

# Extension agent offers information on germination tests, more

*Editor's note: The following information was provided as a public service from Joe Liebrandt with the Thomas County Extension Center. For questions on this article or other general information, call him at 462-4582.*

## Joe Liebrandt

### • Farm and Home News

**Germination Test Seed Wheat**  
From drought, freeze damage to wheat sprouting in the head, this year was probably the most difficult year ever to raise quality wheat. Let's not make it two years in a row. It is critical to perform germination

Germination tests can be performed at home. We have information at the office about methods to perform your own tests at home. Also, the Kansas Crop Improvement Association can do germination tests for producers.

#### Iron Chlorosis in Trees

There have been several people stop in the office with yellowed leaves, and in some more severe cases white or brown colored leaves. These are cases of iron chlorosis.

Iron chlorosis occurs when iron in the soil is either deficient or unavailable to trees. Several species of trees are more susceptible than others, including pin oak, silver maple, baldcypress and sweet gum among others.

Once determined that your tree is chlorotic, there are several treatment methods to hopefully correct the problem. These methods include foliar application, soil amendment, trunk injection and trunk implantation. Please contact

the extension office for more details.

#### Farming in the Drought

If you have found it hard to farm the last few years, you're not alone. The one thing about the drought, however, is the fact that it has caused many to more closely evaluate their management decisions and farming practices. Doing things the way you always have may not be the best.

Maybe you are considering no-till farming or reduced tillage prac-

tics, alternative crops, utilizing crop residue for grazing livestock, alternative forages for cattle, or specialty marketing of farm products. K-State Research and Extension has many informational publications to help you in your management decisions. You may also be facing financial challenges. The Kansas Ag Mediation Service offers free and confidential financial and legal advice to Kansas farmers and ranchers. They can be reached at 1-800-321-3276.

## Markets

Quotes as of close of previous business day  
**Hi-Plains Co-op**

Wheat	\$3.29
Corn	\$2.48
Milo	\$3.82
Soybeans	\$8.65

**d**  
It looks like the perfect d. The only problem is, it's a p.  
It's dyslexia. A reading disability where some kids confuse their d's with p's, b's and q's. But, with help most of these kids can go on to do well in school. Call 1-888-GR8-MIND now. There's no reason to be held back.  
Ad Council

# Kids A Cookin' program helps children learn nutrition

Involving children in the cooking helps teach them about nutrition and gives them the cooking skills they'll need as they grow up, said officials with K-State Research and Extension.

The following is an easy recipe that will yield four servings and comes courtesy of the Family Nutrition Program at Kansas State.

**Ingredients:**  
4 slices whole wheat bread; 2

eggs; 2 tablespoons milk; Powdered sugar and cinnamon for topping

- Directions:**
- Preheat oven to 350 degrees.
  - Spray a baking sheet with cooking spray and set aside.
  - Cut each slice of bread into four strips lengthwise. You'll have 16 strips in all.
  - In a small bowl, combine eggs and milk and beat with a fork until

frothy appearance.

- Dip each "stick" of bread in egg mixture and place on baking sheet.
  - Bake for about 12 minutes until brown.
  - Sprinkle lightly with powdered sugar and cinnamon.
- Helpful Hints:** With a sprinkle of powdered sugar and cinnamon, these French toast sticks are ready to eat. For a special treat, dip them in applesauce. Add a glass of milk

and breakfast is ready.

**Safety tips:** Be sure the French toast sticks are thoroughly cooked when you take them from the oven. Look for a golden, dry appearance on the sticks — if they are still shiny, bake them a minute or two more, until the egg is completely cooked.

Wash your hands after you handle raw eggs, as well as before you start to cook. That way, the germs that

might be on the eggs can't make you sick.

One serving = 4 French toast sticks. Per serving: 110 calories, 4 grams of fat (1 gram saturated), 105 mg cholesterol, 6 grams protein, 14 grams carbohydrates, 2 grams dietary fiber, 180 milligrams sodium.

**Editor's note:** Kids A Cookin' is an educational program produced by Kansas State University Research and Extension's Family Nutrition Program. For information, more recipes and cooking tips, and a link to a Spanish version, check the Kids A Cookin' Web site: <http://www.kidsacookin.ksu.edu>.

# Goodland youth to perform at KU summer theatre

LAWRENCE — Josh Vignery, a graduate of Goodland High School, a senior at the University of Kansas, and the son of Ron and Judy Vignery, is part of the Kansas Summer Theatre's ensemble at the university.

Vignery, along with many other students, are cast members in Oliver Goldsmith's "She Stoops to Conquer," which is being presented by the KU Department of Theatre and Film and the University Theatre.

The comedy will be performed at

7:30 p.m., Friday and Saturday, July 16-17 and again on Wednesday, Thursday, Friday, Saturday and Sunday, July 21 through 24. Performances on Sunday, July 18 and July 25, will be held at 5 p.m. in the William Inge Memorial Theatre in Murphy Hall.

The production is being directed by Sara K. Armstrong, a native of Cushing, Okla., who received her master's degree in May. Scenic and lighting designer is Mark Reaney, professor of theatre and film; costume designer is Delores Ringer, associate professor of theatre and film. Armstrong also designed the sound for the production.

"She Stoops to Conquer," a frisky mixture of low comedy and high farce written in 1771, follows the two strong-minded, independent young Hardcastle women as they defy the expectations of their family, society — and even their lovers — to find love on their own terms, Armstrong said.

"This production exists outside of a strict time constraint, focusing instead on the timeless confusion of love," she said.

"The costuming is contemporary, but features all the bad formal wear of the last 40 years."

General admission tickets are on sale at University Theatre, (785) 864-3982 and online at <http://kutheatre.com>.

Admission to the public \$12, senior citizens \$11, KU and other college students \$10, or students in grades K-12, \$6.

**DIABETICS**  
*No Cost FreeStyle Meter*  
Supplies are Medicare & Insurance Covered  
No Up-Front Costs — No Paperwork  
Free Delivery to Your House • World's Smallest Blood Sample  
TEST ON FINGER, ARM OR THIGH — RESULTS IN SECONDS  
**Call the Original Diabetic Hotline**  
**1 - 800 - 785 - 3636**

**Regional Runs**  
Drive for the Best and stay regional at the same time!  
Still Hiring Fleet Drivers:  
Company • D/O • Solo • Team  
**800-CFI-DRIVE • www.cfidrive.com**



**Does Your DOGGONE CRITTER need a MAKEOVER?**  
If so, yours might be the next MAKEOVER at DOGGONE CRITTERS!  
Please send a clear photo of your critter, by July 25 to:  
Critter Photo  
c/o Bruno Wilson  
1001 Co Rd 24  
Colby, Kansas 67701



# Business Directory

**Karen's Pet Salon**  
at the Dog House  
1065 Country Club Dr.  
Contact Karen:  
Ph: 443-1182 or 462-6753



To have your ad placed in the Business Directory, call Crystal at 462-3963.

**Karen's Pet Sitting Service**  
Karen Davis  
At home pet care service  
785-462-7188



**G&S TREE WORKS LLC**  
1114 Main, Gem (785) 462-3501  
Chuck Saddler Tracey Galli  
• Tree Removal & Trimming • Full Insured • Careful & Prompt Service • Late Model Bucket Truck • Free Estimates!



**Advanced Technology Auto Glass**  
"The Difference is Clear"  
Rory Henry • 785-460-7773

**Kitchens & Baths**  
CUSTOM CABINETS, GRANITE, SOLID SURFACE & FORMICA COUNTERTOPS  
Certified Fabrication & Installation  
See Our Samples At Inlow Interiors!  
"Serving Colby and the Area Since 1984"  
785-462-7843  
**THE TOOL BOX**

**Bill & Deb Mariman**  
Phone (785) 460-0460  
Cellular (785) 462-0663  
**THE DOG HOUSE**  
1065 S. Country Club  
**BOARDING**



**ROUND TRIP TRAVEL**  
SAN FRANCISCO TOUR - SEP. 16-21  
FLY FROM DENVER - \$1635 PP DOUBLE OCCUPANCY  
140 W. 4th Colby, KS 67701  
1-888-690-7077  
462-6999  
FAX: 462-3824  
WORLDWIDE: Vacation Packages, Cruises, Tours, Groups, Flights, Hotels, Trains, Cars  
ALL SPECIALS MAY BE FOR CALL IN OR FAX YOUR INTERNET QUOTES AND OTHER ADS! SPECIFIC DATES AND ARE SUBJECT TO AVAILABILITY. WE CAN BOOK THEM FOR YOU WITH LOCAL, CARING SERVICE!!  
Ask about AAA, AARE Senior & Companion, Corporate and Government discounts!

**Where You Can Still Get A Full - Spine Adjustment for 1980's Fees!**  
**Warta Chiropractic & Fitness Club**  
415 N. Franklin • 785-460-3350  
Monday & Wednesday: 2:00p.m. - 7:00p.m.  
Tuesday, Thursday & Friday: 10:00a.m. - 3:00p.m.  
"Science & Nature Working Together For You."  
Dr. A.J. Warta BC/BS CAP Provider  
25 years of experience as a licensed chiropractor



**STEPHEN R. ALLEN**  
CERTIFIED PUBLIC ACCOUNTANT  
is a CPA firm providing tax preparation services, bookkeeping, tax planning, financial statement preparation and consulting. Steve brings over twenty five years of public accounting experience to the community. For professional and confidential services, contact Steve at 785-460-0444.  
390 N. Franklin Ave



**Vinyl Graphics & Signs**  
• Truck Lettering  
• Vinyl Decals  
• Window Graphics  
• Banners  
• Pinstriping  
• Store Front Signs  
• Sandblasted Signs  
• Backlit Awnings  
• Tent Rentals  
• Boat Tarps & Graphics  
Business & Residential  
**COLBY CANVAS CO.**  
785-462-3981  
graphics@st-tel.net

**FINALLY!**  
Health Insurance for Individuals, Families and the Self-Employed at AFFORDABLE Rates.  
Insurance is Underwritten by The MEGA Life and Health Insurance Company  
**800-783-9417**

**New System Professional Window Cleaning**  
650 N. Grant • Colby, KS 67701 Commercial • Residential  
Call for your FREE estimate: 785-462-6995 - 800-611-6735  
Serving hundreds of satisfied customers for over 10 years. Since 1994.  
**BIG THANK YOU TO OUR CUSTOMERS!!**  
SERVING NW KANSAS & EASTERN COLORADO!  
Chris & Beth Lewon ~ "We do windows!"

**ROOFMASTERS**  
Your Local Roofing Contractor  
425 East Hill, Colby, KS  
Licensed - Bonded - Insured  
RESIDENTIAL 1-800-536-6642  
Tamko Shingles  
GAF Shingles  
Wood Shingles  
Metal Roofs  
COMMERCIAL Rubber Single Ply  
White TPO Single Ply  
Built Up Systems  
Modified Systems  
**FREE ESTIMATES**  
Elastomeric Rubber Coating For Metal Roofs