



Ray Nolan

On Campus

Weekssked...and more

IHOPE everyone had a great New Year's Day and has started the year off the way they planned.

HERE is a review of Trojan events for this week.

On Wednesday the Trojan wrestlers take on Lincoln College of Illinois at 7 p.m. at the Colby Community Building. Both basketball teams will

be at Garden City that evening at 6 p.m. and 8 p.m. Friday at 10 a.m. at the Colby Community Building the "Tournament of Champions" will begin. It continues Saturday at 11 a.m. Then on Sunday the Trojan grapplers take on Neosho at 12 noon. That dual will be followed at 4 p.m. by the Lady basketball Trojans versus Cloud County. The men play at 6 p.m. One ticket gets you into all three events.

THIS semester and every semester at Colby Community College there are a number of fitness courses that the community might be interested in. Since I am involved with the physical education. department and I teach several of these courses, I figured I should give a rundown of what is

First of all, the pool is open for lap swimming at several times throughout the day. Hours of operation are posted on the doors. Kip Nelson, our athletic trainer, operates the pool and does a fine job.

Several aqua aerobics courses are also offered at a variety of times. Check the schedule of classes for a time that fits you best.

The fitness laboratory is open from 5:30-8 a.m., 11 a.m.-1 p.m. and 5-9 p.m. Monday through Friday for general lifting and the Super Circuit program. On Fridays it closes at 7 p.m. It is also open Saturday morning from 8-11 a.m. The Super Circuit program is great for staying in cardiovascular and muscular shape. Call the college and ask for John Woods, assistant basketball coach, or myself for more information. John is currently the manager of the fit lab.

I teach a class entitled "Conditioning for Older Americans" every Monday, Wednesday and Friday at 8 a.m. Through marching and light weights we attempt to stay in shape. Give me a call at the college if you want more information.

There are also weight lifting courses that will be offered in the fitness laboratory this semester. We are slowly updating the facility and this will be the first time the weights classes will be offered there.

Head baseball coach Ryan Carter and I teach those courses. The advantages of the weights courses are that I can create personal programs for participants, and they may workout at a time that fits them best. There are two courses offered the first eight weeks and one the second eight

There are several other courses that the public may be interested in, such as martial arts, golf, trap shooting or scuba diving. Please check the sure. Keith Langford, who hit the Colby Community College schedule of classes, which you can pick up at the college, for times and availability.

I will also answer any questions you might have about physical education courses at Colby Community College.

I HOPE everyone has a great week.

 $Ray {\it Nolan is sports information director} {\it at Colby Community College}.$ His column appears on Mondays. Email Ray at ray@colbycc.edu.

Broncos beat Colts, will meet again in playoffs But next time around, Indy

will have big names on field DENVER (AP) — The Indianapolis Colts put their 'B' team on the field and left Peyton Manning

and Edgerrin James on the sideline. The Denver Broncos took advantage with a 33-14 victory Sunday and earned a dubious reward: A trip to Indy for the playoffs to face the Colts at full strength.

"If we were going to have Peyton and our whole group out there, then we wanted to use everything we had," Colts coach Tony Dungy said. "We weren't going to do that if we were going to have to play these guys again."

yards and two touchdowns as Denver (10-6) earned the AFC's final wild-card spot, and a rematch next Sunday in which Manning will almost certainly throw more than the two passes he attempted in this

The teams also met last year in the first round, and the Colts (12-4) embarrassed the Broncos 41-10.

"I called that 'The Scene of the Crime,' because they stole our season from us there, and they did it in a big way," Broncos receiver Rod Smith said.

The Colts came into this game locked into the third seed in the AFC playoffs and knowing a rematch with Denver was very possible. They had nothing to play for, and acted accordingly.

Manning played just one series, Jake Plummer threw for 246 finishing the regular season with the same NFL-record 49 touchdowns he entered the week with.

> "It's not something you want to get used to," Manning said. "I'd rather be out there playing."

He wasn't alone.

series, running once for minus-2 yards. The Colts started three rookies in their defensive backfield and Plummer took advantage, writing a nice closing chapter to a difficult record. regular season in which he took every snap.

the season, surpassing John Elway (1993) for the single-season fran-son.

James also played just the first chise record. His two touchdowns, including a 38-yard, over-theshoulder catch by Ashley Lelie, gave Plummer 27 for the season, which tied Elway for the team

Plummer avoided any interceptions and finished the year with 20, His 246 yards gave him 4,089 for many of which cost the Broncos dearly in a wildly inconsistent sea-

SportsLine Basketball, wrestling resume

Colby School District

Tuesday—(weather permitting) C-team boys basketball at Hays-TMP 4:30 p.m.; JV boys at Hays-TMP 6 p.m., followed by JV girls (13th Street Gym); varsity girls at Hays-TMP 6:15 p.m., followed by varsity boys.

Thursday — 7A/8(A-B) basketball with Hays Felten 4 p.m., elementary gym; JV/Varsity wrestling with Goodland, 6:30 p.m. high school gym. **Friday** — Wrestling Dual Tournament at Dallas (to be announced); basketball C-team/JV/Varsity at Goodland (NWKL game), 4:45/6:30 p.m.

Saturday — Dallas Wrestling Tournament continues (to be announced); JV wrestling at WaKeeney tourney, 9 a.m.

Bigcomeback for KU

LAWRENCE (AP) — The Kan- if the comeback showed the toughsas Jayhawks were playing without ness of the Jayhawks as well as the their finest player, and that actually seemed the least of their worries.

They also were down 16 points in the first half to the same deep, confident, talented Georgia Tech team that had bounced them out of last season's NCAA tournament.

Embarrassment seemed at hand. They had every right to fold.

But they didn't. Why didn't they? Why did Bill Self's shorthanded, second-ranked Jayhawks rally in steamy Allen Fieldhouse Saturday, force overtime and finally beat the Yellow Jackets 70-68 in a college basketball classic?

Actually, no one seemed quite winning shot with 3.3 seconds left, thinks it might have something to do with the tradition of Allen Fieldhouse and the loyal Kansas fans who hoisted the decibel level to something approaching a jet en-

Aaron Miles, who became Kansas' career assists leader, wondered could hardly miss.

heart.

Christian Moody, after playing great defense on 7-foot-1 Luke Schenscher, figured the Jayhawks were trying to prove to themselves and everyone else that yes, they could beat a good team without Wayne Simien.

But like everybody who took part in one of the most rousing games Allen ever hosted, Moody wasn't quite sure.

'Playing without Wayne, even though we had already played one game without him (against Wisconsin-Milwaukee), I think everybody was high-strung at first," Moody said. "We wondered what it would be like playing against a team like Georgia Tech.'

At first, it was horrid.

The Jayhawks (9-0) couldn't shoot or defend.

Jarrett Jack, who burned them for 29 points in last season's overtime loss in the NCAA tournament,

Brewster School District

Thursday — Junior high basketball at home against Grinnell, 3 p.m. Friday — High school basketball at home against Tribune, 6:30 p.m.

Golden Plains School District

Tuesday — (weather permitting) High school basketball at home vs. Triplains 5:30 p.m.

Thursday — Middle school basketball at home vs. Triplains 3 p.m. Friday — High school basketball at home vs. Logan 4:30 p.m.

Colby Community College

Complete listing for this week in Ray Nolan's "On Campus" column elsewhere on today's SportsPage.

Items for this column to colbysports@nwkansas.com, td@nwkansas.com, fax 462-7749 or call 462-3963. Items accepted up to 9:30 a.m. of the day of requested publication.

EAT HEARTY..... STEAK FRY-

Wednesday - 6:30 p.m.

Your choice of Potato and Salad

OLBY VFW

MEMBERS & GUESTS WELCOME!

JANUARY 4

Check each issue of the Free Press for additional TV Listings

TV LISTINGS sponsored by the COLBY FREE PRESS

WEEKDAYS JANUARY 4 - JANUARY 10

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC	News		Good Morning America				Mak- eover	Judge- Brown	The View		Million- aire	News
KSNK/NBC	News Con	nt'd	Today						Live With Regis and Kelly		In the Heat of the Night	
KBSL/CBS	News		The Early Show			Show	The 700 Club		The Price Is Right		The Young and the Restless	
K15CG 3	BBC World	Yoga	Body Electric	Caillou	Beren. Bears	Barney- Friends	Sesame S	Street	Dragon Tales	Beren. Bears	Mister Rogers	Teletub- bies
WGN 13	Chang- ing	Believer Voice	Happy Days	Happy Days	Hillbil- lies	Hillbil- Matlock lies			In the Heat of the Night		Magnum, P.I.	
NICK 29	Oddpar- ents	Jimmy Neutron	Rugrats	Spon- geBob	Dora the Explorer	Blue's Clues	Miss Spider	Lazy- Town	Backyar- digans	Dora the Explorer	Blue's Clues	Little Bill
FAM 30	Digimon- Digital	Digimon- Digital	Power Rangers	Bey- blade	Varied	Living the Life	The 700 Club		Gilmore Girls		Full House	Full House
USA 31	Coach	Coach	Movie Varied				Nash Bridges	Varied	The Varied Programs District			
TBS (37)	Saved by Bell	Saved by Bell	Movie				Dawson's Creek		Dawson's Creek		Saved by Bell	Saved by Bell
TNT (38)	The Pretender		Angel		Charmed		ER		ER		Judging Amy	
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	Assignme Discovery			The Party Planner With David Tutera		Surprise by Design		Designer Guys
A&E (47)	Titanic		Sell This House	Movie	Varied Programs				Third Watch		City Confidential	
ESPN (49)	SportsCenter		SportsCenter		Sports- Center	Varied	SportsCenter		SportsCenter		Sports- Center	Varied
HBO	Movie Varied Pr Cont'd		ograms		Movie	Varied Programs			Movie		•	Varied
DISN (17)	Koala Brothers	The Wiggles	Higgly- town	JoJo's Circus	The Wiggles	Stanley	Rolie Polie	PB&J Otter	Out of the Box	The Wiggles	Koala Brothers	Higgly- town
MAX	Movie Co	nt'd	Varied Pro	ograms	•		•	•	•	•	•	•

WEEKDAYS JANUARY 4 - JANUARY 10

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC 4 6	All My Chi	ildren	One Life to Live General Ho		ospital	al Judge Judge Judy Judy		The Jane Pauley Show		News	ABC Wid News		
KSNK/NBC 8 9	News	Inside Edition	Days of our Lives		Passions		The Insider	Jeop- ardy!	The Ellen DeGeneres Show		News	NBC News	
KBSL/CBS	News	Bold, Beautiful			Guiding Light		Dr. Phil		Oprah Winfrey		News	CBS News	
K15CG 3	Reading Rainbow	Lions	Varied Programs		-	Clifford- Red	Post- cards	Arthur	Maya & Miguel	Cyber- chase	Zoom	Busi- ness	
WGN (13)	News		Rockford Files		Magnum, P.I.		America's Funniest Home Videos		Cosby Show	Cosby Show	Home Improve.	Will & Grace	
NICK 29	Backyar- digans	Lazy- Town	Thorn- berrys	Rocket Power	Rugrats	Rugrats	Oddpar- ents	Jimmy Neutron	Spon- geBob	U-Pick Live	Hey Arnold!	Rugrats	
FAM (30)	Family Matters	Family Matters	Step by Step	p by Step by Boy Mts. Boy Mts. Full y Step World World Hou				Full House	Gilmore G	irls	7th Heaven		
USA 31	Varied Pro	ograms	-	•	•	-		•	•		JAG		
TBS (37)	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.	Seinfeld	Seinfeld	
TNT 38	Judging A	idging Amy		NYPD Blue		Law & Order		Law & Order		Angel		Charmed	
DSC (42)	Surprise by Design		The Party Planner With David Tutera		Dude Room		Garage Takeover		Monster Nation		Monster Garage		
A&E (47)	American Justice		Sell This House	Movie	ovie Varied Pro		ograms		Third Wat	ch	City Confidential		
ESPN 49	NFL Live	Varied Pro	ograms						Around the Horn	Interrup- tion	SportsCe	nter	
HBO	Movie Varied Pro		ograms				Movie		Varied		Movie		
DISN 17	JoJo's Circus	Stanley	Winnie- Pooh	House of Mouse	House of Mouse	Recess	Lilo & Stitch	Recess	Kim Possible	Proud Family	Even Stevens	Lizzie McGuire	
MAX (21)	Movie Cont'd	Varied Pro	ograms			Movie Var		Varied Pro	Varied Programs			Varied	

TUESDAY

6 **PM** 6**:3**0 7 PM **7:3**0 8 PM 8:30 9 PM 9:30 10 **PM** 10**:3**0 11 **PM** (5:59) Ne ws Colle ge Football: FedEx Orange Bowl Live) (CC) News (CC) |Nightline (CC) Jimmy Kimme Tonight 46 Ne ws Wheel of The Biggest Loser (N) (CC) Dateline NBC (N) The Tonight Show Late ted (CC) (CC) 89 Judging Amy ullaby (CC) _ate Show Ethan Hawke; Alicia Keys. The Amazing Race (N) (CC) Friends (CC) Late Late **12** (11) Nova Welcome to Martin Luther That's Charlie Rose (N) The NewsHour rontline The Jesus K15CG Mars (N) (CC) (DVS) Driven to Defiance With Jim Lehrer (N) actor (CC) World My Boy (CC) Movie: In the Heat of the Night: A Matter of Justice (1994) Carroll O'Connor. (CC) WGN News at Nine Home Delivery Becker (CC) Becker (CC) WGN Will & Home Improve Ned's School Jimmy Oddpar Neutron ents Spon-ge Bob Father-Rose Fresh **Princ**e hood Movie: Little Giants ★★1/2 (1994, Comedy Rick Moranis, Ed O'Neill. Whose Line? Whose The 700 Club (CC) Jamie Kennedy Kennedy FAM Smallville Phoenix (Part 2 of 2) (CC) Jamie (30) Line? Law & Order: SVU (1997, Horror) Law & Order: SVU Access Hollywood USA Me dical Movie: The Relic ★★ Investigation Pilot ere) (CC) Hit List Movie: Jerry Maguire ***/2 (1996, Comedy-Drama) A ciconscience costs a sports agent his job. *Tom Cruise*. (CC) Friends (CC) TBS Law & Order White Rabbitt (CC) (DVS) Law & Order Law & Order Patsy (CC) (DVS) Charmed Charmed Noir (CC) Law & Order (CC) The X-Files TNT Biogenesis (CC) Dazzled (CC) (DVS) (DVS) American Choppe Leno Bike 2 (CC) Deadliest Job in DSC New Detectives: World Biker Build-New Detectives: De adlie st Job in the World (CC) the World (CC) Forensic Science Bounty A&E (47) Amer. Justice Cold Case Files Cold Case Files Crossing Jordan Cold Case Files ESPN Boxing: 1975 Muhammad Ali vs. Chuck Wepner. From 1975 Colle ge Game day (Live) (CC) SportsCenter (Live (CC) Preview Blin (49) (5:15) Movie: The Movie: 50 First Dates ★ HBO Ele ktra-Movie: Seabiscuit ★★★ (2003, Drama) Three men Movie: Laramie Project 2004) Adam Sandler. (CC) ead a racehorse to glory in the 1930s. Tobey Maguire DISN 17 Sister, Sister That's-Raven Movie: Model Behavior ★1/2 (200 Comedy) Kathie Lee Gifford. (CC) Lizzie Sister, McGuire Sister Even Boy Mts. Stevens World That's-Movie: Cabin Fe ve ★★½ (2002) (CC) Movie: Cheaper by the Dozen ★★½ (2003) Steve Martin. (CC) Stories (5:15) Movie: Father of the Bride Movie: Father of the Bride Part II ★★½ (1995, Comedy) Steve Martin. (CC)

WEDNESDAY **JANUARY 5**

	6 PM	6 :3 0	7 PM	7:3 0	8 PM	8:3 0	9 PM	9:3 0	10 PM	10 :3 0	11 PM	11 :3 0	
KLBY/ABC 4 6	(5:59) Ne ws	Ent. Tonight			Alias Authorized Person Premiere) (N) (CC)		onnel Only (Season		News (CC)	Nightline (CC)	Jimmy Kimmel Live (N) (CC)		
KSNK/NBC	Ne ws	Wheel of Fortune			The West Wing Faith-Based Initiative				Ne ws	The Tonig (N) (CC)	ht Show	Late Night	
KBSL/CBS	News (CC)	Friends (CC)			King of Queens	Center- Univ	CSI: NY Tri-Borough (N) (CC)		News (CC)	Late Shov	v (N) (CC)	Late Late	
K15CG 3	The News With Jim I		Do You Sp dialects. (N	eak Amer I) (CC)	ican? Robe	ert MacNeil			BBC World	Two's Cmpny	Charlie Rose (N) (CC)		
WGN (13)	Will & Grace	Home Improve.					WGN News at Nine (CC)		Becker (CC)	Becker (CC)	Home Delivery		
NICK 29	Jimmy Ne utron	Oddpar- e nts	Spon- ge Bob	Unfabu- lous	Full House	Full House		Cosby Show	Rose- anne	Rose- anne	Fresh Prince	Fresh Prince	
FAM 30	Smallville (CC)	Slumber					Whose Line?	Whose Line?	The 700 C	lub (CC)	Jamie Kennedy	Jamie Kennedy	
USA 31	Medical Investigation (CC)		Law & Ord	ler: SVU	Law & Ord	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Movie: School Ties ★★★ (1992)	
TBS (37)	Ray- mond	Ray- mond	Ray- Ray- Seinfeld Seinfeld mond (CC)					Sex and the City	Movie: The Sweetest Thing ★1/2 (2002, Comedy) Cameron Diaz. (Premiere)				
TNT 38	Law & Ord (CC) (DVS		Law & Order Movie: De sperado (19 gunman takes aim at a			a Méxican drug lord.		Movie: De sperado (1 gunman takes aim at a					
DSC 42	American Chopper				MythBusters Chicken Gun (CC)		Great White Down Under		Motorcycle Mania (CC)		MythBusters Chicken Gun (CC)		
A&E (47)	American The Roser		American Justice Keepers: A Jol Behind Bars (C				Biography Jeopardy! (CC)		Crossing Jordan (CC)		American Justice		
ESPN (49)	Colle ge Baske tball: Princeton at Duke. (Live) (CC)					te tba ll: Pho nter. (Live)	enix Suns at Houston I (CC)		Rockets. SportsCer (CC)		nter (Live) Outside- Lines		
HBO (7)	Movie: Harry Potter and the Chamber of Secrets *** (2002, Fantasy) A malevolent force threatens the students at Hogwarts.						Inside the NFL (N) (CC)		Real Sports (CC)		Movie: League of Extra. Gentlemen		
DISN (17)	Sister, That's- Movie: Zenon: The Z Sister Raven Science Fiction) Kirste							Sister, Sister	Even Stevens	Boy Mts. World	Proud Family	That's- Raven	

Movie: Eurotrip ★★ (2004) Michelle Trachtenberg. (CC)

All Nude Peep Show

(5:00) Movie: Mr. Holland's Movie: Malibu's Most Wanted Opus *** (1995, Drama) (CC) ** (2003) Jamie Kennedy.