Community Calendar

THURSDAY, AUGUST 23

Kiwanis, Student Union, noon

Family History Center, 1145 S. Franklin, 7-9 p.m. Tumbleweed Chorus, United Methodist Church, 8 p.m.

Step-parenting discussion group, 8:30 p.m.; call Deb at 462-3870 or Randy at 462-7168.

Downtown Alcoholics Anonymous, City Hall basement, 8:30 p.m.

Square dance scheduled for Saturday night in Colby

The Golden Buckle Square Dance Club will host a dance Sat. Aug. 25. 8-10:30 p.m. at the Colby Community Building. It will be casual dress night and Ron Snyder will be doing the call-

Melvina Bedore will be celebrating

Effective communication on needed on the job

Dear Plain Sense: I work in an office with a variety of workplace issues. Some staff are trying to improve job relationships through self-improvement programs and a support group We started by posting a "Thought of the Week." We are also looking for resource information and would appreciate any suggestions you could pro-

It looks as if you have made a good start by providing encouragement, support and educational information on the job. Employees usually respond positively when they are aware that supervisors and co-workers care, not only about job performance, but how personal relationships can affect work.

The Self-Help Network of Kansas provides assistance in setting up support groups and can be accessed on the Internet. Other web sites, such as the National Institute of Mental Health, can also provide educational information related to job stress, communication, anger management, as well as many other topics that might be useful

Health Plain Sense

Mental

to your staff. Additional links are listed Center's website (wwwhighplainsmentalhealth.com).

Effective communication is a basis of good working relationships. It is helpful to understand how non-verbal factors such as appearance, facial expression, eye contact, and body language bring certain responses from others. In addition, how we say something (i.e., tone of voice) often effects people as much as what we say. Being a good listener is also important. Paying attention, recognizing the feelings of others, and using caution in making judgments are useful communication

Consider providing a workshop or in-service for staff on effective communication, team building, job stress, dentiality.

or other work related subjects. If your company has an Employee Assistance Program, educational programs might be available as a part of that service. Professional speakers are also available locally and statewide, with a variety of methods in presenting these topics. Your local Chamber of Commerce, school district, or community mental health center might be able to assist in locating these resources.

Contributed by Karen Beery, LCPC, Consultation and Education Department High Plains Mental Health Center, Hays.

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to: Plain Sense, Consultation and Education Department, High Plains Mental Health Center, 208 East 7th, Hays, 67601 Website: wwwhighplainsmentalhealth.com Questions will beformatted and answered in a manner that insures confi-

Happenings

her 96th birthday on Aug. 22. Her family is requesting a card shower for this memorable event. Cards may be sent to Melvina at the following address. Melvina Bedore, Lantern Park Manor, Franklin and College Drive, Colby, Kan. 67701.

Rolling Hills Refuge, 625 N. Hedville Road, Salina, soon will be one of only five zoos in North America to house both aardvarks and an anteater on public display. The joint animal exhibit is scheduled to be open to the public on Sept. 1. The zoo has two aardvarks, a male and a female, and one male giant anteater, all of which have been living in the holding area at the park, awaiting the completion of their new home. Rolling Hills Refuge is located six miles west of Salina. Park hours are 9 a.m.-5 p.m. Daily. For information call 785-827-9488 or see www.Rhrwildlife.Com

The Kansas State Shorthorn tour will begin at 8 a.m. on Saturday at the Broken Wheel Bar and Grill on Main Street in Jenning and rolls and coffee will be provided by BO's Shorthorns of Jennings. The group will depart at 9 a.m. and the tour will include several western Kansas Shorthorn herds. It will end at Shirley's Shorthorns in

Hospital

CITIZENS MEDICAL CENTER Monday, Aug. 20, 2001 Admissions

Connie Menges and infant female, Colby

Andia Young, Colby Bertha Prewo, Grinnell Lucille Olson, Colby

Dismissals Kelly Lewallen, Colby

All 4-H and Future Farmers of America members interested in club calves or building their own Shorthorn herds are encouraged to attend. Information will be available on show incentive and futurity programs, sponsored by the Kansas Junior Shorthorn Association, and also those provided by individual Shorthorn breeders. For details contact Bernie Vacura at (785) 475-3649.

Fort Hays State University Small Business Development Center, Hays, will offer free and confidential threehour sessions describing the process of starting a business and writing a business plan for start-up or expansion. Sessions will be held at the Colby Chamber of Commerce office from 8:30-11:30 a.m. on Friday, Sept. 14, Friday, Oct. 12, and Friday, Nov. 9. There is no fee for this workshop. Call to reserve a place - 785-628-6786, or email sbdc@fhsu.edu

Fort Hays State University Small Business Development Center, Hays, will offer a Small Business Tax Workshop on Friday, Oct. 5, from 8:30-11:30 a.m. at the Colby Chamber of Commerce office. Topics include sales tax, compensating tax, and Kansas

servings.

Goodland with an evening barbecue. withholding tax. Cost is \$25. Register by Sept. 21.

Fort Hays State University Small Business Development Center, Hays, will offer a four-part workshop on Rural Export Opportunities. Sessions will be from 8 a.m.-noon. Sessions are: Sept. 4, Why export; Sept. 22, International marketing; Sept. 18, Methods of payment and export financing; and Sept. 25, shipping and documentation. Cost is \$25 per workshop. To register call 1-800-289-3501, ext 3559.

A new web site link -<www.ncsrp.com/planthealth> - features comprehensive information on where to find, how to identify, and ways to manage a variety of pests and diseases, which afflict millions of acres of soybeans in the North Central soybean producing region. The site is part of the Plant Health Initiative education project – sponsored by the North Central Soybean Research Program - and is available via the program's home page. The organization opened its new Internet-based resource at the recent Midwest Soybean Conference in Des Moines.

We want your local news, 462-3961.

1 large cucumber, peeled,

halved and sliced

tomatoes, cut into wedges

4 ounces Mozzarella cheese,

5 medium vine ripe

3 tablespoons vinegar

Woman stopped by to research her family

Brenda and Gary O'Brien of Oklahoma City were in town last weekend wanting to visit with anyone who might remember her grandfather, Sherman Williams. They stopped at the Barn where the carryin dinner was held. Some remembered the family but couldn't help them much about where they were now. The O'Briens visited the Rexford Cemetery to check head stones of the family.

Pastor Gary and Diana Taylor returned home last Monday after spending their vacation in Washington and Oregon visiting friends and relatives. They had a delightful time and the weather was great.

At the Church service on Sunday morning, Aug. 12, a group of about 20 men presented a program of singing which was great. Don Kready of Colby was the leader and after their program he led the congregation in singing sev-

Death

Firmie "Bud" Taylor

Firmie "Bud" Taylor, 81, died Friday, Aug. 17, 2001, at Logan County Hospital Oakley He was a farmer and stockman and had lived in Oakley since 1990, coming from Page City.

Mr. Taylor was born June 4, 1920, in Beverly to Alonzo Firmie and Dora (Bachman) Taylor. He spent his first 17 years in Beverly and then attended school in Kansas City and worked in San Diego prior to moving to Wichita in 1942 to work at Beech Aircraft.

He married Vida Mae Merica on April 16, 1944, and left the next day to serve in the US Army. After completing his service, he and his wife moved to the farm north of Page City that would be their home for the next 44 years. There they raised three children.

Mr. Taylor was a member of Bethesda Lutheran Church of Page City, Oakley VFW Post, Wallace Masonic Lodge, served for several years on the Winona School Board and School Unification Board, and was the Winona Township trustee for many

In 1999, Mr. and Mrs. Taylor retired from farming and built a new home in Oakley. During his last 14 years, Bud battled Parkinson's disease.

He was preceded in death by his parents and two sisters.

Survivors include his wife of Oakley; sons Melvin and wife Lee of Milligan, Neb., and Wade and wife Sherry of Oakley; daughter Phyllis Pickel and husband Tom of Salina; 5 grandchildren; and sister Viola Rasmussen of Minneapolis.

Funeral services were Monday at Bethesda Lutheran Church, Page City, Pastor Scott Grimshaw officiating. Burial was in Winona Cemetery, Winona with military graveside rites by Oakley VFW and American Legion, and Masonic graveside rites by Wallace Masonic Lodge.

Memorials are suggested to Bethesda Lutheran Church, Page City, or Logan County Hospital, Oakley, and can be sent in care of Kennedy-Koster Funeral Home, PO Box 221, Oakley.

Markets

Quotes as of close of previous business day **Hi-Plains Co-op**

Wheat \$1.99 Corn Milo \$3.10 Lula Thieler

Correspondent eral songs. Many thanks to all of them. Grace Cheney hosted the Social

Rexford

Hour Club at the Red Barn Wednesday afternoon. Deb Stepper received a birthday present from her mystery pal and Ileene MacPhail received the hostess gift. The hostess served a fruit salad and zucchini bread for refreshments. The Royal Neighbors met at the

Community Hall Thursday afternoon for a short business meeting and then adjourned to the Cafe for refreshments with Lula Thieler as hostess. The next meeting will be Sept. 13 with Deb Stepper as hostess.

Zula Horinek is home and recovering slowly from her recent operation. Cleda Moeder and Carrol Gould each spent time in the hospital in Colby in the past week. Hopefully those who

NOTICE:

We will be CLOSED on Saturday, August 25th to attend Christmas Market. We are sorry for any inconvenience

⁷ómeplace Floral & Gifts

185 W. 4th 462-7136

this may cause.

Please place orders

haven't been feeling up to par will be better soon.

Correction

GREAT BEND - Kara Criswell and Katie Rupp, Colby High School graduates, have been chosen as recipients of dance line scholarships for the 2001-2002 academic year at Barton County Community College. Earlier this year, Barton's dance line captured ninth place among 24 teams in the National Cheerleading Association's Collegiate Cheerleading and Pom Dance Competition in Daytona Beach, Fla.

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.



Love Your Family

Annual Gem Lions Club Hog Roast & **Blue Grass**

Folk and Country Music Festival

August 22 5:00 - 8:00 p.m.

Cost for you: is only a happy face and a free will donation.

Thanks-

A big thank you is in order to Ziegelmeier Farms, BoJac Seeds, Hi Plains Coop, and 1st National Bank for their generous donation of all the hogs.

Sydney Weirich

2 tablespoons olive oil

1/2 teaspoon parsley flakes

Salt and pepper to taste. Toss ingredients in salad bowl. Makes 4

Kountry Kitchen

Tomato-Cheese-Cucumber Salad

cut into bite size pieces

Here's an end-of-summer salad that's fast and easy.

Lois Myers

Correspondent



Sydney is granddaughter of Ron and Gloria Ribordy of Brewster, John and Dawna Weirich of Eads, CO. She is the great-granddaughter of Marvin and Mary Ruth Garrett of Brewster, Wayne and Barbara Weirich, Jack Gardner, all of Eads, CO and Linda Gardner of Denver, C0, a great-greatgranddaughter of George Crow, also of Eads.

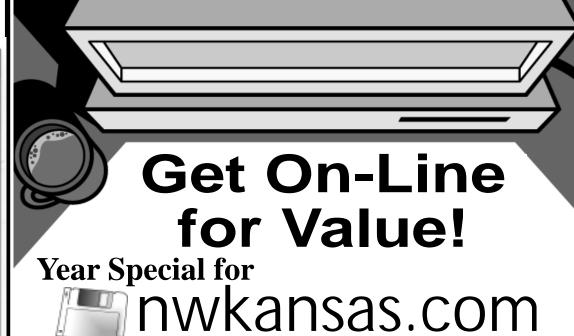
Sydney and her family would like to thank everyone who sponsored her this year. We really appreciate all of your help and support.

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