

Back problems sideline Briney from Helsinki run

By Tom (TD) Dreiling

Free Press Publisher

The Colby Free Press had planned to do a story for today's edition on a former Colby/Brewster resident who was scheduled to run in Helsinki, Finland on Aug. 11.

Trent Briney, 26, who was educated in Brewster and Colby elementary schools, was selected by USA Track & Field as a marathon representative for Team USA for the IAAF World Championships in Athletics in Helsinki.

Briney, of Rochester Hills, Mich., burst onto the U.S. scene with a fourth-place (2:12:34) performance at the 2004 U.S. Olympic Men's Marathon Trials, earning his first Team USA appearance.

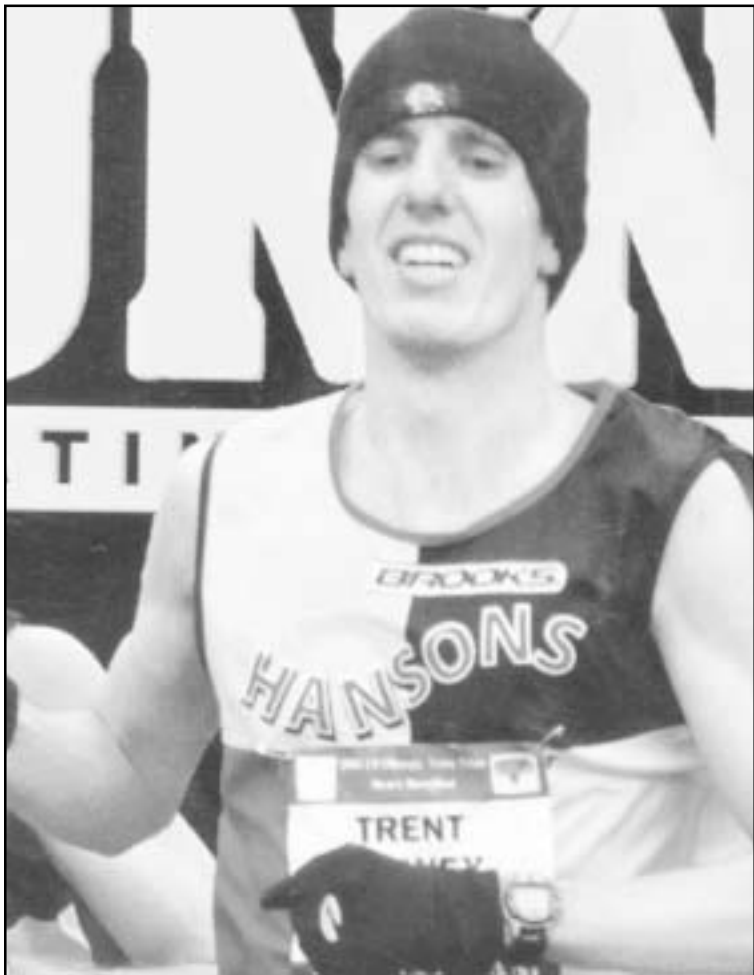
However, Briney pulled out of the Helsinki championships this past week when he told coaches that he came down with back problems.

Jackie (Mrs. Marvin) Gilkerson, of Colby, Trent's grandmother, told the *Free Press* that many family members had tickets to fly to Helsinki to watch Trent perform. "That isn't going to happen now, since he told his coaches of his back problems," Mrs. Gilkerson said. "He and we were all devastated."

Trent is the son of Todd Briney of Phoenix, and Teresa Loughran of Colorado Springs, Colo.

He is also the grandson of Buell Briney of Brewster and the late Ruth Briney.

The *Free Press* will attempt to contact Trent to get an update and



Trent Briney is pictured here on the cover of a recent issue of the Michigan RUNNER magazine.

his view of the future.

Recent performances by Trent included a personal best of 28:44 for 10,000 meters at the Stanford Inv-

tational. He was a four-time NCAA Division II All-American at the University of Colorado at Colorado Springs.

Skin infection can be prevented

TOPEKA — Maybe you have a weakened immune system and are in the hospital for an extended stay or you are a high school football player who scraped your knee training for the upcoming season. Maybe you are a military recruit living in cramped quarters. What do all of these people have in common? They are all at risk for contracting a skin infection called methicillin-resistant Staphylococcus aureus, which is a type of staph infection, said Dr. Gail Hansen, state epidemiologist at the Kansas Department of Health and Environment, Topeka..

There are two types of this skin infection: hospital-acquired and community associated. In the past, this particular skin infection has usually stricken people with compromised immune systems in healthcare facilities, but in recent years has been increasing in the community in populations without the usual risk factors for hospital-acquired methicillin-resistant Staphylococcus aureus. There is now a growing concern for acquiring and spreading this community-acquired skin infection. Outbreaks have been identified among sports teams, family members, and other populations that live in close quarters, Hansen said. Factors that are associated with the spread of this skin infection include close skin-to-skin contact; cuts and abrasions to the skin; contaminated objects and surfaces like sports equipment; crowded living conditions; and poor hygiene such as sharing towels or drinks and not washing hands often.

"It is important to understand that all people have staph bacteria on their skin and in their nose. Sometimes the staph bacteria can cause a minor infection such as a pimple or boil," Hansen said.

"However, some strains of staph bacteria can cause very serious infections. MRSA falls into this category," she said.

This skin infection may look like

a pimple or a boil and be red, swollen, painful, or have pus or other drainage. Very often people report having a spot or lesion on their skin that looks like a spider bite. More serious infections can cause pneumonia, bloodstream infections, bone infections, "flesh-eating" infections, and death. To prevent contracting community acquired methicillin-resistant Staphylococcus aureus, practice good hygiene, including:

- Keep your hands clean by washing with soap and water.
- Keep cuts and scrapes clean,

dry, and covered with a bandage until healed.

- Avoid contact with other people's wounds or bandages.
 - Avoid sharing personal items such as towels or razors.
- If you have this skin infection it is important to:
- Cover your wound, change bandages regularly, and wash hands thoroughly after changing the bandage or touching the infected wound. Wash your hands frequently with soap and warm water.
 - Take a full-body shower each day.

SportsLine

Hunter Ed Courses scheduled

A Hunter Education Course will be held on Aug. 23, 25 and 27 at the Colby Community Building. Anyone born after July 1, 1957 must attend and pass the course. The only exceptions are those under 16. Class times: Aug. 23, 6:30-9:30 p.m.; Aug. 25, 6:30-9:30 p.m.; and Aug. 27, 8:30 a.m. to noon. Range training will also be held from 2-4 p.m. on Aug. 27. Students must attend call sessions and must pre-register at the Pirates Den, 1115 S. Franklin, Colby. Students must be at least 11 years of age.

For more information call the Pirates Den at (785) 460-3361, Benny Young (785) 462-7602, Matt Bain (785) 462-3367 or Chris Berens (785) 462-3367

Soccer registration set

Registration for the news season of play for the American Youth Soccer Organization will be held Aug. 9 from 7 a.m. to 5 p.m. at Colby High School. All players ages 4 1/2 years to 19 are eligible. The soccer organization is also seeking volunteers who would like to coach or become a referee. All volunteers will receive American Youth Soccer Organization training and support. Call 460-AYSO (2976) for more information.

One more free youth shoot

The Colby Trap Club and the Kansas Department of Wildlife and Parks' "Pass It On" program will have one more free shoot for youth (under 18), women and inexperienced shooters that will be held on Aug. 21 at the Colby Trap Club 5 miles west of Colby at 3 p.m. For more information contact Benny Young at 785-462-7602, KDWP Office at 462-3367 or any Trap Club board member

Eagle weight room closes Aug. 11

The Colby High weight room continues to be open to any Colby School District student-athlete every Monday, Tuesday, Wednesday and Thursday, through Thursday, Aug. 11. Sessions run from 6-7:15 a.m., 7:15-8:30 a.m., 8:30-9:45 a.m., and 8-9:15 p.m. It is important that athletes arrive a few minutes before the session they plan to attend. If athletes are late for a session, they will go with the next session. If you have any questions concerning the summer workout program, please call the high school office at 460-5300.

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TV LISTINGS sponsored by the COLBY FREE PRESS

WEEKDAYS														AUGUST 2 - AUGUST 8													
	6 AM		6:30		7 AM		7:30		8 AM		8:30		9 AM		9:30		10 AM		10:30		11 AM		11:30				
KLBY/ABC 4 6	Good Morning Kansas				Good Morning America								The Jane Pauley Show				The View				Millionaire		News				
KSNK/NBC 8 8	News Cont'd				Today												Live With Regis and Kelly				Paid Program		Paid Program				
KBSL/CBS 12 11	News Cont'd				News				The Early Show				The 700 Club				The Price Is Right				The Young and the Restless						
K15CG 2	BBC World		Yoga		Body Electric		Caillou		Beren. Bears		Barney-Friends		Sesame Street				Dragon Tales		Beren. Bears		Mister Rogers		Teletubies				
ESPN 28	SportsCenter				SportsCenter				SportsCenter		Varied		SportsCenter				SportsCenter				Baseball Tonight		NFL Live				
USA 37	Coach		Coach		Movie								Varied Programs														
TBS 38	Saved by Bell		Saved by Bell		Movie		Varied Programs						Dawson's Creek				Dawson's Creek				Becker		Becker				
WGN 39	Changing		Believer Voice		Happy Days		Happy Days		Hillbilities		Hillbilities		Matlock				Rockford Files				Magnum, P.I.						
TNT 40	The Pretender				Angel				Charmed				ER				ER				Judging Amy						
DSC 42	Paid Program		Paid Program		Paid Program		Paid Program		Varied Programs								Surprise by Design				Go Ahead, Make My Dinner						
A&E 47	Varied Programs				Third Watch				Varied Programs								Investigative Reports				City Confidential						
HIST 48	Varied Programs																										
NICK 55	Oddparents		Oddparents		SpongeBob		SpongeBob		Dora the Explorer		Blue's Clues		Backyardigans		Dora the Explorer		Blue's Clues		Lazy-Town		Rugrats		Chalk-Zone				
DISN 56	Breakfast With Bear				Higglytown		JoJo's Circus		The Wiggles		Charlie & Lola		Rolie Polie		Koala Brothers		Doodlebops		The Wiggles		Higglytown		JoJo's Circus				
FAM 58	Battle B-Daman		Spider-Man		Power Rangers		Power Rangers		Two of a Kind		Living the Life		The 700 Club				Gilmore Girls				Full House		Full House				
HALL 60	New Morning		Paid Program		The Waltons				Dr. Quinn, Medicine Woman				Little House on the Prairie				Little House on the Prairie				The Waltons						

WEEKDAYS						AUGUST 2 - AUGUST 8							
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC 4 6	All My Children		One Life to Live		General Hospital		Judge-Brown	Judge-Brown	Judge Judy	Judge Judy	News	ABC Wild News	
KSNK/NBC 8 8	News	Inside Edition	Days of our Lives		Passions		The Insider	Jeopardy!	The Ellen DeGeneres Show		News	NBC News	
KBSL/CBS 12 11	News	Bold, Beautiful	As the World Turns		Guiding Light		Dr. Phil		Oprah Winfrey		News	CBS News	
K15CG 2	Reading Rainbow	Lions	Varied Programs			Clifford-Red	Post-cards	Arthur	Maya & Miguel	Cyber-chase	Zoom	Business	
ESPN 28	Varied Programs			Year-book	Year-book	1st & 10	NFL Live	Rome-Burning	Around the Horn	Interruption	SportsCenter		
USA 37	Varied Programs												
TBS 38	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.	Seinfeld	Seinfeld	
WGN 39	News		Rockford Files		Magnum, P.I.		America's Funniest Home Videos		Cosby Show	Cosby Show	Home Improve.	Will & Grace	
TNT 40	Judging Amy		NYPD Blue		Law & Order		Law & Order		Angel		Charmed		
DSC 42	Prosecutors: In Pursuit of Justice		The New Detectives		The FBI Files		The FBI Files		MythBusters		Monster Garage		
A&E 47	American Justice		Third Watch		Varied Programs				Investigative Reports		City Confidential		
HIST 48	Modern Marvels		Varied Programs										
NICK 55	Hey Arnold!	Rock Star	Jimmy Neutron	Oddparents	Grown Up	SpongeBob	Varied Programs						
DISN 56	Lilo & Stitch	Lilo & Stitch	Varied Programs				Sister, Sister	Proud Family	Kim Possible	Brace-face	Lizzie McGuire	Sister, Sister	
FAM 58	Family Matters	Family Matters	Step by Step	Step by Step	Boy Mts. World	Boy Mts. World	Full House	Full House	Gilmore Girls		7th Heaven		
HALL 60	Matlock		Matlock		Little House on the Prairie		Little House on the Prairie		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H	

THURSDAY														AUGUST 4	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30			
KLBY/ABC (4) (6)	(5:59) News	Ent. Tonight	Extreme Make-over (CC)		Hooking Up (N) (Part 4 of 5) (CC)		Primetime (N) (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)				
KSNK/NBC (8) (8)	News	Wheel of Fortune	Joey (CC)	Will & Grace	The Law Firm (N) (CC)		ER Here and There (CC)		News	The Tonight Show With Jay Leno (CC)		Late Night			
KBSL/CBS (12) (11)	News (CC)	Friends (CC)	Big Brother 6 Head of household. (Live)		CSI: Crime Scene Investigation 4x4		Without a Trace Lone Star (CC)		News (CC)	Late Show With David Letterman		Late Late			
K15CG (2)	The NewsHour With Jim Lehrer (N)		Sun-flower	Kansas Spotlight	The New This Old House Hour (CC)		Soundstage Heart (N) (CC)		BBC World	Keeping Up	Charlie Rose (N) (CC)				
ESPN (28)	Sports-Center	Street-bail (CC)	City Siam (N)		X Games Los Angeles. (Live) (CC)				SportsCenter (Live) (CC)		Baseball Tonight	NFL Live (N) (CC)			
USA (37)	The 4400 Rebirth (CC)		Law & Order: SVU		Movie: Tornado! (1996, Drama) Storm chasers race a twister to test scientific equipment. Bruce Campbell.				Movie: Dante's Peak ***½ (1997) Pierce Brosnan. (CC)						
TBS (38)	MLB Baseball: Atlanta Braves at Cincinnati American Ball Park. (Live) (CC)		America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		Movie: Tin Cup *** (1996) An undisciplined golfer attempts to reach the U.S. Open. Kevin Costner. (CC)		Movie: Play It						
WGN (39)	Will & Grace	Home Improve.	America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		WGN News at Nine (CC)		Becker (CC)	Becker (CC)	Home Delivery				
TNT (40)	Law & Order Menace (CC) (DVS)		Movie: The Negotiator *** (1998, Action) negotiator is accused of committing murder.		A top police negotiator is accused of committing murder. Samuel L. Jackson.				Movie: The Negotiator *** (1998, Action) Samuel L. Jackson. (CC) (DVS)						
DSC (42)	American Chopper (CC)		Hostage Negotiations (CC)		Inside the Witness Protection Program		Proof Positive (CC)		Hostage Negotiations (CC)		Inside the Witness Protection Program				
A&E (47)	American Justice (CC)		Cold Case Files A killer's girlfriend calls police; actress murdered. (CC)		The First 48 (CC)				Crossing Jordan Skin & Bone (CC)		Cold Case Files (CC)				
HIST (48)	Modern Marvels Hangars (CC)		Quest for Dragons Dragons appear in most cultures. (N) (CC)		Modern Marvels Oil Tankers (CC)				Weird U.S. Strange But True (CC)		Quest for Dragons (CC)				
NICK (55)	Movie: Hey Arnold! ** (2002, Comedy)		The Movie	Romeo!	Full House	Full House	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince			
DISN (56)	That's Raven	That's Raven	Movie: Brink! ***½ (1998) An in-line skater deserts his pals to join a rival team.		American Drgn		Sister, Sister	Sister, Sister	That's Raven	That's Raven	Sister, Sister	Kim Possible			
FAM (58)	Smallville Velocity (CC)		Movie: Flight of the Navigator *** (1986, Fantasy) Joey Cramer. (CC)		Whose Line?		Whose Line?		The 700 Club (CC)		Home Videos		Home Videos		
HALL (60)	Walker, Texas Ranger War Cry		Walker, Texas Ranger (CC)		Movie: Perry Mason: The Case of the Musical Murderer ** (1989) Raymond Burr.				M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H Letters		M*A*S*H (CC)		

FRIDAY							AUGUST 5						
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC 4 6	(5:59) News	Ent. Tonight	8 Simple Rules	Hope & Faith	Hope & Faith	Less-Perfect	20/20 (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (N) (CC)		
KSNK/NBC 8 8	News	Wheel of Fortune	Dateline NBC (CC)			Crossing Jordan Deja Past (CC)		News	The Tonight Show With Jay Leno (CC)		Late Night		
KBSL/CBS 12 11	News (CC)	Friends (CC)	Veronica Mars Clash of the Tritons		60 Minutes (CC)		NUMB3RS Structural Corruption		News (CC)	Late Show With David Letterman		Late Late	
K15CG 2	The NewsHour With Jim Lehrer (N)	Wash. Week	NOW (N) (CC)		Market-Market	Baxter Black	Evening at Pops (CC)		BBC World	Red Green	Charlie Rose (N) (CC)		
ESPN 28	Sports-Center	Street-ball (CC)	City Slam (N)		X Games Los Angeles. (Live) (CC)				SportsCenter (Live) (CC)		Baseball Tonight (N) (CC)	NFL Live (N) (CC)	
USA 37	(5:00) Movie: Tornado! (1996)		Law & Order: SVU		Law & Order: SVU		Monk Crime-filled weekend for Monk.		Law & Order: SVU		Monk Crime-filled weekend for Monk.		
TBS 38	Raymond	Raymond	MLB Baseball: Atlanta Braves at St. Louis Cardinals. Busch Stadium. (Live) (CC)						Friends (CC)	Friends (CC)	Minding the Store	Minding the Store	
WGN 39	MLB Baseball: Chicago Cubs at New York Mets. Shea Stadium. (Live) (CC)						WGN News at Nine (CC)		Becker (CC)	Becker (CC)	Home Delivery		
TNT 40	Law & Order I.D. (CC) (DVS)		Movie: Ali *** (2001, Biography) Based on the life story of legendary boxer Muhammad Ali. Will Smith.				Movie: Ali *** (2001, Biography) Based on the life story of legendary boxer Muhammad Ali. Will Smith.						
DSC 42	American Chopper Race Car 2 (CC)		Monster House Hero: Police Station		American Chopper Dixie Chopper 2		American Hot Rod (CC)		Monster House Hero: Police Station		American Chopper Dixie Chopper 2		
A&E 47	American Justice: Sins of a Priest		Biography David Hasselhoff Actor and singer David Hasselhoff. (N) (CC)				Biography: The Manson Women		American Justice Jeff Zack. (CC)		Biography David Hasselhoff (CC)		
HIST 48	Modern Marvels Police Guns (CC)		The Last Days of WWII Atomic bombs.		Mail Call (CC)	Mail Call (CC)	Modern Marvels (CC)		Infams Murder	Ape to Man	The Last Days of WWII Atomic bombs.		
NICK 55	Teenage Robot	Avatar-Last Air	Avatar-Last Air	Cats-cratch	Cats-cratch	Jimmy Neutron	Full House	Full House	Fresh Prince	Cosby Show	Rose-anne	Rose-anne	
DISN 56	That's-Raven	That's-Raven	Phil of Future	Phil of Future	Movie: Max Keeble's Big Move *** (2001, Comedy) Alex D. Linz, Larry Miller. (CC)				That's-Raven	That's-Raven	Buzz on Maggie	Kim Possible	
FAM 58	Smallville Obsession (CC)		Movie: Hook *** (1991, Fantasy) Captain Hook kidnaps the children of the adult Peter Pan. Robin Williams. (CC)						The 700 Club (CC)		Precious in His Sight		
HALL 60	Walker, Texas Ranger Survival		Walker, Texas Ranger (CC)		Movie: Perry Mason: The Case of the All-Star Assassin *** (1989) Raymond Burr.				M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	