full car wash from St. Francis Equity, \$50 savings mula and new-born diapers from Sainty Super Foods, \$15 gift certificate from KM Clothier, and a year's subscription to *The Saint Francis* Herald or Bird City Times.

The parents receiving the gifts should pick up their gifts or claim their services within 60 days after

Since most babies are not on schedule, it's hard telling when the first baby of 2004 will be born.



The parents of this year's first baby

Death notice

Doris M. (Zimmerle) Paulson, 94, died Sunday, Jan. 4, 2004, at Good Samaritan Center, Atwood, Kan.

Funeral services will be at 2 p.m. Saturday, Jan. 10, at United Methodist Church in Atwood with Reverend Terry McGuire officiating. Final rites will be conducted by Eastern Stgar Radiant Chapter 229 at the church.

Visitation will be 9 a.m. to 9 p.m. Friday and from 1 p.m. to service time on Saturday at the church.

Memorials in her name may be given to Atwod Good Samaritan Center of Atwood United Methodist Benjamin Leibbrandt and wife, Pat

are among her nieces and nephews. **Board of Education**

The St. Francis Board of Education will meet at 7:30 p.m.

Student to sing

Thursday, Jan. 8.

lected by the Colorado University Athletics Department to perform the national anthem at the Saturday Colorado University-Kansas State University women's basket-Janessa, a sophomore at Highlands Ranch High School, audi-

Janessa Jordan, 15, of High-

lands Ranch, Colo., has been se-

tioned among professional and amateur singers throughout the Denver metropolitan area. She is the daughter of Scott and Rebecca John and Bethany Bartlett.

of St. Francis, and granddaughter of

Jordan

Wiley, and Scott Jordan, formerly

Canadian singer contacts song writer

By Karen Krien

Phil Crawford, St. Francis singer and song writer, has been contacted by the Canadian singer Tammy Lee, asking if she could introduce and feature some of his songs on her talk show program in Calgary, Alberta, Canada.

Mr. Crawford said Ms. Lee is a rising, young singing and yodeling star in Canada and she was selected as the 2003 Top Young Star by the

Academy of Western Arts in Fort Worth, Texas.

"I'm happy!" Mr. Crawford said about having a singer want his songs. "I've now gone international!!'

Mr. Crawford has considered cutting a demo but cost is stopping him. However, Ms. Lee's proposal to sing his songs may open the doors that he is hoping for.

School Menu

Jan. 12 - Jan. 16

Starting

Jan. 12th

thru

Jan. 16th

Monday: apple or chocolate chip scones, cereal assortment, orange juice, milk; lunch: chicken or ham patty on a bun, cheese slice, green beans, pineapple tidbits,

Tuesday: breakfast: pancakes, syrup, grape juice, milk; lunch: hot gravy, corn, peach crisp with topping, milk.

Wednesday: breakfast: breakfast taco, salsa, apple juice, milk; lunch: lasagna, tossed salad, French bread, fruit cup, milk. Thursday: breakfast: Belgian

waffles, strawberries and whipped topping. orange juice, milk; lunch: vegetable beef soup, crackers, oven baked cheese sandwich, relish sticks, applesauce cake with caramel icing milk.

Friday: breakfast: cereal assorthamburger, mashed potatoes, ment, buttered toast, grape juice, milk; lunch: sloppy Joe, bun, coli andrice casserole, potato chips, mandarine orange Jello, milk.

Monday/Friday: junior/senior high salad bar

- · Clip and save — — —

"THE DINING ROOM"

Between the Dairy King & Cheyenne Bowl

Daily Lunch Specials from 11 a.m.-2 p.m.

Evening Specials from 5-8 p.m.

BELGIUM WAFFLES Wed. Night • 5-8 p.m.

Mon. - Chicken Fried Steak, mashed potatoes, country gravy,

<u>Tues.</u> - BBQ Baked Chicken, parslied potatoes, mixed veggies,

Wed. - Served 11 a.m.-2 p.m. - Roast Beef Dinner, mashed

Served 5-8 p.m. - Belguim Waffles.

Thur. - Gringo Enchiladas, refried beans & salad.

Fri. - Tavern Battered Cod, Lewis fries & salad.

Smothered Burrito

Frito Burrito

• Kirk, CO

with Side of Chips & Medium Drink - Add \$1.00

— — — CLIP AND SAVE — —

<u>Sat.</u> - Cook's Choice.

332-2137

potatoes, roast beef gravy, vegetable, salad & roll.

corn, salad & Texas toast.

County Commissioners

The Cheyenne County Commissioners will meet at 8 a.m. Monday, Jan. 12, in the commissioner's room at the courthouse. Fair Board

The Cheyenne County Fair Board

St. Francis Public Library

The St. Francis Public Library has

The Cheyenne County Hospital

Board will meet at 7 p.m. on Thurs-

day, Jan. 15 in the clinic basement, St.

Francis. The Builders meeting will be

held at 11 a.m. on Thursday, Jan. 15

in the clinic basement. All interested

Parent Teachers

Association

people may attend.

a display of crocheting by Manette

Henderson in the Library Gallery. **Hospital Board**

will meet at 7 p.m. tonight (Thurs-

school's Parent Teachers Association will be holding their January meeting, a Night of Winter Fun, at 7 p.m. Tues-

Bulletin Board

day, Jan. 13 at the school. **Equity annual meeting**

The St. Francis Mercantile Equity Exchange annual meeting will be held at 6 p.m. today (Thursday) at the high school in St. Francis. Check ad

Vet rep in St. Francis

Jody Tubbs, of the Kansas Commission on Veterans' Affairs, will be in St. Francis at 9:30 a.m. central time at the county clerk's office to assist veterans and their dependents with VA claims work on Thursday, Jan. 15. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is (785) 462-3572. Darin Brown

The web site concerning Darin Brown shows he continues to slowly improve. The family has received literature from the doctors concerning the coma state. There are several stages involved when in a coma. As he continues to improve, he is working through the different stages associated with being in coma.

People can get current updates on Darin Brown's condition at the web site: http.www.geocities.com. The Darin Brown Family Fund to

help with medical expenses has been

The St. Francis elementary established at First National Bank. Cards can be mailed in care of Ross Manufacturing, P.O. Box 868, St. Francis, KS 67756.

Alzheimer's Support Group Alzheimer's Support Group will be held at 7:30 p.m. Monday, Jan. 12

at the St. Francis Public Library. **Alcoholic Anonymous** /Al-Anon

Alcoholic Anonymous and Al-Anon open meeting, held at 8:30 p.m. Thursday at the Methodist Educational Building, upstairs. Contact 332-2078 **Northwest Kansas**

Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or if you are in need of assistance, please call the tollfree number 1-800-794-4624. Check the name label

Have you checked the name label on your paper? This label also shows the expiration date of your subscription. Note that if your subscription runs out completely it will take two weeks after you resubscribe before it will once again be delivered to your mail box. In order to not have a break in your service, renew by the expiration date.

'Tales of Tom Sawyer' to be shown in Oakley

The Seem-To-Be Players are a production will introduce audience professional troupe of actors, playwrights, directors, teachers and musicians who seek to expand the imagination, encourage creative thinking and promote and appreciation of human values through innovative productions and drama education for children, educators and families. Since 1973 the Players have shared a vision of a world where girls and boys have great adventures, where the unexpected is necessary and where fantasy and reality meld in an absurd potpourri of theatrical images stirred and mixed with original music.

Tom Sawyer" by Mark Twain, as the Kansas Arts Commission, a adapted by Artistic Director Ric state agency, and the National En-Averill. Designed to be most effec- dowment for the Arts, a federal tive for the family audience, this agency.

ful and fascinating world of Mark Twain's beloved Tom Sawyer of Hannibal, Mo. The play features original period music with a contemporary bluegrass feel designed to enhance the colorful settings and costumes. This production brings to life one of the most important books in American Literature. This presentation will be brought to you by the Western Plains Arts

members of all ages to the delight-

Western Plains season passes. This program is presented in part

Association at Oakley High School

auditorium at 3 p.m. Sunday, Jan.

11, with admission at the door or by

The Players will present "Tales of by the Kansas Touring Program of

Healing the Body & Soul with Health Essentials Natural Living Cottage & Wellness Center Stop in and see our line of:

Natural Vitamins Supplements Organic Foods Fresh Organic

Produce & Gluten & Sugar Free Low Carb Foods & Therapeutic Quality -Essential Oils -Candles -Bath & Body Products

Massage Therapists №Ear Candling Acupuncture Reiki & Energy Balancing detoxification therapy & Reflexology Services & Manicure & Pedicures & Spa Body Wraps & Facials Live Blood Nutritional Analysis

314 14th Str. • Burlington, CO • 719-346-4681

SHOWTIME: 7:30 p.m.

The Missing

2 hours 10 min.

January 9, 10 & 11

Drama and Western

Rated: R for violence

Starring: Tommy Lee Jones, Cate Blanchett, Evan Rachel Wood, Jenna Boyd, Aaron Eckhart

St. Francis, KS

12-18 yr.: \$3 Senior Citizens: \$3 Adults: \$4

CHEYENNE COUNTY 210 W. 1st • St. Francis, KS **785-332-2104 HOSPITAL**

The Cheyenne County Hospital would like to thank you for your continued patience through the hospital remodeling project. We appreciate

your support and look forward to serving

you in 2004.



Love, Dad, Mom & the Gang

See American Profile magazine in this week's issue of

The Saint Francis Herald (available in local area only)

> Brought to you by The Herald and

"Neighbors helping neighbors"



John D. Ferris, MD will be at: 291 15th Street

332-2211 "THE" FUN PLACE TO EAT GOOD FOOD.

Burlington, CO Wed., Jan. 14

Non-surgical treatment

of hemorrhoids.

For information or appointment, call

& Sat. Jan. 17

1-800-593-0009