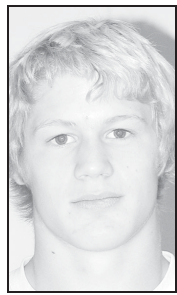
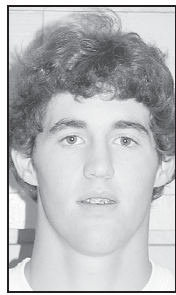


Players named with area leaders

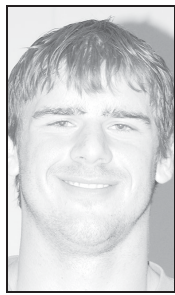
Three St. Francis Indians are named among the *Salina Journal's* football leaders on the list released Thursday. All three Indians are placed in the 11-man rushing category. The Rawlins County/Atwood - St. Francis game had not been played by that time so results were not included.



Gienger



McAtee



Smull

Gabe Smull is number 17 on the list with 739 yards on 169 carries and 14 touchdowns.

The rushing leader in the Salina Journal's area is Sharp of Salina Central with 1,937 yards on 187 carries and 35 touchdowns.

Passing, receiving and interception leaders are also named.

Jordan Gienger is number 10 on the list with 870 yards on 137 carries and five touchdowns.

Joel McAtee is number 11 on the list with 850 yards on 120 carries and 11 touchdowns.

County Health Talk

Prevent the spread of flu virus

By Susan Roelfs
County Health Nurse

Just because a virus can be spread around the world does not mean it cannot be stopped. There are some simple actions that people can take to limit the spread of almost any virus.

Flu viruses are often spread when we cough or sneeze into our hands and then shake hands with someone else. That person then touches their mouth or nose, or uses their hands to eat, eventually transferring the virus that is now on their hand into their throat and lungs. Viruses that get into the air when a sick person coughs or sneezes can also spread the virus.

Frequently washing hands with soap and water, running water for at least 20 seconds will effectively remove flu viruses from our hands so that we do not pass it on to others. In order for hand washing to be most effective, all hand surfaces must be thoroughly washed,

including both sides of the hands, between the fingers and the nails and fingertips. Also, avoiding touching our own nose and mouth will help keep viruses that may be on our hands away from our throat and lungs.

Covering your cough or sneeze with the crook of our elbows instead of our hands will also ensure that the virus is not on our hands when we come into contact with other people. It will also stop a large portion of the virus from being released into the air that other people are breathing. Covering our cough or sneeze is just plain "good manners."

Staying home from work or school when sick with a high fever that might be the flu is another good way to stop spreading viruses to others. We might be concerned about what people will think if we call in sick, but if there is a chance that we could prevent spreading a flu virus, staying home is absolutely essential.



SPOOK PARADE — This little Ninja, AJ Miller, was one of the many kids walking down main street filling their bags with candy from the businesses along the way.
Herald staff photo by Casey McCormick

Club Clips

Lions Club

The regular meeting of the St. Francis Lions Club was called to order at the Windmill Restaurant on Monday, Oct. 24, by Clarence Iliff, vice president. There were 12 members present. The drawing was won by Bernard Roelfs.

The meeting was opened with the Pledge of Allegiance and Marvin Zimelman gave the invocation. Reports were given.

Discussion followed concerning the Lions Pancake Day. It was suggested to order the sausage from Ben Leibbrandt again this year. Neil McCumber volunteered, with help, to be in charge of the Pancake Day. It was also discussed about the cost of advertising in the Herald, so it will be mentioned in the Bulletin Board and flyers and on Channel 10.

It was announced the 2006 Lions Birthday Calendars have arrived and will be delivered the first part of November.

Mr. Iliff thanked Milton Lampe for making the beautiful Lions Memorial Plaque and to Rueben Schultz for displaying it in the foyer of the Windmill Restaurant. He also thanked Deb Patton for all her work in preparing the information for the birthday calendar.

Liz Weber presented a very interesting and knowledgeable program on Lightning Phonics Program, which she published in 2000. The members were asked how to pronounce words. There are 79 sounds to learn. She sends books to Panama, Africa and several other foreign counties. The postage is \$23 per book sent by regular mail and will take six months for delivery. She plans to mail books to schools in New Orleans and Biloxi, Miss. Mr. O'Leary made a motion to pay postage to mail 20 books, which is approximately \$60.

The next meeting will be held Nov. 14.

Pleasant Hill 4-H

The October meeting of the Pleasant Hill 4-H Club was called to order by Katelyn Jones at 7 p.m. Oct. 5, at the St. Francis Equity meeting room.

The Pledge of Allegiance and 4-H Pledge were recited and roll call was answered by "What was your favorite part of record books." Reports were given.

Club leaders reviewed important dates and praised the club members for turning in 100 percent of their record books. New enrollment cards were handed out. An election of officers took place followed by officers training.

The Bierock, 4-H Sunday and 4-

H Window Display Committees gave their reports. The club voted to have an entry in the Parade of Lights on Nov. 25. A committee was set up. One demonstration was given and the club members played tag for recreation.

The next meeting was scheduled for 6 p.m. Oct. 31, at the St. Francis Equity meeting room.

The 4-H'ers and parents were encouraged to dress up in their Halloween costumes so all could go trick or treating.

The meeting was adjourned, refreshments were served.

Jandy Dunn, reporter

Classy Classic Red Hatters

The Classy Classic Red Hatters from St. Francis journeyed to Colby on Oct. 29 and enjoyed a scrumptious noon meal at the China Buffet. Nineteen members gathered in the back room for camaraderie and eating.

After lunch, members scattered to their own interests including the White Shopping mall.

It was announced the next meeting would be the Sweet Adelines concert on Nov. 20 in the high school auditorium.

Red Hat ladies are meeting at 2:30 p.m. each Wednesday for a cup of coffee. Check with another Red Hat member if you do not know the location of the Wednesday coffee on any given week.

Student News

Barton County Community College

Barton County Community College's Meat Judging Team competed in the American Royal Intercollegiate Meat Judging Contest Oct. 16 in Emporia.

A highlight for the Barton team included a first-place team finish in the placings portion of the contest.

In the overall team contest Barton finished fourth, the best finish ever for Barton in the American Royal. Competing in the "A" division of this contest were 60 students from nine colleges and universities in four states.

Additional placings for Barton in

the American Royal Contest include: Beef Judging - fourth as a team; Beef Grading - fifth as a team; Pork Judging - fifth place as a team; Questions - fifth place as a team.

Jay Poore, Bird City freshman, is a member of the Meat Judging Team.. Coach is Steve Pottorff, agriculture instructor/coordinator.

In the Alternates Division, Jay Poore had a sixth-place individual overall point total.

Barton County planned to attend the Excel High Plains Meat Judging Contest Oct. 30 in Plainview, Texas.

School Schedule

Thursday: basketball, junior high boys, at Oberlin 4:30 p.m.

Saturday: high school football, Regionals

Monday-Friday: Buffer week

Monday: grade school music program, 7 p.m.

Tuesday: basketball, junior high boys, at Quinter, 4 p.m.

Thursday: basketball, junior high boys, Oakley, here, 4:30 p.m.;

Board of Educaiton meeting, 7:30 p.m.



Lady Indians Volleyball '05



We are proud to be your fans

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CRAIG & NADIA BUTTON
HOAGIE & DARA CARMICHAEL
CHEYENNE BOWL/DAIRY KING
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PAT & VICKI CRESS
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PETE & AUICE KINEN
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DON & TWILA KRAMER
KRIEN MASONRY SERVICE
KRIEN PHARMACY
KRIEN STEEL BUILDINGS
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LEACH INSURANCE AGENCY
L & W ANDRIST INS. AGENCY LLC-
LINDA & WALT LINTHACUM
DARYL & KEELY LOYD
CASEY & LEZLIE MCCORMICK
MASSAGE THERAPY & BODYWORKS
MARVIN & ANITA MILLER
TERRY & MARY BETH MILLER
JAMES MILLIKEN, CHARTERED
MORROW'S GARAGE
NEITZEL INSURANCE SERVICE
NAPAS AUTO SUPPLY
OWENS TRUE VALUE
PARK HILL RESTAURANT & LOUNGE
PIZZA HUT
BRETT POLING CHIROPRACTIC
DR. TIM & MARGARET POLING

REPUBLICAN VALLEY VET CLINIC
BUD & MARLA RICE
RIVER VALLEY RANCH
KENNETH & JANET ROBERSON
ROSS MANUFACTURING
MARLIN & ANABELLE RUEB
RUEB CATTLE - RANDY & RIKKI RUEB
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WESTERN SPRINKLERS
WHEELER EQUITY
BETTY JEAN WINSTON

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We will be
CLOSED
Sat., Nov. 5

Congratulations Indians!



Homebased Business Open House

Sat., Nov. 5 ~ 10 a.m.-2 p.m.
St. Francis Senior Center

- ☛ Silpada Designs
- ☛ At Home America
- ☛ Home Interior Gifts
- ☛ Talley's Portrait Photography
- ☛ Leibbrandt Pork
- ☛ Princess House
- ☛ Baskets & Bundles
- ☛ Arboone International
- ☛ Watkins
- ☛ Pampered Chef
- ☛ Mary Kay
- ☛ Creative Memories

Drawing for Gift Basket