

# Family

## Deaths

### Sandra "Sandy" Jean Dean

Sandra "Sandy" Jean Dean, 61, of Garfield, Ark. died Thursday, May 25, 2006, at Northwest Medical Center of Benton County in Bentonville, Ark.

Mrs. Dean was born April 21, 1945 in Colby to Alfred and Jean Schulte Hawkins.

She worked in several medical offices in accounting and as an x-ray technician.

She and her husband, Larry Dean, lived in northwest Arkansas more than 20 years after moving there from Wichita.

Mrs. Dean is survived by her husband, Larry Dean, of Bentonville, Ark.; two daughters, Cynthia Shafer and husband James of Rochester, Minn. and Laura Dean-Zedlitz and

husband Jason of Garfield, Ark.; a brother, Steve Hawkins of Apopka, Fla.; a sister, Linda Stewart and husband Howard of Plantation, Fla.; her mother, Jean Hawkins of Rexford; her father and mother-in-law, Bland and Imogene Dean of Wichita.

Services were Tuesday, May 31, at Stockdale Funeral Services in Rogers, Ark. Burial was at Benton County Memorial Park in Rogers.

Memorials are suggested to The Women's Shelter in Rogers, Ark. or the Susan G. Komen Breast Cancer Foundation, Ozark Affiliation, P.O. Box 9462, Fayetteville, Ark., 72703.

Online condolences may be made at [stockdalefuneral.com](http://stockdalefuneral.com)

## Babies

### Aubree Rose Hanna

Dorothy McKenna and Jacob Hanna of Hoxie announce the birth of their daughter, Aubree Rose Hanna, Thursday, May 25, 2006, at Citizens Medical Center in Colby. Aubree weighed 7 pounds, 10

ounces and 21 1/2 inches long. Grandparents are Jon and Robin Hanna.

Aubree was welcomed home by siblings Lacey Nunley and Stevi Brown.

### John Paul Sabatka

Kasey and Jennifer Sabatka of McDonald announce the birth of their son, John Paul Sabatka, Sunday, May 28, 2006, at Citizens Medical Center in Colby. John weighed 7 pounds, 8 ounces and

was 20 1/2 inches long. Grandparents are R.J. and Susie Sabatka and Kenny and Pauline Micek of Atwood.

John was welcomed home by sister Grace and brother Tyler.

### Jalyn Nichole Sullivan

Dustin and Katrina Sullivan of Colby announce the birth of their daughter, Jalyn Nichole Sullivan, Wednesday, May 24, 2006, at Citizens Medical Center in Colby.

Jalyn weighed 7 pounds, 8 ounces and was 20 inches long.

Grandparents are Terry and Darla Jones of Plainville and Karla and John Sullivan of Colby.

### Jerrit Richard Koerperich

Don and Katie Koerperich of Selden announce the birth of their son, Jerrit Richard Koerperich, Tuesday, May 23, 2006, at Citizens Medical Center in Colby. Jerrit weighed 8 pounds, 15 ounces and was 21 inches long.

Grandparents are Sandy Koerperich of Selden; Larry and Virginia Johnson of Loomis, Neb. and the late Richard Koerperich of Selden. Jerrit was welcomed home by siblings Joseph, 9; Jessica, 7; and Jaiden, 3.

### Clayton Brooks Barton

Jeff and Bobbi Barton of Colby announce the birth of their son, Clayton Brooks Barton, Thursday, June 1, 2006.

He was born at Citizens Medical Center in Colby.

Clayton weighed 7 pounds, 7 ounces and was 19 1/2 inches long.

Grandparents are Don and Barbara Brooks of Clayton and Robert and Pansy Barton of Colby.

Clayton was welcomed home by siblings Justin Barton and Jaycie and Dylan Blackhart.

## Reunion

In the obituary for Henry L. Elling that ran in the Tuesday, May 30 edition of the *Colby Free Press*, Sierra Elling was incorrectly listed as a son in information from the funeral home. Sierra is Elling's daughter.

The *Colby Free Press* wants to maintain an accurate record of our town. Please report any error or lack of clarity in a news story to us at 462-3963.

## Clubs

The USS Long Beach CGN-9 Association, Inc. 2006 reunion will be held Sept. 10-17 in Rapid City, S.D. at the Ramada Inn, 1721 N. LaCrosse St.

For more information, call (866) 352-2469 or e-mail [lbcgn9@aol.com](mailto:lbcgn9@aol.com) or on the Web at [www.usslongbeach-assoc.org](http://www.usslongbeach-assoc.org).

# Graduation held at Triplains



**Jean Lowe**

• Winona Correspondent

Aaron Homburg of Natoma was the Triplains Commencement speaker Saturday, May 20. Superintendent, David Porter, presented Valedictorian, Kaler Bretz, with a trophy. Brett Morris was awarded the distinction of Salutatorian. Rev. Clyde Graham gave the invocation and benediction. School board members awarding diplomas were Richard Bretz, Shawn Plummer, and Dennis Gfeller. The THS Choir sang "Time to Say Goodbye" accompanied by Glenda Graham.

One of the after graduation parties held in Winona was at the home of Robert Lewallen in honor of his grandson, Kelly Lewallen. Lanis Kirk and Pam Lewallen were co-hostesses. Many friends and family enjoyed the evening buffet. Other than family and friends from the

Triplains area, out of town relatives included Tawny Stover, Bob and Barbara Potter, Virgie Hickman and Latrisha all of Colby, and Julian and Tammy Albers and family of Oakley.

Marshall and Tammy Fulton attended a reception for Kaler Bretz at the country home of his parents after Triplains commencement.

Glen Kemp, Dianne Schertz, and Marsha Seick attended commencement at Panhandle State in Goodwell, Okla. Kasey Kemp

graduated with a degree in animal husbandry.

Some "City folk" label us "red-necks." They would hang their heads in shame if they'd hear the Pride of the Prairie Orchestra. The Young People's Concert directed by Juliann Groom was not only easy listening but a credit to the young and older musicians who enjoy playing to perfection classical music. Denise Shoff and the Shoffs' exchange student from Germany, Maleen Michel, played in the concert. Young violinists, Maleen Michel, Haley Kistler, Mary Beth Myers, and Andrew Vrbas, all students of Janet Wolf of Colby, played Concerto in a Minor for 2 violins Opus 3, No. 8.

The "Pueblo Gang" came for the weekend to have dinner with Helen Gates at the Oakley Manor in honor of her birthday. They were also guests at a graduation supper held at the home of David and Judy Gfeller in honor of Brett Gfeller, son of Kent and Cindy Gfeller and Kara Gfeller, daughter of Dennis and Jana Gfeller. Brett and Kara were eighth grade Triplains graduates. Kinship with ties to both families included Barbara Bradford, Ralph Zerfas, Wilma Wickman, Marge Kline, Frank Zerfas, Larry and Betty Zerfas and Gary and Carolyn Gray all of Pueblo, the host families. David and Judy Gfeller, Kent and Cindy Gfeller, Amberly and Ryan, Dennis and Jana Gfeller, Kyle and Eric, and Andy and Staci Hanson, Kirsten and Kourtney of Marion, Marsha Johnson and Eva Siebert of Sharon Springs, Andrea Unruh of Wichita, Jodi Siebert of Manhattan, Gina Hoffman and Jaci of Coldwater, Alma Atkinson and Ed and Lila Green of Oakley and Tom and Nancy Schertz.

The three Gfeller families, Andy and Staci Hansen and girls, Helen Gate and the Pueblo relatives all attended a 25th wedding anniversary celebration Saturday evening at the Oakley Country Club for Dennis and Dayna Mackley.

The Russell Springs community is saddened by the death of lifelong resident, Charles Smith. The entire area extends sympathy to Gladys, Bob, Sandra, Deborah and their families.

### Henry Leamon Elling

Henry Leamon Elling was born on September 11, 1969 in Alexandria, Virginia to Grace Kauk and Henry Elling and went to be with the Lord on May 27, 2006 at the age of 36 in San Antonio, Texas.

He was a 1988 Colby High School graduate; played football from fourth to eleventh grade; and played baseball during the summer.

Henry was currently employed as manager with Burger King in San Antonio, Texas. He was in the process of training managers and staff for opening a new store there this weekend. He has been district manager and store manager at Burger Kings in Great Bend, Hutchinson, Wichita and San Antonio. Within a few years of management, Henry was recognized in the top 10 of corporate management. He spent his free time with his family.

He is survived by his wife, Sonia; daughters, Savanna, Heather, Annestacia and Sierra; son, Andrew; grandson, Conner; mother, Grace and step-father, Stan Kauk; father, Henry; brothers, James and Steven and families; sister, Martha; grandmother, Edna Colson; and scores of family and friends.

Funeral services were held on Friday, June 2, 2006 at 10:00 a.m. at Harrison Chapel, Colby, Kansas with Pastor John Schmidt officiating. Pallbearers were Mitch Urbanek, Jeff Koel, Scott Mattingly, Mike Melichar, Brent Rome and David Behrens. Burial was in Beulah Cemetery, Colby, Kansas.

Please Recycle

## Talk can help alleviate stress in farm families

What causes stress for farmers and farm families? Do any of these sound familiar? Paperwork, farm loans, old equipment, extreme weather conditions, fatigue, commodity prices, crop disease, hired help, lack of family time and more.

Stress, tensions, and problems are not something that independent, self-reliant people such as farmers want to say much about. However, talking is one effective way of dealing with stress. Talking with someone about a worrisome topic helps put the problem into perspective, makes it seem not quite so large, and provides the opportunity to look at various options. Openly discussing problems with others who are supportive, good listeners can be helpful and healthy. Constructively venting about problems, concerns, and fears can help a person move from being frustrated and grouchy to working on solutions.

Farm couples and family members who have the ability to communicate easily with each other will be able to handle stress better. It is often difficult for men, in particular, to express their worries openly because of the belief they will be viewed as weak. Yet when farm couples have open and clear sharing of information, they can better help each other find solutions, and even make the job easier.

It's also important to seek out advice from others in the community who are willing and able to

help. Friends, extended family, church members and others can at least provide emotional support. They can also assist with reducing the confusion and uncertainty that complicates feelings of stress. Unresolved stress can lead to both medical and emotional problems such as heart disease and depression. It may be necessary for some individuals, couples or family members to seek further help from a family physician, clergy, or a mental health professional.

*Editor's note: Contributed by Karen Schueler, LCPC, Manager, Consultation and Education Department. The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.*

*Mail questions to: High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 East Seventh, Hays, Kan. 67601. Questions will be formatted and answered in a manner that ensures confidentiality. Internet site: [www.highplainsmentalhealth.com](http://www.highplainsmentalhealth.com)*

## Markets

Quotes as of close of previous business day	
Hi-Plains Co-op	
Wheat	\$4.63
Corn	\$2.31
Milo	\$3.67

## MOVIE PASSES

Watch for your name in the Wednesday movie listings for 2 free passes.

(Passes must be used within 7 days.)

Pick up your passes at your:

## Community Calendar

**WEDNESDAY, JUNE 7**  
American Red Cross blood drive, Colby Community Building, noon-6 p.m.  
Genesis Thomas county pickup, 350 S. Range, 10 a.m.-noon and 1-4 p.m.

**THURSDAY, JUNE 8**  
Kiwans, Colby Community College Student Union, noon  
Tumbleweed Chorus, United Methodist Church, 8 p.m.  
Downtown Alcoholics Anonymous, City Hall basement, 8:30 p.m.  
Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.

**FRIDAY, JUNE 9**  
Wings Upon the Prairie drop-in center, 485 N. Franklin, 5-8 p.m.

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