Thursday, March 25, 2004

Residents featured in The Joplin Globe magazine

By Karen Krien

St. Francis residents Rex and Sandy Murray and their friends Eddie and Terri Anderson of how Mr. Anderson had bought Goodland were featured in the March 13 Joplin Globe.

The Murrays and the Andersons had gone to Miller, Mo., for the national finals Upland Classic Series dog competition where both Mr. Murray and Mr. Anderson had participated

Mr. Murray and Mrs. Anderson had gone along for the ride, fun and support of their husbands. They had sat beside an unsuspecting man who turned out to be Jeff Wells, a *Globe* staff writer.

In the article entitled "This is doggone fun," which told about the tournament, hunters and dogs, he also told about meeting the two women at what he considered to have the best view of the action. "They sat in the shade on a fallen log on top of a hill of brush, rocks and dirt as their husbands and 17month-old liver-colored German

competition."

Mr. Wells went on to tell about Pepsi as a pet and then Mr. Murray, who owns a controlled hunting reserve between Goodland and St. Francis, had trained Pepsi to hunt. Mr. Anderson "embraced" the new hobby.

had gone to one event and was hooked.

mals in the competition, was a bit awkward working the field and seemed to be reluctant to take a neck Country, a controlled hunting fallen bird to Mr. Murray. How- reserve. They recently hosted the ever, Pepsi wasn't the only dog having the same problem.

All the participants say the dogs are the real stars of the show. The hunters are fiercely loyal to their dogs and often to a particular breed. Mr. Murray raises vizsalas and practices with his dogs and dummy birds every day. Mr. Wells said that titions scheduled again for the next sometimes Mr. Murray buys real

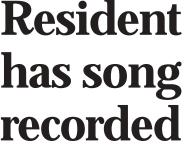
shorthair, participated in doubles birds and takes the dogs out into his fields on weekends. Mr. Anderson is a carpenter and contractor and Mrs. Anderson is a postal clerk.

"These dogs are happy here," Mrs. Anderson said. "They are having the time of their life.'

Mrs. Murray said she hunts sometimes but doesn't enter competitions. She said she enjoyed vis-Mrs. Anderson said her husband iting with the other competitors and their families.

"These guys are having a great Pepsi, one of the youngest ani- time," she said. "They are out hunting with their dogs and buddies."

> Mr. and Mrs. Murray have Ring-Kansas State Pheasant Championship where teams and dogs worked together to get the pheasants. While hunting the pheasants is a great sport, the championship is about the trained dogs. Mrs. Murray said their season is coming to an end but will start back with five or more compeseason.



By Casey McCormick Dawn Petty, Bird City's resident entertainer, is going to be getting more recognition, having one of her songs recorded and performed by her friend's band. The song, "The Liberty Waltz," is on the latest compact disc from Judy Coder and Pride of the Prairie.

Ms.Petty was surprised with the news that "The Liberty Waltz" was on Judy Coder's new release. She was not aware until she attended a release party in Topeka on March 19.

"It made me cry," said Ms. Petty, "She honored me before a big crowd of people and then sang my song."

Ms. Petty has played her guitar Coder, at several concerts.

" (They are) going to Nashville several shows."

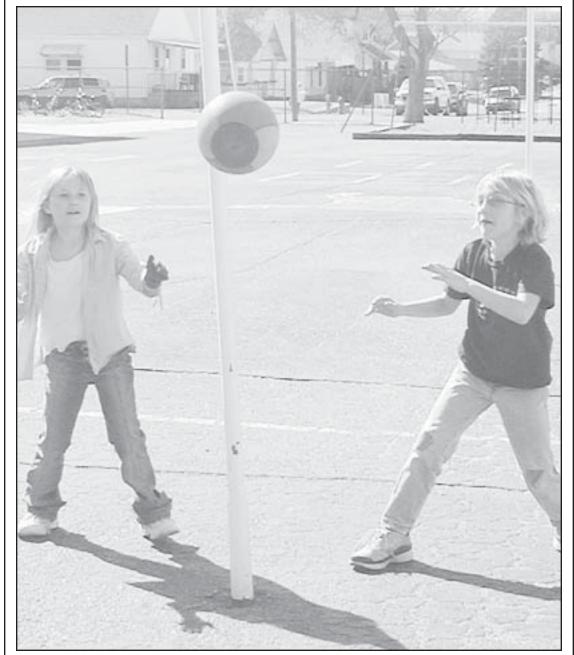
Book reviews from St. Francis Public Library **A Perfect Day** By Richard Paul Evans



and fiddle with her friend, Ms. DAWN PETTY plays her fiddle with her friend, Judy Coder.

Judy Coder and Pride of the Prai- for a local T.V. spot," said Ms. rie has a busy schedule to handle. Petty, "then down to Florida for a great deal of air time in the near

"The Liberty Waltz" is sure to get future.



SPRING IS HERE—Mercedes Ritchey and Aubrey Mills enjoy the warm weather during recess. Herald staff photo by Karen Krien

Plain Sense

Bi-Polar Disorder

months, and are often difficult to

predict. And the behaviors that

significantly interfere with a

person's family relationships,

with school and/or their jobs. The

cause of bi-polar is not completely

physical illness, and other life

Dear Plain Sense: A good causes extreme mood swings. A it so important to talk with a profriend of mine says he thinks he person with this illness experihas bi-polar disorder. I feel like I ences periods of feeling ex*him, but I don't even know what* times of feeling devastatingly this means.? "low" (depression). The length of First of all, it sounds like your

friend might be trying to diagnose his own condition, which is not a good idea for any illness, physical or mental. So advising him to talk about his concerns to a mental health professional would be a first step. Because there is so much information available clear to the medical field, but it and continue to pursue their jobs nowadays through the media, on appears that chemical changes in the Internet, and from well-inten- the brain are a major factor, along tional others, it becomes even with factors such as heredity, Mental Health Center more important to get accurate information.

Bi-polar is a mental illness that vary with this illness which is why tion Department.

fessional.

Bi-polar disorder is one of the should be doing something to help tremely "high" (mania) and other most treatable mental illnesses. Medication is often used in combination with therapy. Improveeach phase can vary from days to ments in medications in recent years have decreased the side effects and given physicians several accomplish these "moods" can treatment options. With professional help, those suffering from bi-polar disorder can enjoy a healthy lifestyle, maintain relationships with family and friends, and careers.

Plain Sense from High Plains

Contributed by Karen D. Beery, stresses. Each person experiences LCPC, Consultation and Educa-

Book Reviews

Robert begins to discover the truth thrown the three sisters into about himself: who he has be- physical and emotional traumas come, what he has lost, and what that severely test faith and fortiit will take to find love again.

tude.

Robert Harlan has three loves in his life: his wife, Allyson; his and awakening from one of the nese - American husband is sent daughter, Carson; and his writing. A sales rep for a small radio station, he has hopes of one day leaving it all behind for a successful writing career. When he is unexpectedly laid off from his job, Allyson encourages him to pursue his dream of writing. He writes a novel entitled A Perfect Day, based on the last few months Allyson and her father spent together as he died of cancer.

The story becomes a huge success and Robert finds himself swept into a new world, far from his wife and home. In time, Robert loses track of the things he loves most ... until he meets a stranger who begins telling him intimate details about his past, his present and, most important, the brevity of his future. Thinking that he has just months to live,

I Am A Country Newspaper ...

I am a country newspaper.

I am the friend of the family, the bringer of tidings from other friends; I speak to the home in the evening of summer's vine-clad porch or the glow of the winter's lamp

I help to make this evening hour; I record the great and the small, the varied acts of the days and weeks that go to make up life.

I am for and of the home; I follow those who leave humble beginnings; whether they go to greatness or to the gutter, I take to them the thrill of old days, with wholesome messages.

I speak the language of the common man; my words are fitted to his understanding. My congregation is larger than that of any church in my town; my readers are more than those in the school. Young and old alike find in me stimulation, solace, comfort. I am the chronicler of man's existence. I am the word of the week, the his-

tory of the year, the record of my community in the archives of state and nation.

I am the lives of my readers. I am the country newspaper.

The Saint Francis Herald

A Perfect Day is a novel of love world's most beloved storytellers. to an internment camp. In the Phil-

Richard Paul Evans is a number-one New York Times best- Japanese and imprisoned. In Russelling author. He lives with his sia, Cameron is arrested and family in Salt Lake City, Utah. A forced to leave the country. Perfect Day is his eighth novel.

Toward the Sunrise By Judith Pella

Part of the dramatic Daughters confidence that God tGod is inof Fortune Series - historical fiction deed writing the pages of all their at its best!

It is the summer of 1942, and on three different continents the daughters of newspaper tycoon Keagan Hayes are caught in chaos - within and without. A world at war and a family in turmoil have

In Los Angeles, Jackie's Japaippines, Blair is captured by the

Can each young woman find strength to endure the hardships inflicted upon her and to maintain lives



How to kill a business in just 10 easy steps ...

- 1. Don't advertise. Just pretend everybody knows what you have to offer.
- **2.** Don't advertise. Tell yourself you just don't have time to spend thinking about promoting your business.
- 3. Don't advertise. Just assume everybody knows what you sell.
- 4. Don't advertise. Convince yourself that you've been in business so long customers will automatically come to you.
- **5. Don't advertise.** Forget that there are new potential customers who would do business with you if they were urged to do so.
- 6. Don't advertise. Forget that you have competition trying to attract your customers away from you.
- 7. Don't advertise. Tell yourself it costs too much to advertise and that you don't get enough out of it.
- 8. Don't advertise. Overlook the fact that advertising is an investment in selling — not an expense.
- 9. Don't advertise. Be sure not to provide an adequate advertising budget for your business.
- 10. Don't advertise. Forget that you have to keep reminding your customers that you appreciate their business.

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