



MILDRED BARNHART works out on the NUSTEP equipment at the hospital. The Cheyenne County Hospital was featured in the Rural Health section that can be picked up at *The St. Francis Herald* or the hospital.

Herald staff photo by Karen Krien

Relay for Life
The Relay for Life teams are sponsoring a yard sale to benefit the American Cancer Society from 8 a.m. to 3 p.m. on Saturday, May 13, at 212 E. Jackson, St. Francis.

City Council
The St. Francis City Council will meet at 7:30 p.m. on Tuesday.

Lawnmower clinic set
A lawnmower check-up clinic has been scheduled for 6 p.m. on Monday, May 22, at the fairgrounds building, St. Francis.

"Come and learn maintenance techniques to help your lawnmower run and perform better," said Tye Faulkender, Cheyenne County Extension Director.

The program will be presented by Randy Dinkel, mower technician, and Director Faulkender.

For more information, call the Extension office at 785-332-3171.

Grant Writing workshops
Last time to experience Grant Writing Workshops by Dr. Don Udell. June 13-15, July 18-20; August 15-17. Contact Cheyenne County Development Corporation at 332-3508 for info.

County Commissioners
The Cheyenne County Commissioners will meet at 8 a.m. on Monday in the commissioner's room at the courthouse.

Association to Benefit Cheyenne County
The Association to Benefit Cheyenne County meets every third Thursday of the month at the Diamond R.

Swimming pool board
The St. Francis swimming pool board is looking for two members interested in serving on the board for the 2006 swimming season. If interested call Bruce Swihart at (785) 332-2652.

St. Francis Library Art Gallery
The St. Francis Public Library will be having a showing of rock bird houses by Teresa Rogers from May 8 through May 31.

Fireman's Ball
The St. Francis Fire Department will be holding the annual Fireman's Ball May 13. Tickets are still available.

Library Book Sale
The St. Francis Public Library Book sale is scheduled for April 24 through May 31.

Board of Education
The St. Francis Board of Education will meet at 8 p.m. on today (Thursday).

Recovery Today/ Narcotics Anonymous
Recovery Today group of Narcotics Anonymous meets at 8 p.m. on Sunday nights at the United Methodist Educational Building. Call (785) 332-6542 or 8607 for more information.

Sainty Serenity Seekers/ Alcoholics Anonymous
Sainty Serenity Seekers open meeting of Alcoholics Anonymous is held at 7:30 p.m. each Thursday evening at the United Methodist Education Building at 104 W. Webster, St. Francis. Call (785) 332-6542 for more information.

Northwest Kansas Family Shelter
Northwest Kansas Family Shelter provides 24-hour-7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or if you are in need of assistance, please call the toll-free number 1-800-794-4624.



Kathryn Marie Poling

— Introducing —

Kathryn Marie Poling
Kathryn Marie Poling was born at 5:24 p.m. on April 25, 2006, at Mt. Carmel Regional Medical Center, Pittsburg. She weighed 6 pounds, 9 ounces and was 19-inches long.

Kathryn is the daughter of Andrew and Abbey Poling of Girard.

Grandparents are Tim and Margaret Poling, St. Francis, Willie and Mary Crozier, and Gary and Debbie Grimaldi, all of Pittsburg.

Kids receive grant

By Susan Roelfs
The Cheyenne Kids Making A Connection Coalition received a mini-grant from the Kansas Methamphetamine Prevention Project for \$1,060 in order to continue meth prevention efforts in Cheyenne County.

Kids Making A Connection Coalition will use the funding to increase public awareness by providing two educational opportunities for the citizens of Cheyenne County on the problems with meth labs, dump sites and use of meth that does occur in our community.

The coalition will be providing 2,000 paper tags for distribution to anhydrous ammonia retailer and farmers within the county. The community members will be encouraged to participate in the "Meth Watch" by providing 600 decals for the 300 anhydrous tanks in Cheyenne County.

Local agencies collaborating on this initiative include: Cheyenne County Health Department, Cheyenne County Law Enforcement, K-state Research Extension of Cheyenne County, and Northwest Kansas Regional Prevention Center.

"The more public education and awareness about the hazards of methamphetamine, the better we as citizens can promote a safe and healthy life style choice in Cheyenne County," said Susan Roelfs, Cheyenne County Health Office nurse. "Funding for the mini-grant was made available through Community Oriented Policing Services."

— Book Review —

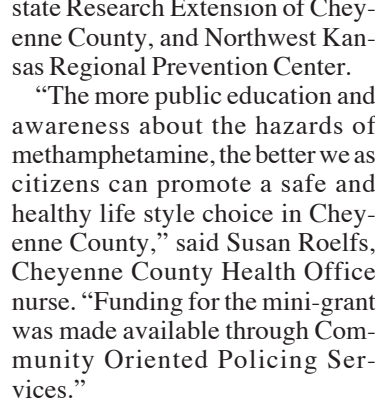
The 5th Horseman
By James Patterson
Somebody Dies

A young mother is recuperating in a San Francisco hospital when she suddenly struggles for breath. The hospital's doctors are mystified by her death. How did this happen?

Apocalypse Nears
This is not the first such case. Just as patients are about to be released, their conditions take a devastating turn.

Lieutenant Lindsay Boxer and the Women's Murder Club probe deeper into the incidents. But when someone close to Lindsay exhibits the same symptoms, she fears no one is safe.

The 5th Horseman Rides
Lindsay's investigation reveals an astonishing cover-up. And while the hospital wages an explosive court battle, the women hunt for a killer among its esteemed medical staff.



Wheat tour shows drought stress

The Wheat Quality Council tour occurred last week. Jim Shroyer, K-State wheat agronomist, was part of the tour and had this report.

Participants on the tour saw plenty of dryland wheat in poor to fair condition, especially where wheat has been continuous cropped or planted into row crop stubble. Mild weather is helping a little, but most of western Kansas is extremely dry. Overall, the crop is about a week ahead of normal in development.

The Kansas wheat crop is suffering from drought damage in many areas. There has also been some scattered freeze injury, which is severe in localized areas. By far, the main problem has been drought and the period of hot, windy weather in mid-April.

In western Kansas, much of the dryland wheat is short, with small heads. Wheat streak mosaic is prevalent. Tiller counts are low because so many have been sloughed off due to drought stress.

Wheat in northwest Kansas is in the flag leaf to late boot stage, and could still benefit from rain. If the crop in this area gets rain, it could still increase both kernel numbers and kernel weight.

South of I-70 in western Kansas, there is some scattered freeze injury. As the season progresses, freeze damage will become more apparent.

The overwhelming problem here, though, is drought. There will be some abandonment of dry-

land wheat in western Kansas, but the amount of abandonment will depend on the price of wheat and whether the area gets some rain.

This wheat is in the late boot to flowering stage at this time in most of southwest Kansas. If a good rain occurs soon in this area, it could still help improve kernel weights and possibly kernel numbers in some cases. Mild weather recently has stabilized the situation for the moment.

East of Dodge City, the wheat is still short, but a little taller than areas farther west. Head size is smaller than normal, both east and west of Dodge City.

East of Pratt and Kingman, height and head size are closer to normal. In the more southern counties, the hot windy weather in mid-April hurt the wheat in the early heading stage and yields will probably be reduced in many cases.

In north central Kansas, there has been some freeze injury from the April 19 freeze. Otherwise, wheat in this area is a little shorter and thinner than normal, but has better yield potential than wheat farther west.

Weather

| Date | High | Low | Prec. |
|-------|------|-----|-------|
| May 2 | 86 | 48 | T |
| May 3 | 64 | 45 | .03 |
| May 4 | 54 | 42 | T |
| May 5 | 49 | 43 | T |
| May 6 | 64 | 47 | |
| May 7 | 77 | 46 | T |
| May 8 | 81 | 43 | T |

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
For appointments call:
Rawlins County Health Center
785-626-3211
Wed., June 14
Cheyenne County Hospital - P.M.
210 W. 1st • 332-2104
Thurs., June 15
Atwood (a.m.) • 626-3211
Colby (p.m.)
CSMC, 175 S. Range
462-332
CMC, 100 E. College Dr.
462-7511
Fri., June 16
Atwood - All Day

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- '03 Mustang Conv. -NICE-
- '05 Scion TC - Dual Glass
- '03 F150 SC 4x4 Lariat
- '05 F150 Supercrew 4x4 Lariat
- '97 Lumina V6 At

SHOWTIME: 7:30 p.m. 1 hour 23 min.

May 12, 13 & 14

Scary Movie 4
Comedy, Science Fiction/Fantasy, Suspense/Horror and Sequel

Starring: Molly Shannon, Anna Faris, Regina Hall, Craig Bierko, Leslie Nielsen

Rated: PG-13 for crude and sexual humor throughout, some comic violence and language.

Cheyenne Theater St. Francis, KS
785-332-2747

Children 11 & under: \$2 12-18 yr.: \$3 Senior Citizens: \$3 Adults: \$4

QUALITY MONUMENTS

Call Marian Howland for an appointment.

785-734-2379

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS
785-332-2104

The Cheyenne County Hospital would like to thank all the Nursing Staff for their dedication and hard work during National Nurse's Week, May 6 thru 12.

Please look for our advertisement in this week's paper.

NATIONAL NURSES WEEK MAY 6-12

Corrections

The Saint Francis Herald will correct or clarify any mistake or misunderstanding in a news story. Please call our office at 332-3162 to report errors. We believe that news stories should be fair and factual, and appreciate your calling to our attention any failure to live up to this standard.

American Profile
Celebrating Hometown Life
See American Profile magazine in this week's issue of

The Saint Francis Herald
(available in local area only)

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