Tedford's turnaround has Bears in first bowl since 1996

AP Sports Writer PHOENIX (AP) — Virginia Tech seems a bit disappointed to be in the Insight Bowl. The California Bears hardly could be more thrilled.

The Hokies have grown to expect better than this mid-level bowl played Friday night in a baseball

"We may be disappointed not playing in a BCS bowl game, but we are playing in a great bowl game," said Hokies' coach Frank Beamer, who added that he won't know until the game begins whether his

with the intensity they might bring to a bigger bowl. Six games into the season, Vir-

ginia Tech was unbeaten and No. 3 in the country. Even after a loss at West Virginia, the Hokies' beat Miami to climb to No. 5.

Then things fell apart with losses to Pittsburgh, Boston College and since 1996. Virginia. The lone win down the stretch came in overtime against lowly Temple.

"The reason we lost four out of the last six is because we weren't playing together," Hokies line-

erybody was out there doing more third in the Pac-10, and was the only than they were supposed to do. Guys were out of position. I feel like and No. 1-ranked USC — 34-31 in we're calmed down now. We're level headed. We're ready to get back at this thing."

Cal won four of its last five to finish 7-6 and earn its first bowl bid

Tedford inherited a 1-10 team a year ago and led the Bears to a 7-5 season. The last year of probation for long-ago NCAA infractions kept the team out of a bowl game.

Despite having just nine return-

players will approach the contest backer Vegas Robinson said. "Ev- ing starters, Cal finished tied for team to beat conference champion triple-overtime on Sept. 27.

"Last year we had the best turnaround in college football, and this year the key fact is that we're in a bowl game," Tedford said.

The game could be a shootout, with Cal's high-powered offense going against an offense on Virginia Tech (8-4) that features running back Kevin Jones. He will forgo his senior year of eligibility in favor of

"I did what I felt was best forme," Jones said. "I hate to leave my teammates and my coaches. That's the only thing that made it a tough de-

Jones set school season records for yards rushing (1,495) and 100yard games (eight). The Bears say they're prepared.

"He's a great back, but it's nothing we haven't seen before in Stephen Jackson and Darren Sproles," Cal linebacker Joe Maningo said. "He has Stephen Jackson's strength and Darren Sproles' speed. It makes it kind of difficult for us to focus on one characteris-

California almost certainly will be without its biggest offensive threat, wide receiver Geoff Mc-Arthur, who broke his forearm in practice on Sunday.

McArthur was second to Pittsburgh's Larry Fitzgerald this season in receiving yards at 115.7 per game. He had 85 catches for a school record 1,504 yards and 10 touchdowns. Tedford must count on his other receivers in an offensive system that produced a mind-boggling 729 yards in a 54-7 victory over Washington on Nov. 15.

"Someone will step up in that spot and will have a great opportunity,"'Tedford said. "We have split the reps evenly so everybody is ready to go."

Cal is as balanced as any team could be, producing 254.7 yards per game through the air and a Pac-10 leading 170.8 on the ground, behind running back Adimchinobe Echemandu.

Echemandu, who did not play football the previous two seasons due to academic problems, earned all-conference honors with 1,161 yards rushing this season.

"Stopping the run and the pass they have them both," Robinson

Kennedy will appeal \$30,000 fine for hit on Colts receiver

DENVER (AP) — Kenoy Ken- it and go about my business," nedy, the Denver Broncos' hardhitting strong safety, will appeal a \$30,000 fine, the latest in a series of escalating NFL punishments.

Kennedy was fined for a helmetleading tackle last weekend against Indianapolis.

Kennedy said.

Kennedy was called for a personal foul when he lowered his helmet and hit Colts receiver Reggie Wayne on an overthrown ball in the Broncos' 31-17 victory Sunday.

"They said I led with my head. "I didn't expect it, but there is But how do you tackle? I've never nothing I can do about it. Just appeal seen a guy go up and butt a guy with nedy a total of \$17,500 for two tack-

his chest. I don't know what to do," Kennedy said. "Maybe I should drop-kick them, or do something like that. I don't know.'

NFL spokesman Greg Aiello told The Associated Press on Thursday he could not comment on the mat-

Last season, the NFL fined Ken-

les and suspended him for one game concussion. for a third. The suspension cost him \$25,294 in lost pay.

He was fined \$7,500 for a Sept. 8, 2002, hit on St. Louis receiver Isaac Bruce, and \$10,000 for an Oct. 6, 2002, hit on San Diego's Fred McCrary.

Both receivers were deemed to be in a defenseless position when Kennedy hit them.

Kennedy was suspended after a helmet-to-helmet hit on Miami wide receiver Chris Chambers a week later. Chambers suffered a going to play."

Broncos coach Mike Shanahan publicly defended Kennedy after those hits. He said videotape showed McCrary wasn't in a defenseless position and that another player pushed Chambers' head down and into the path of Kennedy's helmet.

Shanahan said Kennedy's hit on Bruce wasn't intentional, but called the fine legitimate.

"I'm still flying around out there," Kennedy vowed. "I'm still

AP Sports Writer KANSAS CITY, Mo. (AP) — This was a year like no other for followers of the Kansas Jayhawks.

At various times throughout 2003, they experienced euphoria and despair, anger and pride. They were made to feel shocked, embarrassed and reassured.

That Mark Mangino got the football team to its first bowl game in seven years seemed to many like a mere footnote to a rollercoaster

But one thing during this unpredictable year was entirely predictable — Roy Williams' deciding to leave after 15 years to become head coach at his alma mater in North Carolina was voted sports story No.

Just three years after turning down the Tar Heels and promising

lar man in the state instantly became their first invitation to a BCS bowl. one of the most resented. Printing shops worked around-the-clock churning out T-shirts such as the one

that Roy particularly disliked. "Benedict Williams," it said.

In voting by AP member newspaper and broadcast stations, Jayhawk events were chosen as five of the top six stories altogether. Shouldering its way into the pack at No. 2 was the remarkable season Bill Snyder's Kansas State football team is having.

After a three-game losing streak at midseason ended their dreams of a national championship, the Wildcats wound up winning the North Division title and then shocked unbeaten and No. 1 Oklahoma in the Big 12 championship game.

It was Kansas State's first conference football championship since to be a Jayhawk forever, Williams they played in the Big Six in 1934.

Roy's leaving tops sport stories changed his mind. The most popu- Their bid to the Fiesta Bowl was

> No. 3 in the voting was Kansas' charge to the NCAA championship game against Syracuse.

> It was the second straight Final Four appearance by Williams' team and made Williams' departure a few days later even harder for fans to swallow.

> But Chancellor Robert Hemenway did not have to look long and hard for his replacement. The hiring of 40-year-old Bill Self on Easter Sunday was voted story No. 4. No. 5 was perhaps the most em-

barrassing episode for Kansas fans. Al Bohl, who had incurred the wrath of Williams and Mangino both, was fired as athletic director the day after the Jayhawks got home from the Final Four.

Making the day even more memorable was an astonishing news conference Bohl held in his driveway when he blamed his firing on Williams and said the coach had "crushed me in his hand like a The increasing success of the

football team was No. 6. In just his second year, Mangino guided the Jayhawks to a 6-6 record, making them eligible for their first bowl

They were subsequently invited to the Tangerine Bowl to play North Carolina State.

At No. 7 was the Kansas State women's basketball team, headed by all-star center Nicole Ohlde. Ranked among the nation's elite all year, they made an unexpected early exit from the NCAA tournament but began 2003-04 again ranked in the top 10 and drawing big crowds to Bramlage Coliseum.

Lew Perkins' being lured from Connecticut to replace Bohl as Kansas athletic director, and subsequently making sweeping changes in the front office was voted No. 8.

Kansas State's beating Nebraska at Lincoln for the first time since 1968 was voted No. 9, followed by a pair of powerhouses continuing their winning ways in the state's prep football championships, Olathe North and Pittsburg St. Mary's-Colgan.

Lofton completes his contract; Sox sign Reese

NEW YORK (AP) — Kenny Reese, who spent the last two seatwo-year contract with the New York Yankees. Lofton hit .296 last season for

Pittsburgh and the Chicago Cubs CHICAGO (AP)—The Chicago

Cubs got another left-handed hitter, agreeing to a \$1.75 million, oneyear contract with free-agent infielder Todd Walker. Walker, 30, played second base

for the Boston Red Sox this year, hitting .283 in 144 games. He said he is not going to try to replace Cubs second baseman Mark Grudzielanek, who agreed to a one-year deal Dec. 7 that guarantees him \$2.75 million.

BOSTON (AP) —The Boston Red Sox agreed to a \$1 million, oneyear contract with free agent second baseman Pokey Reese.

Lofton completed his \$6.2 million, sons with Pittsburgh, got a \$200,000 signing bonus and an \$800,000 salary for 2004.

PHOENIX (AP) — The Arizona with 12 homers, 46 RBIs and 30 Diamondbacks agreed to one-year contracts with a pair of free-agent pitchers, giving Shane Reynolds a \$1 million deal and Steve Sparks a \$500,000 agreement.

> Reynolds, 36, was an NLAll-Star in 2000 and went 11-9 with a 5.43 ERA for Atlanta last season.

NEW YORK (AP) — Former NBA All-Star center Alonzo Mourning was released from the hospital where he received a kidney donated by his cousin.

Mourning said he was in "a lot of pain" as he left New York-Presbyterian Hospital/Columbia University Medical Center. He was joined by the cousin, Jason Cooper, who volunteered to give Mourning one of his kidneys.

Colby's Best Kept Secret

Sooner or later all of us must chal- you. At Redeeming Love Church to remain in service the last Sunwhen we were not spoken to, or of us and of others at the same is stretched and challenged. When nected to our situation must re- life. spond accordingly. God will al-

People are the subject of God's existence. Humanity was created to fulfill an eternal destiny and few verse and not watch over it? Believe it or not, God is in your busitil we all figure this out.

God and embrace His destiny for day except the last. We want them what God is doing in Colby.

lenge our circumstances. If we are in downtown Colby, you will find day of the month to partake in too afraid to step out of line, speak God in the praise and worship, Jesus in the scriptures, and the have in the main service. We also ask for directions when we are not Holy Spirit in the anointed teach- meet on the 1st and 3rd Wedneslost, we will never be ready to walk ing. This ministry will put you on day from 7:00PM until 8:30 for adby faith. Faith demands something the edge of your seat as your faith time. Once we release faith into eternity steps into time you will see Come to 345 N. Franklin Avenue, our circumstances, everyone con- God change something in your next door to the theatre, plug into

ways use people to fulfill His pur- On Sunday afternoon we start off with a 45-minute teaching called "Foundations of Faith" which begins at 4:00 PM. At 5:00 PM praise and worship start and the message follows at 6:00. The YOUTH are ever discover the unseen presence not forgotten or overlooked. They of God. Would you create this uni- receive special ministry time on the 2nd and 4th Sundays, as well as opportunity with "True Nation ness whether you want Him there Takers" (TNT), a drama, skit and or not. Your business is His busi- dance team, which meets every ness! It's just a matter of time un- Wednesday, and ministers ing Love Church is a nondenomithroughout Northwest Kansas. national, full gospel ministry un-Children's ministry called "Fluo- der the covering of FMC, Inc. for It's time to seek your destiny in rescent Glory" meets every Sun- the past 8 years. Come and see

communion and learn how to bevanced Bible study.

something REAL and watch the Holy Sparks Fly! Bring a friend to watch your back and we'll provide a double outlet so you can plug in together. Some people have driven up to 5 hours to experience this move of God. What's driving you? The pastors are Bishop W.G. and Rev. Orvella Romine. They are both seasoned ministers under the covering of Gospel Brotherhood of Faith, Inc. of Arizona since 1986, and Federation of Ministers and Churches, Inc. of Texas. Redeem-



Get connected to the Internet with us!



Join your neighbors in Goodland, Oberlin, Norcatur, Bird City, Oakley, McDonald, Colby and St. Francis who are on-line with nwkansas.com. We have high speed modems, unlimited active usage and technical support available.

SAME DAY CONNECTION!!

For a limited time, Colby Free Press customers can receive 12 full months of internet service for *less than* the price of eight!!

THAT'S 4 MONTHS - FREE!! 12 MONTHS Just.....

* Internet access as low as \$14.95/mo. with 1 year pre-payment. Normal monthly rates are \$24.95/mo. For more information, call 462-3963

