School Calendar

Colby Public Schools Kirk Nielsen, superintendent, 460-5000 Brian Kraus, high school principal, 460-5300 Robb Ross, middle school principal, 460-5200 Terrel Harrison, grade school principal, 460-5100

Monday, March 8 - Orange Day. Middle School/High School spring vocal concert at 7:30 p.m. in the high school auditorium. Tuesday, March 9 - Black Day. End of Third Quarter. Pre-kin-

dergarten screenings at the United Methodist Church from 8:30 a.m.-4 p.m. Seventh and eighth grade scholars bowl at 4 p.m. at Oberlin. Wednesday, March 10 - Orange Day. Beginning of the Fourth Quarter. Pre-kindergarten screenings at the United Methodist Church from 8:30 a.m.-4 p.m. 21st Century Learner discussion at 3:45 p.m.

at the Administration Building.

Thursday, March 11 - Black Day. PTSA board meeting at noon at the high school.

Friday, March 12 - Orange Day.

Saturday, March 13 - FFA CCC Livestock CDE at 9 a.m.

Breakfast, Monday - waffles with syrup, grape juice, cereal, milk. Tuesday - breakfast pizza, orange juice, cereal, milk. Wednesday pancakes with syrup, applesauce, cereal, milk. Thursday - cinnamon roll, grape juice, cereal, milk. Friday - French toast with syrup, apple

Lunch, Monday - taco boat with lettuce and tomato, refried beans, veggies, fruit, dessert, milk. Tuesday - pig in a blanket or PBJ, tater tots, veggies, fruit, dessert, milk. Wednesday - meatloaf or ham slice, whpped potato with country gravy, veggies, fruit, dessert, milk. Thursday - ravioli, hot roll, glorified rice, veggies, fruit, dessert, milk. Friday - Pizza Hut, corn tossed salad, veggies, dessert, milk.

Sacred Heart School David Evert, principal 462-2813

Monday, March 8 - School council.

Friday, March 12 - Spring pictures, end of third quarter.

Lunch - Monday, cheeseburger casserole. Tuesday, ham. Wednesday, chicken. Thursday, hamburger. Friday, cheese pizza.



Golden Plains Public Schools

Roger Baskerville, Superintendent, 687-3265

Monday, March 8 - Bullying seminar at 2 p.m. for grades six through 12. Fourth and fifth grade solo concert at 7 p.m. March 10-13 - NO SCHOOL.

Breakfast, Rexford/Selden, Monday - pancakes/biscuits and gravy. Tuesday - bagels/French toast.

Lunch, Rexford Selden, Monday - ham steak/hamburgers. Tuesday - chicken patty/ham.

Triplains School David J. Spencer, Superintendent Monday, March 8 - 4-H at 7 p.m. Play practice from 5:\$0-6:30

Tuesday, March 9 - End of third nine weeks. Play practice from 5:30-6:30 p.m.

March 10-12 - NO SCHOOL, Spring Break.

Student News

Jill Nickols

HAYS — The Fort Hays State University chapter of Collegiate Music Educators National Conference, a national association for music education attended the Kansas Music Educators Association state in-service workshop Feb. 26-28.

Jill Nickols, a senior at Fort Hays State and graduate of Colby, was one of many area students who went to the workshop

Thomas County Red Cross offers caregiving classes

The Thomas County Red Cross office is sponsoring a series of onehour sessions aimed at providing help to those who care for a loved one at home.

The sessions will assist participants in providing a safe environment and the most basic care when adding in stress factors such as a job or raising children, said Mary Smith, Thomas County Red Cross

All meetings will be held at the Red Barn Senior Center in Rexford starting at 7 p.m.

Those interested can attend one or all of the informational meetings and learn how to provide the best care possible.

The following is a list of the other sessions:

- Tuesday, March 9 Caring for the Caregiver
- Thursday, March 11 Healthy
- Tuesday, March 16 Caring for a Loved One with Alzheimer's disease or Dementia
- Tuesday, March 23 Home Safety
- Tuesday, March 30—Legal and Financial Issues

For questions about these sessions or to register, call Smith at (785) 462-7161.



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Check each issue of the Free Press for additional TV Listings

TV LISTINGS sponsored by the COLBY FREE PRESS

SUNDAY MARCH 7

6 AM | 6:30 | 7 AM | 7:30 | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30

KLBY/ABC 4 6	In Touch / Courage (Believer Voice	Paid Program	Hour of Po	Hour of Power (CC)		This Week-George Stephanopoulos		1st United Methodist Service	
KSNK/NBC	Rebecca Gdn	Martha Stewart	Today The "The Sopra		Meet the F (CC)	ress	Paid Program	Paid Program	Your Bible	Paid Program	Arena Foo Regional C		
KBSL/CBS	Messiah E Church	Baptist	First Family	It Is Written	CBS News (CC)	s Sunday N	lorning	Face the Nation	Paid Program	Health To Heart	College Ba Florida at h		
K15CG 3	Classical Stretch	lt's an Age	Zoboom- afoo (EI)	Sagwa- the Cat	Anne of Green	Jay Jay the Jet	Dragon Tales	Real Wheels	Book of Virtues	Small Busi-	11th Hour	Health Diary	
WGN 13	Creflo A. Dollar Jr.	Singsa- tion!	Key of David	Ronnie Floyd	Hillbil- lies	Happy Days	Home Improve.	Cosby Show	Fresh Prince	Fresh Prince	BeastMas Brother (C		
NICK 29	Rocket Power	Rocket Power	Rugrats (CC)	Chalk- Zone	Spon- geBob	Spon- geBob	Oddpar- ents	Oddpar- ents	Jimmy Neutron	Jimmy Neutron		Hey Arnold!	
FAM 30	Meda- bots	Digimon (CC)	Power Rangers	Power Rangers	Bey- blade	Digimon- Digital		ck to the F ntasy) Micha			Full House	Full House	
USA 31	Paid Program	Paid Program	Paid Program	Paid Program	Movie: Sti Adventure	reet Fighte) Jean-Clau	r ★★ (1994, ide Van Dai	mme. (CC)	PGA Tour (Live) (CC)	Sunday)	Movie: Kn ★½ (1998)		
TBS 37	(4:30) Movie:			my ★★ (198 nberg. (CC)				n ★★ (1997 a <i>Hayek.</i> (C			nall Soldier ion) Kirsten		
TNT 38		ng Ralph (1 .merican on				Ily Wonka ★★ (1971)					6) A child us nst uncaring		
DSC 42	Paid Program	Paid Program	Paid Program	Paid Program	Surprise to Whirlwind		Rally Rou House Mis		The X-Cre (CC)	atures	MythBuste test urban		
A&E (47)	Old House	Old House	Breakfast	With the A	rts		America's Lumber Ba		Star Treat		cific Heigh chael Keator		
ESPN 49	Sports- Center	SportsCer	nter (CC)	NBA Matchup	Sports- Center	Outside Lines	Sports Reportrs	SportsCei	nter (Live) (CC)		PBA Bowling	
HBO 7	Artists' Sp Monet: Sh		Movie: Iro Lucy Burns	n Jawed A s fight for w	ngels ★★ (omen's suff	2004) Alice frage. <i>Hilar</i> y	Paul and Swank.	Movie: Sp Comedy) I	y Hard ★★ eslie Nielse	(1996, en. (CC)	Movie: Th ★★ (1997)		
DISN 17	PB&J Otter	Stanley (CC)	The Wiggles	JoJo's Circus	The Wiggles	Stanley (CC)	Rolie Polie	House of Mouse			's New Gro		
MAX (21)	(5:00) Mov Firewalke		Movie: P.0 (1994) (CC			wanna Mar guel A. Nund			liver Us Fr Comedy) L			Movie:	

SUNDAY MARCH 7

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC		etball: Dall oyota Cent	as Mavericl er. (Live)	ks at Houst	on	NBA Bask Lakers. St	ngeles	ABC WId News	News (CC)			
KSNK/NBC 8 9	Arena Foo	otball: Regi	onal Covera	age	PGA Golf: Miami. (Liv	Ford Chan re) (CC)	From	News	NBC News			
KBSL/CBS	College Basketball: College Basketball: Florida at Kentucky. (Joined in Progress) (I				Kansas at N Live) (CC)	ansas at Missouri. College Basketball: Big 10 Wild Card Game Teams to Be Announced						CBS News
K15CG	Power of Ideas	McLaug- hlin	McLaug- To the Gospel Bluegrass Homecoming (CC)						Quilt City of Fabric	USA: For t (CC)	he Love	Kansas Spotlight
WGN 13	Movie: Best Men ★★ (1998) Friends stop to rob a bank on their way to a wedding.						or ★★ (1997 hards. (CC)		Movie: Ace Ventura: When Na ★★ (1995, Comedy) Jim Carrey			
NICK 29	Thorn- berrys	Thorn- berrys	Grown Up	Romeo!	All That	Amanda	Nick- toons TV	Nick- toons TV	Nick- toons TV	Nick- toons TV	Told by Ginger	Romeo!
FAM (30)	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House
USA 31	(11:00) Mo Knock Off				01, Action) A thief is kidnapped father. Movie: First Blood (1982) A Vietnam vet is hounded by a brutal small-town sheriff.						Movie: Lake Placid ★½ (1999)	
TBS 37)	(10:45) Movie:		. Nice Guy a journalis			Movie: Wi secret age	Id Wild We ents battle a	century mith. (CC)	Movie: Austin Powers-Spy			
TNT 38) A funeral o er of awake				★★★½ (199 n a 1950s T				irease ★★★ (1978, John Travolta. (CC)	
DSC 42	More Than Why? Why	n Human '?	Monster G Monster Na	arage ation 3	Monster H Mardi Gras				Death of t Arizona (C		Discovery	Quest
A&E 47	(10:30) Mo Pacific He		House of (CC)	Dreams	House of (CC)	Dreams	Old House	Ask This Old	Ask This Old	Sell This House	Sell This House	Makeovr Mama
ESPN 49	PBA Bowl	ing		is : Franklin Classic I							ars.	Sports- Center
HBO	(11:00) Movie: The Saint ** (1997) Beah: A Black Woma Speaks (CC)			an						Movie: Iron Jawed Angels ** (2004) Hilary Swank. (CC)		
DISN 17	Barbar- ian	Kim Possible	That's- Raven	Lizzie McGuire	Even Stevens	Proud Family	Lilo & Stitch	Recess (CC)	Kim Possible	Barbar- ian	Even Stevens	Sister, Sister
MAX (21)		vie: Blood 2) Clint Eas		Movie: Da (2002) De							eepers **: evin Bacon.	

SUNDAY MARCH 7

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC	America's Home Vide						The Practice Mr. Shore Goes to Town		News (CC)	Seinfeld (CC)	Seinfeld (CC)	Diamond Adv.
KSNK/NBC 8 9	Dateline N	IBC (CC)	American Shoot the I		Law & Order: Crossing Jordan Devil May Care (CC)		News	The West Ways and		Inside Edition		
KBSL/CBS	60 Minute	s (CC)	Cold Case Volunteers				s Club (20 y. (CC) (DV		News (CC)		The Outer Limits Mary 25 (CC)	
K15CG 3	Lawrence Welk: God Bless America Cele Lawrence Welk's 100th birthday. (CC)				oration of	Righteous	Brothers		Globe Trekker Beijing City Guide		Mystery! Inspector Lynley Mysteries	
WGN 13	Mutant X (CC)	Nasteland	Andromed to Destiny		The X-File Again (CC		News (CC)	Instant Replay	Matlock Nowhere to Turn (Part 1 of 2)		In the Heat of the Night The Landlord	
NICK 29	Teenage Robot	Drake & Josh	Brothers Garcia	Sabrina- Witch	Full House	Full House	Cosby Show	Cosby Show	Rose- anne	Rose- anne	Cosby Show	Cosby Show
FAM 30		Life- Sitcom		e Fine Day Michelle Pfe	★★½ (199 eiffer.	6,		ne Fine Day Michelle Pfe	y ★★½ (1996, eiffer.		Lake. Church	Feed the Children
USA 31)	(5:00) Mov Placid ★½				rld: Jurassi nonitor dinc				Law & Order: Special Victims		Movie: Lost World- Jurassic	
TBS 37)					(2001) Vac arch for a b		Movie: Ru detectives	ish Hour ★ join forces	n a kidnapping case.		Movie: The Big Hit ★★ (1998) (PA)	
TNT 38		(4:30) Movie: Movie: Save the Las Grease *** (1978) Drama) Julia Stiles. (ve the Las lia Stiles. (0	,		Movie: Grease ★★★ (1978) (CC)	
DSC 42	Peter: Jes Fishermar		MythBuste Car (CC)	ers Stinky	MythBust	ers (CC)	MythBust Chicken G		MythBusters Stinky Car (CC)		MythBusters (CC)	
A&E 47	Crossing The Digger		Biography Manson	Biography: Charles Biography (CC) Manson		Biography: Sharon Tate		Airline (CC)		Biography: Charles Manson		
ESPN 49	Sports- Center			etball: Boston Celtics at Minn res. Target Center. (Live) (CC			Dream Job (Live) (CC)		SportsCenter (Live) (CC)		College Basketball	
HBO 7			Six Feet U Perfect Cir		The Sopra Tonys (N)				none Booth **½ spense) Colin Farrell.		Real Time	Movie:
DISN 17		Lizzie McGuire	Movie: The Emperor (2000, Comedy) Voice					That's- Raven	Kim Possible	Proud Family	Even Stevens	Sister, Sister
MAX (21)	(4:45) Mov Sleepers (Sisters (200 ous past are		Movie: Men in Black II ** (2002) Tommy Lee Jones. (C			Nightcap Movie: The F (CC) **1/2 (2002)		

MONDAY MARCH 8

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	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC 4 6	(5:59) News	Ent. Tonight	20/20: Gre Comeback						News (CC)	Nightline (CC)		Jimmy Kimmel Live Zach Braff. (N) (CC)	
KSNK/NBC	News	Wheel of Fortune	Fear Facto (N) (CC)	or Siblings		Movie: Behind the Camera: The Jnauthorized Story of Charlie's Angels			News The Tonig		ht Show	Late Night	
KBSL/CBS	News (CC)	Friends (CC)	Yes, Dear	Still Standing	Ray- mond	Two/Half Men	CSI: Miami Extreme (iTV) (CC)		News Late Show (CC)		v (CC)	Late Late	
K15CG 3	The NewsHour With Jim Lehrer Ken Burns American Stories Sett during Oklahoma Land Rush. (Part							ins tribes	BBC World	May- Dec.	Charlie Ro (CC)	ose (N)	
WGN 13	Will & Movie: Michael Collins ★★★ (1996) An Grace steps up the fight to break British rule. Li						News (CC))	Becker Pilot (CC)	Becker (CC)	Elimi- date (N)	The 5th Wheel	
NICK 29	Rugrats- Grow.	Spon- geBob			Full House	Full House	Cosby Show	Cosby Show	Rose- anne	Rose- anne	Cosby Show	Cosby Show	
FAM (30)	7th Heave	n (CC)		The Great Outdoors ★★ (1988, Whose Line? Line?					The 700 C	lub (CC)	Home Videos	Home Videos	
USA (31)	JAG Critic Condition	al	Law & Ord Special Vi				(1997, Sus on transport					Nash- ville Star	
TBS (37)	Seinfeld (CC)	Friends (CC)	Movie: Down to Earth *½ (2001, Comedy) Chris Rock, Regina King. (CC)						uture Part lest to save		Movie:		
TNT (38)			Law & Ord of Fortune	ler Soldier	Law & Ord Couples (0		Law & Ord (CC) (DVS		Law & Order Coma (CC) (DVS)		The X-Files Roadrunners (CC)		
DSC (42)			Monster H Mobster H						Monster House Mobster House		Monster Garage Peterbuilt Chopper		
A&E (47)	American Justice Biography Simon Brutal Revenge (CC) Cowell (CC)		Who Killed Kathy Durst? (CC) Airline (N) (CC) Airline (CC)			House of Dreams (N) (CC)		Biography Simon Cowell (CC)					
ESPN 49	College Basketball: Colonial Athletic Tournament Final Teams TBA				College B Final Te	asketball: MVC Tournament ams to Be Announced. St. Louis.			SportsCenter (Live) (CC)		College Basketball		
HBO 7	(5:00) Mov Beauticia			py ★★ (200 ddie Murpl						twone Fisher ★★★½ ma) <i>Derek Luke.</i>			
DISN 17	Sister, Sister	Lizzie McGuire	Movie: La				Sister, Sister	Boy Mts. World	Kim Possible	Proud Family	Even Stevens	Sister, Sister	
MAX	(5:15) Mov	/ie:	Movie: Cra	adle 2 the (Grave **	Analyze	Movie: Ad	aptation.	***½ (200	2,	Movie: Pla	y-Mate of	