

# Family

## Deaths

### Frances Wallace

Frances Wallace, 78, of Colby, died Thursday, Aug. 31, 2006, in Colby.

Services are pending with Kersenbrock Funeral Chapel in Colby.

### Ralph Joseph Goetz

Ralph Joseph Goetz, 82, of Pratt, died Wednesday, Aug. 30, 2006, at Kansas Heart Hospital in Wichita. Mr. Goetz was a former resident of Colby. He lived in the community from 1955 to 1979.

Mr. Goetz was born Feb. 28, 1924, in Victoria to Leonard and Mary (Schmidtberger) Goetz.

He married Earlene Gipson Dec. 31, 1948, in Alva, Okla. He also served in the U.S. Army during World War II.

He was a member of Sacred Heart Catholic Church, Knights of Columbus and Veterans of Foreign Wars, all of Pratt. He was a retired contract pumper.

Mr. Goetz is survived by his wife, Earlene Goetz of Pratt; a son, Joe

Goetz of Pratt; one daughter, Louise McKinion of Chandler, Ariz.; two grandchildren and one great-grandchild.

He was preceded in death by his parents, two brothers and six sisters.

Services are at 2 p.m. Saturday at Larrison Mortuary in Pratt with Rev. Gregory S. LeBlanc officiating. Burial will be in Iuka Cemetery in Iuka.

Visitation is until 8 p.m. today at Larrison Mortuary, 300 Country Club Road, in Pratt.

Memorials are suggested to Sacred Heart Catholic Church in Pratt, and may be sent in care of the mortuary. Condolences for the family may be left online at [www.larrisonmortuary.com](http://www.larrisonmortuary.com)

# Winona family visits Flint Hills area



**Jean Lowe**

• Winona Correspondent

While Roscoe Kahle and Harv Kahle were house guests of Jim and Becky Denning and family in Wichita Roscoe, Harv, and Becky drove to Alta Vista and Council Grove where they paid respect at the graves of family members buried there.

They also enjoyed sight-seeing in the Flint Hills and around the Eldorado Lake and the Council Grove Reservoir.

Bandit will spend three weeks at

Donita Goyen's kennel while his master, Devin Goyen, of Kendall, tours Alaska. Devin and his boss will spend two weeks hunting caribou and fishing at Prudhoe Bay,

which is in the far north of Alaska. The third week they will take in the sights as they return to Anchorage.

The WRSPC communities hosted lunch in the Winona U.M. Church for the Arnberger family and friends following the funeral service for Virginia Arnberger at St. Joseph Catholic Church in Oakley Monday.

Jenaya Dobberstein of Seattle, Wash., arrived Saturday to spend a week with her grandmother, Jean

Lowe.

LaVonne Baxter attended a carry-in meal at noon at the Oakley Wesleyan Church. Missionary Linda Potter spoke about her mission in Papua, New Guinea. She showed films at a Sunday evening service.

School bells began ringing Tuesday. Familiar sounds of children on the playground and whistles being blown on the football field lets one know fall is approaching.

# Overscheduling can stress children and parents

## Plain Sense

Over 20 years ago, in a book titled "The Hurried Child," author David Elkind noted the importance of allowing "kids to be kids." His concern at that time was that children were increasingly involved in so many school and extracurricular activities they no longer had time just for themselves; to just play on the block with the neighbor kids or to set up a game of backyard dodge ball.

Recently, Kimberly Chastain, MS, KMFT, voiced concern that children no longer seem to have time to goof off and just be children; "goof off" time is not on their schedule. Along with that, parents also don't seem to be able to find time to play with their child, or to sit down to a meal together.

Chastain suggests that this may be one reason why the number of children with anxiety and depression is increasing, and many children and adolescents describe themselves as "stressed out."

Some children can juggle many activities and thrive. Others may be at risk of becoming burned out from an overloaded schedule, and so may the whole family. Parents need to consider the following:

- Does your child complain that they never get to do the things at home that they want to do?
- Does your child have a genuine interest or passion for these activities, or is he/she participating because of your expectations?
- Have you become the family taxi driver, shuttling your child from activity to activity?
- How often is there an afternoon or evening when most of the family is home with no plans or scheduled activities?
- Are you and your children becoming increasingly irritable because of such a busy schedule?

Parents need to be aware of a child's need for time to just be a child, to entertain themselves, to enjoy quiet time on their own, and

to be creative.

Allow for "goof-off time," and encourage children to play outdoors or try a new hobby. Learn to say "no" to additional activities, and do not say "yes" until the whole family determines the emotional costs of adding to their schedule.

Contributed by Karen Schueler, LCPC, Manager, Consultation and

Education Department The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help. Mail questions to: High Plains Mental Health Center PLAIN SENSE, Consultation and Education Department, 208 East Seventh, Hays, Kan. 67601.

## 60th anniversary open house Saturday

The family of James and Betty Carney is holding an open house in honor of their 60th wedding anniversary.

The open house will be from 2 to 4 p.m. Saturday at First Christian Church, 385 W. Third St.

No gifts are requested.



James and Betty Carney

## Babies

### Alisabeth Lynn Barton

Brice and Amber Barton of Colby announce the birth of their daughter, Alisabeth Lynn Barton, Friday, Aug. 25, 2006, at Citizen's Medical Center in Colby.

Alisabeth weighed 7 pounds, 8.9 ounces, and was 19 1/4 inches long.

Grandparents are Jerry and Peggy Barton of Colby and Tom and Deloris Zelfer of Grainfield.

Great-grandparents are the Theiles, Bartons and Webers.

Alisabeth was welcomed home by siblings Andrea, 10; Brysen, 4, and Breon, 22 months.

## Markets

Quotes as of close of previous business day  
Hi-Plains Co-op

Wheat	\$4.41
Corn	\$2.26
Milo	\$3.51

## Community Calendar

### SATURDAY, SEPT. 2

Wings Upon the Prairie drop-in center, 485 N. Franklin, 1-5 p.m.  
Sixth Street Alcoholics Anonymous, 1275 W. Sixth, 8:30 p.m.

### SUNDAY, SEPT. 3

Car races, Thomas County Speedway, 7 p.m.  
Wings Upon the Prairie drop-in center, 2-6 p.m.  
New Hope Narcotics Anonymous, City Hall basement, 8:30 p.m.

### MONDAY, SEPT. 4

LABOR DAY, No school, many businesses and offices closed

## "Fall" Back Into Scrapbooking

Please join us for Heartland Christian School's Charity Scrapbooking Event!

Saturday, September 9 ~ 8 a.m. - 8 p.m.  
Heartland Christian School  
1995 W. 4th Street - Colby

Register by calling or emailing:  
Tonya Winger ~ 462-3677 or [twinger@st-tel.net](mailto:twinger@st-tel.net)

**ATTENTION: Crafters & Craft Enthusiasts**

Celebrate the arts with us at our  
**2nd Annual Collyer Fall Street Festival**  
**October 14, 2006**  
Downtown Collyer, KS (I-70 exit #115)  
Festivities start at 9:00 a.m. with entertainment for all ages.

For booth space info call 785-769-5202.  
More info at [www.collyerks.com](http://www.collyerks.com)

**Thank You!**

Decatur County Fair Board & Decatur County 4-H Clubs would like to thank **F&R Realty** for their purchase of livestock at this year's fair. We appreciate your support.

**MISSING???**

**HIGH SCHOOL DIPLOMA!!!**

**Program Benefits:**

- \* No cost (but your time & effort)
- \* Work at your own pace
- \* Internet Accessible
- \* Access courses at home, 24 hours a day/7 days a week
- \* Flexible hours to meet your needs
- \* Schedule course work around family and work obligations.

Contact the **Thomas County Learning Center** for eligibility and enrollment information:  
**305 N. Franklin, Colby, 465-7900**

**Donlay Pokonry**  
**6x8**  
**place 85% in GSN**  
**printed ad this a.m.**  
**might have to float some**