Family

Community Calendar

SUNDAY, FEBRUARY 3

Sunday Morning Alcoholics Anonymous, Ramada Inn, 9 a.m. Wings Upon the Prairie drop-in center, 1980 W. 4th, 2-8 p.m. WPAA, Lazer Vaudeville, Oakley High School, 3 p.m. Higher Ground, High School Youth Group, Berean Church, 6 p.m. New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

MONDAY, FEBRUARY 4

Tornado sirens test, 10 a.m. AARP tax help, Senior Progress Center, 1-3 p.m. Duplicate Bridge, airport, 1 p.m. Quit smoking support group, 775 E. College Drive, 1 p.m. Monday Afternoon Bridge, Meadowlark Manor, 1 p.m. Take Off Pounds Sensibly, United Methodist Church, 7 p.m.; weighin, 6-6:30 p.m.

Eastern Star, 7:30 p.m.

Lutheran Women's Missionary League, Trinity Lutheran Church, 7:30 p.m.

VFW, 8 p.m.

VFW Auxiliary, 8 p.m.

Sons of American Legion, 8 p.m.

Pride of the Prairie Orchestra practice, Colby Community College Band Room, Cultural Arts Center, 7:30-9 p.m.

Downtown Alcoholics Anonymous, (smoking), City Hall Basement, 8:30 p.m.

Al Anon, (nonsmoking), 1275 W. 6th, 8:30 p.m.

Three new board members elected at Center

Kerry Terhune, from Kansas Legal Service of Hays, presided at the annual membership meeting and election, held at 1 p.m., at the Senior Progress Center. The three new board members elected are Maurice Phelps, Ed Dean and Dorothy Bourquin. Term of office is for three years. There are 11 elected members of the board, the other eight members are as follows: Merle Wolf, Glenn Hamme, Bonnie Fleckenstein, Ralph Jones, Lenora Haney, Glenn Weber, Mary Sonnenfield and Maxine Jones. These 11 members plus Deb Koon, director of the center, make up the board of directors for the Senior Progress Center.

At a special board meeting following the membership meeting, the following officers were elected by the board: president, Maurice Phelps; vice-president, Merle Wolf; secretary, Deb Koon; and treasurer, Glenn Hamme. These board members are dedicated to serving you and the senior center. The board is open to new ideas... make a point to introduce yourself to them and let them know what

Lois Myers • Senior Savvy

you'd like to see happen at your senior center.

The following activities have been scheduled at the Senior Progress Center for the week of Feb. 4-8. Any senior 60 or older may participate.

Monday - Paint Class at 9 a.m. Shuffleboard at 10 a.m. Cards at 1 p.m.

Tuesday - Low impact exercise class at 9:30 a.m. Shuffleboard at 10 a.m. Cards at 1 p.m.

Wednesday - Line dance class at 10 a.m. Monthly blood-pressure clinic at 10:30 a.m. Cards at 1 p.m.

Thursday - Low impact exercise class at 9:30 a.m. Shuffleboard at 10

> We welcome your news mnelson@nwkansas.com

a.m. Senior Bridge at 1 p.m.

a.m. Indoor walking, snooker, pool, puzzles and cards are available whenever the center is open...and the coffee

pot is always on! Planning a meeting? Reception? You do not need to be a senior to rent sia fruit salad, cookies. the center. Call Deb at 462-2901 for

more information. **Homestead Nutrition Feb. 4-8** herbed tomato bake, bread, cinnamon subject to change.

apples. Tuesday - Sloppy Joes, bun, Friday - Share-a-Memory/Coffee California blend vegetables, beets, Time at 9:30 a.m. Shuffleboard at 10 fruit cocktail. Wednesday - Baked chicken, mashed potatoes w/gravy, bread, corn, peach upside-down-cake. Thursday – Salisbury steak, baked potato, peaches, bread, ice cream. Friday-Pasta-beef and tomato casserole. peas and carrots, tossed salad, ambro-

Meal reservations need to be made before noon, 24 hours in advance at 462-2901. Cancellations should be Monday - Tater-tot-casserole, called in as soon as possible. Menus are



Book review set at Pioneer Library

Carol Jo Sweat will review When Character was King, by Peggy Noonan, at noon, Wednesday, Feb. 6, at Pioneer Memorial Library. Everyone is invited. A light lunch will be provided by the Friends of the Library. Free will donations will be accepted. This is part of the "Booked for Lunch" program.

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Heartland Christian School's annual Partners for the Future Banquet will be Saturday, March 2, at 6:30 p.m. at the Colby Community College Student Union. For information call Tami Goossen, 462-6419.

Share Sign-up will be Feb. 4-8 at

State Farm Insurance, with delivery Saturday, Feb. 23, at 9 a.m. at Sacred Heart School gym. This is a program of exchanging volunteer service hours and money for food. For information call Gene Griffin, 462-3579.

The Shooting Stars Singles Square Dance Club in Hays will have a square dance from 8-10:30 p.m. Wednesday, Feb. 6, at the Roosevelt Elementary School, 2000 MacArthur, Hays. Mike Turner will call the squares and que the rounds. Everyone is welcome. For information call Opal Flinn, publicity chair, (785) 726-4432.

Friends of the Library Arts and Crafts Auction will be Saturday, March 2, at 9 a.m. at Pioneer Memorial Library. There will be a silent auction from Feb. 28 to March 2. "Come to the library all week to place your bid on

About Town

selected items," said JoAnne Sunderman, director. "Donations for the auction are appreciated. Please bring them to the library by Feb. 11."

Clifford and Paula Fox are newcomers to Levant. They moved from Loveland, Colo. They are the owners and proprietors of Fox Trading Post, and members of the Lutheran Church. Family interests include camping, fishing, gardening, autoracing, hiking and crafts.

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The Internal Revenue Service in cooperation with AARP will provide free income tax assistance for area residents from Feb. 4 through April 15. The volunteers, Alvin Volk, Alice and Victor Oelke, have completed a four-day refresher tax course, and will available each Monday from 1-3 p.m. in the Senior Progress Center in Colby, and from 1-3 p.m. each Thursday at Pioneer Memory Library. Each taxpayer wanting the free service is to bring last year's return and W-2, 1099 and forms

Military

Douglas J. Fisher Air Force Airman Douglas J. Fisher has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, ganization, and customs; performed

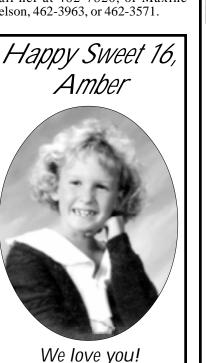
that indicate the gross income and expenses.

"The service is not just for the elderly, as the AARP association might imply, but for all families or individuals of any age who are in the low or moderate-income level brackets," said Eli Boucher, Hays coordinator of the program.

"Anyone who cannot make the assigned meeting times may phone 462-2830 to set up another date and time," said Alice Oelke, area coordinator.

RSVP volunteers need donations of baby yarn to make baby booties for new babies at the hospital. It can be left over or partial pieces of yarn. Leave it at the Senior Progress Center. This is an ongoing project. RSVP will be making booties as well as caps, which they have donated to new babies for many years.

Lois Myers is assisting with news for About Town and Colby Happenings. Call her at 462-7820, or Maxine Nelson, 462-3963, or 462-3571.





During this celebration of love called Valentine's Day on February 14th - let your special someone (or someones) know just how much they mean to you with an....

"EXPRESS DELIVERY GREETING"

We offer you these choices:



Honey Bear, You're my special honey pot. I love you today, tomorrow.... and always. Drew



(Example shown actual size)



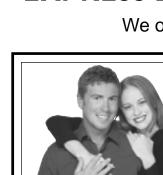
stars and my life! You and the girls rock my world.. Loving you forever... Faith

\$14

(Example shown actual size)

Price of \$14 includes box with up to 20 words + artwork

A **2x2** ad (example not shown) is also available for \$30. (Includes a picture plus choice of artwork: Cupid, Lips or Heart)



Hospital

Citizens Medical Center

Wednesday, Jan. 30, 2002 Admissions Robert Geist, Colby Betty Groblebe, Colby Infant male Ochoa, Colby Dismissals Shavaun Barnes, Goodland Christina Fink, Bird City Irma Hibbs, Rexford

Johanna Mason and infant female, Bird City

Markets

Quotes as of close of previous business day **Hi-Plains Co-op** Wheat \$2.65

Corn Milo Soybeans

tered nurse. The Colby Free Press wants to main-\$1.93 tain an accurate record of our town. \$3.01 Please report any error or lack of clar-\$3.73

Come out and enjoy the BIG game on BIG SCREEN TV!!!

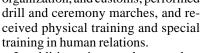
Enjoy the game with your friends in a laid-back atmosphere with drink and food specials.

SUPER BOWL XXXVI

Patriots vs Rams

STOP IN AND LOOK OVER THE IMPROVEMENTS WE'LL BE MAKING IN THE FUTURE!!

NISTER (formerly Victory Lane 735 E. College Drive • Colby, Kansas



In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

He is the son of Joy Haverfield and stepson of Jay Haverfield of Winona, Kan.

He is a 2001 graduate of Triplains High School, Winona.

Correction

Tricia Carney was incorrectly identified as a nursing student in a story about the Wellness Fair in Tuesday's Colby Free Press. Carney is a regis-

ity in a news story to us at 462-3963.

Dad, Chris, Josh, Chase, G.S. and G.E.



Price of \$20 includes a small picture with up to 15 words.

DEADLINE FOR THIS SPECIAL FEATURE IS TUESDAY, FEB-RUARY 12 AT 12:00 NOON - SO GET YOURS IN - TODAY!!



Professionals You Can Have Confidence In....

Our Consultant Staff is available for your specialized healthcare needs. You may wish to consult with your family physician before seeking an appointment with one of our consultants. For an appointment, please call Scheduling, Monday through Friday: 8:00 a.m.-5:00 p.m., 462-1223.

ALLERGY Kathryn Black, D.O. (February 12 & 22)

ALLERGY/IMMUNOLOGY **BOARD CERTIFIED** Michael Volz, M.D. (February 6)

CARDIOLOGY Christina Fisher, M.D. (February 5) John Prevedel, M.D. (February 27) Joseph O. Rainwater, M.D. (February 13)

CARDIOLOGY - Pediatric Warren Toews, M.D. (February 6)

COUNSELING SERVICES NewLife Clinic - Angie Witman-Robert Jones (Every Tuesday - February 5, 12, 19 & 26)

DERMATOLOGY Wallace Weber, M.D. (February 7)

DIABETES Richard Guthrie, M.D. (February 8)

FAMILY PRACTICE Victor Hildyard, M.D. Eric Jacobsen, M.D. Jeff Kasselman, M.D. LaDonna Regier, M.D.

A healthcare organization of ふ VHA FOOT CLINIC (February 18)

GASTROENTEROLOGY Jeffrey D. Huston, M.D. (February 4 & 25)

GYNECOLOGY David Forschner, M.D. (February 20)

HEMATOLOLOGY/ONOCOLOGY Martin Rubinowitz, M.D. (February 4 & 5)

NEUROLOGY Brad Miller, M.D. (February 13) Khoi D. Pham, M.D. (February 13 & 27)

OPHTHALMOLOGY-ADULT William K. Keats, M.D. (February 7 & 8)

ORTHOPAEDICS Timothy J. Birney, M.D. (February 12) Theodore Clarke, M.D. (February 5) James Holmes, M.D. (February 19) Vello Kass, M.D. (February 6 & 20) Stuart Kennedy, M.D. (February 12) Ted Parks, M.D. (February 26)

OTOLARYNGOLOGY (Ear, Nose, Throat) Jerrold Cossette, M.D. (February 6) Gary Whitesell, M.D. (February 5)

CITIZENS MEDICAL CENTER

100 E. College Drive • Colby, Kansas

<u>PEDIATRICS</u> Raymond B. Ketting, M.D.

PLASTIC SURGERY Conrad Tirre, M.D. (February 27)

PODIATRY Steven B. Larsen, D.P.M. (February 1 & 15) James Reeves, D.P.M. (February 21) Donald Yoder, D.P.M. (February 8)

PULMONARY (Chest) Timothy Kennedy, M.D. (February 13)

RHEUMATOLOGY David Korman, M.D. (February 27)

SURGERY W. Duncan Davis, M.D. M.E. Fercha, M.D.

UROLOGY Kevin McDonald, M.D. (February 7) Darrell Werth, M.D. (February 21)

VASCULAR STUDIES Stephen Annest, M.D. (February 13)