# Family

### Club News

#### CHRISTIAN WOMEN'S FELLOWSHIP, MARY

Christian Women's Fellowship, Mary group, of First Christian Church, held their first meeting of the new year at the home of Maxine Ziegelmeier, on

The meeting was chaired by Ruth Boeka, secretary, sitting in for president Gwen Sloan. Aroll call of sharing holiday events was answered by eight members. The program was presented by Lois Myers, who reviewed the book, Borrowed Offenses, by Vic Por-

The next meeting will be hosted by Margaret Schiffner, on Feb. 1

#### **ROTARY**

President Nancy LePell presided at the Jan.2 meeting. Guests were Deanna Carmen, Robert Shurtleff.

Jeff Horlacher presented a slide show on his Diamond buying trip to Belgium. The group of buyers flew out of Chicago to Antwerp Belgium. There are about 600,000 people in this city. Three main languages spoken are



Wayne Horlacher

Flemish, French, and German, but most people there speak about eight languages. It has all different kinds of transportation, so it is pretty easy to get around. There are many different cuisine like Chinese, Japanese, Argentine,

Diamond industry is still mostly done on a handshake. If someone vio-the college.

lates this trust they are cut out of the diamond business. Diamonds are sold by weight, cut, color, and quality. They are best looked at by natural lighting. The first cut on a diamond is called cleaving process.

Only people with lots of experience are allowed to make a first cut. You have to have at least 10 years experience to cut and polish a one carat diamond. Every diamond has a certificate and can be inscribed for a customer.

Diamond mines still active are in Africa, Australia, Siberia, Canada. It takes moving about 250 tons of rock to find a one carat diamond.

There are many colors of diamonds. The Hope Diamond is blue, Dresdian is green, pink, champagne, canary, and

The security is very strict in the diamond district. They use security cameras, armed guards, armored trucks, bullet proof glass, steel cylinders that retract to allow vehicles out, and counting people in and out.

Next week's meeting will be back at

Funeral services were Wednesday at

Triplains High School Gym, Winona,

the Rev. H. Gene Shoemaker and the

Rev. Barbara Patterson officiating.

Burial was in Winona Cemetery, Wi-

Military graveside rites were by

Memorials are suggested to The

Northwest Kansas Technical School

Endowment Association Scholarship

Fund in the name of Dewey J. Coun-

cil and can be sent in care of Kennedy-

Koster Funeral Home, P.O. Box 221,

Stanley L. Ward

Oakley VFW Post and Oakley Ameri-

can Legion Post.

Oakley, Kan. 67748.

# Help offered for parents of children with disabilities Families Together, Inc., sponsors several events to help parents build a

strong foundation for their children's educational program with a base of two of the laws that protect a child's right to a free appropriate public education. Family Enrichment Weekends are overnight events for families that include a child, age birth through 21, who has a disability. Parents attend workshop will kids participate in fun, ageappropriate activities. Weekends are set for March 2-3 in Garden City; March 30-031 in Lawrence; and April 20-21 in Wichita. **Parent Networking** Conferences are fun get-aways for parents only, with workshops and discussion groups. Conferences are set for Feb. 2-3 in Kansas City: Feb. 16-17 in Manhattan; March 2-3 in Chanute; and April 6-7 in Hays. **For information** 

# Happenings

Jackson, Suite 400, Topeka, 66603.

The Lounge at the American Le**gion Post** on West 4th in Colby will reopen on Saturday, Jan. 13. The Lounge is open for business from 4-10 p.m. every day except Sundays. Members and guests are welcome.

Florence Bloom of Oakley will be the speaker for Colby Aglow Lighthouse for Women Jan. 15 at the Ramada Inn. She will be sharing information from the National Aglow Convention in Charleston, W.Va., last October. Those attending are asked to be seated at 6:15 p.m. as the meal will be served contact Families Together, inc., 501 at 7:30. One need not partake of the go to the library.

meal to attend the meeting. Dinner reservations are due by noon Saturday. Jan. 13. Call Rosie Burk, 785-462-

The Shooting Stars Singles Square Dance Club in Hays will have square dance lessons for couples and singles at the Reed Center basement, 317 W. 13th. Havs. Lessons will be Monday evenings starting in January with beginners' lessons from 7:30-9 p.m. For information call Helen Shubert at 785-625-2464 or Carol Gordon, 625-

Pioneer Memorial Library will have a **Book Lovers Sale** from 9 a.m.-6 p.m. Wednesday, Feb. 14, Valentine's Day, in the library basement. Prices at 6:30 p.m. The meeting will follow range from 10 cents to \$5. All proceeds

# Does your child have emotional problems?

Mental

Health

Plain Sense

Dear "Plain Sense": How would I know if my child has serious emotional problems? What would these problems look like and how would they he

Sincerely, "Concerned Parent"

Dear "Concerned Parent": Children have emotional problems just like adults. They can experience common problems of anxiety and depression, often in response to stress. And they can be born with or develop serious psychiatric disorders. The US Surgeon General reports that 20% of children have a diagnosable mental disorder. Recognizing your child's emotional problems can be difficult because children are less able to talk about their feelings, so often their behavior is the most obvious indicator. For example, some signs of depression, depending on age and development, are regression in behavior, dropping-off of school grades, less time spent with friends and hobbies, and attitude changes with increasing irritability and anger.

The first thing to do if you have questions or concerns about how your child is feeling is to talk with them. Knowing your child, what they enjoy, who their friends are, what is on their mind, and being able to talk with them allows you to notice these important behavior changes and understand what those mean. There is no substitute for having a loving and involved relationship with your child. You may also want to talk with others who are involved such as teachers, day care providers and

friends. Often, within the context of these supportive and loving relationships, solutions are found, stress is reduced, self-esteem is restored and

problems solved. If you feel the signs represent more serious problems or the possibility of dangerous behavior, or if you would like the reassurance of a professional, contact a licensed provider, such as your primary care physician, hospital or community mental health center. Their staff are readily available with helpful information, support, assessment and treatment. Licensed professionals provide a wide variety of services including psychotherapy, family therapy, medication, consultation, evaluation and support at home. It is important that parents be engaged in the treatment process, and others be included when necessary such as

### Markets

#### Quotes as of close of previous business day **Hi-Plains Co-op**

school staff and community resources.

Wheat	\$2.98
Corn	\$2.04
Milo	\$3.37
Sowboans	\$4.38

be well managed with the combined efforts of parents and professionals. Key elements for success include parents developing a nurturing relationship with their children and, when concerned, access professionals in the community who are available to help.

Children's emotional problems can

Contributed by Ann Young, MS, LMLP, LMFT, Outpatient Youth Clinical Supervisor and David Anderson, MS, LMLP, Outpatient Program Manager

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to: Plain Sense, Consultation and Education Department, High Plains Mental Health Center, 208 East 7th, Hays, Kan. 67601. Questions will be formatted and answered in a manner that insures confidentiality.

## Hospital

#### CITIZENS MEDICAL CENTER **Tuesday, Jan. 9, 2001** Admissions

Laura Coulter and infant female.

Clair Swank, Colby Jason Berkgren, Colby Adriane Vaughn, colby Loring Medford, Colby

Dismissals

Frances Turrell, Rexford Christine Campbell, Colby Caroline S. Call, Atwood

# Deaths

### Dean Strayer

Dean Strayer, former Colby resident, died Tuesday, Jan. 1, 2001. Services are pending at Kersenbrock Fu-

#### LynDon A. "Lyn" Gurtner

LynDon A. "Lyn" Gurtner of Salina, age 36, died Jan. 4, 2001, at Salina. Mr. Gurtner was a route manager for Schwan's Frozen Food Sales. He had been a resident of Salina since April

He had formerly farmed south of Atwood and in Cheyenne Wells, Colo. He was born Jan. 10, 1964, at Au-

He was a member of ATA Tae Kwon Do, Colby, and loved camping, huntng and fishing with his children.

He was preceded in death by his father, Eldon Lynn Gurtner in 1983.

He is survived by his spouse Traci, of the home; daughters Amanda Gurtner, Salina, Talitha Gurtner, Marysville, Ohio, Tanzia Gurtner, Salina; son Tanner Gurtner, Salina; mother Sally Carlson Gurtner, Fremont, Ind.; his wife's parents Carolyn and Dale Lundin, Colby; brothers David Gurtner, Las Vegas, Nev., and Earl Gurtner, Fremont, Ind.; sisters Eldonna Wagonrod, Ohio City, Ohio, and Jolenna Dailey, Edon, Ohio.

Funeral services were Monday at the Ryan Mortuary in Salina, the Revs. Eric Dailey and Jim Lundin officiating.

Burial was in the Gypsum Hill Cemetery, Salina.

Memorials are suggested to the Gurtner Children's Memorial, c/o Ryan Mortuary, 137 N. 8th Street,

#### **Dewey J. Council**

Dewey J. Council of Winona, 76, died Friday, Jan. 5, 2001, at Vencor Hospital, Denver. He was a farmer, rancher, cattleman, and lifetime area

He was born May 8, 1924, at Winona, the son of Admiral Dewey Council and Vida Jessie (Waldmeier) Coun-

He was a member of United Methodist Church, Winona; served for 36 years on the Area Board of Control for the Northwest Kansas Technical School, where he served as secretary for approximately 25 years; Veteran of WW II, US Marine Corp; past member of Winona VFW; past member of Winona Lions Club.

He married Phyllis L. Hosley on Aug. 11. 1946, at Winona.

Survivors include: his wife Phyllis L. Council of Winona; son Terry R. Council, Broken Arrow, Okla.; daughter Sandra L. Hedgecock, Highlands Ranch, Colo.; step-brothers Roscoe Kahle, Winona, Clarence Kahle, Russell Springs; step mother Grace Council; eight grandchildren, and six great-

## Stanley L. Ward, 78 of Memphis,

Tenn., retired salesman, died of heart failure Dec. 22, 2000, at Methodist Healthcare North. He was the son of the late Margie Lacey, formerly of

Survivors include his wife Catherine Ward; five sons, Louis Ward of Grand Haven, Mich., Daniel Ward and Michael Ward, both of Byhalia, Ms., and Thomas Ward and Samuel Ward, both of Memphis; four grandchildren; and a sister Violet Peters, Goodland.

Family Funeral Care Stage Road Chapel was in charge of services.

### Community Calendar FRIDAY, JANUARY 12 Brown bag Al Anon (non-smoking), 775 E. College Drive, noon

Sorosis, Margo Schiefen, 1:30 p.m.

Leisure hour, Edna Sloan, 2 p.m.

TOB, Barbara Heinze, 2 p.m. New Hope Narcotics Anonymous, Citizens Medical Center cafeteria, 8 p.m.

### **SATURDAY, JANUARY 13**

Wellness Fair, Student Union, 9 a.m.-1 p.m.

Golden Buckle Square Dance, Community Building, 8-10:30 p.m. Sixth Street Alcoholics Anonymous, 1275 West 6th, 8:30 p.m.





**PG-13** Sunday thru Thursday: 7:30 THIS SUBSCRIBER RECEIVES 2 FREE



Friday & Saturday: 7:15 & 9:00 Sunday thru Thursday: 7:30

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