

# Widow dreads telling children the truth about dad's suicide

DEAR ABBY: I am a widow with four children. My mother passed away in March 2004, and 11 months later I found my husband dead in our bathroom after he had shot himself in the head. Needless to say, my world has turned upside down. I think I am managing pretty well, and I thank God every day for my children. I don't know what I'd do without them. However, I miss my husband more and more every day. I do not know how I am going to handle all this. I don't know what I will tell my 3- and 4-year-olds one day when they ask me how their daddy died. I also can't picture myself loving another man, or being loved by one.



**Abigail Van Buren**  
Dear Abby

**DEAR CREEPED OUT:** The next time Romeo proposes, tell him that if he doesn't knock it off, you will tell your teacher and the principal that he's harassing you and making threats against your boyfriend. If that doesn't cool his ardor, follow through. He may deserve an A for effort, but he deserves an F in English if he can't comprehend "no."

**DEAR ABBY:** I recently began dating again as a single mother. I met a man I'll call "Mickey" at a singles dance and agreed to meet him at a coffeehouse a few days later because I had decided to date him. However, Mickey followed me home. I saw him pass my house. A few days later, he showed up at a store where I was shopping, although he doesn't live nearby. I invited him over for dinner, and he showed up again within the week, uninvited, and walked into my house while I was taking a nap!

When I confronted him about entering my house uninvited, he said he was "concerned about my welfare." (I have systemic lupus.)

Abby, I dated Mickey a total of four weeks. Since then, he has continuously driven by my house and dropped off presents of books, cards, candy, flowers, etc. I have asked him not to come by uninvited or without calling first, but he just dropped off another book. He appears not to understand that his intrusive behavior is freaking me out. What can I do? Is this considered stalking? He hasn't threatened me, but I'm frightened and wish he'd stop pursuing me. What can I do?

— FREAKED OUT

**DEAR FREAKED OUT:** Tell the man plainly that you are not interested in a relationship and you want him to stop dropping by and giving you gifts. If he persists, begin keeping a written record every time it happens and notify the police, because his behavior could be considered stalking. You should also make certain to keep your doors and windows securely locked so you don't have any further unwelcome intrusions. You may also have to screen your calls for a while, and if he calls, do not respond.

Am I destined to be a lonely widow? How can I tell my children the truth?

— MOURNING IN ARIZONA

**DEAR MOURNING:** I hope you realize that all of the emotions you are experiencing right now are NORMAL. You have suffered two tremendous losses in a short period of time, so it's not surprising that you are feeling the loss deeply.

When your children are old enough to begin asking questions about their father, explain to them that although their daddy loved them very much, he was sick and he suffered from an illness — depression — and that one day he took his own life. As they grow older, they may need this information, because depression can run in families. They also need to understand that there is treatment for it. You do not have to give your children all the details at once, and it may be better that you don't.

As for being "destined to be a lonely widow," nothing could be further from the truth. But you will first have to deal with your own feelings about what happened. A source of support that might be helpful would be the American Association of Suicidology, which has hundreds of associated groups. It can provide you with referrals to local self-help groups for survivors. Newsletters, pamphlets, etc., are also available for a fee. The organization's address is 5221 Wisconsin Ave. N.W., Washington, D.C. 20015, and the Web site is [www.suicidology.org](http://www.suicidology.org).

Being a survivor of suicide can be isolating, but it doesn't have to be inevitable. By writing to me, you have already taken the first step in reaching out. I wish you happiness in the future.

DEAR ABBY: I am having a problem with a fellow classmate. He sits in front of me, and every day during class he turns around and asks me to marry him. Of course I say no, but he won't stop it, and it's starting to creep me out. One day he asked me why, and I told him because I have a boyfriend (which is true). Now he says he wants to hurt him!

I have tried asking him nicely not to talk to me anymore, but he still does, and he's in more than one class with me, so a seat change won't do much good. I'm not sure exactly what to say to him.

— CREEPED OUT

# TV LISTINGS

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SUNDAY												MAY 21	
	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
KLBY/ABC (6)	In Touch Christ gives his life. (CC)	Good Morning America (CC)	Today (CC)	Meet the Press (CC)	Paid Program	Paid Program	Hour of Power (CC)	The Coral Ridge Hour Counterfeits	First United Methodist Church				
KSNK/NBC (8)	Rebecca Gdn	Paid Program	Today (CC)	Meet the Press (CC)	Paid Program	Paid Program	Hour of Power (CC)	The Coral Ridge Hour Counterfeits	First United Methodist Church				
KBSL/CBS (11)	Paid Program	Messiah Baptist	Today (CC)	Meet the Press (CC)	Paid Program	Paid Program	Hour of Power (CC)	The Coral Ridge Hour Counterfeits	First United Methodist Church				
K15CG (2)	Euro. Journal	Health-Track	Jakers!-Winks	Ribert & Robert's	Ribert & Robert's	Cyber-chase	Arthur (El)	Maya & Miguel	Post-cards	Busi-ness	Health Sense	To the Contrary	
ESPN (28)	Sports-Center	SportsCenter (CC)	NBA Matchup	Sports-Center	Outside Lines	Sports Reports	SportsCenter (Live) (CC)					Baseball Tonight	
USA (37)	Paid Program	Paid Program	Paid Program	Paid Program	Movie: All About the Benjamins ** (2002, Action) Ice Cube, Mike Epps. (CC)		PGA Tour Sunday (Live) (CC)					Law & Order: Criminal Intent	
TBS (38)	Wed Outtakes	Movie: Tin Cup *** (1996) An undisciplined golfer attempts to reach the U.S. Open. Kevin Costner. (CC)			Movie: Deep Blue Sea *** 1/2 (1999, Science Fiction) Thomas Jane. (CC) (DVS)							Movie: Wild Wild West * (1999) (CC)	
WGN (39)	Chang-ing	Paid Program	Key of David	Paid Program	Feed the Children	Paid Program	Paid Program	Hillbil-lies	Hillbil-lies			America's Funniest Home Videos (CC)	
TNT (40)	(5:00) Movie: Disturbing Beh.		Movie: Dracula 2000 (2000) The infamous count searches for Van Helsing's daughter.		Movie: Blade II (2002) A vampire hunter unites with his prey against a new threat.							Law & Order: Tabloid (CC) (DVS)	
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	Dinosaur Planet White Tip's Journey		Dinosaur Planet Alpha's Egg (CC)	Dinosaur Planet Pod's Travels (CC)	Dinosaur Planet Little Das' Hunt (CC)				
A&E (47)	Murder, She Wrote (CC)		Breakfast With the Arts (CC)				24 Day 3: 1:00AM-2:00AM (CC)	24 Day 3: 2:00 AM-3:00 AM (CC)				Movie: Windtalkers ** (2002) (CC)	
HIST (48)	Airships: Lift Off (Part 1 of 3) (CC)	History's Busi-	History's Busi-	History's Busi-	Decoding the Past Secret Societies		Movie: Murder in the First *** (1995, Drama) An attorney represents a brutalized prisoner of Alcatraz.					The Big House	
NICK (55)	Grown Up	Oddpar-ents	Jimmy Neutron	Jimmy Neutron	Spon-geBob	Spon-geBob	Oddpar-ents	Oddpar-ents	The X's (CC)	Danny Phantom	Danny Phantom	Cats-cratch	
DISN (56)	JoJo's Circus	Higgly-town	Ein-stein	Doodle-bops	Mickey Mouse	Charlie & Lola	The Wiggles	Lilo & Stitch	Lilo & Stitch	Buzz-Maggie	Ameri-can Drgn	Emperor New	
FAM (58)	Digimon-Digital	Dragon Booster	Spider-Man	A.T.O.M. (CC)	Get Ed Bio Trap	Kong-Series	Power Rangers	Super Robot	Power Rangers	W.I.T.C.-H. (CC)	Full House	Full House	
HALL (60)	The World of Faith and Values Hatred		Movie: Lily Dale ** (1996) A young man returns home to his estranged family.				Naomi's New Morning (N)		Mass From Notre Dame			Columbo Murder Under Glass	

SUNDAY												MAY 21	
	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC (6)	IndyCar Racing: Indianapolis 500 Qualifying -- Bump Day. From Indianapolis.				NBA Nation	NBA Basketball: Conference Semifinal Game 7 -- Teams TBA. If necessary. (Live) (CC)					ABC Wild News (CC)	News (CC)	
KSNK/NBC (8)	National Heads-Up Poker Championship Las Vegas. (CC)				Arena Football: Wild Card Game -- Teams TBA. (Live) (CC)						News	NBC News	
KBSL/CBS (11)	Auto Racing: American Le Mans at Mid-Ohio. From Lexington, Ohio. (Live) (CC)				PGA Golf: Bank of America Colonial -- Final Round. From Fort Worth, Texas. (Live) (CC)						CBS News	News (CC)	
K15CG (2)	On the Record	McLaugh-lin	McLaugh-lin	Religion-Ethics	Classic Gospel (CC)	Healthy Body	Stevens Europe	Sewing-Nancy	Beads, Baubles	Accessors (CC)	Boom-ers!-Life		
ESPN (28)	Bull Riding: PRCA Xtreme Bulls. (CC)	Bull Riding: PRCA Xtreme Bulls. (CC)	Battle of the Gridiron Stars (CC)		Track and Field: Adidas Classic. Carson, Calif. (Live) (CC)						SportsCenter (Live) (CC)		
USA (37)	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	
TBS (38)	(11:00) Movie: Wild Wild West * (1999)	Movie: Spider-Man *** (2002) A bite from a mutant spider gives a teen unusual powers. Tobey Maguire.			MLB Baseball: Atlanta Braves at Arizona Diamondbacks. Chase Field. (Live) (CC)								
WGN (39)	Home Improve.	Sox Warmup			MLB Baseball: Chicago Cubs at Chicago White Sox. U.S. Cellular Field. (Live) (CC)				HomeTeam (CC)		America's Funniest Home Videos (CC)		
TNT (40)	Law & Order Damaged Goods	Law & Order Scrambled	Law & Order Ambitious	Law & Order Ramparts					Law & Order Formerly Famous		Law & Order Fixed (CC) (DVS)		
DSC (42)	MythBusters Franklin's Kite (CC)	MythBusters Poppy Seed Drug Test	MythBusters (CC)	Dive to Bermuda Triangle (CC)	Dive to Bermuda Triangle (CC)	Dive to Bermuda Triangle (CC)	Dive to Bermuda Triangle (CC)	Dive to Bermuda Triangle (CC)	Munch: The Real Assassins (CC)				
A&E (47)	(11:00) Movie: Windtalkers ** (2002, War) Nicolas Cage, Adam Beach. (CC)	Sell This House!	Sell This House!	Sell This House!	Sell This House!	Sell This House!	Sell This House!	Sell This House!	Move House	Find & Design	Sell This House!	Sell This House!	
HIST (48)	Modern Marvels Da Vinci inventions.	The Templar Code	The Knights Templar achieve great power before their downfall.	Decoding the Past Opus Dei Unveiled					Mysteries of the Freemasons (CC)			The history of the Freemasons. (CC)	
NICK (55)	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	The Fairly OddParents (CC)	Drake & Josh	Ned's School		
DISN (56)	Movie: An Extremely Goofy Movie ** (2000, Comedy)	Phil of Future	Zack & Cody	That's-Raven	Lizzie McGuire	Even Stevens	Phil of Future	Natural-Sadie	Life With Derek	Zack & Cody			
FAM (58)	Full House	Movie: The New Swiss Family Robinson (1998, Adventure) Jane Seymour. (CC)	Movie: Ever After: A Cinderella Story *** (1998) A courageous scullery maid wins the heart of a prince.						Movie: Under the Tuscan Sun (2003)				
HALL (60)	(11:00) Columbo	Columbo	Columbo suspects a mind-control expert of murder.	Movie: Matlock: The Heist (1995, Mystery) Andy Griffith. (CC)					Movie: Murder 101 (2006, Mystery) Dick Van Dyke. (CC)				

SUNDAY												MAY 21	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC (6)	Extreme Makeover: Home Edition (CC)	Extreme Makeover: Home Edition (CC)	Extreme Makeover: Home Edition (CC)	Desperate Housewives The women flash back to moving-in day on Wisteria Lane.					News (CC)	KAKE Sports	Lawyer on Line	Sports Machine	
KSNK/NBC (8)	Dateline NBC (CC)			Movie: 10.5: Apocalypse (2006, Suspense) Kim Delaney, Beau Bridges.					News	24 Day 2: 5:00 - 6:00 PM (CC)		Inside Edition	
KBSL/CBS (11)	60 Minutes (N) (CC)	Cold Case Joseph (Season Finale) (N)	CSI: Miami Felony Flight (TV) (CC)	CSI: NY Manhattan Manhunt (CC)					News (CC)	News	Alias Double Agent (CC)		
K15CG (2)	NOW (N) (CC)	Busi-ness	Nature The Dolphin Defender	Mystery! (Part 2 of 2) (CC) (DVS)	American Masters: Ray Charles: Genius				Globe Trekker Ultimate UK		Mystery! (Part 1 of 2) (CC) (DVS)		
ESPN (28)	Baseball Tonight (Live)	MLB Baseball: New York Yankees at New York Mets. Shea Stadium. (Live) (CC)							SportsCenter (Live) (CC)			Baseball Tonight	
USA (37)	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: SVU		Law & Order: SVU		
TBS (38)	MLB Baseball	Bloopers (CC)	Movie: Men in Black (1997) Secret agents monitor extraterrestrial activity on Earth.	Movie: Men in Black (1997) Secret agents monitor extraterrestrial activity on Earth.					Movie: Ace Ventura				
WGN (39)	Maximum Exposure (CC)	24 Day 3: 7:00 AM - 8:00 AM (CC)	24 CTU gains the upper hand. (CC)	WGN News	Instant Replay	Sex and the City	Becker (CC)	Maximum Exposure (CC)					
TNT (40)	Law & Order Bitch (CC) (DVS)	Law & Order Gov Love (CC) (DVS)	Law & Order Can I Get a Witness?	Law & Order Dazzled (CC) (DVS)	Law & Order Punk (CC) (DVS)	Law & Order Punk (CC) (DVS)	Law & Order Punk (CC) (DVS)	Law & Order Punk (CC) (DVS)	Movie: Disturbing Behavior ** (1998)				
DSC (42)	Da Vinci's Lost Code	Conspiracy Files	The BTK Killer Speaks (CC)	Intervention Antwahn and Billy	CSI: Miami Crime Wave (CC)	Flip This House (CC)							
A&E (47)	Sell This House!	Sell This House!	Flip This House (CC)	Intervention Antwahn and Billy	CSI: Miami Crime Wave (CC)	Flip This House (CC)							
HIST (48)	Behind the Da Vinci Code (CC)	Beyond the Da Vinci Code Author sets forth incredible hypotheses. (CC)	Da Vinci and the Code He Lived By The artist's life. (CC)						Beyond the Da Vinci Code (CC)				
NICK (55)	Romeo! (N) (CC)	Unfabu-lous	Zoey 101 (CC)	Just for Kicks	Full House	Fresh Prince	Hi-Jinks (CC)	Rose-anne	Mad Abt. You	Cosby Show	Fresh Prince	Fresh Prince	
DISN (56)	Hannah Montana	That's-Raven	Movie: Toothless ** 1/2 (1997) A recently deceased dentist becomes the tooth fairy.	Phil of Future	Life With Derek	Zack & Cody	That's-Raven	Hannah Montana	Emperor New				
FAM (58)	(5:00) Movie: Under the Tuscan Sun	Movie: The Count of Monte Cristo ** 1/2 (2002) A wrongly imprisoned man plots revenge on his betrayers. Jim Caviezel.							Whose Line?	Whose Line?	Joel Osteen	Feed the Children	
HALL (60)	Diagnosis Murder	Fatal Impact (CC)	Diagnosis Murder Retribution (CC)						Movie: Matlock: The Heist (1995, Mystery) Andy Griffith. (CC)				

MONDAY												MAY 22	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
KLBY/ABC (6)	News (CC)	Ent. Tonight	Wife Swap Zemanek/Brandon	Alias Reprisal/All the Time in the World (Series Finale) (N) (CC)					News	Nightline (CC)	Jimmy Kimmel Live (N) (CC)		
KSNK/NBC (8)	News	Wheel of Fortune	Deal or No Deal (N) (CC)	The Apprentice (N) (CC)	Medium Twice Upon a Time (N) (CC)				News	The Tonight Show With Jay Leno (CC)	Late Night		
KBSL/CBS (11)	News (CC)	Friends (CC)	King of Queens	Old Christine	Two/Half Men	Old Christine	CSI: Miami One of Our Own (N) (CC)		News (CC)	Late Show With David Letterman	Late Late		
K15CG (2)	The NewsHour With Jim Lehrer (N)	Antiques Roadshow (N) (CC)	American Experience: The Man Behind Hitler (N) (CC)	Images of Tony					BBC World	My Family	Charlie Rose (N) (CC)		
ESPN (28)	MLB Baseball: New York Yankees at Boston Red Sox. Fenway Park. (Live) (CC)								SportsCenter (Live) (CC)		Fast-break	Baseball Tonight	
USA (37)	Law & Order: Criminal Intent	Law & Order: SVU	WWE Monday Night Raw (Live) (CC)						Law & Order: Criminal Intent		Law & Order: SVU		
TBS (38)	Ray-mond	Ray-mond	Friends (CC)	Friends (CC)	Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)	Seinfeld (CC)	Movie: In the Army Now ** (1994, Comedy) Pauly Shore.			
WGN (39)	America's Funniest Home Videos (CC)	America's Funniest Home Videos (CC)	America's Funniest Home Videos (CC)	America's Funniest Home Videos (CC)	WGN News at Nine (CC)				Sex and the City	Becker (CC)	America's Funniest Home Videos (CC)		
TNT (40)	Law & Order Blood (CC) (DVS)		NBA Basketball: Playoffs -- Teams TBA. (Live) (CC)						Inside the NBA (Live) (CC)	The X-Files E.B.E. (CC)	The X-Files		
DSC (42)	Monster Garage Milk Bomb (CC)	Monster Garage Crop Cirler (CC)	American Hot Rod (N)	American Chopper	Monster Garage Milk Bomb				Monster Garage	Monster Garage Crop Cirler			
A&E (47)	Cold Case Files (CC)	The First 48 Point Blank: Shoot Out	Movie: Real The Da Vinci Code (CC)	Illuminating Angels & Demons Differentiating fact from fiction. (CC)								The First 48 Point Blank: Shoot Out	
HIST (48)	Modern Marvels Harvesting (CC)	UFO Files Alien Engineering (CC)	Digging for the Truth (CC)	Deep Sea Detectives (CC)	Modern Marvels B-2 Bomber (CC)				UFO Files Alien Engineering (CC)				
NICK (55)	Oddpar-ents	Jimmy Neutron	Spon-geBob	Unfabu-lous	Full House	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	
DISN (56)	Phil of Future	That's-Raven	Movie: Life Is Ruf (2005) A teenage slacker adopts a stray dog. Kyle Massey.	Natural-Sadie	Even Stevens	Zack & Cody	That's-Raven	Phil of Future	Kim Possible				
FAM (58)	7th Heaven	Wayne's World (CC)	Movie: The Goonies ** 1/2 (1985) Young misfits find a 17th-century pirate's treasure map. Sean Astin. (CC)	Whose Line?					The 700 Club (CC)	Home Videos	Home Videos		
HALL (60)	Walker, Texas Ranger	Royal Heist	Walker, Texas Ranger War Cry	Movie: Perry Mason: The Case of the Lady in the Lake ** 1/2 (1988, Mystery)					M*A*S*H Heroes	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	

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