

# Family

## Club News

### BREWSTER PRAIRIE GEM

President Katherine Mills opened the June 11 meeting of the Brewster Prairie Gem 4-H Club by leading the members reciting the flag salute. The club members, led by Rose Bear, sang *Home on the Range*.

Nineteen members answered roll call by telling their shoe size. Guests at the meeting were D'Ette Scholtz and her children.

Officer and leader reports were given. 4-H Council Representative, Erin Carney, presented details about the 4-H food stand at the fair. Highlights are a taco night on Thursday of fair week and there will be punch cards available for families. Sharron Knox will be the day manager for the Brewster club.

Dan Dewey provided information about the club tour. The tour date will be July 22. Members are to meet at the Starns farm at 1 p.m. Any member who

does not have animals is requested to take their projects to another home where the tour will be making a stop. The activities will end at Dan's home. The club will hold the July meeting and have a pot-luck supper.

D'Ette made a few comments about the Brewster club and then passed out the fair packets. She reminded members that there are several new changes in the forms for county fair.

### COLBY COUNTRY CLUB

Bridge winners June 26 were: 1st, Mary Molstad; 2nd, Gwen Young; 3rd, Charles Davis

The golf game was Low Net. Winners were: 1st Flight - Sidney Strait; 2nd Flight - Tie, Anita Beckman and Mary Lou Jones; 3rd Flight - Tie, Lee Fleckenstein and Karen Molstad. The game July 3 will be Scramble. Hostesses will be Margaret Denneler and Janet Harper.

## Bedtime battles require persistence

*Dear "Plain Sense": Already my toddler refuses to go to bed when told to do so. Bedtime has become a battle and I dread it when that time of evening comes around.*

Bedtime is often one of the major conflicts between parents and children, so maintaining control of the situation at an early age is very important. With every young children it may require some parent time in reading or talking as the child settles into bed.

Routine is an important component, so try to be consistent with nap times, snacks, and the evening bedtime schedule. Children also resist adult requests because they feel their own growing independence which includes a need to feel important and have something to say about what they do.

Children who feel secure in their relationship with a parent are usually



Mental Health  
• Plain Sense

not afraid to speak up. This is an admirable trait, but requires firm and fair limits from parents so it does not become defiance.

Children who have some input into bedtime requirements, as well as other issues, usually show more cooperation. With a very young child it may be a choice of which stuffed animal to take along to bed. Older children benefit from being a part of the decision making, such as how late they can stay up.

However, the understanding is always that parents set the final rules.

## Death

### Cloyd Dale Nelson

Cloyd Dale Nelson 74, a resident of Colorado Springs, Colo., died May 16, 2001, in Missouri. He was born on Aug. 4, 1926, to Cloyd Byron and Lois Robinson Nelson in Colby, where he grew up and attended local schools.

He served in the army from 1945 to 1947. On July 17, 1949, he married Wnada June McCall of Woodson. They moved to Colorado Springs in the late 1950s where he founded and operated Nelson Appliance and Repair on Filmore Street until retirement.

He was preceded in death by his parents; brother and sister-in-law La Vern and Mary Jo Misner in Colorado Springs. He is survived by his wife; son Douglas of Colorado Springs, daughter Valarie and husband Tim, Bradford of Missouri; seven grandchildren, 11 great-grandchildren; sister and brother-in-law Gwendolyn and Harlan Sloan of Colby, numerous nieces and nephews; and an aunt Vida Toburen of Colby.

The family chose cremation and no services were planned. Allen Holman-Howe, Camdenton, Mo., handled the arrangements.

### JR Mattson

JR Mattson, 22, died Tuesday, June 19, 2001, at Swedish Medical Center, Englewood, Colo. He was a farmer and lifelong area resident. He was born May 11, 1979 at Kimball, Neb.

Survivors include his parents, Herbert Mattson and wife Brenda, Colby, and Karen Henry and husband Raymond, Birmingham, Ala.; brothers Jason and Justin Mattson, and Ben and Nic Schroeder, all of Colby; sisters Cassie Mattson, Colby, and Kaylee Mattson, Birmingham, Ala.; grandparents Marilyn Jensen, Pine Bluffs, Wyo., Carl and Norma Lampitt, Hanceville, Ala., Charlie Hockersmith, Quinter, and John and Betty Schroeder, Levant.

Funeral services will be at 10 a.m. Saturday at Trinity Lutheran Church, Colby, Pastor Alvin J. Bruenger, Oakley, officiating. Burial will be in Beulah Cemetery, Colby.

Visitation will be from 9 a.m.-9 p.m. Friday at Harrison Chapel, Colby. Memorial donations may be made to either Trinity Lutheran Church or Thomas County Community Foundation and may be left at any Colby bank or Harrison Chapel.

## Senior Center to serve food at Prairie Heritage Day

Circle Saturday, June 23, on your calendars and plan to participate in the Prairie Heritage Day celebration! The Senior Progress Center will open at 7 a.m. Cinnamon rolls, milk and coffee will be served until 10 a.m. Cinnamon rolls sell for 75 cents; milk or coffee for 25 cents. The ham and bean feed starts at 11 a.m., and will run until 2 p.m. Each serving is \$3 and includes ham and beans, cornbread, pie, and coffee or tea.

The following activities have been scheduled at the center for the week of June 25-29. Any senior 60 or older may participate.

**Monday** - Shuffleboard at 10 a.m. Cards at 1 p.m.

**Tuesday** - Low impact exercise class at 9:30 a.m. Shuffleboard at 10 a.m. Cards at 1 p.m.

**Wednesday** - Line dance class at 10 a.m. Cards at 1 p.m.



Lois Myers

• Senior Savvy

**Thursday** - Low impact exercise class at 9:30 a.m. Shuffleboard at 10 a.m. Senior Bridge at 1 p.m.

**Friday** - Share-a-Memory/Coffee Time at 9:30 a.m. Shuffleboard at 10 a.m. Indoor walking, snooker, pool, puzzles and cards are available whenever the center is open... and the coffee pot is always on! Planning a family reunion? You do not need to be a senior to rent the center. Call Deb at 462-2901 for more information.

## Wedding dress display drew crowd

A crowd of 94 guests attended the High Plains Kansas After 5 dinner meeting at the Shepherd's Staff Center Tuesday evening. Twenty wedding dresses, at least one from each decade, were modeled, one being 101 years old. This one was the wedding dress of Deb Stepper's mother and was modeled by Jaimee Wark. Some had long trains and others were quite plain but all made an interesting display. The speaker, Aleve O'Neale-LeFever gave

## Hospital

CITIZENS MEDICAL CENTER  
Wednesday, June 20, 2001

**Admissions**  
Ruby West, Colby  
Dan Oard, Colby  
Fred Rikoff, Colby  
Mary Hurtt, Colby  
**No dismissals**

## Markets

Quotes as of close of previous business day  
**Hi-Plains Co-op**  
Wheat \$2.78  
Corn \$1.82  
Milo \$2.96

Remember too, that bedtime rules need to be adjusted as your child gets older. Talk it over together on a regular basis before it becomes a conflict.

*Contributed by Karen Beery, MS, LCPC, Consultation and Education Department, High Plains Mental Health Center, Hays. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.*

## Happenings

Cleo (Dimps) Skeers, former Colby resident, died at the Autumn Heights Nursing Home in Denver this past weekend. Cards may be sent to **Chet Skeers at 3500 So. King, Lot 21, Sheridan, Colo. 80236.**

**Tom Roper** will be the caller for a special "Trail in" Square Dance Saturday, June 23, from 8-10:30 p.m. in the Colby Community Building. Everyone is welcome.

## Community Calendar

### SUNDAY, JUNE 24

Sunday Morning Alcoholics Anonymous, Ramada Inn, 9 a.m.  
Higher Ground, High School Youth Group, Berean Church, 6 p.m.  
New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

### MONDAY, JUNE 25

Duplicate Bridge, airport, 1 p.m.  
Quit smoking support group, 775 E. College Drive, 1 p.m.  
Monday Afternoon Bridge, Meadowlark Manor, 1 p.m.  
Hospice, Sacred Heart Church basement, 4:30 p.m.  
Take Off Pounds Sensibly, United Methodist Church, 7 p.m.; weigh-in, 6-6:30 p.m.  
Rexford Lions, Rexford Cafe, 7 p.m. (2nd & 4th Mondays)  
High Plains Lions, Ramada Inn, 7 p.m.  
Pride of the Prairie Orchestra practice, Colby Community College Band Room, Cultural Arts Center, 7:30-9 p.m.  
Colby Jaycees, East Highway 24, 8 p.m.  
St. Thomas Lodge, 215 N. Franklin, 8 p.m.  
Downtown Alcoholics Anonymous, (smoking), City Hall Basement, 8:30 p.m.  
Al Anon, (nonsmoking), 1275 W. 6th, 8:30 p.m.

### Homestead Nutrition June 25-29.

**Monday** - Peppered steak, potato rounds, cheesy broccoli, bread, cinnamon apples. **Tuesday** - Mexican chicken casserole, glazed carrots, bread, tapioca and peaches. **Wednesday** - Lasagna, spinach salad, 1/2 orange, garlic bread, cookies. **Thursday** - Swedish meat balls, parslid potatoes, green beans, bread, tropical fruit. **Friday** - Chef salad, crackers, pears, cherry cobbler.

Meal reservations need to be made before noon, 24 hours in advance at 462-2901. Cancellations should be called in as soon as possible. Menus are subject to change.

**Senior Ponderings** - Helpful hints in safety proofing your home. This

week we look at the kitchen area.

•Avoid wearing clothes with long loose sleeves, while cooking. •Keep all combustible items away from the stove. •Do not place dish towels, potholders, or plastic utensils near the range. •Be sure that curtains do not brush against heat sources. •Keep stovetop and burners free of grease. •Do not store items on shelves over the stove or refrigerator. •Use light weight pots, pans and bowls. •For those with poor vision, mark burner controls with bright colors to show "on" and "off" positions. •Periodically check contents of the refrigerator, especially if you have impaired sight and/or taste.

*Next week: Fire Safety.*



Lula Thieler

• Rexford Correspondent

an excellent talk on how life begins at 40, from darkness to light.

The wind and dirt storm Wednesday evening didn't last long but did some damage to trees, crops and small buildings in the area. The temperature dropped fast and was quite cool all

## Youths celebrate birthdays

Wyatt Werth celebrated his 8th birthday on Monday, June 11. Layton Werth has his 5th birthday on May 16. Joining them for a fun water party on the 11th at Grandma Marge Ausmus's home in Winona were Tristin Boyd, Max Haverfield, Eric Rucker, Seth and Rebecca Smith and Devin McKinney, Rosalie Bussen and Michele Werth. All enjoyed ice cream cake, fruit drinks and favors. Helen Stramel was an evening visitor and had cake and burgers.

On Friday, Harley and Phyllis Hershberger escorted Courtney and Levi Hershberger to Colby where the kids accompanied Dale, Suzanne and Crystle to Junction City after a long visit with their relatives at Russell Springs. Brian Hershberger met them there. Dustin Hershberger, Colby,

night, but no rain or hail here.

Jody Leeper from Wilmore visited her parents, Doug and Joan Todd, and modeled her wedding dress at the After 5 meeting. Nora Harkerr, Joan Todd's mother from Burlington, Colo., was a guest also.

Zula Horinek hosted the Royal Neighbor meeting Thursday afternoon at the Community Hall with seven present. The usual business was held then, refreshments of cake, salad and coffee served for a time of fellowship.

### Rosalie Bussen

• Winona Correspondent

spent the weekend with Harley and Phyllis. Saturday afternoon they attended the birthday reception for Ray Repshire. In the evening they motored to Sharon Springs where they attended the wedding and reception for Derek Wright and Brynn Cox in the Wesleyan Church. On Tuesday evening, they were at the Sharon Springs School to attend the Wallace County Co-op meeting and supper.

Rosalie Bussen visited Terry Bussen in Oakley Saturday evening and they enjoyed supper at Mittens.

# The Business Directory

**GERSTNER-CEROVSKY INSURANCE AGENCY**  
"Customer Service is Our Policy"  
**CINDY L. CEROVSKY**  
Cervosky Insurance Inc.  
370 N. Franklin • PO Box 310 • Colby, KS 67701  
Ph: 785-462-7544 Toll Free: 888-462-7544

**JOHN'S WELDING & MACHINE SHOP**  
Fabrications & repairs of all sorts.  
At your residence.  
•AC/DC Welding  
•Wire Welding  
"HAVE WELDER...WILL TRAVEL"  
**JOHN CARPENTER**  
Call Brewster: 785-694-2841  
Mobile: 785-694-3553

**New System Professional Window Cleaning**  
Commercial • Residential  
520 S. Mission Ridge • Colby, KS 67701  
Call for your FREE estimate:  
785-462-6995 Chris & Beth Lewon  
800-611-6735 "We do windows!"  
Now Scheduling Spring Cleaning!

**ULTRA LITE STYLE FAMILY OF LENSES**  
NOW AVAILABLE!  
**Larry Washburn, O.D.**  
Doctor of Optometry  
505 Franklin Colby, KS  
785-462-3348

**U-PAC STORAGE**  
Colby, Kansas  
LOCALLY OWNED & OPERATED  
SHORT OR LONG TERM  
For the extra space you need  
Sizes 5'x6' to 24'x48'  
ALL UNITS EASY ACCESS  
COMPETITIVE RATES  
DISCOUNT FOR ANNUAL RENTAL  
BOAT, RV, AUTO & HOUSEHOLD STORAGE  
BUSINESS OR PERSONAL USE  
Call 785-462-3111 or 785-443-3441

**ROUND TRIP TRAVEL**  
140 W. 4th Colby, KS 67702  
1-888-690-7077  
462-6999 • Fax: 462-3824  
•• VACATION SPECIALS ••  
LAS VEGAS - Air & hotel From (per adult) \$200  
DISNEY WORLD - Hotel, air, park passes \$505  
MEXICO - Air & hotel \$450  
CARIBBEAN CRUISE & AIR \$1,050  
ALASKAN CRUISE & AIR \$1,500  
HAWAII - Air & hotel \$740  
LONDON, ENGLAND - Air & hotel \$700  
AMTRAK EXPLORE AMERICA \$359 Max. 45  
WORLDWIDE: Vacation Packages, Cruises, Tours, Groups, Flights, Hotels, Trains, Cars  
Ask about AAA, AARP, Senior & Companion, Corporate and Government discounts!

**FARMERS & MERCHANTS BANK OF COLBY Investment Center**  
Are you going to pay Uncle Sam a little extra this year, or are you going to open an IRA with us?  
Come see me today!  
**Michelle L. Foote**  
Financial Advisor  
Securities offered exclusively through  
**RAYMOND JAMES FINANCIAL SERVICES, INC.**  
WABD, NASD, SIPC  
AN INDEPENDENT BROKER/DEALER  
Phone: 785-462-3321  
Toll-Free: 877-462-3321  
240 W. 4th • Colby, KS  
CSJ 816-753-7859

20/20 vision isn't the only reason to see your eye doctor  
**MS 1**  
**DIABETES 2**  
**GLAUCOMA 3**  
**CATARACTS 4**  
**HIGH BLOOD PRESSURE 5**  
**Drs. Morrison & Wahlmeier**  
James F. Morrison, OD, FFAO  
Jeffrey B. Morrison, OD  
Mark F. Wahlmeier, OD  
180 W. 6th, Colby 462-8231  
Ask us about same day glasses Hours: 8 am-5 pm (M-F)  
Authorized Oakley RX Dealer Saturdays by appt.

**GOT SOMETHING TO SELL QUICKLY?**  
TRY THE FREE PRESS CLASSIFIEDS!!!  
THE RATES ARE REASONABLE, THE RESULTS ARE SATISFYING.  
IF YOU HAVEN'T TRIED THE CLASSIFIEDS -- NOW IS THE TIME!!  
SELL THOSE ITEMS YOU NO LONGER NEED FOR \$\$  
**Free Press Classifieds**

**nwkansas.com**  
Get connected to the Internet with us!  
We have local technical support.  
**Get connected today!**  
**Call 462-3963**

**A+ CLEANERS**  
• Carpet  
• Furniture  
• Vehicles  
**JOHNENE CHENEY**  
NEW NUMBER  
785-399-2999  
•Servicing NW Kansas Mileage Free for 15 years!  
•Dry foam method, because you care about your home!  
•Any 3 rooms only \$99.95!