

Items are needed to support troops

Hulda Dorsch of Bird City is the Cheyenne County Chairman of the Supporting Our Soldiers Operation (SOS).

Operation Supporting Our Soldiers is an organization whose goal is to provide support to the troops serving the United States overseas. In partnership with National make A Difference Day (www.usaweekend.com/difffday/) sponsored by USA Today, Operation Support Our soldiers is putting on an event to pack 800+ boxes to send to soldiers overseas in time for the holiday season.

Make a Difference Day is a nationwide event designed to mobilize volunteers all over the United States. It will be held on Oct. 28. In 2005, over 3 million people across the nation came out and volunteered. Our make A difference Day events will involve Operation Supporting Our Soldiers and its volunteers packing and sealing boxes full of goodies to send to troops stationed in Iraq, Afghanistan, Bosnia, Kosovo, Kuwait and Qatar.

Homemade cookies, holiday decorations, and other non-perish-

able items will be packaged and made ready for shipping. Many of these items will be donated between now and then at locations in the surrounding areas.

Operation Support Our Troops was founded in 2002 by the families of the 388th Medical Logistics Reserve Unit from Hays. Since its inception, the operation has sent almost 6,500 packages containing a wide range of supplies, such as 300 pillows, over 2,800 dozen homemade cookies and countless food and toiletry items people take for granted here. Last year, 1,000 care packages were sent for the holidays. If funding permits they plan to send at least 800 this year.

"If you would like to help the group reach their goal, whether by monetary donation or collection of items to send, please feel free to contact me with any questions you may have about the project or visit the website," said Mrs. Dorsch. "If you know of a soldier that you would like to receive a Christmas/holiday box please give me their name and address to include on the mailing list."

Screening for kids will be held Oct. 24

A free screening for young children will be held Oct. 24 (Tuesday) at the St. Francis Elementary. The screening is sponsored by the St. Francis School System with the assistance from staff from the Northwest Kansas Educational Service Center.

This annual developmental screening is recommended for all young children, who have not yet entered kindergarten. Its purpose is to help parents be informed of their child's developmental levels and needs. The screening process assesses hearing, vision, fine and gross motor skills, concepts, plus speech and language. If the screening indicates a need for further evaluation, assistance and arrange-

ments can be made through the screening personnel.

Parents are encouraged to accompany their children through the screening process so that parents and staff can share observations and discuss the results of the screening. A parent needs to allow 90 minutes for each child's screening. If as a parent you cannot attend, you are welcome to make arrangements for the child to go through this worthwhile screening.

Please contact Robin Burr (332-8149) for any special arrangements or assistance. Appointments for screenings may be made by calling Teri Richard at the grade school at 332-8143.

County Health Talk

Prevention: Cervical Cancer Vaccine

**By Susan Roelfs
County Health Nurse**

Human papillomavirus (HPV) infection is responsible for nearly 100 percent of cervical cancer in women and contributes to other cancers than can affect males or females.

Cervical cancer is diagnosed in

more than 9,700 women in the United States each year and results in 3,700 deaths. Approximately 70 percent of cervical cancers are caused by two of the strains of human papillomavirus included in the newly licensed human papillomavirus vaccine manufactured by Merck (Gardasil).

The vaccine is approved by the Food and Drug Administration to prevent cervical cancer due to human papillomavirus. The vaccine is highly effective against the four types of human papillomavirus viruses included in the vaccine.

The vaccine has no effect on human papillomavirus infection that is present at the time of vaccination, or an existing cervical cell abnormalities or genital warts.

Though women already infected with an human papillomavirus type will not benefit from that part of the vaccine, they could still benefit from the other vaccine virus types in the vaccine.

Human papillomavirus currently has infected more than 20 million men and women in the United States. It is estimated that more than 6 million will become infected each year. Human papillomavirus is most common in young women and men in the late teens and early 20s.

By age 50 at least 80 percent of sexually active women will have acquired human papillomavirus infection.

What are the recommendations for use of human papillomavirus vaccine?

Human papillomavirus vaccine should be routinely given to girls' age 11-12 years, although it can be given to girls as young as 9 years. Additional age group is 13 through 26 years are eligible for the vaccine.

The vaccine is licensed as a three-dose series given in the deltoid of the arm. Call your physician or the Cheyenne County Health Department (785-332-2381) for more information.

Useless Facts

Oak trees do not produce acorns until they are fifty years of age or older.

The first product to have a bar code was Wrigley's gum.

The king of hearts is the only king without a mustache.

A Boeing 747's wingspan is longer than the Wright brothers' first flight.

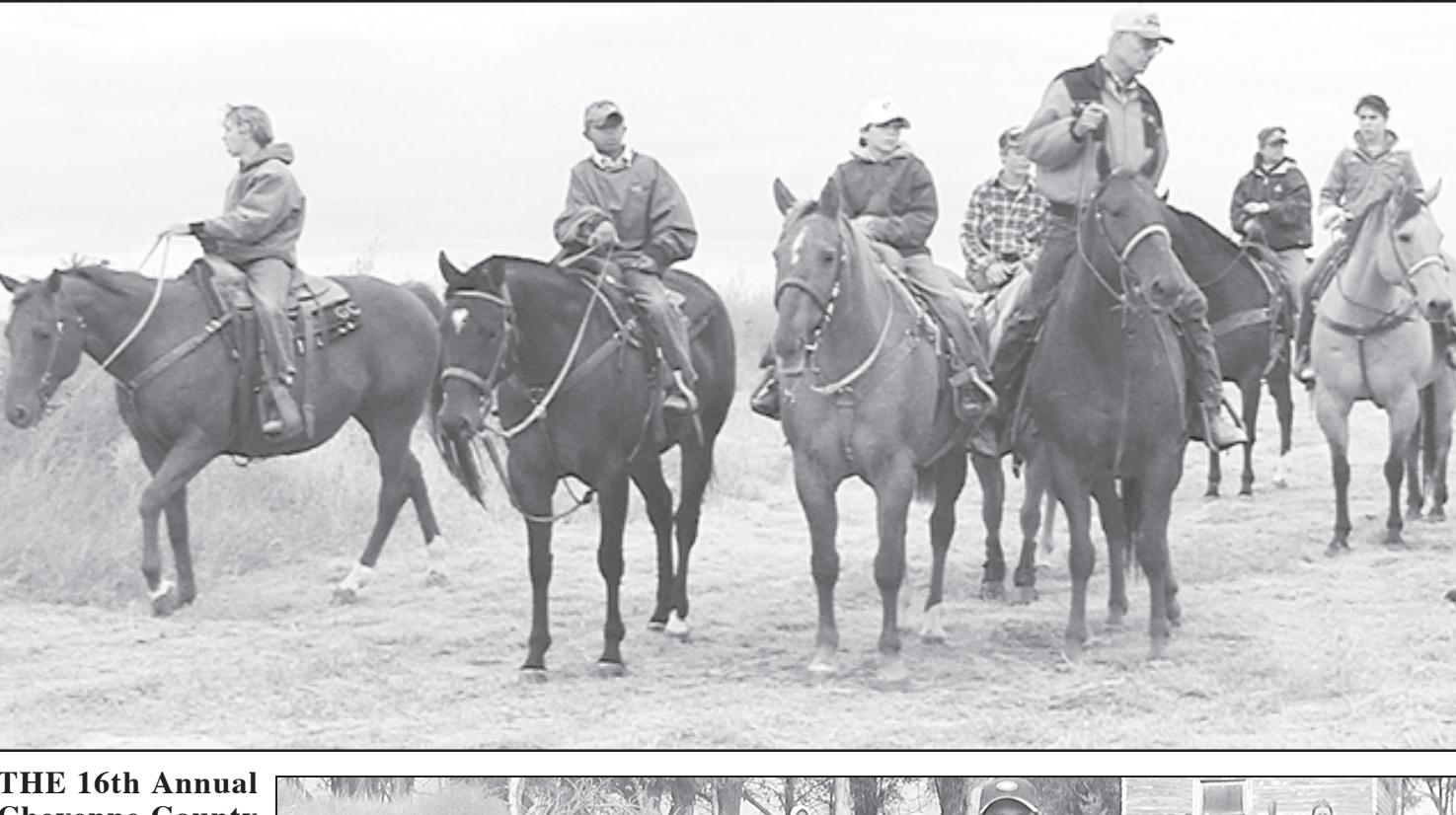
American Airlines saved \$40,000 in 1987 by eliminating first class.

Venus is the only planet that rotates clockwise.

The first CD pressed in the US was Bruce Springsteen's "Born in the USA."

Apples, not caffeine, are more efficient at waking you up in the morning.

The 57 on the Heinz ketchup bottle represents the number of varieties of pickles the company once had.



THE 16th Annual Cheyenne County Trail ride was held on Sunday. Top, Gavin Cooper, Laramie Mosley, Gaten Cooper, Gary Cooper and Lexi Hilt are anxious to get started. Right, Allison, Gary and Tammy Grice enjoy some family time together.



Music club starts the 2006-2007 year

The first meeting of the 2006-2007 St. Francis Music Club was held at the home of Ruth Milliken on Sept. 26.

Louanne Isernhenke, vice president, welcomed the guests and members. This being guest night, the evening began with a group of high school singers under the direction of Debbie Fiala who sang and performed songs from the story of *Sleepy Hollow*. Those sharing their evening with the club were Katelyn Jones, Lauren Zweygardt, Miranda Teeters, Gavin Smull, Kim Voeller, Janae Glidewell, Mac Frewen, Brandon Rueb, and Matt Whitmore.

Katelyn announced they were holding a fund raiser on Oct. 24, to raise funds for four of the students

to travel to Europe with the Young Ambassadors Band and Choir, and asked that the club's membership please plan to attend.

Singers, guests and members were then invited to enjoy the refreshment table with an array of delightful finger foods brought by the members.

The meeting was called to order by Raedell Winston, president. There were 12 members who answered roll call. Reports were given.

There being no old business, the meeting continued with new business announcing that dues were now due. The new yearbooks were handed out and a thank you was extended to Mrs. Milliken for putting the book together. Mrs.

Isernhenke reviewed the upcoming months' programs and reminded the group that the music club has four tickets available for the Western Plains Arts Council and that all should plan to use some of them during the year.

Committee chairs were then asked for their reports for the Oct. 7, District Meeting which is being hosted by the St. Francis Music Club. Jean Ann Confer announced the meeting will be held at the St. Francis Library and the noon lunch will be served at the Main Street Coffee Shop. All were encouraged to commit to their reservation this evening or by Monday. Name tags created by Beth Maifield were presented for review. Helene Landenberger said the Entertain-

ment Committee had nothing tied down as of yet but had some ideas. It was suggested that the group who sang this evening might be asked if they would be able to sing that morning just before lunch.

After some discussion, it was the consensus of the membership that the music club should make a donation to the students who will be traveling with the Young Ambassadors Group to Europe.

Welcome to membership for the upcoming year were Kim Zweygardt, Lauren Zweygardt, Dorothy Smestad and Anabelle Rueb.

The next meeting will be the Oct. 7 District meeting at the St. Francis Library. The meeting was adjourned.

Club Clip

Plum Creek 4-H Club

The Plum Creek 4-H Club met on Monday, Oct. 2, for a regular monthly meeting. Election of officers was held.

The slate of officers for this year is as follows: Alecia Zimbelman, president; Kaycee Williams, vice president; Teri Walters, secretary; Kim Voeller, treasurer; Mikaela Grace, reporter; Courtney Douthit, historian; and Trevor Reed, parliamentarian. The 4-H Council representatives are Alecia and Mikaela.

The club nominated Alecia for the Dale Shoemaker Award and Mariah Beikman for the Kevin Wright Award. The Grace family was chosen as the club's "4-H Family."

Following the business part of the meeting, three talks were presented. Teri told about the origins of Halloween. Kim told about the Amityville Horror Story. Logan Lampe gave a project talk on poultry.

Alecia led the members in singing "If You're Happy and You Know It." Kim led the members in a game of musical chairs.

Ice cream floats were served by the Zimbelman family and the Voeller family.

Mikaela Grace, reporter



ST. FRANCIS SUPER'S barbecued ribeye sandwiches in the store parking lot on Saturday. The proceeds will go to the St. Francis Drama Club. Those helping serve were Taylor Leibbrandt, Talley Morrow, Megan Rice and Lauren Ross. Herald staff photo by Casey McCormick

Water committee holds meeting on Friday

The Kansas Water Authority, the State's water resource advisors to the governor and Kansas Legislature, announces that the northwest Kansas Basin Advisory Committees will be holding a meeting Friday, Oct. 13. The meeting will focus on water management activities of the Ogallala-High Plains aquifer and related issues. The public is welcome; topics will be of special interest to producers.

The meeting will at 9 a.m. Friday

in WaKeeney, for the Smoky Hill-Saline, Solomon and Upper Republican Basin Advisory Committees.

This northwest Kansas meeting will be held at the Western cooperative Electric building at 635 S. 13th, WaKeeney.

Updates on programs that reduce water consumption, the Kansas Water Transition Assistance Program (WTAP), and the federal Environmental Quality Incentive Program (EQIP) are planned. Also of interest to this area is the northwest Kansas aquifer and economic im-

pact models under development as a water management tool.

For additional information or for special accommodations at the meeting site, contact the Kansas Water Office at (888) KAN-WATER (526-9283). Diane Coe, Water Planner for these areas can also be reached by email at dcce@kwo.state.ks.us. The agenda is posted under calendar on the Kansas Water Office web site www.kwo.org.