

Brewster United Methodist Women

The Brewster United Methodist Women met for their monthly meeting at the home of Nadine Kammer on Jan. 29 with seven members. President Eva Lou Selby conducted the business meeting. Nadine Kammer presented the Prayer and Self-denial program on the theme of "A Gift of a Lifetime." Each one shared with the group of what they thought was their gift of a lifetime. It was very interesting and meaningful to see the gifts that were brought. Nadine was assisted by all seven as readers for the program. Those taking part were: Joyce Crabtree, Wanda Fulwider, Roberta Luckert, Sue Randolph, Bonnie Reid and Eva Lou Selby. The prayer and self-denial offering was taken. Anyone that was not at the meeting can still give their special offering to Roberta Luckert. Everyone enjoyed the fellowship time and refreshment.

The next meeting will be held on Feb. 26 at 2:00 in the Fellowship Hall at the church.

Shakespeare Club

Prior to the Feb. 7 meeting of GFWC Shakespeare Club, Junelle Hills gave a program on "What's New at the Quilt Cabin". She took club members on a tour of the new store describing the offerings of the store ranging from unique quilting fabrics and accessories to home decor.

Ronda Mudloff, a seamstress at the store demonstrated the new Janome sewing machine, Digitizer 10000, which is a computerized method of sewing, embroidery, quilting.

To finish the program, Junelle held a drawing for a pair of quilting slippers, Kathy Calliham won. The meeting was called to order by the President, Kathy Calliham.

Members answered roll call by showing or talking about quilts. Many unique quilts were shared. The minutes of the previous meeting were read and approved.

In old business, Amie Kendrick finished presenting the slate of officers.

For vice-president the name of Joyce Hansen was presented. Verna Wiens made a motion to accept the slate of officers. The officers for 2003-2004 will be President, Kathy Calliham; Vice-president, Joyce Hansen; Secretary, Amie Kendrick and Treasurer, Jane Johnson.

The following changes from the program book were made. The next meeting will be at the home of Amie Kendrick on Feb. 21. The March 14 meeting will be at the home of Kathy Calliham. The March 28 meeting will be at the home of Phyllis Elliott. The April 25 meeting will be at the home of Verna Wiens.

Refreshments were served by the hostess, Kathy Calliham with the help of Deanna Carmen.

RSVP gets info ready for parents

By PATTY DECKER  
Free Press Editor

Colby High School parents should be watching their mailboxes toward the end of this week for a brochure and other information on the 2002 Kansas Children's Report Card for Thomas County, said Janet Worthy, with the Community Awareness Team and Regional Prevention Center.

After reviewing the report card, parents will see that for the year Thomas County had a "B," which is down from out grade of "A-" in 2001, she said.

"We hope parents will look over the materials and get involved in taking positive action on behalf of our children," she said.

When the state grade cards are received, one area that is needing some improvement is underage drinking. A Care Student Survey done recently revealed that 23 percent of students in grades



PATTY DECKER/Colby Free Press

Elva Livingston (left) and Carol Lovenstein were two of the seven Retired Senior Volunteer Program helpers to prepare information that will go out to all parents of Colby High School students

sixth, eighth, tenth and twelfth reported having binged in the previous two weeks, compared to 18 percent for the state average. In addition, Thomas County's 30-day alcohol use level stands at 39 percent compared to 33 percent for the state.

Along with the more than 750 report cards mailed, Worthy said the awareness team is also planning discussion groups for both children and parents featuring two videotapes that are "fast-paced and insightful."

The first video for mothers and daughters will be shown this Satur-

day from 10 a.m. to 11:30 a.m. The second showing is planned for Saturday, March 8, also from 10 to 11:30, targeted for fathers and sons. Both meetings will be held at the Colby Community. Refreshments will be served. For questions or to RSVP, call Worthy at 462-8152.

Assisting Worthy in getting the mailing out this week were members of RSVP. They included Lily Plummer, Carol Lovenstein, Elva Livingston, Dora Hopson, Gene Cooper, Georgine Leiker and Myrtle Kropp.

Methodist women meet in Winona

United Methodist Women met in Dunlop Hall on Wednesday evening, Feb. 5.

Eight members were present. Norma Washburn, Oakley, had the lesson and was hostess. The roll call was of Valentine remembrances past.

Circle Mary Ruth of the Methodist church met on Wednesday, Feb. 12 in Dunlop Hall. Pastor Barbara Patterson had the lesson. Wanda Summers, Oakley, served refreshments. There were nine present.



Rosalie Bussen

Winona Correspondent

Doneta Gates, Erma Latham, and Pauline Smith accompanied Jean Lowe to Atwood on Sunday, Feb. 9. They attended a W.P.A.A. presen-

tation of "Language of Love" by "The Lyric Arts Trio".

Bob and Virginia Arnberger enjoyed a Valentine supper Saturday in the Tri-Plains school. Many others were there also.

Rosalie Bussen motored to Wallace Sunday evening, Feb. 2 and attended the retirement reception for her sister-in-law, Delores Bussen. She was city clerk for 45 years.

Babies

Xena Mae York

Paul York and Jessica Heinrich of Monument announce the birth of their daughter, Xena Mae York on Friday, Feb. 7.

Xena Mae weighed 7 lbs. and was born at Citizens Medical Center in Colby. Grandparents are Don and Linda Heinrich of Oakley.

She is welcomed home by brothers Dean and Jordan and sister Whitney.

Markets

Quotes as of close of previous business day Hi-Plains Co-op	
Wheat	\$3.47
Corn	\$2.47
Milo	\$4.07
Soybeans	\$5.31

Community Calendar

FRIDAY, Feb. 21

Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.  
New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

SATURDAY, Feb. 22

Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.  
Bingo, Jaycees Center, 7 p.m.  
Sixth Street Alcoholics Anonymous, 1275 West 6th, 8:30 p.m.

SUNDAY, Feb. 23

Sunday Morning Sixth Street Alcoholics Anonymous, 9:30 a.m.  
Higher Ground, High School Youth Group, Berean Church, 6 p.m.  
New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

Alateen group starts in Colby

There's a new Alateen Group starting up in Colby on Mondays from 6 to 7 p.m., said Janet Worthy, coordinating the weekly meeting.

The group will meet at 1275 W. 6th St. and a former Alateen member will serve as the facilitator, she said.

"The group was formed after parents from Colby, Atwood, Oakley and Goodland expressed an interest in Alateen," she said.

For those unfamiliar with what Alateen is, Worthy said it is for relatives and friends of alcoholics through age 19.

The group is open to anyone interested in learning about alcoholism as an illness and how it impacts their lives, both physically and emotionally.

"Alateen is an anonymous program and there are no dues or fees for membership," she said.

For questions or other details about what Alateen is or can provide, call Worthy at 462-8152 or 462-6101.

Walk Kansas program seeking participants

For those wanting a challenge, D'Ette Scholtz, Thomas County Extension agent, *Walk Kansas* might just be the answer.

"Can you meet the challenge of walking 423 miles?," she queried. "For most Kansans, walking across the state might seem impossible, but it's not."

For those of who haven't heard of *Walk Kansas*, it's an eight week health and fitness program. *Walk Kansas* encourages teams of up to six people to log miles (or minutes of activity that equal miles) that can make covering the distance easy, she said.

Team members can walk together or individually, inside or outside, anytime or anyway that fits their schedule and lifestyle. It is approximately 30 minutes a day or 1.75 miles for 5 days a week.

"Close to 200 Thomas County residents took on the challenge last year and succeeded," she said, "and now the Thomas County Extension Office is gearing up for its second year of sponsoring the *Walk Kansas* program.

The fitness program targets Kansans of all ages, and includes opportunities for people who may not consider themselves "athletes." The goal is to help people learn to make physical activity a habit and improve their health in the process, Scholtz said.

Participating in *Walk Kansas* is easy and inexpensive. Enrollment of \$5 includes health tips, a newsletter, awards and prizes, and of course, an opportunity to have fun while improving health and fitness. *Walk Kansas* t-shirts are available for an additional \$5.

There is also a cap of \$10 on fam-

ily enrollment costs, D'Ette said.

Family and friends can participate as teams; so can classmates and co-workers.

The Walk Kansas program will run from Saturday, March 15 through May 9. For information or to enroll, call the office at 462-4582 by Friday, March 7.

Card Shower

The family of Herbert A. Queen is requesting a card shower for him. Queen is now residing in Andale and family members said it would be an even more special 90th birthday if people were to send greetings. Queen will turn 90 on Friday, Feb. 28. His family said he was born in Colby and lived for many years here and in Gem. His address is: P.O. Box 57, Andale, Kan., 67001.

Bridge

Contract bridge winners at the Tuesday, Feb. 18, Colby Country Club event were: Jean Snyder, Thelma Shalz and Mary Molstad. For those interested in playing contract bridge on Tuesday nights, call 462-2115 for information.

NOTICE:

We will be CLOSED this Saturday, February 22nd to attend market.

We are sorry for any inconvenience this may cause.

Please place orders early.

185 W. 4th  
462-7136



Children's Dental Health Month



Dr. Thummel and her staff want to stress the importance of catching tooth decay at an early stage and to promote healthy habits to last a lifetime. To celebrate February as Children's Dental Health Month, we have set aside special time to perform free dental screenings for all children under age 5.

To schedule your child's free dental screening, please call: 785-462-6800

(We are currently accepting new patients)

I found a quick and painless cure.

When I developed hemorrhoids, my doctor recommended Hemcure...the painless, non-surgical treatment method performed by M.D.s. It took only a few short visits to the doctor's office. And since no recuperation was needed, I could resume my normal activities right away. With Hemcure, curing my hemorrhoid problem was simple. Any cost, my insurance covered it. Hemorrhoids aren't the easiest thing to talk about. But listen, if you've got hemorrhoids, why suffer? Do as I did and call to find out more.



NEXT VISIT  
Saturday, March 1  
&  
Tuesday, March 4

Dr. John D. Ferris, M.D.  
Burlington, Colorado  
1-800-593-0009



Dan Stevens  
Board Certified Hearing  
Instrument Specialist

AUDIBEL  
America's Best-Kept  
Hearing Secret:

You may not have heard of us, but millions of Americans hear better *because* of us.

CALL TODAY FOR YOUR FREE  
NO-OBLIGATION CONSULTATION  
IN YOUR HOME OR IN OUR OFFICE.

STEVENS HEARING CENTER

1218 East B Street • P.O. Box 806  
McCook, NE 69001

Tel: (308)345-4836 • Toll free: (800) 371-4836

WE WILL SERVICE ALL MAKES AND MODELS OF HEARING INSTRUMENTS



HIS SHOP

475 N. FRANKLIN • 462-6361 • COLBY

Winter Clearance Drastic Reductions!

Suits (Entire stock) .....	Reduced 25%
Sportcoats (Select Group) .....	Reduced 50%
Long Sleeve Sportshirts (values to \$55- one group) ...	Now ea. \$18.99
Long Sleeve Sportshirts (One Group) .....	Reduced 40%
Winter Coats (Entire Stock) .....	Reduced 60%
Sweaters/Sweater Vests .....	Now 1/2 price
Young Men's T-Shirts (Long sleeve, values to \$33) .....	Now ea. \$9.99
Banded Bottom Shirts (Long sleeve, Values to \$39.99) ...	Now ea. \$15.99
Tall Men's Sport Shirts .....	Now 1/2 price (Manly Large and X-Large Tall)

• ALL SALES FINAL ON SALE MERCHANDISE •

STORE HOURS:

9:00-7:00 Monday,  
Tues., Wed. Thurs.  
9:00-5:30, Fri. & Sat.

Priceless Portraits  
at  
Unbeatable Prices!



WAL-MART  
Portrait Studio

One Week Only!

Photographer Hours: 10am - 7pm.  
Photographer will be available these 5 days only:  
Thursday, February 20 through Monday, February 24

COLBY - S. RANGE

NO SUBJECT FEES OR ADDITIONAL CHARGES. \$3.88 package price paid at photography. Pose for advertised package our selection. Limit one advertised package per family, please. Up to five additional poses taken for custom collection with no obligation to purchase. All ages welcome (minors under 18 must be accompanied by a parent.) Sizes approximate. Backgrounds and props may vary by location. Your choice of available backgrounds; some group limitations apply.

