

'Atta boy!



TISHA COX/Colby Free Press

Zach May of Oberlin and his Golden Retriever Buddy went through the obstacle course during 4-H dog project training Thursday at the Thomas County Fairgrounds. Youth in the dog project are preparing for their summer show next month.

TV LISTINGS

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COLBY FREE PRESS

SUNDAY JUNE 11

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	
KLBY/ABC (6)	In Touch (CC)		Good Morning America (CC)		This Week-George Stephanopoulos		Hour of Power (CC)		The Coral Ridge Hour (CC)		First United Methodist Service		
KSNK/NBC (8)	Rebecca Gdn	Paid Program	Meet the Press (CC)		Tennis: French Open -- Men's Final. Paris. (Live) (CC)								
KBSL/CBS (12)	Paid Program	Messiah Baptist	Go Diego		CBS News Sunday Morning (CC)								
K15CG (2)	Euro-Journal	Health-Track	Jakers!-Winks	Big Big World	Ribert & Robert's	Cyber-chase	Arthur (E)	Maya & Miguel	Fetch! With	Busi-ness	To the Contrary	To the Contrary	
ESPN (28)	Sports-Center	SportsCenter (CC)	NBA Matchup		Sports-Center	Outside Lines	Sports Reports	SportsCenter (Live) (CC)				Baseball Tonight	
USA (37)	Paid Program	Paid Program	Paid Program	Paid Program	Movie: Barbershop (2002) A barbershop owner considers selling his establishment.				PGA Tour Sunday (Live) (CC)			The 4400 Unlocking the Secrets (CC)	
TBS (38)	(5:15) Movie: Orange County		Movie: Lucky Numbers **½ (2000, Comedy) John Travolta, Lisa Kudrow. (CC)		Movie: The Cable Guy **½ (1996, Comedy) Jim Carrey. (CC)							Movie: O Brother, Where Art Thou?	
WGN (39)	Chang-ing	Paid Program	Key of David	Paid Program	Feed the Children	Paid Program	Paid Program	Paid Program	Hillbil-lies	Hillbil-lies		America's Funniest Home Videos (CC)	
TNT (40)	Movie: The Negotiator *** (1998, Action) A top police negotiator is accused of committing murder. Samuel L. Jackson.							The Closer (CC)		The Closer About Face (CC)		The Closer The Big Picture (CC)	
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	Killer Squid (CC)					Killer Ants (CC)		Ant Wars	
A&E (47)	Murder, She Wrote (CC)		Breakfast With the Arts (CC)					24 Day 3: 9:00AM - 10:00AM (CC)	24 Day 3: 10:00AM - 11:00AM (CC)			Movie: The Witches of Eastwick (1987)	
HIST (48)	Henry VIII (Part 1 of 3) (CC)		History's Bus	Histo-ryCTR	Band of Brothers (CC)			To Be Announced		Movie: Alive (1993) Plane-crash survivors are forced to resort to cannibalism. (CC)			
NICK (55)	Grown Up	OddPar-ents	Jimmy Neutron	Jimmy Neutron	Spon-geBob	Spon-geBob		OddPar-ents	OddPar-ents	The X's (CC)	Danny Phantom	Danny Phantom	Cats-cratch
DISN (56)	JoJo's Circus	Higgly-town	Ein-steins	Ein-steins	Mickey Mouse	Mickey Mouse		Doodle-bops	Doodle-bops	Charlie & Lola	Koala Brothers	Lilo & Stitch	Emperor New
FAM (58)	Digimon-Digital	Dragon Booster	NASCAR Racers	A.T.O.M. (CC)	Get Ed (CC)	Kong-Series		Power Rangers	Star-Racers	Power Rangers	W.I.T.C.-H. (CC)	Full House	Movie: Beautiful
HALL (60)	The World of Faith and Values		Opus Dei and the Da Vinci Code (CC)		The Da Vinci Code Panel Discussion			Naomi's New Morning Healing (N)		Mass From Notre Dame		Columbo Dead Weight	

SUNDAY JUNE 11

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (6)	World Cup Soccer: Iran vs. Mexico		NBA Access With Ahmad Rashad (N)		PGA Golf: Barclays Classic -- Final Round. From Harrison, N.Y. (Live) (CC)							News (CC)
KSNK/NBC (8)	Tennis: French Open -- Men's Final.		Laureus Sports Awards (N) (CC)		Arena Football: Arena Bowl XX -- Teams TBA. From Las Vegas. (Live) (CC)							News (CC)
KBSL/CBS (12)	Formula One Racing: Silverstone, England. (CC)	British Grand Prix.			Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program		CBS News (CC)
K15CG (2)	On the Record	McLaugh-lin	McLaugh-lin	He Touched Me: The Gospel Music of Elvis Presley (Live) (CC)		Walking the Bible Go Forth: From Creation to Abraham (CC)		Walking the Bible (Part 2 of 3) (CC)		Walking the Bible (Part 2 of 3) (CC)		Walking the Bible
ESPN (28)	College Baseball: NCAA Super Regional -- Teams TBA. (Live) (CC)				College Baseball: NCAA Super Regional -- Teams TBA. (Live) (CC)							College Baseball: NCAA Super Regional -- Teams TBA. (Live) (CC)
USA (37)	Movie: Bring It On (2000) High-school cheerleaders vie for a coveted national title.				Movie: American Wedding ** (2003, Comedy) Jason Biggs. (CC)					Movie: Happy Gilmore ** (1996) A hockey player joins the PGA tour.		
TBS (38)	(11:00) Movie: O Brother, Where Art		MLB Baseball: Atlanta Braves at Houston Astros. Minute Maid Park. (Live) (CC)						Home Improve.	Movie: The Replacements **½ (2000) Keanu Reeves.		
WGN (39)	MLB Baseball: Chicago Cubs at Cincinnati Reds. Great American Ball Park. (Live) (CC)				Tenth Inning	Home Videos		HomeTeam (CC)		America's Funniest Home Videos (CC)		
TNT (40)	The Closer Flashpoint (CC)		The Closer Fantasy Date (CC)		The Closer Batter Up (CC)		The Closer Good Housekeeping (CC)		The Closer Fatal Retraction (CC)			The Closer
DSC (42)	MythBusters Paper Crossbow (CC)	I Shouldn't Be Alive (CC)			I Shouldn't Be Alive (CC)		I Shouldn't Be Alive Lost at Sea		Supervolcano A powerful supervolcano lies under Yellowstone National Park. (CC)			
A&E (47)	(11:00) Movie: The Witches of Eastwick *** (1987, Fantasy)	Sell This House!			Sell This House!	Sell This House!	Sell This House!	Sell This House!	Move House	Find & Design	Sell This House!	Sell This House!
HIST (48)	(10:00) Movie: Die Another Day: Surviving the Andes Plane crash.				Who Wrote the Bible? Exploring the possible origins of the Bible, with visits to Egypt and Galilee. (CC)							
NICK (55)	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV		Danny Phantom Reality Trip (CC)	Danny Phantom	Told by Ginger	Drake & Josh	Ned's School
DISN (56)	Movie: Air Bud: Golden Receiver **½ (1998, Comedy-Drama) Kevin Zegers. (CC)	Zack & Cody	That's-Raven	Lizzie McGuire	Phil of Future			Even Stevens	Natural-Sadie	Life With Derek	Zack & Cody	
FAM (58)	(11:30) Movie: Beautiful Girl ** (2003, Comedy) (CC)		Movie: Hello Sister, Goodbye Life! (2006, Drama) Lacey Chabert. (CC)		Movie: The Cutting Edge 2: Going for the Gold (2006) Christy Carlson Romano. (CC)							Movie: Chasing
HALL (60)	(11:00) Columbo		Columbo Suitable for Framing		Movie: Diary of a Perfect Murder **½ (1986, Drama) Andy Griffith. (CC)					Movie: Mystery Woman: Game Time (2005, Mystery) Kellie Martin. (CC)		

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	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (6)	Extreme Makeover: Home Edition Rodriguez Family (CC)		NBA Nation		NBA Basketball: Finals Game 2 -- Teams TBA. (Live) (CC)				News (CC)	KAKE Sports	Lawyer on Line	
KSNK/NBC (8)	Dateline NBC (CC)				Law & Order: Criminal Intent		Windfall Pilot (CC)		News	24 Day 2: 8:00 - 9:00PM (CC)		Inside Edition
KBSL/CBS (12)	60 Minutes (CC)		The 60th Annual Tony Awards (Live) (CC)									
K15CG (2)	(5:40) Walking the Bible (Part 3 of 3)		Celtic Woman Five Irish singers and one violinist perform in Dublin, Ireland. (CC)		Rich Dad's Guide to Wealth With Robert Kiyosaki (CC)				Mystery! Inspector Lynley: A Traitor to Memory (Part 2 of 4)			
ESPN (28)	Baseball Tonight (Live)		MLB Baseball: Cleveland Indians at Chicago White Sox. U.S. Cellular Field. (Live) (CC)					SportsCenter (Live) (CC)				World Cup Live
USA (37)	Movie: Along Came Polly ** (2004, Romance-Comedy) Ben Stiller. (CC)				The 4400 The New World (Season Premiere) (N) (CC)				House Acceptance (CC)			The 4400 The New World (CC)
TBS (38)	(4:30) Movie: The Replacements (CC)		Movie: Old School ** (2003) Three men relive their wild past by starting a fraternity.		Movie: Old School ** (2003) Three men relive their wild past by starting a fraternity.				Movie: Fast Times at Ridgemont High			
WGN (39)	Maximum Exposure (CC)		24 Day 4: 7:00AM-8:00AM (CC)		24 Day 4: 8:00AM - 9:00AM (CC)		WGN News	Instant Replay	Sex and the City	Becker (CC)		Maximum Exposure (CC)
TNT (40)	Law & Order: Criminal Intent (DVS)		Law & Order: Criminal Intent (DVS)		Law & Order: Criminal Intent (DVS)		Law & Order: Criminal Intent (DVS)		Law & Order: Criminal Intent (DVS)			Movie: Blood Work **½ (2002) (CC)
DSC (42)	(4:00) Supervolcano (CC)		Tsunami: Wave of Disaster		Krakatoa: Volcano of Destruction (N)				Mega-Tsunami (CC)			Tsunami: Wave of Disaster
A&E (47)	Sell This House!	Sell This House!	Flip This House Restaurant Special		Road Warriors: The Biker Brotherhood		Intervention Gina and Andrea (CC)		CSI: Miami After the Fall (CC)			Flip This House Restaurant Special
HIST (48)	To Be Announced		Hell: The Devil's Domain (CC)				The Revolution Bunker Hill. (N) (CC)		Hell: The Devil's Domain (CC)			
NICK (55)	Romeo! (N) (CC)	Unfabu-lous	Zoey 101 (CC)	Just for Kicks (N)	Full House	Fresh Prince	Hi-Jinks (CC)	Rose-anne	Rose-anne	Cosby Show	Fresh Prince	Fresh Prince
DISN (56)	Hannah Montana	That's-Raven	Movie				Phil of Future	Life With Derek	Zack & Cody	That's-Raven	Hannah Montana	Emperor New
FAM (58)	(5:30) Movie: Chasing Liberty ** (2004, Romance-Comedy) Mandy Moore. (CC)				Movie: Falcon Beach search for love in a lakefront town. (CC)				Falcon Beach Starting Over (CC)		Joel Osteen	Feed the Children
HALL (60)	Diagnosis Murder Out of the Past (CC)				Diagnosis Murder The shooting death of a patient opens a doorway to Mark's past.				Movie: Diary of a Perfect Murder **½ (1986, Drama) Andy Griffith. (CC)			

MONDAY JUNE 12

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (6)	News (CC)	Ent. Tonight	Wife Swap Lassell/ Nazario (CC)		Supernanny Cooke Family (CC)		How to Get the Guy (Series Premiere)		News	Nightline (CC)	Jimmy Kimmel Live (CC)	
KSNK/NBC (8)	News	Wheel of Fortune	NHL Hockey: Stanley Cup Final Game 4 -- Buffalo Sabres or Carolina Hurricanes at Edmonton Oilers. Rexall Place. (Live) (CC)						News	The Tonight Show With Jay Leno (CC)		Late Night
KBSL/CBS (12)	News (CC)	Friends (CC)	King of Queens	How I Met	Two/Half Men	Old Christine	CSI: Miami Double Jeopardy (iTV) (CC)		News (CC)	Late Show With David Letterman		Late Late
K15CG (2)	The NewsHour	Ameriquest Field in Arlington. (Live) (CC)	Antiques Roadshow (CC)		The Blitz: London's Longest		Jeter Bug-Msn		BBC World	My Family	Charlie Rose (N) (CC)	
ESPN (28)	MLB Baseball: Chicago White Sox at Texas Rangers. Ameriquest Field in Arlington. (Live) (CC)						Baseball Tonight (Live)		SportsCenter (Live) (CC)		World Cup Live	Baseball Tonight
USA (37)	Law & Order: Criminal Intent		Law & Order: SVU				WWE Monday Night Raw (Live) (CC)		Law & Order: Criminal Intent			Law & Order: SVU
TBS (38)	Raymond	Friends (CC)	Friends (CC)		Friends (CC)	Friends (CC)	Family Guy (CC)	Family Guy (CC)	Movie: Galaxy Quest *** (1999) Aliens kidnap actors from an old sci-fi TV series.			
WGN (39)	America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		America's Funniest Home Videos (CC)		WGN News at Nine		Sex and the City	Becker (CC)		America's Funniest Home Videos (CC)
TNT (40)	Without a Trace (CC)		Law & Order: Flucency (CC) (DVS)		The Closer Blue Blood (N) (CC)		Saved Pilot (Series Premiere) (N) (CC)		The Closer Blue Blood (CC)			The X-Files Dod Kalm (CC)
DSC (42)	Motorcycle Mania (CC)		Monster Garage Ultimate Old School Wagon (Series Finale) (N) (CC)		American Chopper Wendy's Bike 2 (CC)				American Chopper POW/MIA 2 (CC)			Monster Garage
A&E (47)	Cold Case Files Crimes of the KKK		Look, Up in the Sky! The Amazing Story of Superman (N) (CC)		The Amazing Story of Superman (N) (CC)		Rock Paper Scissors Champ		Crossing Jordan Pandora's Trunk			Look, Up in the Sky
HIST (48)	Modern Marvels Copper Kings (CC)		UFO Files Canada's Roswell (CC)		Digging for the Truth (CC)		Deep Sea Detectives (CC)		Modern Marvels Assembly Lines			UFO Files Canada's Roswell (CC)
NICK (55)	OddPar-ents	Jimmy Neutron	Spon-geBob	Unfabu-lous	Full House	Full House	Rose-anne	Rose-anne	Rose-anne	Cosby Show	Fresh Prince	Fresh Prince
DISN (56)	Phil of Future		Movie: Spy Kids 2: The Island of Lost Antonio Banderas.				Natural-Sadie	Ameri-can Drgn	Zack & Cody	That's-Raven	Phil of Future	Kim Possible
FAM (58)	Movie: Dirty Dancing (1987) A sheltered teen falls for a street-wise dance instructor.				Falcon Beach Chemistry Lessons		Whose Line? Whose Line?		The 700 Club (CC)		Falcon Beach Chemistry Lessons	
HALL (60)	Walker, Texas Ranger Fight or Die		Walker, Texas Ranger (CC)				Movie: Back to You and Me (2005, Drama) Lisa Hartman Black. (CC)		M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)

Summer puts Kansans at risk for acquiring skin cancer

Many Kansans spend their summers basking in the sunshine after the cold, winter months. The Kansas Department of Health and Environment (KDHE) wants to encourage Kansans to wear protective clothing and use sunscreen while enjoying summer weather to help prevent skin cancer. "Understanding the risk of skin cancer is important now as we head out for baseball games, swimming lessons and picnics," said Dr. Howard Rodenberg, State Health Officer and director of the state Division of Health. "Both adults and children are at risk and should limit sun exposure. They should also check their skin for anything that looks unusual or suspicious." Every year, 12,000 new cases of skin cancer are diagnosed in Kansas. Most skin cancers are preventable, yet most people do not do enough to protect their skin. Kansans should protect themselves from the harmful effects of the sun by:

- Generously applying SPF 15 or higher sunscreen before going outside for activities, and reapply every two hours or after sweating or swimming
- Wearing hats, sunglasses and light-colored clothing that is cool, yet covers the skin
- Seek shady areas and try to avoid the most intense sunlight between 10 a.m. and 4 p.m.
- Kansans should check their skin regularly for changes that might

indicate skin cancer. Look at birthmarks, moles and blemishes and note any changes in size, texture, shape and color. It is also important to look for sores that do not heal well also. According to the American Cancer Society, the most important warning sign for skin cancer is a spot that changes size or color over a period of one month to two years. Make an appointment with your doctor if you notice changes in your skin that might indicate cancer. "Educating children about being safe in the sun is important to their health. The majority of a child's lifetime sun exposure occurs before age 18. A lot of damage can be done in those early years," said Rodenberg. The U.S. Environmental Protection Agency has created a skin cancer awareness and prevention cam-

paign called Sun Wise to help educate schoolchildren about skin cancer and how to protect their skin. **The Sun** Wise toolkit includes educational activities such as quizzes and word games appropriate for children. It also includes posters to remind students to use caution in the sun and a UV meter to involve the students in making smart sun choices. The toolkit can be downloaded for use in elementary and middle schools and at home. For more information and to sign up for the Sun Wise toolkit for schoolchildren, please visit www.epa.gov/sunwise. For more information about cancer, please visit www.cancer.org. For more information about KDHE programs and services, please visit www.kdheks.gov.

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