

Trojan runners place second

The men's and women's cross country teams at Colby Community College hosted the Colby Invitational Friday, with both teams finishing second to Garden City.

"We had a perfect day with the weather," Colby coach Jeff Becker said. "We took advantage (of the weather) with some great performances."

Among those performances was a record setting day for Colby's Betty Rotich.

Not only did Rotich place first in the women's race, but she also established a new course record and

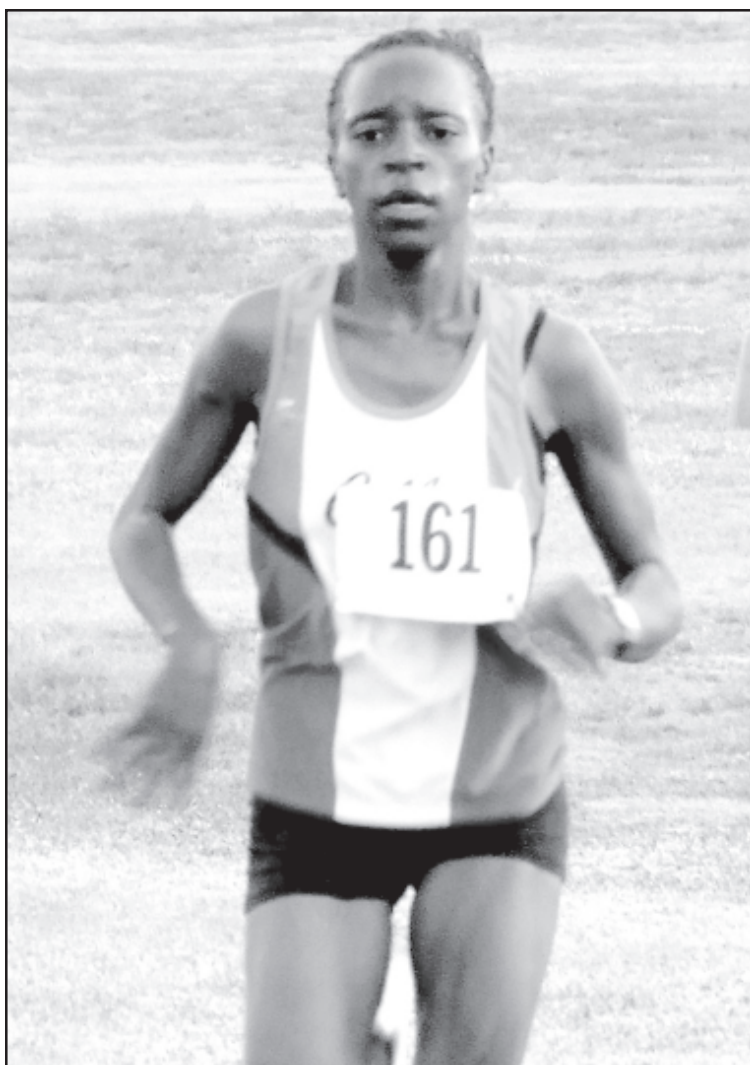
a school record with a time of 15:12 in the 4k race.

Also placing in the top 10 were Mary Nyambura (5th) and Tiffany Thomas (8th).

The men also had outstanding performances, led by Onesmus Too who finished second and established a new school record with a time of 18:28.

Also finishing in the top 10 for the men were Sandino Nero (3rd), David Kurgat (4th) and Juve Chavez (9th).

The cross country team's next race is Sept. 23 at Tabor College.



COLBY COMMUNITY COLLEGE PHOTO

Colby's Betty Rotich neared the finish line Friday at the Colby Community College Invitational. Rotich won the women's race and set a new course record of 15:12.

Eagle boy runners place eighth at Wamego

Josh Baden's fourth place finish helped the Colby Eagles boys' cross country team place eighth at Wamego Saturday.

Baden crossed the finish line in 17:17.

"Baden had a great run and he had the lead from time to time during the race," said Colby coach Bob Mannebach. Colby scored 192.

Other Colby runners who scored for the team include Darren Sporing, 25th, 18:21; Ryan Baalman, 38th, 18:52; Trevor Siebert, 54th, 19:28 and Trenton Powell, 71st, 20:04.

DeSoto won the race with 111 followed by Baldwin, 114; El Dorado, 116; Buhler, 131; Wamego, 132; Mulvane, 152; Clay Center, 168, and Colby.

Colby girls placed 14th with 342 points.

Paige Stephens led the Eagles finishing 28th in 16:46. Aubrette Stephens placed 54th in 17:59; Kelly Gerstner, 84th, 19:24; Kiri Kendrick, 86th, 19:32 and Rhett Martin, 90th, 19:43.

"The girls are showing good improvement and they will only get better as they are a young team.

Paige Stephens had a good run and was a medalist," Mannebach said.

Baldwin girls won with 68 points.

On Thursday, Colby boys placed sixth with 181 points at Quinter. Mannebach used a different lineup at the race.

"We took all the junior varsity boys to Quinter. Several of them improved their times.

Since they were running against the varsity members of the other teams, no one received an individual medal."

Bob Schroeder led Colby with a 31st place finish in 21:24. He was followed by Adam Schroeder, 36th, 21:40; Bryan Brewer, 37th, 21:47; Nathan Reed, 38th, 21:50 and Brent Luedke, 39th, 21:58.

"Some of them are really trying to make varsity this year and that helps to improve our whole team," Mannebach said.

Holcomb won the meet with 36 points followed by Ellis, Hill City, Wheatland, Ness City and Colby.

Colby ran Tuesday at Leoti. Results were not available by press time.

Colby runs 4 p.m. Thursday at Oakley.

Trojan women golfers improve from 2005

Colby Community College men's and women's golf teams competed Monday and Tuesday at Independence. The women's golf team had a strong showing, finishing second.

Katie Near led the way with a fourth place finish and shot a 192. "The women have made a big improvement from last year," coach Miles Ladenburger said.

"They have high goals this year, and with the way they have been performing, those goals are very attainable."

Other finishers for the Lady Trojans were Veronica Forsythe (203),

Trista Nordyke (212), Megan Scheurman (216) and Kate Nelson (216).

The men's golf team had a solid first meet, despite some nerves.

"Some of our freshmen were a little nervous this first meet," Ladenburger said. "But, we have good talent, and I think we will improve by the end of the year."

The men's squad finished ninth, led by Marcus Grinnan who shot a 156.

Other finishers for the Trojans were Andy Fikan (158), Deke Elliott (162), Heath Muir (176), and Jonathan Richards (182).

Royals fight each other

CLEVELAND (AP) — A season of frustrating losses has taken its toll on the Kansas City Royals.

Starting pitcher Runelvys Hernandez and catcher John Buck exchanged punches in the dugout Tuesday night, but the Royals regrouped for a 5-3 victory over the

Cleveland Indians.

"It's September and there was some sort of misunderstanding," Royals manager Buddy Bell said. "Something was said and both guys are extremely competitive, but they have to have a little more poise. We met and straightened things out."

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GOLDEN PLAINS HIGH SCHOOL HOMECOMING



Highlights for the week!

Monday, September 11

Wake Up Day & Hall Decorating Competition

Tuesday, September 12

Opposite Gender Day

Wednesday, September 13

Color War Day

Thursday, September 14

Nerd Day Jersey Auction & Bonfire

Friday, September 15

Spirit Day/Judging of Hallways

Elementary School Pep Rally 1:00 p.m.

Parade at 4:15 p.m. Downtown Rexford w/

Pep Rally in the Gym to follow.

Crowning at 6:20

Game at 7:00 p.m. vs. Logan

Saturday, September 16

Dance 7:30 - 11:30



Royalty Candidates: Front Row: Alyssa Babcock, Amy Korte, Jennie Staats, Stephanie Juenemann, Megan Juenemann
Back Row: Isaac Broeckelman, Torry Roehl, Andrew Broeckelman, Alan Bruggeman, Ryan Stevenson

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