

Spring is here and people are out walking in full force. The Lawn Ridge 4-H Club would like to share some night walking safety tips with you.

- Use sidewalks and off-road paths: Separate yourself as much as possible from traffic by seeking out sidewalks and lighted paths.

- Walk facing traffic: When you cannot avoid walking on the side of the road, always walk on the side of oncoming traffic so you can see and react to any vehicle. Do not walk with your back to overtaking traffic.

- Extra caution crossing streets: Traffic does not expect pedestrians to be out walking at night.

- Safety in numbers: Use the same routes used by other walkers and runners. Drivers are more used to seeing them there. Also, walk with a friend. This greatly reduces the risk of a potential attacker.

- Don't get tripped. Tripping hazards are worse after dark. Uneven sidewalks, roots and rocks on trails, potholes and trash on the side of

streets and roads can lead to a slip or fall. Walk with your eyes noting the ground 15 feet ahead to see upcoming hazards.

- Blinded by the light: As we age, we lose our ability to see well in the dark and recovering after having headlights shine in your eyes. Do not look straight into coming headlights.

- Wear the right clothing: Light colors, reflective strips and fabrics can keep you from tangling with a car. If you must wear black, add reflective strips so you can be seen. If adding reflective strips, make sure that the reflective areas are large enough and

are exposed from every angle.

- Light the way: Take a flashlight with you so YOU can see the trail. You could also use glow sticks. They're not just for Halloween. Putting them in the freezer once lit may keep them going for several nights.

There is danger in the dark, the biggest being vehicles that don't expect you so can't see you. Drivers cannot easily see you through fogged windows, poor weather and dirty windows. You need to walk defensively and make plans to be visible. This information and much more about walking safety can be found at [walking.about.com](http://walking.about.com).

## Club Clip

### United Methodist Women

The United Methodist Women met Wednesday, April 5 at the Good Samaritan village at 2:30 p.m. Several members and guests of the Village were present.

Lucille Price and Arrilla Zimelman gave the lesson.

The next meeting will be at 2 p.m. on May 3 at the United Methodist Fellowship Hall.



**RESIDENT OF THE MONTH** — Cathy Loop interviews Dorine Zimelman as her husband Raymond watches.  
*Herald staff photo by Karen Krien*

# The Village celebrates with the resident of the month

*By Karen Krien*

The Good Samaritan Village's resident of the month of April is Dorine Zimelman. A celebration was held Thursday at the Village and friends and family gathered with other residents to enjoy the comments and story of Mrs. Zimelman's life.

Cathy Loop, Village activities director, had many questions for Mrs. Zimelman and some of her answers were hesitant but, when it came to "what made the most change in your life?" she was quick to answer "Raymond!" her husband of 59 years.

Mrs. Zimelman was born in 1927 in Cheyenne County, the youngest daughter of Gottlieb and Regina Raile. She and her seven sisters and two brothers were raised on the family farm west of St. Francis.

She attended Blue Ridge Country School and then went to town to attend high school, graduating from St. Francis Community High School in 1944. She went on to attend teachers' college at Greeley, Colo., and then taught grade school in a country school.

On April 27, 1947, Raymond and Dorine were married in the Methodist Evangelical Church which was located in the country. They began their married life with farming and raising their four children, Mark, Diana, Robin and Lori. Today, they have seven grandchildren.

The Zimelmans moved to St. Francis when they retired from the farm. They traveled a lot, going to Hawaii twice. Mrs. Zimelman said she liked to travel and seeing all they did.

Mrs. Zimelman likes to make



**Dorine Zimelman**

crafts and regular meets with an afternoon craft group.

When asked what was her advice to young people, she said, "Be good and have fun!"



**EASTER** — Adam Krien was excited over the ball that Carol Ross handed him. KC Krien and Kody Krien are also pictured.  
*Herald staff photo by Karen Krien*

# New Dealer Announcement



Your New Sunflower Dealer in Cheyenne County and Surrounding Area.

☐ Machinery ☐ Parts ☐ Service Available NOW!



# YFS YOST FARM SUPPLY

[www.yostfarmsupply.com](http://www.yostfarmsupply.com)

PO Box 1080 ~ East Hwy. 36 ~ St. Francis, KS 67756

Phone: 785-332-3351 ~ Toll Free 800-421-3914



**AGCO**

# You're Invited

Overland Pass Pipeline is hosting open houses to introduce a potential project in your county. Overland Pass is a proposed 750-mile pipeline that is designed to carry natural gas liquids such as propane from southwestern Wyoming to central Kansas.

Please plan to attend one of the open houses listed below to learn more about the proposal. We're also happy to answer questions about the permitting process, engineering, construction and steps that are being taken to protect environmental and cultural resources along the proposed route.

### SCHEDULE

**Monday, April 24**

Time: 4-7 p.m.

Location: WaKeeney, KS — Eagle's Club (80 Barclay Avenue)

**Tuesday, April 25**

Time: 4-7 p.m.

Location: St. Francis, KS — Cheyenne County Fairgrounds (Fair Building)

**Wednesday, April 26**

Time: 4-7 p.m.

Location: Akron, CO — Akron Event Center (150 Ash Avenue)

**Thursday, April 27**

Time: 4-7 p.m.

Location: Laramie, WY — University of Wyoming (Medicine Bow Room, 1731 Fraternity Row)



[www.overlandpass.com](http://www.overlandpass.com)