Brandon Carver of Hoxie cast a line hoping a fish would would be tempted by his bate last wekend at Sheridan State Lake about 10 miles east of Hoxie

People coping with schizophrenia

WICHITA (AP) — When her schizophrenia and depression. schizophrenia was at its worst, Vicky Collins carried a stuffed rabbit everywhere.

The rabbit, Velvie, made her feel more secure, even if people stared. When voices told her to kill herself, Collins would clutch the soft, brown rabbit with the red velvet

Her longtime friend Kevin Bomhoff remembers the stuffed bunny. "I noticed when she stopped carrying the (rabbit) and started carrying books," he said.

That's about the time Collins started getting better.

Academia replaced Velvie as Collins' security blanket. And the voices — while they still speak sometimes — became quieter.

Collins — a daughter, a sister and a social worker — wants you to know a few things about mental ill-

- You can get better.
- You can be successful. • You can make up for the years

Collins, 47, lost about 20 of them. Around the age most people are engrossed in their first jobs or starting families, Collins was a patient at a mental hospital.

Now she works full time, teaches and has a master's degree in social work.

Her diagnosis is schizoaffective disorder with a borderline personality disorder.

She suffers from symptoms of

2006

Schizophrenia is a disease of the

brain with symptoms such as delusions, hallucinations and withdrawal. Many people with the disease have trouble expressing thoughts. Their speech can be difficult to understand. The man accused of killing 17-

year-old Quik Trip clerk Brian Hall went from being an honor student last month in Wichita had schizophrenia, his family says. Anthony Ray Barnes, 40, is ac-

cused of first-degree murder and aggravated assault. His sisters said he had stopped taking his medication before the shooting occurred.

Comcare of Sedgwick County, which provides mental health services, says 14 percent of the nearly 5,200 adults undergoing treatment there have one of six types of schizophrenia.

'Never would I harm another person," she said. "If I was in the time therapeutic program.

public and thought that about schizophrenics, I'd be scared, too."

Collins had symptoms of schizophrenia as a young woman, but she didn't know she had a disease. "I knew I had problems, but I

didn't know to put a name to it," she As a senior in high school, she

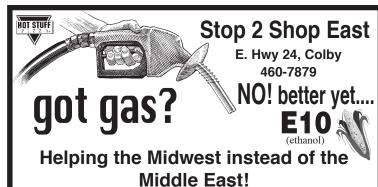
to flunking out. She had trouble concentrating and organizing her thoughts. She attempted college but landed

on academic probation. She had migraines and began see-

ing a neurologist. At 20, she tried to kill herself.

She says the voices that spoke to her were ruthless and persistent. They told her, over and over, to kill herself.

Over the years, Collins also has News of the shooting saddened spent time in the psychiatric unit of a Wichita hospital and at Comcare's "partial" hospital, a structured day-



ATTENTION

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Hurry in parents!! Deadline is May 3rd!!!

The Colby Free Press is now planning the Senior Graduation Section and will be giving parents a chance to put a baby picture in along with a short message from the family for a small charge.

We will automatically feature your son/daughter's senior picture and information, but this will be your chance to put in a baby picture to show how much *your* senior has really changed over the years!

Call Crystal, Jasmine or John Altman @ 462-3963 for more info. or stop by the office at 155 W. 5th in Colby.



Life in the Flint Hills is love

LAWRENCE (AP) — It's hap- outside of Cassoday. pened to every Kansan.

While driving through the Flint they're about serenity. Hills with someone from outside the state, someone who better knows tall buildings, busy beaches or cute boutiques, the conversation turns to the grass-covered hills visible through the window.

Inevitably, the passenger asks: How can anyone stand to live here? Indeed, the Flint Hills are an acquired taste.

To most, perhaps, they are un-

unmatched in their beauty. But it's a beauty that's more

subtle than breathtaking. "I tell people the Flint Hills are not spectacular," said Jim Hoy, an

English professor at Emporia State University who grew up on a ranch

"They're not about spectacle,

In his new book, "Flint Hills Cowboys," Hoy, 66, lets the Flint Hills speak for themselves and for their rugged inhabitants.

"This is cowboy country," he wrote in the introduction.

"In my minds' eye, I see the big old Texas steers of my youth, the open-range roads, the cattle guards, the railroad stockyards. "I hear the click of the horseshoes

bearably plain; to others, they are on flinty rock and see sparks from derer after her son spent 12 years their hooves while riding home bringing him to justice; and then across nighttime pastures after loading cattle onto trains."

> collected oral histories from the regions old-timers. "You could write a lot of differ- Day said.

ent kinds of books about the Flint Hills — the oil culture, the small towns, whatever," he said.

"I just focus on the cattle part of

it, the cowboy part of it." His cast of characters, none of them famous, includes Lou Hart, a cowhand poet whose poem, 'Springtime at Crockers," was recited for 50 years before reaching print in 1958; Bud Gillette, once thought to be the world's fastest man; Mary Ann Clark, a woman who forgave her husband's murthere's John Badger and his brother Granville, who became local leg-For more than 20 years, Hoy has ends for their honesty, horsemanship and hard work.

"It's like any good book. It sings,"

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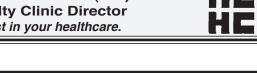
May 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Dr. Rubinowitz Hematology/ Oncology	2	3	4	5	6
7	8	9	10 Dr. Frankum General Surgeon Colonoscopies/ EGDs	11 Dr. Reeves Podiatry	Dr. Reeves Podiatry	13
14	15	16	17	18	19	20
21	22	23 Dr. Miller Cardiology Clinic	24	25	26	27
28	29	30	31			

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1965 Chevy Impala Conv. showroom picture 1967 Chevelle Coupe & Impala Coupe showroom pictures

1976 Nova, Monza & Caprice show room pictures 1966 "Vintage Chevrolet Club of America" magazines Chevrolet video center Buick selection center

7 ft. Delco sound center 2 - 1956 seat cover packets Oldsmobile sale manuals from 60's thru

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