

# Cooking school is set for Tuesday

Are friends and family always asking you to bring that one appetizer to any and every gathering? Then it's time to let America in on the delicious secret by entering your winning appetizer recipe in the Taste of Home Recipe Box Contest. The winner will receive a prize pack from Taste of Home Entertaining, and the winning recipe will be featured in a future Taste of Home Cooking School magazine.

People who love to cook often have at least one show-stopper recipe. That's why the culinary specialists at Taste of Home Cooking School are sponsoring this national contest to bring the best appetizers to Taste of Home. "Taste of Home is about great food and real people who take pride in what they cook and have fun doing it," said culinary specialist Kristie Larson. "People love Taste of Home recipes, but they value equally the connection they feel with other cooks just like themselves who want their families leaving the table full, happy, and raving about their meals now and for generations to come."

The cooking school is coming to Goodland's Max Jones Fieldhouse Tuesday. Ms. Larson will lead the event, which will bring area residents together for a special evening of great recipes and cooking wisdom, sponsored by *The Goodland Star-News*. Larson will be Marty Melia's guest for the Afternoon Show at 4:15 p.m. on Wednesday on

KLOE/KKCI/KWGB radio to talk about the Taste of Home cooking show and cooking ideas. Mr. Melia said he reads the magazine and enjoys cooking, and is looking forward to talking with Ms. Larson.

"We're excited about this season's contest, and I hope a Goodland cook will be the big winner," said Ms. Larson. "All types of finger foods are welcome, from dips and spreads to wings and wontons. The winning recipe will be chosen based on originality, ease of preparation and taste."

To enter the contest, bring a copy of your best appetizer recipe to a Taste of Home Cooking School and drop it into the recipe box in front of the stage. For official rules or to enter online, go to [www.tasteofhome.com/contest](http://www.tasteofhome.com/contest). Be sure to include your name, address, e-mail address and phone number.

The grand prize winner will get a prize pack from Taste of Home Entertaining, including kitchen gadgets, serving ware, and more — a \$1,000 value.

The winner will be famous, since the recipe will be featured in a future Taste of Home Cooking School magazine.

All entries must be received before midnight on June 1. A panel of culinary specialists will conduct impartial judging.

The contest will be only one of the exciting events at the Taste of Home Cooking School next Tuesday. Larson will demonstrate preparation of seasonal recipes provided by the event's national sponsors and Taste of Home. Participants will receive a free Taste of Home Cooking School Classic Cooking magazine with the featured recipes. Door prizes supplied by area businesses and national sponsors will be given out during the show.

Tickets are available for \$8 each at *The Star-News*, 1205 Main, or at the *Colby Free Press*, *Saint Francis Herald*, *Norton Telegram*, *Oberlin Herald* or the *Western Times* in Sharon Springs and Health Essentials in Burlington.

Doors will open at 5 p.m. for guests to visit vendor booths. The program will begin at 6:30. Come enjoy a night of fun food preparation, kitchen wisdom and cooking secrets as revealed by your expert host. For information, call Sheila at 785-899-2338.



RON ZWYGARDT, chairman, welcomed the crowd at the annual Equity meeting. Others pictured are Dale Rath, Alex Peterson and Steve Yost.

## Small crowd attends annual meeting

By Karen Krien  
Unlike the annual meeting last year when the merger with Frontier Equity was up for vote (and did not pass), only about 50 people showed up for the St. Francis Equity annual meeting on Thursday evening.

Following a meal of chili, corn bread and cinnamon rolls, the business meeting began. Greg Daughettee of Lindurg and Vogel, the Equity's auditor, went over the figures. He pointed out that the Equity had made some money in 2006 which had been a result of reducing expenses but he also said that expenses can only be reduced so much and then it is time to see revenue increases. The bottom line was an

increase of \$136,752 compared to 2005 when the Equity was in the hole \$178,884. There was a one-time investment income of \$52,526 which, Mr. Daughettee said did come at a good time but will not be there next year.

Manager Tim Burr reported that 2006 had been fairly successful even though the wheat crop was a disappointment. However, the area corn crop was good with good yields and prices. As of the Thursday meeting, wheat was around \$4 a bushel and corn was almost \$4 a bushel.

"Energy and fertilizer prices are high and will continue to go up," he said.

He told the crowd about Kevin

Brown, an employee who was killed several weeks ago.

"Kevin was a bright, energetic young man and will be missed," Mr. Burr said.

The business meeting turned to electing two members to serve on the board. John Keller, representing the Nominating Committee, said Steve Yost, who had filled in on the board after the resignation of Ted Zielke, had agreed to serve again. Dale Rath, whose position was also up for re-election also agreed to serve. There were no other nominations and the men were voted in.

Others serving on the Equity board are Ron Zwegardt, chairman; Spencer Schleppe and Alex Peterson.

Mr. Rath told those present that the patrons came in and did business with the business and thanked them. He also said that the board needs to meet and work together and he thinks 2007 will be an even better year for the Equity.

Door prizes were actually gift certificates placed under certain chairs.

### School Menu

- Monday 2/19**  
No school, President's Day
- Tuesday 2/20**  
Breakfast: oatmeal, toast, juice, cereal assortment, milk  
Lunch: taco salad with beef, cheese, lettuce, tomato, salsa, chips, applesauce, churros, milk
- Wednesday 2/21**  
Breakfast: sausage, egg and cheese, tornados, juice, cereal assortment, milk  
Lunch: macaroni and cheese or ravioli with meat sauce, vegetable blend, garlic toast, apricots, peanut butter fingers, milk
- Thursday 2/22**  
Breakfast: French toast, syrup, juice, cereal assortment, milk  
Lunch: chicken and noodles, mashed potatoes, peas, hot rolls, peaches, milk
- Friday 2/23**  
No school, State Wrestling  
•Salad bar is offered at noon daily in the junior/senior high school

## Strategic plan may be reviewed

Every four years, Cheyenne County residents have the opportunity to review and revise the county strategic plan.

The strategic plan is very important to Cheyenne County, as the Kansas Department of Commerce bases part of its Enterprise Zone designation on this plan. Among other benefits, the Enterprise Zone is vital to assist with businesses that can apply for retail sales tax reductions and tax deductions for employees hired.

The Cheyenne County Develop-

ment Corporation recently sent letters to groups of residents to begin the strategic plan revision process. The mission statement and visions statement will also be reviewed/ revised.

During the revision process, the groups will determine the objectives and goals that have been met and will set more so the county continues to grow. The strategic plan has 10 core issues; each issue will need additional residents to provide input on this very important project. Call the Cheyenne County De-

velopment office at 785-332-3508 for more information and to help with any of these core issues:

- Health Care.
- Human Resources.
- Economic Development.
- Educational Quality.
- Tax Base/Government.
- Housing.
- Alternative Agriculture.
- Technology and Telecommunications.
- Tourism Promotion.
- Recreation.

**James E. Reeves, DPM**  
Podiatrist/Foot Specialist  
*Reconstructive Surgery*  
Foot & Ankle Injuries  
For appointments call:  
**Rawlins County Health Center**  
785-626-3211  
**Wed., Feb. 21**  
Cheyenne County Hospital - P.M.  
210 W. 1st • 332-2104  
**Thurs., Feb. 22**  
Atwood (a.m.) • 626-3211  
Colby (p.m.)  
CSMC, 175 S. Range  
462-332  
CMC, 100 E. College Dr.  
462-7511  
**Fri., Feb. 23**  
Atwood - All Day

Look who will be **40** Feb. 14!  
*Love your family*

In Loving Memory of  
**BOBBY KRIEN**  
Always Loved... Always Missed.  
October 19, 1970  
February 19, 1999

**HAMBURGER FEED**  
Proceeds to help send Wrestlers to the Senior National Wrestling Tournament  
**Sunday, Feb. 18**  
11:30 a.m.-1:30 p.m.  
St. Francis Grade School Cafeteria  
Sponsored by the St. Francis Kids Wrestling

**Target Genetics**  
Bull Sale  
Friday, February 23  
North Platte Fairgrounds  
1:00 PM CST

SAV 8180 Traveler 004    Hyline Right Way 781  
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Hybrid Balancer Bulls blending the strengths of Angus & Gelbvieh Composite Bred Bulls at Their Best!

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**The City of St. Francis is accepting applications for Pool Manager, Lifeguards & WSI Instructor**  
Applications available at the St. Francis City Office  
APPLICATION DEADLINE IS FEBRUARY 20.  
Must be 16 years old by employment time.

**Wilson Brothers Angus**  
Saturday, February 24, 2007 13th Annual Sale  
At The Ranch • 12:00 MST  
From Parks - 2 mi. E, 2 mi. N; From Benkelman - 7 1/2 mi. W on Benkelman River Road then 2 mi. N.

**NOT JUST SELLING BULLS!**  
**160 Head Sell**  
65 Registered Two Year-Old Bulls  
25 Bred Two Year-Old Heifers  
40 Registered Yearling Heifers  
30 Bred Cows

**SALE HEIFERS BRED TO:**  
B/R New Destination 928-532 - Objective - Image Maker - New Design 2470

**Herd Bloodlines:** Focus 237; 4G Precision 187; B/R New Design 323-879; Diamond Hiller; Plowman; Langshan; B/R Krugerrand 872; New Design 2470; Dateline of Verola 243.

- All Bulls will be ultrasound for marbling & backfat
- All cattle are broke to tie

For Catalog: Call Duane or Nason (308) 423-2191; Sale Barn (308) 423-2194.  
View catalog at [www.hitechcomputersolutions.com/wilsonbrothers](http://www.hitechcomputersolutions.com/wilsonbrothers)  
Auctioneer: Jonny Walker • 308-276-2187 • 308-340-7173 (cell)  
Complimentary Lunch • Day of Sale (Inside the Barn)  
Come early, inspect the cattle and meet the producers Duane and Nason.

**UNION PACIFIC HIRING FAIR**  
At Mid Plains Community College  
North Campus  
1101 Halligan Drive  
North Platte, NE 69101  
Friday, March 30th from 3:00 PM - 8:00 PM  
Saturday, March 31st from 10:00 AM - 3:00 PM

APPLY ONLINE BEFORE THE FAIR to pre-qualify for employment testing and interviewing at the Hiring Fair. Go to [www.unionpacific.jobs](http://www.unionpacific.jobs) click on View Open Positions, then Hiring Events. For Internet access, visit your local job service, library or copy center. Apply for any of these Nebraska and Wyoming "North Platte Hiring Fair" opportunities:

- North Platte Hiring Fair - Train Crew (Train Service), North Platte, NE
- North Platte Hiring Fair - Train Crew (Train Service), South Morrill, NE
- North Platte Hiring Fair - Train Crew (Train Service), Bill, WY
- North Platte Hiring Fair - Mechanical Shop Laborer
- North Platte Hiring Fair - Diesel Mechanic
- North Platte Hiring Fair - Locomotive Electronic Technician (Diesel Electrician)
- North Platte Hiring Fair - Assistant Signal Person
- North Platte Hiring Fair - Work Equipment Mechanic
- North Platte Hiring Fair - Track Laborer
- North Platte Hiring Fair - Installation/Electronic Technician
- Operations Management Training Program

To start or grow your career, apply online at: [www.unionpacific.jobs](http://www.unionpacific.jobs) for the opportunity to be tested or interviewed at the Hiring Fair.

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**Open House**  
Wednesday, Feb. 21  
9 a.m. - 4 p.m.  
To Welcome  
**Tye Faulkender**  
AND  
**Mike Bandel**  
As our Ag Loan Officers,  
Stop in and visit with our staff.

**BUILDING AMERICA**  
Union Pacific is an Equal Opportunity Employer  
(St. Francis Herald, St. Francis, Kansas)