

# Family

## Couple celebrating 25 years

The children of Lloyd and Margaret Chick invite friends to participate in a card shower in honor of their 60th wedding anniversary on July 7. Anniversary cards may be sent to: 170 N. Riddle, Colby, They were married July 7, 1941.



Lloyd and Margaret Chick

## Young people want someone to pay attention to them

The opportunity came up recently to meet with about 30 high school students from Northwest Kansas for a lengthy discussion about what's going on with youth today. This group discussion was prompted by the violence that has become so prevalent in schools in recent years. We were impressed that most of the students viewed school violence as a choice to be made, or more particularly, NOT made. Most felt that even with a detrimental family life, such as poor parenting, divorce, or abuse, no one should use that as a



reason to hurt or kill another student or staff member.

This discussion eventually moved into the subject of what these young people want in their relationships with adults, particularly their parents. The group represented youth from both single and two-parent families, and they did not feel that having only one parent in the home was a negative factor. While being very understanding that their parents have commitments to jobs, their primary wish was that parents could be more available to them at home. The group said, ideally, it would be great to have someone at

home who will, at least, ASK them how their day went. The students acknowledged that they often come home and go straight to their room, especially when in a bad mood. But the fact that a parent will ASK as well as give them the opportunity to share frustrations, is important. In further discussion, these high school students indicated they preferred their parents to be just that - parents - not a buddy or friend. They want a good relationship with mom and dad, but truly want them to set limits. The group acknowledged that they would constantly be pushing against these restraints, but nonetheless, still need them. They want to know the parameters that are expected, and the reasoning behind the limits set by their parents. These comments from the students were consistent with child development theory, which tells us that adolescents push the limits in the process

of learning to make decisions, while learning the consequences involved. In regards to school, this group of young people expressed the need for teachers to challenge them, and hold up lofty goals to pursue. They want their teachers to be disciplinarians, and to not be tolerant of behavior in the classroom that interferes with learning. They all agreed they were tired of one or two disruptive students in classes who take the teacher's time away from the work needing to be done.

In a time when the news about youth in our society is often negative, this group of Kansas high school students provided a refreshing and positive outlook in regards to their relationships at home and school. This discussion reiterated what is taught in parenting classes, teacher in-services, and professional workshops; that young people need a relationship with their parents and teachers that is both loving and firm.

Contributed by Wayne L. Lofton, Ed. S., LMLP, and Karen Beery, MS, LCPC, Consultation & Education Department, Hays  
The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to: PLAIN SENSE, Consultation and Education Department High Plains Mental Health Center, 208 East 7th, Hays, 67601 Website: www.highplainsmentalhealth.com Questions will be formatted and answered in a manner that insures confidentiality.

## Animals need extra care in hot weather

The Humane Society of the United States reminds readers of the serious consequences of leaving animals inside parked cars. Animals, like people, suffer from the heat.

The two most common hot weather hazards for pets are being left outdoors with inadequate protection from the heat, or being left inside a parked car. Pets who are subjected to direct sun without plenty of water even for a short period of time can easily suffer heatstroke. In the few minutes that it might take you to run into the store for a couple of items, the temperature inside your car can reach 120 degrees or

more. A pet can quickly suffer brain damage or die from heatstroke when left in a car or left outdoors unprotected. Leaving windows open a crack, parking in shaded areas, or air-conditioned cars with the motor turned off will not save your pet from the life-threatening effects of hot weather.

The humane society advises that pets be left indoors at home where they are safely confined and protected from the heat during summer months. If you do see an animal in a potentially dangerous situation during hot weather, notify the police, local animal control

authority, or humane society immediately.

Contact a veterinarian immediately if your pet shows any signs of heat stress such as heavy panting, glazed eyes, rapid pulse rate, dizziness, vomiting or a deep red or purple tongue.

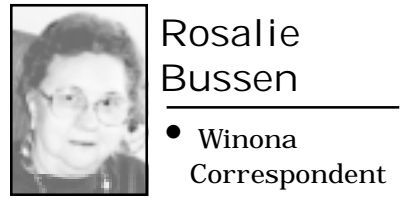
Move your pet into the shade, spray him with cool water, and allow him to drink a small amount of cool water if possible. Transport your pet to a veterinary hospital quickly to determine whether emergency care is needed. Taking these steps could save your pet's life.

## Father's Day celebration includes swimming

Larry and Michele Werth, Wyatt and Layton celebrated Father's Day Sunday by going swimming in the Oakley pool.

Aaron and Nichole Homberg, Kai-Lee, August and Terran celebrated Sunday Father's day with Aaron's family in Salina. They were Grandpa and Grandma Michealis; Arla and Alaire Homberg; Andrew and Tara Homberg; Tye and Lis Michealis, Neely and Charlie. Kai-Lee remained to spend a week with Tye and Lisa.

Roger and Marge Ausmus traveled to Victoria on Sunday, Father's Day. They joined family members for a Denning family reunion. It was hosted by Connie and Larry Yost of Emmeram, and held in the VFW Build-



Rosalie Bussen

Sunday dinner guests of Ed and Florence Horinek in Page City were Robbie and Bob Kraus, Wray, Colo.; Mr. and Mrs. Bob Brock and family, Monument; and Tony Horinek of Brewster.  
Jean Lowe participated in an Elderhostel at the Lindenwood Retreat Center in Indian the second week of June. Cynthia Seideman of Inman accompanied her mother. They also spent

a couple of days touring the area.

Mick Lowe, Lawrence, was an overnight guest of his mother, Jean Lowe, the past weekend. He was enroute to Breckenridge, Colo.

## Club News

**EASTERN STAR**  
Colby Chapter Order of the Eastern Star met Monday night, June 18, at the Masonic Hall in Colby. Worthy Matron Mary Molstad and Worthy Patron Roy Searls presided in the East.

After singing the *Star Spangled Banner*, Roy Searls, W.P. in saying the Pledge of Allegiance. It was voted to give honorary memberships to the Worthy Grand Matron, and the Worthy Grand Patron when they visit Atwood Chapter in September for School of Instruction. A new refrigerator was bought and the old one was donated to the Senior Progress Center. Balloting was held for two candidates to become dual-members in Colby. They are members in McCook, Neb. Initiation was held for one candidate. Sister Marjorie Leh announced Past Matrons would have their last luncheon meeting Thursday noon, June 21, at

Fairview Estates and a tour afterwards. Two members live there.

The meeting closed in form for the summer months. The next meeting will be Sept. 3 at 8 p.m. All members are invited to attend.

Refreshments of tea sandwiches and cookies, ice tea and coffee was served following from a beautiful tea table following the meeting in honor of the new members.

**COLBY COUNTRY CLUB**  
Bridge results June 23 were: 1st, Carol Haselhorst and Jean Snyder; 2nd, Lyle Worthy; 3rd, Joy Davis  
The golf game was Low Net. Winners were: 1st, Charlene Baalman; 2nd, tie - Kathy Arensdorf and Kim Marshall; 3rd, Elaine Ptacek. The game July 3 will be Scramble. Margaret Dennele and Janet Harper will be hostesses.

## Holiday causes postponement

The Thomas County Health Department will be doing blood pressures at Meadowlark Manor at 9:30 to 10:30 a.m. on July 11 instead of July 4 due to the holiday; the Senior Progress Center on the first Wednesday of the month at 10:30 to noon; Rexford at the Red Barn on the second Thursday of the month from 9 to 10 a.m.; Brewster Senior Center on the third Tuesday of the month from 10 to 11:30 p.m. Everyone is welcome.

## Markets

**CITIZENS MEDICAL CENTER**  
Tuesday, June 26, 2001  
No admissions  
Dismissals  
Derek Redmond, Colby  
Robert McCurdy, Gem

## Happenings

**mental Protection Group** offers technical advice on the installation of septic systems, wells, or other environmental concerns. The county offers well evaluations including testing the well water for bacteria and nitrates. To schedule a free well evaluation, please call the Thomas County Health Department or the Environmental Protection Group at 785-462-8636.

## Markets

Quotes as of close of previous business day  
Hi-Plains Co-op

Wheat	\$2.64
Corn	\$1.80
Milo	\$2.84

## Community Calendar

**FRIDAY, JUNE 29**  
Brown bag Al Anon (non-smoking), 775 E. College Drive, noon  
New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

**SATURDAY, JUNE 30**  
Household Hazardous Waste open, 190 W. 4th, 9 a.m.-1 p.m.  
Big Brothers/Big Sisters event, Museum, 3 p.m.  
Sixth Street Alcoholics Anonymous, 1275 West 6th, 8:30 p.m.

**FAMILY CENTER FOR HEALTH CARE**

**SAY GOODBYE TO DR. GRILLOT**

Final clinic day is July 13, 2001

**A COME AND GO FOR ALL PATIENTS AND FRIENDS OF DR. GRILLOT IS SCHEDULED FOR**

**Friday, June 29th - 5:00pm to 6:30pm**  
**COLBY COUNTRY CLUB**

To My Patients:

Thank you so much for allowing me to serve you over the past 5 years. It has truly been a honor and a privilege to be a part of so many wonderful people's lives.

Thank You! Stephen G. Grillot, DO

# The Business Directory

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LAS VEGAS - Air & hotel	From (per adult) \$200	No. of nights	4
DISNEY WORLD - Hotel, air, park passes	\$505		3
MEXICO - Air & hotel	\$450		3
CARIBBEAN CRUISE & AIR	\$1,050		5
ALASKAN CRUISE & AIR	\$1,500		7
HAWAII - Air & hotel	\$740		3
LONDON, ENGLAND - Air & hotel	\$700		3
AMTRAK EXPLORE AMERICA	\$359	Max.	45

WORLDWIDE: Vacation Packages, Cruises, Tours, Groups, Flights, Hotels, Trains, Cars

ALL SPECIALS MAY BE FOR SPECIFIC DATES AND ARE SUBJECT TO AVAILABILITY. CALL IN OR FAX YOUR INTERNET QUOTES AND OTHER ADS! WE CAN BOOK THEM FOR YOU WITH LOCAL, CARING SERVICE!!!

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