

Family

Deaths

Sydni Celeste Perkins

Sydni Celeste Perkins was born on April 10, 2002 in Colby to Rachel M. Perkins. She died on Sunday, June 19, 2005 at the age of three years.

Sydni is survived by her mother, Rachel Perkins of Lawrence; her grandmother, Tracey Perkins of Colby; her grandparents, Chuck and Winona Perkins of Colby; great-grandmother Margaret Perkins of Colby and her uncle, Adam Perkins of Colby.

She was preceded in death by her great-grandparents, Leland and

Dr. Ernest Richard (Dick) Cram

Dr. Ernest Richard (Dick) Cram, M.D., 81, of St. Francis, died Sunday, June 19, 2005 at Cheyenne County Hospital. Dr. Cram was born April 1, 1924 in St. Francis to Ole Robert and Elizabeth Mary (Ringo) Cram. He attended St. Francis community schools; Kansas State University and the University of Kansas, Doctor of Medicine. He was a lieutenant in the Army Air Corps Reserves and was a physician lieutenant in the Air Force Reserves.

He married Bonnie Jean Waters on Aug. 29, 1948. He practiced private family medicine in St. Francis and served as the Cheyenne County Coroner from 1954-1992. He also was active in community service such as Cheyenne County Health Officer; Emergency Medical Technician instructor; Cheyenne County Ambulance Supervisor; Cheyenne County Medical Staff President and chief of staff; member of St. Francis High School and district school board; president, St. Francis Rotary Club; Chamber of Commerce life

'Hoarding' a problem

Most people have lots of "stuff" including collections of specific objects, or accumulated family heirlooms and mementos. Some people keep such items stored and well-ordered while others have a difficult time remembering where it all ended up. But some people go far beyond saving and collecting to what is called "problem hoarding." That is, the excessive collection and retention of things, including animals, until it interferes with day-to-day functions.

Hoarding behaviors begin at an early age but are not usually seen as a problem until later in life. Hoarding problems have become increasingly apparent in the elderly, particularly when declining health results in caregivers being more involved in the home. Extreme cases include serious self-neglect, piles of rubbish in the living environment and living in general squalor. These seniors usually live alone, frequently deny their condition and often refuse help. Their situation comes to the attention of others when friends or neighbors report their concerns to health officials or law enforcement.

Problem hoarding is increasing nationally, particularly in the elderly. It has become a public health issue and a mental health issue. Problem hoarding can cause safety and health hazards. This behavior has serious consequences in terms of personal and financial costs, quality of life, community health risks and deterioration in physical, emotional and social well-being. It is a behavior that, at this time, is not well understood and that requires the help of professional organizers, mental health treatment and the involvement and support of other caregivers for improvement to occur.

Editor's note: The preceding article was contributed by Karen Beery, Consultation and Education Department with High Plains Mental Health in Hays. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to: High Plains Mental Health Cen-

Markets

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Celeste McClain and great-grandfather Max Perkins.

Funeral services will be Friday, June 24, 2005 at 10:30 a.m. at Sacred Heart Catholic Church in Colby with Father Dana Clark officiating. Burial will be at Sacred Heart Cemetery in Colby.

Visitation at Harrison Chapel in Colby will be Thursday, June 23 from 9 a.m. to 8 p.m. Memorial donations in Sydni's name may be left at any Colby bank or Harrison Chapel. Harrison Chapel in Colby is handling arrangements.

member and president; board of High Plains Mental Health Center in Hays; member of First Christian Church in St. Francis. He was also involved in Boy Scouts of America, serving as a Scoutmaster and also received the Silver Beaver and Wood Badge awards from the Coronado Council.

Dr. Cram is survived by his wife, Bonnie Jean Cram; five children, Richard Lloyd Cram of Topeka; daughter Ione Beth Slattery of Hays; daughter Claudia Bunker of Loveland, Colo.; son Ole Robert Cram, III, of Riverside, Calif. and daughter Adele DeGood of Colby; one brother, James Jacob Cram of Denver, Colo. and seven grandchildren. Services were at 2 p.m. today at Peace Lutheran Church in St. Francis. Memorials are suggested to Cheyenne County Hospital, St. Francis Good Samaritan Village, St. Francis First Christian Church, Troop 120 Boy Scouts, Cheyenne County Emergency Medical Technicians and St. Francis Riverside Recreation.

Plain Sense

ter, Plain Sense, Consultation and Education Department, 208 E. Seventh, Hays, Kan. 67601.

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Bible school kids enjoy 'visit' to Africa

Africa, Vacation Bible School attendants learned, is an interesting continent. The children who attended during the week presented a program Friday evening to sing songs of praise and exhibit vignettes to show what they had learned in the bible studies. Coordinator Linda Latham acknowledged all the teachers and workers. A time of fellowship following the program was enjoyed by all; as well as cake and ice cream served by Marilyn Ochs and Belinda Cranston.

Pauline Smith enjoyed having her son, Ron Smith, and his wife Cher, of Overland park spend a weekend in her home.

While they were here they all called on Gerald and Betty Shipley

Rexford residents have many guests for reunion

The grandchildren of Joseph and Julia Pavlicek met on June 12-13 for a reunion at the home of Doris Jean Oliver.

Others in attendance were Donald Fortin and his fiancée Maureen from Topeka; Carol Bollig, Alieso Viejo, Calif.; Brenda Gordon, Pine Mountain, Calif.; Aremen Micek, Claremore, Okla.; Rita White, Fort Myers Beach, Fla.; Dean and Darlene McCall, Hurst, Texas; Tex and Charlene Shaw, Selden; Dennis and Marla Rogers, Selden; and Taryn Rogers, Dresden. There were three generations attending. On Monday, several members of the group visited the museum and Bohemian Hall in Oberlin.

They all had a very enjoyable time.

Special teaching guest at the Rexford Community Church June 26-28 will be Obe Hokanson, Assistant Professor of Bible and Theology at the College of Biblical Studies in Houston, Texas.



Jean Lowe

• Winona Correspondent

in Oakley.

Larry Jantz and his grandson, Payton, were in Winona Wednesday. Lucille Bruns joined them for lunch at the Prairie Skillet.

Skyler Goyen of Kingman spent a week in Winona with his grandmother, Donita Goyen. They met his parents, Kevin and Dorena Goyen in Russell Sunday and Skyler returned to Kingman with them.

Bill and Angie Sroufe came a long way to celebrate their birth-

days and second wedding anniversary. Actually, they had a break in the schedule in Lake Charles, La. and came to Winona to visit family and friends. Bill's mother, Dalene Bartell, planned a party and invited many friends whom they wouldn't have otherwise had the time and occasion to see. Joyce Bartell and Kyle Bartell and a host of friends were treated to chocolate and white cakes and ice cream in the meeting room at the Winona Bar and Grill Wednesday evening.

A Sunday outing to Colorado Springs was some quality time for Joyce Bartell, Kyle Bartell and Bill and Angie Sroufe to spend together. They visited Rich and Laura Ausmus and Rick and Becky Ausmus before returning to

Winona.

Betty Haverfield and her grandson, Max Haverfield, traveled to Kerrville, Texas stopping along the way whenever the notion struck them. They went for Betty's grandson, Luke Parkhurst's graduation from Fredericksburg High School. Luke is the son of Rick and Nancy Parkhurst. He has been accepted to Trinity College in San Antonio, Texas. Betty's daughter, Nancy was quoted as saying, "They could have skated back to Kansas faster," after she learned they took as much time returning home as they spent arriving in Texas.

Caren Lowe was a Thursday overnight guest of Jean Lowe enroute to a conference in Breckenridge, Colo.



Resource Parents Wanted

Resource parents are outstanding, loving adults, willing to foster or adopt a child or teen, including those with special needs. Resource parents can be single or married, rent or own their residence, have experience or be new to parenting. Saint Francis benefits and supports include, tax-free compensation, free training, respite/relief care, professional support and crisis services 24/7, a newsletter and much more! Learn more at an informational meeting, the last Monday of every month, 5:00 pm to 6:00 pm at The Saint Francis Academy Foster Care Homes office, 155 W. 4th St., Colby. If you could share your heart, open your home, and give hope to a child, please call, 1-866-999-1599 (toll free). EOE



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Ad deadline is June 21



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