

# Family

## Potato bar scheduled at Senior Center

The Senior Progress Center, 165 Fike Park, will have a fund-raiser potato bar from 5-8 p.m. Wednesday. Come enjoy a good time and support the local senior center.

There are plenty of activities scheduled at the center for the week of April 24-28, including exercise with Diann Gerstner at 10 a.m. Monday and it's also lollipop day. Tuesday exercise is at 9:30 a.m. and bring a favorite cookie recipe and sample to the center. Exercise with Diann Gerstner is at 10 a.m. Wednesday and Mary Ramey will provide one last day of prescription insurance help. The potato bar is from 5-8 p.m. Exercise is at 9:30 a.m. Thursday, followed by Bingo at 11 a.m. Friday exercise is at 9:30 a.m., followed by exercise with Diann Gerstner at 10 a.m.; also, wear curlers because it's Hairstyle Month; also Denim Day.

The Thomas County Nutrition Center in Colby wishes to invite those 60 and older and their guests to attend daily luncheons in Colby Monday through Friday. Reservations may be made by calling (785) 460-2901 the day before. Home delivery is also available for those unable to attend due to social or physical disabilities. Those who work are also invited to come to pick up a meal. Those meals are available at noon to be picked up. For individuals 60 and over a con-

## Shakespeare Club meets

Shakespeare Club met March 24 at the parlor room of the United Methodist Church with Joyce Hansen as hostess. Joyce opened the meeting with the members repeating the pledge of allegiance and the club collect.

Roll call was answered with "a spring thing you always do." A discussion was held on a proposal given to Shakespeare by Pi Gamma Club to join with Pi Gamma and Sorosis Clubs.

After the business meeting Jane Bandy gave a delightful program on "Spring Poetry." She always amazes us with her reciting poetry

## Auxiliary holds gathering

VFW Barnett Auxiliary 6882 met April 14 at the Post home with President Doris Voisin presiding. Opening prayer was offered followed by patriotic instructions and flag salute. POW-MIA prayer was offered with a lit candle.

Minutes were read and approved and treasurer's report heard. Bills were presented and allowed for payment.

Correspondence read was president's message, general orders, thank you notes from VA homes at Winfield and Fort Dodge soldiers homes for cookies and comfort items. Letters were from deputy secretary Janice Criswell, dept. community service chairman Jeanette Cox, Esther McComb and DSNWK.

Community service chairman reported 210 volunteer hours for March. Rehabilitation heard excerpt from monthly mailing.

Legislature chairman reported contact with Jim Morrison about Social Security reform in legislation.

Hospital reported 63 dozen cookies made and sent to Winfield and

### Senior Center

tribution of \$2.50 per meal is requested. Anyone under 60 years of age is invited to attend or pick up a meal at a cost of \$4.50 per meal.

The menu for the next week includes: Monday - Sloppy Joes, hash brown casserole, winter mix veggies, bun, fruit mix. Tuesday - lasagna, tossed salad, Mandarin oranges, garlic bread, cookie. Wednesday - turkey, candied sweet potatoes, pineapple tidbits, bread, rhubarb cake. Thursday - liver and onions, green bean casserole, rosy pears, bread, cottage cheese. Friday - ham and beans, cantaloupe, cornbread, cook's choice complement.

The building is also available for rental for events. For information or lunch reservations, call 460-2901.

The Thomas County Public Van is owned by the county but is scheduled and dispatched by the Senior Progress Center. The van is not a taxi service. It will be scheduled on a first-come, first-served basis.

It must be scheduled at least 24 hours in advance of its use and be ready at least 30 minutes in advance of appointment. Sometimes there are four to six calls per time frame.

Calls for the van need to be made between the hours of 8 a.m. and noon, Monday through Friday.

from memory.

She gave poetry from William Wordsworth who was appointed poet laureate by Queen Victoria and collaborated with Coleridge on a volume called "Lyrical Ballads," Robert Browning, Christine Rosett, Sarah Teasdale, James Stephens, Robert Frost, whose poetry was written in the conversational style, Edna St. Vincent Milay and Nancy Berg Turner.

The poems related to springtime. We thank Jane for sharing her talent with us.

Joyce served a delicious chocolate cake and angel food cake.

Fort Dodge Soldiers Home.

National home chairman advised about National Awareness Week for the home.

Monetary donations were allowed for DAV memorial fund and for drawing tickets for quilt drawing for cancer insurance fund.

Meeting date was changed to the second Tuesday of each month at 2 p.m. at the Post home.

New officers were elected for the coming year. Slate of officers is as follows: President, Florine Hurst; Vice President, Elva Livingston; Junior Vice President, Hazel Duffey; Treasurer, Rose Grigsby; Chaplain, Lily Thiel; Conductress, Betty Carney; Guard, Gene Griffin; Trustee #1, Marybelle Grabenstein; Trustee #2, Charlene Barnett; and Trustee #3, Doris Voisin and Secretary, Floriene Whisnant.

National home prayer was offered and meeting closed with ritual prayer.

Next meeting will be Friday, May 12 at 2 p.m. at the Post home.

New meeting dates will start in July with start of new year.

## Food safety a must for picnic

MANHATTAN - Unseasonably warm weather is prompting a food-safety warning typically reserved for late spring and summer months.

The rule has long been to discard perishable foods that have remained at room temperature for two or more hours. Outdoors in hot weather, however, the two-hour rule shrinks to one hour, said Fadi Aramouni, Kansas State University Research and Extension food scientist.

This shorter time frame applies to such perishable foods as meat or poultry sandwiches and salad. It applies when foods are left in direct sunlight or are outside when the temperature is 90 degrees or above.

Aramouni, who is in K-State's Food Science Institute, offered four

more picnic food-safety basics:

- Keep cold foods cold and hot foods hot.

- Avoid cross contamination. Keep raw foods separate from cooked foods.

- Use a food thermometer to test doneness on grilled meats and poultry. Grill hamburgers to 160 degrees F and chicken to 165 F.

- Wash hands frequently with soap and warm water for at least 20 seconds, including before and after eating and after handling raw and cooked foods, after using the restroom, petting a dog or cat, etc. If water is unavailable, use a hand sanitizer product.

- "Hand washing can prevent the spread of disease-causing bacteria," Aramouni said.

More information on food safety and health is available at county and district K-State Research and Extension offices and on Extension's food safety Web site: [www.oznet.ksu.edu/foodsafety/](http://www.oznet.ksu.edu/foodsafety/).

### Markets

Quotes as of close of previous business day. Hi-Plains Co-op

Wheat	\$4.18
Corn	\$2.14
Milo	\$3.26
Soybeans	No bid



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