Page 4 Colby Free Press Thursday, June 17, 2004

# Family

### Death

#### Marvin F. "Shorty" Schmidtberger

Marvin F. "Shorty" Schmidtberger, 73, died Wednesday, June 9, 2004, at the Hays Medical Center in

Mr. Schmidtberger was born April 25, 1931 in Russell County to Michael F. and Catherine (Mermis) Schmidtberger. He served during the Korean War with the U.S. Army.

Survivors include his two sisters, Shirley Bieker of Hays and Armella Bray of Colby. He was preceded in death by a brother, Severin; five sisters, Lorene Kelly, Josephine Shue, Leona Alles, Georgina Wagner and Benita Sponsel; one nephew, one great nephew and one-great niece.

Memorial services were held Tuesday, June 15, 2004 at the Immaculate Heart of Mary Catholic Church. Inurnment was in the St. Mary's Cemetery in Gorham.

The Veterans of Foreign Wars in Hays conducted graveside services. Memorials may be given for St. John's of Hays or for masses in his name and memory.

Hays Memorial Chapel Funeral Home, 20th and Pine, Hays, Kan. 67601, was in charge of arrange-

### Hawaiian Day scheduled next week at the center bread, pears. Tuesday - taco salad, Tuesday, which will also feature Schielke, director of the center, says

Thursday, June 24 will be Hawaiian Day at the Senior Progress Center, 165 Fike Park. Wear anything Hawaiian. If you do not have Hawaiian wear, you can bring a pineapple, sing a Hawaiian song or last but not least, you can practice and do the Hawaiian hula for us. Let's make it a fun day.

## **Senior News**

There are plenty of other activities scheduled at the center for the week of June 21-25, including famous animals at 11:45 a.m. Mon-

Dance Practice Day at 11 a.m. Wednesday is Small Prize Bingo Day. Thursday is Hawaiian Day and all are welcome. She did remind exercise will be at 9:30 a.m. Friday everyone that a reservation is exercise will be at 9:30 a.m. and it's needed by noon the previous day. also Denim Day.

Exercise will be at 9:30 a.m. eat lunch at the center. Donna entree, breaded tomatoes, peas,

no special invitation is needed to join in the lunchtime fellowship and The menu for the next week in-Everyone over 60 is welcome to cludes: Monday - cook's choice

tion director or Taylor, at (785) 462-

cinnamon roll. The building is also available for rental for events.

tions, call 460-2901.

For information or lunch reserva-

cantaloupe, chips, blueberry crisp.

Wednesday - oven fried chicken,

mashed potatoes and gravy, cucum-

bers and onions, bread, cook's

choice fruit. Thursday - Philly steak

sandwich, broccoli and rice casse-

role, mixed vegetables, bun, apple-

sauce gelatin. Friday - pork roast,

steamed cabbage, carrots and on-

ions, pineapple ambrosia, bread,

# Bleeding Kansas' exhibits continue at museum

Even though the Chautauqua cel- Washington Clark, who murdered now through Wednesday, July 7, at tion, call Judy Kleinsorge, educaebration in Colby has come and gone, the Prairie Museum of Art and History is wanting to remind everyone about the many exhibits examining the *Bleeding Kansas* period.

These museum exhibits focus on well-known politicians such as Stephen Douglas and Abraham Lincoln to unsung heroes including Silas Soule, who tried to rescue John Brown from prison, and Susan Lowe Wattles, who sheltered many trail ride begins at 8:30 a.m. at the radical abolitionists, said Sue Taylor, museum director.

One of the exhibits, First Blood, will introduce people who might be considered villains such as George

free-state advocate Thomas Barber, and many others.

the musuem.

For questions about any of these The exhibits will conintue from newest exhibits or general informa-

# Benefit trail ride planned

tal "Saddle Up Benefit Trail Ride" is scheduled for Saturday, June 26. Registration starts at 8 a.m. and the Cottonwood Ranch in Studley, going around Antelope Lake and ending back at the ranch.

The trail is 10 miles long and people should bring their own to St. Jude's, Mader said today.

The St. Jude's Children's Hospilunches and make sure to bring water and sunscreen. There will be breaks along the way to water the horses. Lunch will be at the lake.

Volunteers are needed for helping set up and take down and riders are needed to get pledges. For questions, call Chasity Mader at (785) 627-3435. All donations go directly

# **Community Calendar**

FRIDAY, June 18

4590.

Citizens Foundation for Health Golf/Bridge Tournament, Colby Country Club, Registration 8:45 a.m.; play begins, 9 a.m., Bridge Tourney, 10 a.m. to 3 p.m.

Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.(note change in weekday and weekend hours)

New Hope Narcotics Anonymous, City Hall Basement, 8 p.m.

#### **SATURDAY, June 19**

Wings Upon the Prairie drop-in center, 485 N. Franklin, 1-5 p.m. Sixth Street Alcoholics Anonymous, 1275 West 6th, 8:30 p.m.

#### SUNDAY, June 20

Sunday Morning Sixth Street Alcoholics Anonymous, 9:30 a.m. Wings Upon the Prairie drop-in center, 485 N. Franklin, 2-6 p.m. Higher Ground, High School Youth Group, Berean Church, 6 p.m.

# 4-H group offers tips on farmer's market salsa

markets are open. There's no better time or place to pick fresh vegetables for this recipe, provided by Kansas State University Research and Extension's Family Nutrition Program. The garden-fresh vegetables add flavor and beautiful color, and children and grownups alike can't resist how good they taste. This recipe makes 8 servings.

Ingredients: 1/2 cup corn, fresh cooked or frozen; 1 can (15 ounce) black beans, drained and rinsed; 1 cup fresh tomatoes, diced; 1/2 cup Extension in Manhattan. "Superonion, diced; 1/2 cup green pepper,

Summer is upon us and farmer's diced; 2 tablespoons lime juice; 2 vise closely if using corn on the cob, cloves garlic, finely chopped; 1/2 cup picante sauce

Directions:

- Combine all ingredients in a large bowl. Chill until serving time.
- Drain before serving.
- Serve with lowfat, baked tortilla chips or fresh vegetables.

Safety tips for parents: A hand-held chopper works best for younger kids who are helping Walsten, with the family nutrition progam at K-State Research and

and help kids who are old enough to handle a knife safely see how deep to cut as the corn is removed from the cob," she said

Per 110-gram serving: 70 calories, 0.5 grams of fat (0 grams saturated), 0 mg cholesterol, 4 grams protein, 12 grams carbohydrates, 4 grams dietary fiber, 170 milligrams

Editor's note: Kids a Cookin' is prepare this recipe, said Kathy an educational program produced by Kansas State University Research and Extension's Family Nutrition Program.

### **Markets**

Quotes as of close of previous business day **Hi-Plains Co-op** 

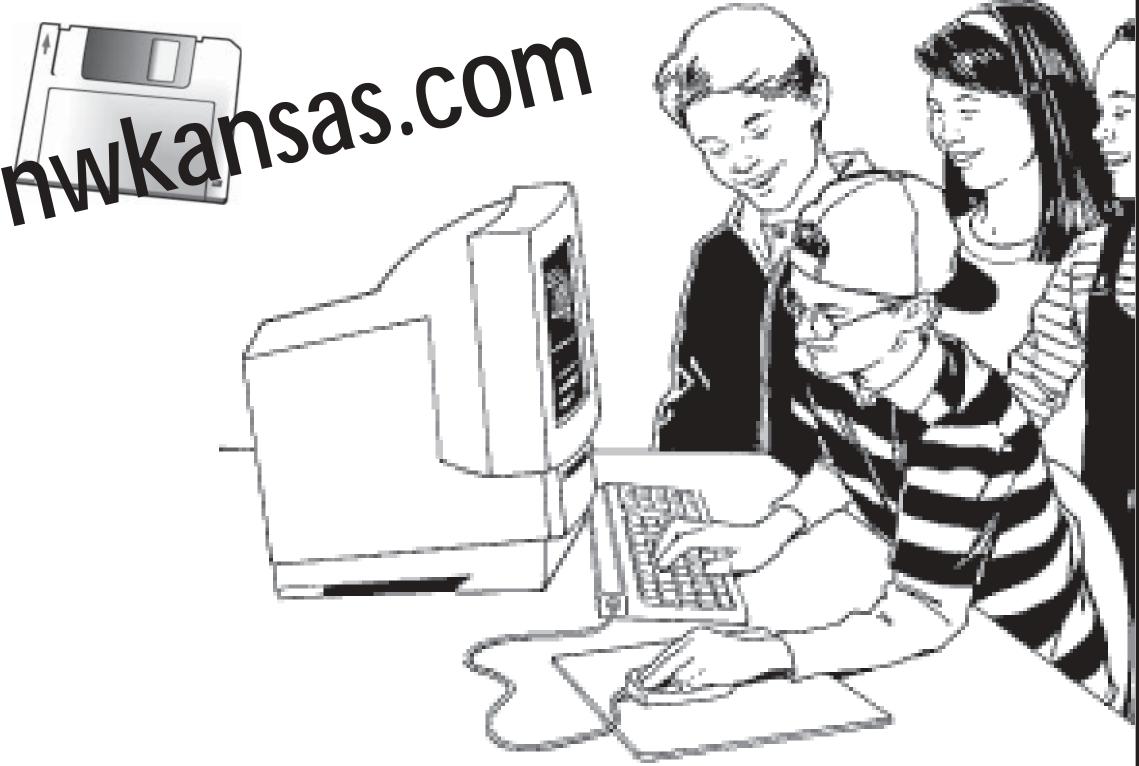
Wheat	•	\$3.39
Corn		\$2.82
Milo		\$4.32
Soybeans		\$8.18

### Corrections

The Colby Free Press wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at

### ~ Featured Speaker ~

Dr. Bryan Grove, Art Instructor at Emporia State **University** will be the featured speaker at the monthly meeting of Kansas Prairie Quilters Guild. His talk is titled "Kansas Landscape as Design." There will also be a trunk show. This will be held in the basement of the Colby Community Building at 7:30 p.m. on June 21. The public is invited and there will be a \$5 admission fee.



# Get connected to the Internet with us! We have local technical support. Get connected today! Call 462-3963

Check out our low rate of \$1495 per month.\* (\*When you pay \$169 for eight months we give you four months free.)