

Colby High School Cross Country Girls take first at Oakley meet

By Patty Decker

Free Press Editor
Four Colby girls medaled at the Oakley Cross Country meet recently with Colby's Jessica Stephens, a senior, taking 1st place with a time of 12:16.

Stephens, along with other medalists, Zanae Baird, senior; and Paige Stephens and Aubrette Stephens, both sophomores, contributed to Colby's team win over Oakley 28-27.

"Although this was a smaller meet," said Bob Mannebach, head cross country coach, "there was some good competition and our team performed well during a short break after the Wamego meet."

Mannebach said he believes his team is progressing at the rate expected for this time of the season.

In addition to Jessica Stephens' first place, the following girls finishers were:

Zanae Baird, 7th, 13:18; Paige Stephens, 8th, 13:24; Aubrette Stephens, 9th, 13:33; Kelly Gerstner, a sophomore, 12th, 14:28; Jessica Cox, sophomore, 19th, 15:22 and Andrea Barker, senior, 20th, 15:26.

The junior varsity girls saw Janessa Rasmussen, senior, in 8th place with a time of 17:54 and Kayla Sloan, freshman, 14th with a 19:59 finish.

The Colby boys came in third overall with Josh Baden, Darren Sporing and Ryan Baalman, all juniors, medalling individually.

The final team scores showed Colby with 31 points; Ellis, 40 points and 1st place Wheatland with 55 points.

Baden finished in first place with a time of 18:03; followed by teammate Sporing in 2nd with 18:22. Baalman was 9th at 19:25.

Other varsity runners were Trevor Siebert, junior, 13th place with a time of 19:41; Nick Howard, senior, 15th, at 19:48; R.J. Ladenburger, junior, 16th, 20:00 and Kahle Phillips, freshman, 23rd, with 21:19.

"The goal for this meet was to show improvement," Mannebach said, "and we had good performances on the junior varsity level as well."



By SUSIE MARBLE/Colby Free Press
Jessica Stephens of Colby and Tamara Smith of Junction City battle it out at the finish line at the Hays Invitational Cross Country Meet on Thursday, Sept. 29. Smith won the 5-6A race with a time of 11:34.82 and Stephens won the 1-4A race in 11:35.97. —

Royals have never been this bad

KANSAS CITY, Mo. (AP) — Being a laughingstock, the Kansas City Royals naturally spawned plenty of jokes.

Some of the best ones even made the late-night comedy shows and brought a chuckle to Allard Baird, who found laughs hard to come by as general manager of the worst team in the majors.

"Losses bother me," Baird said. "Jokes do not. The losses were tough."

Tough, but abundant. The Royals of 2005 — grittily sticking to a no-pain, no-gain rebuilding campaign — finished 56-106, an all-time low in the 37-year history of a once-proud franchise. They suffered through a team-record 19-game losing streak while dropping at least

100 games for the third time in four years.

Jose Lima (5-16), the worst pitcher on the worst team, had an ERA of 6.99. No one in baseball history with at least 30 starts ever had one higher. Runelvys Hernandez (8-14) led in victories despite going 0-5 with a 9.15 ERA in his final nine starts. It's the lowest club-leading total the Royals ever had.

And what about that unbelievable rally by Cleveland? Only two other visiting teams in baseball history ever scored 11 runs in the ninth inning.

Baird insists, however, that things are finally turning around. Phase I of his long-term reclamation project is complete, he said, with the arrival of young players such as catcher John Buck, third baseman Mark Teahen, shortstop Angel Berroa and pitchers like Zack Greinke, Mike MacDougal, Mike Wood and Hernandez.

TV LISTINGS

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COLBY FREE PRESS

WEEKDAYS OCTOBER 4 - OCTOBER 10

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
KLBY/ABC (4/6)	Good Morning Kansas		Good Morning America					Martha		The View	Millionaire	News	
KSNK/NBC (5/8)	News Cont'd		Today							Live With Regis and Kelly		Paid Program	Paid Program
KBSL/CBS (12/11)	News Cont'd		News		The Early Show			The 700 Club		The Price Is Right	The Young and the Restless		
K15CG (2)	BBC World	Yoga	Body Electric	Caillou	Jakers! Winks	Barney-Friends	Teletubies	Mister Rogers	Dragon Tales	Beren. Bears	Sesame Street		
ESPN (28)	SportsCenter		SportsCenter					SportsCenter			Varied Programs		
USA (37)	Coach	Coach	Movie			Varied Programs				The District	Varied Programs		
TBS (38)	Saved by Bell	Saved by Bell	Saved by Bell	Saved by Bell	Dawson's Creek		Movie				Becker	Becker	
WGN (39)	Changing	Believer Voice	Happy Days	Happy Days	Hillbilities	Hillbilities	Rockford Files		Matlock		Magnum, P.I.		
TNT (40)	Angel		NYPD Blue		NYPD Blue		ER		ER		Judging Amy		
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	Varied Programs								
A&E (47)	Varied Programs								Investigative Reports		City Confidential		
HIST (48)	Varied Programs												
NICK (55)	Rock Star	Jimmy Neutron	Oddparents	SpongeBob	Dora the Explorer	Blue's Clues	Backyardigans	Dora the Explorer	Go Diego	LazyTown	Miss Spider	Blue's Clues	
DISN (56)	Breakfast Bear	Higglytown	Higglytown	JoJo's Circus	Doodlebops	Charlie & Lola	The Wiggles	Koala Brothers	Rolie Polie	Doodlebops	Charlie & Lola	JoJo's Circus	
FAM (58)	Battle B-Daman	Spider-Man	Power Rangers	Power Rangers	The 700 Club		Living the Life		Gilmore Girls		Step by Step	Full House	
HALL (60)	New Morning	Paid Program	The Waltons		Dr. Quinn, Medicine Woman		Little House on the Prairie		Little House on the Prairie		The Waltons		

WEEKDAYS OCTOBER 4 - OCTOBER 10

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30			
KLBY/ABC (4/6)	All My Children		One Life to Live		General Hospital			Judge-Brown	Judge-Brown	Judge Judy	Judge Judy	News	ABC Wid News		
KSNK/NBC (5/8)	News	Inside Edition	Days of our Lives		Passions			The Insider	Jeopardy!	The Ellen DeGeneres Show		News	NBC News		
KBSL/CBS (12/11)	News	Bold, Beautiful	As the World Turns		Guiding Light			Dr. Phil		Oprah Winfrey	News	CBS News			
K15CG (2)	Reading Rainbow	Lions	Varied Programs			Clifford-Red	Maya & Miguel	Arthur	Post-cards	Cyber-chase	Zoom	Business			
ESPN (28)	Varied Programs														
USA (37)	Varied Programs														
TBS (38)	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.	Seinfeld	Seinfeld			
WGN (39)	News	Varied	Magnum, P.I.		Da Vinci Inquest	Varied	Cosby Show	Cosby Show	Moesha	Moesha	Home Improve.	Home Improve.			
TNT (40)	Judging Amy		Law & Order		Law & Order			Charmed		Charmed		Alias			
DSC (42)	Varied Programs		The New Detectives		The FBI Files			Against the Law		It Takes a Thief		Varied Programs			
A&E (47)	American Justice		Varied Programs												
HIST (48)	Modern Marvels		Varied Programs												
NICK (55)	Dora the Explorer	Go Diego	Rugrats	Rock Star	Teenage Robot	Jimmy Neutron	Oddparents	Oddparents	SpongeBob	Drake & Josh	Grown Up	Danny Phantom			
DISN (56)	Higglytown	JoJo's Circus	House of Mouse	Lilo & Stitch	Varied Programs							Kim Possible	Proud Family	Sister, Sister	Phil of Future
FAM (58)	Family Matters	Family Matters	Boy Mts. World	Boy Mts. World	Full House	Full House	Grounded-Life	Grounded-Life	Gilmore Girls		7th Heaven				
HALL (60)	Matlock		Matlock		Little House on the Prairie		Little House on the Prairie		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H			

THURSDAY OCTOBER 6

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4/6)	(5:59) News	Ent. Tonight	Alias ... (N) (CC)		Night Stalker (N) (CC)		Prime-time (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)	
KSNK/NBC (5/8)	News	Wheel of Fortune	Joey (N)	Will & Grace	The Apprentice (N) (CC)		ER Man With No Name (CC) (DVS)		News	The Tonight Show With Jay Leno (CC)	Late Night	
KBSL/CBS (12/11)	News (CC)	Friends (CC)	Survivor: Guatemala -- Maya		CSI: Crime Scene Investigation (N)		Without a Trace Safe (N) (CC)		News (CC)	Late Show With David Letterman	Late Late	
K15CG (2)	The NewsHour With Jim Lehrer (N)	College Football: North Carolina State at Georgia Tech. (Live)	Frontier House: The American Dream		The This Old House Hour (CC)		Soundstage (N) (CC)		BBC World	Keeping Up	Charlie Rose (N) (CC)	
ESPN (28)	SportsCenter (CC)	College Football: North Carolina State at Georgia Tech. (Live)	SportsCenter (Live) (CC)		SportsCenter (Live) (CC)		SportsCenter (Live) (CC)		SportsCenter (Live) (CC)		Baseball Tonight	NFL Live (N) (CC)
USA (37)	Law & Order: SVU	Law & Order: Criminal Intent	Law & Order: Criminal Intent		Movie: Liar Liar ** 1/2 (1997, Comedy) A lawyer is forced to tell the truth for 24 hours. Jim Carrey.		Law & Order: Criminal Intent		Law & Order: Criminal Intent		Law/Ord SVU	
TBS (38)	Raymond	Raymond	Friends (CC)	Friends (CC)	Movie: The Wedding Planner ** (2001, Comedy) Jennifer Lopez. (CC)		Movie: The Wedding Planner ** (2001, Comedy) Jennifer Lopez. (CC)		Movie: The Wedding Planner ** (2001, Comedy) Jennifer Lopez. (CC)		Movie: The Wedding Planner ** (2001, Comedy) Jennifer Lopez. (CC)	
WGN (39)	America's Funniest Home Videos (CC)	Movie: Grand Canyon (1991) A white lawyer befriends a black tow-truck driver.	WGN News at Nine (CC)		Sex and the City (CC)		Becker (CC)	Da Vinci's Inquest (CC)				
TNT (40)	Law & Order: Act of God (CC) (DVS)	Law & Order: Double Down	Movie: Set It Off *** (1996, Drama) Jada Pinkett, Queen Latifah. (CC)		Movie: Trapped ** 1/2 (2002) A mother fights back after kidnappers take her child.							
DSC (42)	MythBusters Salsa Escape (CC)	Killer Jellyfish	Firehouse USA: Boston		Dirty Jobs Pig Farmer		MythBusters Salsa Escape (CC)		Killer Jellyfish			
A&E (47)	American Justice: Lies of a Friend (CC)	Cold Case Files (CC)	Cold Case Files (CC)		The First 48 House of Blood; Justifiable		Crossing Jordan Locard's Exchange		Cold Case Files (CC)			
HIST (48)	Modern Marvels: Machine Tools (CC)	Snipers: One Shot -- One Kill (CC)	Snipers: World's Deadliest Snipers		Snipers: Stalk and Kill (CC)		Snipers: Law Enforcement		Snipers: One Shot -- One Kill (CC)			
NICK (55)	Oddparents	Jimmy Neutron	SpongeBob	Romeo! (CC)	Full House	Fresh Prince	Full House	Cosby Show	Roseanne	Roseanne	Fresh Prince	Fresh Prince
DISN (56)	That's Raven	That's Raven	Movie: Phantom of the Megaplex (2000, Adventure) Taylor Handley. (CC)		Buzz on Maggie		Sister, Sister	That's Raven	That's Raven	Phil of Future	Kim Possible	
FAM (58)	Smallville: Run (CC)	Movie: Michael *** (1996) Tabloid journalists see the light with an angel's help. John Travolta.	Whose Line? The 700 Club (CC)		Home Videos		Home Videos					
HALL (60)	Walker, Texas Ranger (CC)	Walker, Texas Ranger Rampage	Movie: A Place Called Home (2004, Drama) Ann-Margret, Matthew Settle. (CC)		M*A*S*H (CC)		M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)

FRIDAY OCTOBER 7

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4/6)	(5:59) News	Ent. Tonight	Supernanny Larmer Family (N) (CC)		Hope & Faith (N)	Properties	20/20 (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live Nickelback. (N) (CC)	
KSNK/NBC (5/8)	News	Wheel of Fortune	Dateline NBC (CC)		Three Wishes (N) (CC)		Inconceivable (N) (CC) (DVS)		News	The Tonight Show With Jay Leno (CC)	Late Night	
KBSL/CBS (12/11)	News (CC)	Friends (CC)	Ghost Whisperer Mended Hearts (CC)		Threshold Shock (N) (CC)		NUMB3RS Obsession (N) (CC)		News (CC)	Late Show With David Letterman	Late Late	
K15CG (2)	The NewsHour With Jim Lehrer (N)	Wash. Week	Kansas Week	Market	America's Hrtl	Van Cliburn International Piano Competition: In th		Scoreboard	Red Green	Tavis Smiley		
ESPN (28)	SportsCenter	Baseball Tonight	MLB Baseball: Division Series -- Teams to Be Announced. (Live)		SportsCenter (Live) (CC)		SportsCenter (Live) (CC)		Baseball Tonight	NFL Live (N) (CC)		
USA (37)	Law & Order: SVU	Law & Order: Criminal Intent	Law & Order: SVU		WWE RAW Exposed: Top 10		Law & Order: Criminal Intent		Law & Order: SVU			
TBS (38)	Raymond	Raymond	Friends (CC)	Friends (CC)	Movie: The Replacements ** 1/2 (2000, Comedy) Misfit substitutes take the field during a football strike.		Movie: Hardball * 1/2 (2001, Drama) Keanu Reeves. (CC)					
WGN (39)	America's Funniest Home Videos (CC)	Movie: The Elite ** 1/2 (2000, Action) Jurgen Prochnow, Maxine Bahns.	WGN News at Nine (CC)		Sex and the City (CC)		Becker (CC)	Da Vinci's Inquest Two bodies. (CC)				
TNT (40)	Law & Order: Disappeared	Movie: Miss Congeniality ** (2000, Comedy) Sandra Bullock. (CC)	Movie: Save the Last Dance *** (2001, Drama) Julia Stiles. (CC)		Movie: Crazy Beautiful ** (2001)							
DSC (42)	The FBI Files: Death of a Diplomat (CC)	A Haunting in Connecticut (CC)	A Haunting in Connecticut (CC)		The FBI Files: Stolen Identity (N) (CC)		Search for the Loch Ness Monster		A Haunting in Connecticut (CC)			
A&E (47)	American Justice: Peterson	Biography: Charles Bronson	Biography: Chuck Norris Chuck Norris.		Biography: Joel Rittkin (CC)		American Justice: Scorned		Biography: Charles Bronson			
HIST (48)	Modern Marvels: The Colosseum	The True Story of Killing Pablo (CC)		Mail Call (N) (CC)		Mail Call (N) (CC)		Targeted Manuel Noriega of Panama.		The True Story of Killing Pablo (CC)		
NICK (55)	SpongeBob	Catscratch	Avatar: Last Air	Danny Phantom	Danny Phantom	Reign Storm (CC)	Full House	Fresh Prince	Fresh Prince	Cosby Show	Roseanne	Roseanne
DISN (56)	Zack & Cody	That's Raven	Movie: Harry Potter and the Sorcerer's Stone *** (2001) J.K. Rowling's student wizard has his first adventure. Daniel Radcliffe.		That's Raven		That's Raven	Phil of Future	Kim Possible			
FAM (58)	Smallville: Transference (CC)	Movie: Alchemy ** (2005) A professor invents a computer that has emotions. (CC)	Whose Line? Whose Line?		The 700 Club (CC)		Home Videos		Home Videos			
HALL (60)	Walker, Texas Ranger (Part 1 of 2)	Walker, Texas Ranger (Part 2 of 2)	Matlock The Evening News (CC)		Matlock The Evening News (CC)		M*A*S*H Post Op		M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)

8th Annual Homecoming BBQ

Friday, Oct. 7 ~ 5:30 to 7:00 p.m.

North of bleachers at Scott City High School Football Field

\$4 Burger, fixings, chips & drink

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Fri. & Sat.: 7:15 & 9:00 (PG-13)
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SEPT. 30 - OCT. 6

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Sun. thru Thurs.: 7:00 2:00

THE MAN

Fri. & Sat.: 7:15 & 9:00 (PG-13)
Sun. thru Thurs.: 7:15 1:24

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