

# Pie in the face



TAMA UNGER/Citizens Medical Center

Brandy Schippers of Colby and employed at Citizens Medical Center, took one in the face for the American Cancer Society's Relay for Life last week. The Colby hospital raised about \$400 toward the event, starting at 7 p.m., Friday, at Dennen Field. Schippers was greeted with a pie during the hospital fundraising event, said Tama Unger, fund development and public relations.

# Parents should consider college student's health insurance needs

By Sandy Praeger  
Kansas Insurance Commissioner

As the fall semester approaches, college students and their parents should think carefully about the students' ongoing health insurance needs. A serious illness or injury could lead to catastrophic consequences for a college student without health insurance.

**Coverage Through a Parent's Health Insurance Policy**  
The good news is that most individual and group health insurance policies cover dependents, who are full-time students, until the age of 23. Companies may have different definitions of a full-time student and the maximum age of coverage. So check with your health insurer about how the policy defines a full-time student and the maximum age of coverage.

Most policies consider a student taking at least 12 credit hours per semester (6 or 9 in the summer) to be a full-time student. However, college students who marry will lose their status as a dependent under their parents' policy regardless of their age or status as a full-time student.

It is also important to know the difference between how a college student not living at home can obtain coverage through a Health Maintenance Organization (HMO) or a Preferred Provider Organization (PPO). For example, a student

insured through an HMO may be outside the HMO service area of physicians and hospitals while away at school. If this occurs, the student likely will have coverage for emergency care, but may have to travel to a physician and hospital within the HMO service area for other care.

Similarly, an insurer may pay benefits at out-of-network levels for students who are outside a PPO network. Check your plan provisions or speak with your insurer to know the level of benefits provided when a student is away at school and outside the service area.

Be sure the college student has a copy of the relevant insurance cards and knows how to obtain any required approvals before seeking treatment.

**Student Health Insurance Plans**  
Students who don't have health insurance through a parent's health insurance policy, or who have limited coverage due to network service areas, may buy a student health insurance plan. Student plans are sold by an insurer that has contracted with a college to offer coverage to its students. In general, these plans have more limited benefits and more exclusions than traditional health insurance plans. For example, most student plans have limited catastrophic coverage of \$50,000 per accident or illness. Many policies also will exclude

routine examinations and injuries sustained while under the influence of alcohol or drugs.

**Dental and Eye Care**  
Routine dental care and eye care generally aren't included as part of a health insurance plan, although many will cover non-cosmetic dental work that is medically necessary due to an accident. In addition, some plans may include limited coverage for dental procedures, such as the removal of wisdom teeth, if performed in a hospital. Finally, most health insurance plans do not cover expenses related to periodic eye examinations, glasses or contact lenses. But, most health insurance plans do cover medical care as a result of an eye disease or injury.

Sandy Praeger, Kansas Insurance Commissioner, oversees the activities of the Kansas Insurance Department (KID) which is headquartered in Topeka. The overriding objective of Commissioner Praeger and KID is to protect consumers, and help maintain the financial stability of the insurance industry. KID regulates and monitors the activities of 22,546 resident agents, 52,069 non-resident agents and 1692 insurance companies licensed to do business in the state of Kansas. The Department offers financial, actuarial, legal, computer, research, market conduct and economic expertise. For more information, visit [www.ksinsurance.org](http://www.ksinsurance.org).

# Man charged with obstructing justice when roommate arrested

By Jan Katz Ackerman  
Colby Free Press

A Colby man has been charged with obstructing justice when his roommate of only one day was in the process of being arrested.

Christopher D. Sutton-Kearn, 19, moved into an apartment in the 300 block of West Third on Aug. 5. The morning of Aug. 6, his roommate, Blake A. Chrisko, tried to elude officers after allegedly breaking into a pickup in the 200 block of N.

School in Colby. When officers with the Colby Police Department went to the Colby Community College students, apartment looking for Chrisko, one of the officers saw someone matching his description flee from the residence.

According to court documents, upon execution of a search warrant, Sutton-Kearn was arrested when he interfered with an officer's attempt to serve legal process on Chrisko. Sutton-Kearn has been charged

with one count of obstruction of official duty, a Class A nonperson misdemeanor punishable by one year in the county jail and a fine up to \$2,500. He is also charged with two counts of purchase or consumption of an alcohol by a minor, a Class C misdemeanor punishable by one month in the county jail and a fine up to \$500.

Sutton-Kearn was booked in and released from the Thomas County Jail and is scheduled to appear in court on Sept. 6.

# People cautioned about West Nile

By Jan Katz Ackerman  
Colby Free Press

An area hospital administrator is advising people to protect themselves against West Nile virus.

"West Nile virus occurs in the late summer and early fall months," Logan County Hospital Administrator Kyle Hahn said. "The Kansas Department of Health and Environment recommends that Kansans take the following actions to protect themselves and family members."

Hahn using insect repellent with picaridin, otherwise known as DEET, on exposed skin, along with wearing clothing with long sleeves and pant legs will help protect against the virus.

He also said to keep standing water to a minimum, replace water in bird baths, pet bowls and wading pools at least every three days, and limiting outdoor activities at dawn and dusk when mosquitoes are most active.

Hahn said while no cases of West Nile have been reported in Logan County, cases have been reported in

Finney, Gray and Kiowa Counties. "If you would like more information about West Nile virus, you can pick up a brochure at the Logan County Health Department," Hahn said.

Logan County Health Department is located in the west wing of the hospital complex at 216 Maple Ave. in Oakley.



# TV LISTINGS

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## COLBY FREE PRESS

### WEEKDAYS AUGUST 15 - AUGUST 21

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC (4) (6)	Good Morning Kansas	Good Morning America				Martha		The View		Millionaire	News	
KSNK/NBC (8) (8)	News Cont'd	Today						Live With Regis and Kelly		Paid Program	Paid Program	
KBSL/CBS (12) (11)	News Cont'd	News		The Early Show		The 700 Club		The Price Is Right		The Young and the Restless		
K15CG (2) (2)	BBC World	Body Electric	Caillou	Mister Rogers	Beren Bears	Cliff Pup	Big Big World	Dragon Tales	Sesame Street	Teletubbies	Barney-Friends	
ESPN (28) (28)	SportsCenter	SportsCenter	SportsCenter	Varied	SportsCenter		SportsCenter		SportsCenter	Varied	Baseball Tonight	NFL Live
USA (37) (37)	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	The District		JAG		Walker, Texas Ranger	Walker, Texas Ranger	Texas Ranger	Varied
TBS (38) (38)	Saved by Bell	Saved by Bell	Saved by Bell	Saved by Bell	Dawson's Creek		Movie				Varied	Saved by Bell
WGN (39) (39)	Changing	Believer Voice	Happy Days	Happy Days	Hillbillies	Hillbillies	Rockford Files		Matlock		Magnum, P.I.	
TNT (40) (40)	Angel	Charmed		Charmed		ER		ER		Judging Amy		
DSC (42) (42)	Paid Program	Paid Program	Paid Program	Paid Program	American Chopper		American Chopper		Cash Cab	Cash Cab	Varied Programs	
A&E (47) (47)	City Confidential	Varied Programs				City Confidential		American Justice		Cold Case Files		
HIST (48) (48)	Varied Programs											
NICK (55) (55)	OddParents	OddParents	SpongeBob	SpongeBob	Dora the Explorer	Go Diego	Blue's Clues	Backyardigans	Wonder Pets	LazyTown	Varied Programs	
DISN (56) (56)	The Wiggles	Higglytown	Einsteins	Doodlebops	JoJo's Circus	Charlie & Lola	Stanley	Koala Brothers	Doodlebops	Higglytown	Lilo & Stitch	Buzz Light
FAM (58) (58)	Kong-Series	Super Robot	Power Rangers	Power Rangers	The 700 Club		Living the Life		Step by Step		Gilmore Girls	
HALL (60) (60)	New Morning	The Waltons		The Waltons		Little House on the Prairie		Little House on the Prairie		Touched by an Angel		

### WEEKDAYS AUGUST 15 - AUGUST 21

	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	
KLBY/ABC (4) (6)	All My Children	One Life to Live		General Hospital		Judge-Brown	Judge-Brown	Judge Judy	Judge Judy	News	ABC Wid News		
KSNK/NBC (8) (8)	News	Extra	Days of our Lives		Passions		The Ellen DeGeneres Show		The Insider	Jeopardy!	News	NBC News	
KBSL/CBS (12) (11)	News	Bold, Beautiful	As the World Turns		Guiding Light		Dr. Phil		Oprah Winfrey		News	CBS News	
K15CG (2) (2)	Reading Rainbow	Lions	Varied Programs		Clifford-Red		Cyber-chase	Arthur	Maya & Miguel	Fetch! With	Zoom	Business	
ESPN (28) (28)	Varied Programs												
USA (37) (37)	Movie	Varied Programs		Movie		Varied Programs		Movie		Varied Programs			
TBS (38) (38)	Cosby Show	Cosby Show	Steve Harvey	Steve Harvey	Drew Carey	Drew Carey	Yes, Dear	Yes, Dear	Home Improve.	Home Improve.	Seinfeld	Seinfeld	
WGN (39) (39)	News	Magnum, P.I.		Da Vinci's Inquest		Cosby Show	Cosby Show	Moesha	Moesha	Home Improve.	Home Improve.		
TNT (40) (40)	Judging Amy	Varied Programs				Charmed		Charmed		Law & Order			
DSC (42) (42)	Varied Programs	The New Detectives		The FBI Files		48 Hours: Hard Evidence		Cash Cab	Cash Cab	How It's Made	How It's Made		
A&E (47) (47)	Crossing Jordan	Varied Programs				City Confidential		American Justice		Cold Case Files			
HIST (48) (48)	Modern Marvels												
NICK (55) (55)	Varied Programs												
DISN (56) (56)	Timon & Pumbaa	Whiskers	Varied Programs		Danny Phantom		SpongeBob	Jimmy Neutron	OddParents	SpongeBob	Drake & Josh	Ned's School	Danny Phantom
FAM (58) (58)	Family Matters	Family Matters	Boy Mts. World	Boy Mts. World	Full House	Full House	Grounded-Life	Grounded-Life	Gilmore Girls	7th Heaven			
HALL (60) (60)	Matlock	Matlock		Little House on the Prairie		Little House on the Prairie		M*A*S*H	M*A*S*H	M*A*S*H	M*A*S*H		

### THURSDAY AUGUST 17

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4) (6)	News (CC)	Entertainment	Grey's Anatomy It's the End of the World		Grey's Anatomy (As We Know It)		Primetime (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (CC)	
KSNK/NBC (8) (8)	News	Wheel of Fortune	Name Is Earl	The Office	America's Got Talent (CC)		Windfall Truth Be Told (N) (CC)		News	The Tonight Show With Jay Leno (CC)	Late Night	
KBSL/CBS (12) (11)	News (CC)	Inside Edition	Brother: All-Stars (Live) (CC)		CSI: Crime Scene Investigation		Without a Trace White Balance (CC)		News (CC)	Late Show With David Letterman	PGA	
K15CG (2) (2)	The NewsHour With Jim Lehrer (N)	Sunflower	Kansas Spotlight	The This Old House Hour (CC)		Antiques Roadshow Miami		BBC World		Keeping Up	Charlie Rose (N) (CC)	
ESPN (28) (28)	MLB Baseball: Texas Rangers at Detroit Tigers. Comerica Park.	Baseball Tonight (Live)										
USA (37) (37)	Law & Order: Criminal Intent	Law & Order: SVU		Law & Order: Criminal Intent		Law & Order: Criminal Intent		Law & Order: Criminal Intent		Law & Order: SVU		
TBS (38) (38)	Raymond	Raymond	Friends (CC)	Friends (CC)	Movie: GoodFellas *** (1990, Crime Drama) An Irish-Italian hood joins the 1950s New York Mafia. <i>Robert De Niro. (CC)</i>		WGN News at Nine (CC)		Sex and the City	Becker (CC)	America's Funniest Home Videos (CC)	
WGN (39) (39)	America's Funniest Home Videos (CC)	Movie: On the Line * 1/2 (2001, Romance-Comedy) <i>Lance Bass, Joey Fatone. (CC)</i>		WGN News at Nine (CC)		Sex and the City		Becker (CC)	America's Funniest Home Videos (CC)			
TNT (40) (40)	Golf: PGA Championship	Law & Order All My Children (CC) (DVS)		Movie: The Ron Clark Story (2006, Biography) <i>Matthew Perry. (CC)</i>		Movie: The Ron Clark Story (2006, Biography) <i>Matthew Perry. (CC)</i>		Movie: The Ron Clark Story (2006, Biography) <i>Matthew Perry. (CC)</i>				
DSC (42) (42)	48 Hours: Hard Evidence	A Haunting Hell House (N) (CC)		A Haunting Sallie's House (N) (CC)		Most Evil Psychotic Killers. (N)		Most Evil Serial Killers. (CC)		A Haunting Sallie's House (CC)		
A&E (47) (47)	Crossing Jordan Blue Moon (CC)	The First 48 (CC)		The First 48 Charred body. (CC)		The First 48 Torched (CC)		Cold Case Files (CC)		The First 48 (CC)		
HIST (48) (48)	Modern Marvels Technological tools.											
NICK (55) (55)	OddParents	Jimmy Neutron	SpongeBob	Romeo! (CC)	Full House	Fresh Prince	Fresh Prince	Fresh Prince	Fresh Prince	The Fresh Prince of Bel-Air (CC)	Fresh Prince	
DISN (56) (56)	Phil of Future	That's-Raven	Movie: Zenon: Z3 (2004, Science Fiction) <i>Kirsten Storms. (CC)</i>		Natural-Sadie		Emperor New	American Drgn	Zack & Cody	That's-Raven	Phil of Future	Kim Possible
FAM (58) (58)	Schooled (N) (CC)	Movie: The Count of Monte Cristo ** 1/2 (2002) A wrongly imprisoned man plots revenge on his betrayers. <i>Jim Caviezel. (CC)</i>		The 700 Club (CC)		The 700 Club (CC)		The 700 Club (CC)		Home Videos		
HALL (60) (60)	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Walker, Texas Ranger	Movie: Mystery Woman: Sing Me a Murder (2005, Mystery) <i>Kellie Martin. (CC)</i>		M*A*S*H (CC)		M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)

### FRIDAY AUGUST 18

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4) (6)	News (CC)	Entertainment	America's Funniest Home Videos (CC)		Kyle XY Memory Serves (CC)		20/20 (CC)		News (CC)	Nightline (CC)	Jimmy Kimmel Live (N) (CC)	
KSNK/NBC (8) (8)	News	Wheel of Fortune	Dateline NBC (CC)		Las Vegas Cash Springs Eternal (CC)		Law & Order Cost of Capital (CC)		News	The Tonight Show With Jay Leno (CC)	Late Night	
KBSL/CBS (12) (11)	News (CC)	Inside Edition	NFL Preseason Football: San Diego Chargers at Chicago Bears.		News (CC)		Late Show With David Letterman		PGA			
K15CG (2) (2)	The NewsHour With Jim Lehrer (N)	Wash. Week	Partners (CC)	Market-Now (N) (CC)	Ballykissangel The Waiting Game (CC)		BBC World		Red Green	Charlie Rose (N) (CC)		
ESPN (28) (28)	SportsCenter	NFL Live (Live)	Little League Baseball: World Series -- Midwest vs. Southwest. Williamsport, Pa.		Baseball Tonight (Live)		SportsCenter (Live) (CC)		Baseball Tonight		NFL Live (Live)	
USA (37) (37)	Law & Order: Criminal Intent	Law & Order: SVU		Monk Mr. Monk Gets a New Shrink		Psych Who Ya Gonna Call? (CC)		House Hunting (CC)		Action Sports Portland, Ore. (N)		
TBS (38) (38)	Raymond	MLB Baseball: Atlanta Braves at Florida Marlins. Dolphin Stadium. (Live) (CC)		Raymond		Movie: A Knight's Tale ** 1/2 (2001, Adventure) (PA) <i>Heath Ledger. (CC)</i>		Sex and the City		Becker (CC)	America's Funniest Home Videos (CC)	
WGN (39) (39)	America's Funniest Home Videos (CC)	Movie: Home Fries ** (1998) Killers fear fast-food workers know their identities.		WGN News at Nine (CC)		Sex and the City		Becker (CC)	America's Funniest Home Videos (CC)			
TNT (40) (40)	Golf: PGA Championship	Movie: The Negotiator *** (1998, Suspense) A top police negotiator is accused of committing murder. <i>Samuel L. Jackson. (CC) (DVS)</i>		Movie: The Negotiator *** (1998, Suspense) A top police negotiator is accused of committing murder. <i>Samuel L. Jackson. (CC) (DVS)</i>		Movie: The Negotiator *** (1998, Suspense) A top police negotiator is accused of committing murder. <i>Samuel L. Jackson. (CC) (DVS)</i>		Movie: The Negotiator *** (1998, Suspense) A top police negotiator is accused of committing murder. <i>Samuel L. Jackson. (CC) (DVS)</i>				
DSC (42) (42)	Stunt Junkies	Stunt Junkies	Futureweapons No place to hide. (CC)		Dirty Jobs Stonecutters.		Survivorman (CC)		Stunt Junkies	Stunt Junkies	Futureweapons No place to hide. (CC)	
A&E (47) (47)	Crossing Jordan (CC)	American Justice Mail Order Murder		American Justice: Polly Klaas		American Justice: Death Row Radical		American Justice: Killing Field		American Justice Mail Order Murder		
HIST (48) (48)	Modern Marvels Fire (CC)	Countdown to Ground Zero The events of Sept. 11, 2001. (CC)		Decoding the Past Predicting events.		Decoding the Past Predicting events.		Lost Worlds Hitler's Germany. (CC)		Countdown to Ground Zero (CC)		
NICK (55) (55)	SpongeBob	SpongeBob	Movie: The Princess and the Barrio Boy ** (2000, Romance) <i>Marisol Nichols. (CC)</i>		Full House		Full House		Full House	Full House (CC)	Full House	
DISN (56) (56)	Hannah Montana	That's-Raven	Movie: Freaky Friday *** (2003, Comedy) <i>Jamie Lee Curtis. (CC)</i>		Zack & Cody		That's-Raven		Hannah Montana	Kim Possible		
FAM (58) (58)	7th Heaven (CC)	Whose Line? (CC)	Whose Line? (CC)	Whose Line? (CC)	Whose Line? (CC)	Whose Line? (CC)	Whose Line? (CC)	Whose Line? (CC)	The 700 Club (CC)	Home Videos	Home Videos	
HALL (60) (60)	Walker, Texas Ranger (CC)	Walker, Texas Ranger (CC)	Walker, Texas Ranger (CC)	Walker, Texas Ranger (CC)	Movie: Mystery Woman: Wild West Mystery (2006, Mystery) <i>Kellie Martin. (CC)</i>		M*A*S*H (CC)		M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)	M*A*S*H (CC)