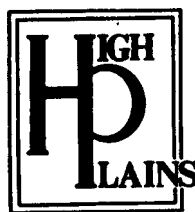


Experts offer advice on talking to children about divorce

Dear Plain Sense:
I am in the process of divorce and wondering how this might affect my children. What do I tell them? How do I explain what is going on?

While the adults involved in ending a relationship might be devastated as well as relieved, the children who are involved will probably be feeling, in the least, confused, worried and even frightened. Divorce can be misinterpreted by children unless parents provide some explanation. Children often believe they have



High Plains Mental Health • Plain Sense

A community service from the High Plains Mental Health Center

caused the conflict between their parents and feel that the divorce is their fault. Parents do not have to explain all the personal problems that have brought an end to the marriage, but they do need to reassure their children that they are not to blame.

Children most often worry that they will have to move to a new house, leave their best friends or attend a different school. Thus it is important that parents talk to their children about pending changes and

allow them to ask questions. Very young children will react more so to the obvious changes, such as a parent's continuing absence or a move to another location. Older children who have a more mature concept of the issues will have reactions related to their personal sense of loyalty and fairness. Parents should be alert to signs of distress in their children. Young children tend to react with behavior changes such as angry outbursts, being uncooperative or withdrawing.

Older children will experience more of the sense of loss and feelings of sadness; their schoolwork may suffer, or they, too, may exhibit some behavior changes. When things settle down and life is back to a sense of normalcy, such behaviors should diminish. If problems continue, and especially when parents become concerned about their children, it may be necessary to seek professional help. Counseling and therapy for families and couples dealing with di-

orce can be very beneficial for all involved. *Contributed by Karen D. Beery, Consultation and Education Department.* The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 East Seventh, Hays, Kan. 67601. Internet site: www.highplainsmentalhealth.com.

Colby's First Baptist Church announces it has new pastor

By TISHA COX
Colby Free Press
Colby First Baptist Church has a new pastor. Bradley Herndon took over ministerial duties about a month ago. "I came



B. Herndon

from Iowa," he said. "I was a teacher at Allen County Community College." He was also head of the music department and pastor of First Baptist Church in Kincaid. He said he made the change from full-time teaching to ministry because he wanted to get back to it. When he resigned from the Kincaid

church in January, he had six calls from churches within the first week. "I decided maybe that was a sign," Herndon said. "So I left teaching and came here." He said he was "called" to Colby and the family was willing to go wherever that might be. Herndon said moving to Colby

felt like a homecoming for his family, which includes his wife, Jeannie and their children — 4-year-old Michael, 7-year-old Jordan and 15-year-old Joshua. The couple also has two older daughters, Jessica, 18, and Elizabeth, 20. He said he grew up in Ransom and has taught and preached in many places, from Thomas and Colo-

rado to Washington State, so coming to Colby was almost like coming home. His return to ministry is mainly about his decision to preach full-time. He said he's done a lot of musical ministry but there's a big difference between it and preaching. Herndon said preaching at First

Baptist will offer many challenges. He said the church is averaging about 35 people for Sunday services and he said that means the congregation will probably have to grow some. He also hopes to do other youth activities like a possible kids' club in the fall as well as including college-age students in the church. "We're excited to be here," he said. "There's a ton of potential here at the church." Herndon said he's looking forward to directing and guiding it to see where it will go.

Christian singer to perform Sunday

Roger Cooper, Christian and country music artist, will perform at 9 a.m. Sunday, July 11 at First Christian Church, 385 W. Third in Colby. He will be bringing his message "To Love Jesus Is Fun" in words and music. There will be coffee and rolls in the Fellowship Hall after church



R. Cooper

services. Church officials said they are hoping everyone will join in fun, fellowship and meet and visit with Cooper. He is a veteran Christian artist who effectively communicates the love of Jesus Christ. He connects with his audience if they are nine or 90. A native Kansan who worked the family farm and has lived in western Kansas most of his life, Cooper maintains residences and offices in Nashville, Tenn. and the "big city"

of Penokee— population 50. He continues making a mark in both the Christian and country music industry with his recordings, concerts and hits he has written. In his 30-year career, he has recorded 14 albums, received numerous music nominations and awards and has worked with some of country, gospel and pop music's biggest stars such as George Strait and Whitney Houston to name a few. He has performed at many county and state fairs, music festivals and concerts around the world.

Happenings

Holsapple reunion scheduled
There will be a Holsapple Reunion at Colby on Friday and Saturday, July 23 and 24. Those interested are asked to call Jerry Malmgram in Overland Park

at (913) 814-0686 for information. Other details as to time, location will appear in a future edition.

Public Notice

Public Notice

ORDINANCE NO. 1363

AN ORDINANCE DESIGNATING WILLOW WITHIN THE CITY OF COLBY, KANSAS, AS A MAIN TRAFFICWAY.

WHEREAS, K.S.A. 12-685 (the "Act") provides that the governing body of any city is authorized and empowered to designate and establish, by ordinance, as a main trafficway, any existing or proposed street, boulevard, avenue or part thereof, within such city, the primary function of which is, or shall be, the movement of through traffic between areas of concentrated activity within the city or between such areas within the city and traffic facilities outside the city performing the function of a major trafficway; and such designation by the City Council shall be final and conclusive; and

WHEREAS, the City Council of the City of Colby, Kansas (the "City"), hereby finds and determines that a certain street within the City should be designated and established as a main trafficway as provided by and under the authority of the Act.

THEREFORE, BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF COLBY, KANSAS:

SECTION 1. Designation. It is hereby authorized, ordered and directed that Willow is located in the City and is hereby designated and established as a main trafficway within the City, the primary function of which is the movement of through traffic within the City, under the authority of the Act.

SECTION 2. Effective Date. This Ordinance shall take effect and be of force from and after its passage, approval, and publication one time in the official City newspaper.

PASSED BY THE GOVERNING BODY AND APPROVED BY THE MAYOR this 6th day of July, 2004.

Warren C. Hixson
Warren C. Hixson, Mayor

ATTEST:

Beverly J. Stieben
Beverly J. Stieben, City Clerk

SEAL

(Published in the Colby Free Press on July 9, 2004.)

Trophy sponsorships needed for fair

The 2004 Thomas County Fair is rapidly approaching and the Thomas County 4-H Council Trophy Committee is looking for sponsors for the various 4-H exhibits—crops, livestock, arts, cooking, sewing, etc. at the fair.

Individuals, businesses or organizations can sponsor a trophy at the fair. Trophies will be given to the Grand Champion and Reserve Champion in all the projects. The projected cost of each trophy is \$8. All sponsors will be thanked

through an advertisement in the *Colby Free Press* following the fair, their names printed in next year's fair book and will also be listed at the 4-H Building and livestock arena. For information call 462-4582.

Student News

Farm Bureau Association names scholarship winners
The Thomas County Farm Bureau Association named its 2004 scholarship recipients. Quentin Bear, Samantha Juene-

mann and Jami Williams will each receive \$500 per year for up to four years of college, said Sue Draper with the local Farm Bureau Association. Three scholarships are awarded each year from the three

high schools in Thomas County. Students selected must also have family members with the Thomas County Farm Bureau Association. For questions or requirements, call Draper at 460-6332.

Hat display opens next week in Logan

The Dane G. Hansen Memorial Museum in Logan is proud to present "Hats and Headdresses: Adornment of the Head from Around the World" scheduled to open next Friday (July 16) and run through Sept. 12. The exhibit consists of more than 100 hats and headdresses from a private collection of 225. The hats are from the collection of Stacey Miller.

"Over the past 20 years, I have established the collection of approximately 225 hats and head-

resses," Miller said. "Although some of the headgear is antique, most is contemporary and continues to be worn today for social rituals, religious ceremonies and in everyday life." The hats are a tribute to the diversity of the world's cultures. Not only does the amazing variety of materials used to create the hats speak to man's ingenuity and creativity but also knowledge of the hat can provide insight into a culture's history, customs, values, beliefs and environment. Questions, call (785) 689-4846.

Public Notice

Public Notice

ORDINANCE NO. 1364

AN ORDINANCE AMENDING ORDINANCE NO. 1347, 2003 STANDARD TRAFFIC ORDINANCE, OF THE CITY OF COLBY, KANSAS, TO PROVIDE RESTRICTIONS FOR USE OF CITY SIDEWALKS OR PEDESTRIAN WALKWAYS IN THE DOWNTOWN BUSINESS DISTRICT AND OTHER AREAS SO DESIGNATED.

WHEREAS, the City of Colby adopted the "Standard Traffic Ordinance for Kansas Cities", Edition of 2003, prepared and published in book form by the League of Kansas Municipalities; said document adopted by Ordinance No. 1347, dated September 14, 2003; and

WHEREAS, the Governing Body may amend said Standard Traffic Ordinance with additional provisions for local regulations; and

WHEREAS, the Governing Body wishes to provide regulations for the use of bicycles, roller skates, skateboards, coasters, toy vehicles, or similar devices on sidewalks or pedestrian walkways in the downtown business district and other areas so designated by the Governing Body.

THEREFORE, BE IT ORDAINED BY THE GOVERNING BODY OF THE CITY OF COLBY, KANSAS:

Section 1: Section 136, Use of Coasters, Roller Skates and Similar Devices Restricted, of the 2003 Standard Traffic Ordinance shall be amended to read as follows:

- (a) No person upon roller skates, or riding in or by means of any coaster, toy vehicle, or similar device, shall go upon any roadway except while crossing a street at a crosswalk and except upon streets set aside as play streets. Ref: Sec. 20. Play Streets
- (b) In addition, no person riding a bicycle or upon roller skates, skateboards, coasters, toy vehicles or similar devices shall go upon sidewalks or pedestrian walkways in the downtown business district, more specifically designated as sidewalks or pedestrian walkways bounded by an area from Second Street to Sixth Street between Chickamauga Avenue and Lake Avenue, and other areas so designated by the City Council.

Section 2: Effective Date. This Ordinance shall take effect and be in full force from and after its passage, approval, and publication one time in the Colby Free Press.

PASSED AND APPROVED by the Governing Body and signed by the Mayor, this 6th day of July, 2004.

Warren C. Hixson
Warren C. Hixson, Mayor

ATTEST:

Beverly J. Stieben
Beverly J. Stieben, City Clerk

SEAL

(Published in the Colby Free Press on July 9, 2004.)

Finley Motors

3x8

place 83% in Goodland