

Eagle pride



TISHA COX/Colby Free Press

Karly Kriss, Jay Ziegelmeier and Zach Young showed their Eagle spirit during the annual Colby High School jersey auction, bonfire and pep rally Tuesday at the Thomas County Fairgrounds.

TV LISTINGS

sponsored by the COLBY FREE PRESS

SATURDAY SEPTEMBER 16

	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30
KLBY/ABC (4) (6)	Good Morning Kansas Saturday	Good Morning America (CC)	Good Morning America (CC)	Good Morning America (CC)	That's Raven	That's Raven	Hannah Montana	Zack & Cody	Emperor New	Replacements		
KSNK/NBC (3) (8)	Today (CC)	Today (CC)	Today (CC)	Today (CC)	Paid Program	Paid Program	Veggie-Tales (N)	Dragon (EI) (CC)	3 2 1 Pen	Babar (EI) (CC)	Jane-Dragon	Jacob Two Two
KBSL/CBS (12) (11)	Saturday Early Show (CC)	Saturday Early Show (CC)	Saturday Early Show (CC)	Saturday Early Show (CC)	News	News	News	News	Cake (N) (CC)	Dance Revolut.	Paid Program	Paid Program
K15CG (2)	Busi-ness	Market-Market	Mister Rogers	Thomas-Friends	Jay Jay the Jet	Bob the Builder	Dragon-flyTV	Reading Rockets	Score-board	Kid Concoctions II Recipes using household ingredients.		
ESPN (28)	SportsCenter (CC)	SportsCenter (CC)	SportsCenter (CC)	SportsCenter (CC)	SportsCenter (Live) (CC)	SportsCenter (Live) (CC)	College Gameday (Live) (CC)	College Gameday (Live) (CC)	College Gameday (Live) (CC)	College Gameday (Live) (CC)	College Football: Iowa State at Iowa.	
USA (37)	Paid Program	Paid Program	Paid Program	Paid Program	Movie: The Frighteners ** 1/2 (1996, Suspense) Michael J. Fox. (CC) (DVS)	Movie: The Frighteners ** 1/2 (1996, Suspense) Michael J. Fox. (CC) (DVS)	Movie: Back to the Future *** 1/2 (1985, Science Fiction) Michael J. Fox. (CC) (DVS)	Movie: Back to the Future *** 1/2 (1985, Science Fiction) Michael J. Fox. (CC) (DVS)	Movie: Back to the Future *** 1/2 (1985, Science Fiction) Michael J. Fox. (CC) (DVS)	Movie: Back to the Future *** 1/2 (1985, Science Fiction) Michael J. Fox. (CC) (DVS)	Movie: Back to the Future *** 1/2 (1985, Science Fiction) Michael J. Fox. (CC) (DVS)	Movie: Back to the Future *** 1/2 (1985, Science Fiction) Michael J. Fox. (CC) (DVS)
TBS (38)	Steve Harvey	Steve Harvey	Movie: Beethoven ** (1992, Comedy) Charles Grodin, Bonnie Hunt. (CC)	Movie: Beethoven ** (1992, Comedy) Charles Grodin, Bonnie Hunt. (CC)	Movie: Beethoven ** (1992, Comedy) Charles Grodin, Bonnie Hunt. (CC)	Movie: Beethoven ** (1992, Comedy) Charles Grodin, Bonnie Hunt. (CC)	Movie: Sweet November * 1/2 (2001) A kooky gamin changes a selfish ad man's outlook on life. (CC)	Movie: Sweet November * 1/2 (2001) A kooky gamin changes a selfish ad man's outlook on life. (CC)	Movie: Sweet November * 1/2 (2001) A kooky gamin changes a selfish ad man's outlook on life. (CC)	Movie: Sweet November * 1/2 (2001) A kooky gamin changes a selfish ad man's outlook on life. (CC)	Movie: Sweet November * 1/2 (2001) A kooky gamin changes a selfish ad man's outlook on life. (CC)	Movie: Sweet November * 1/2 (2001) A kooky gamin changes a selfish ad man's outlook on life. (CC)
WGN (39)	Enter-prise	Adelante Chicago	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Happy Days
TNT (40)	Movie: Austin Powers: The Spy Who Shagged Me *** (1999) Mike Myers.	Movie: Austin Powers: The Spy Who Shagged Me *** (1999) Mike Myers.	Movie: Austin Powers: The Spy Who Shagged Me *** (1999) Mike Myers.	Movie: Austin Powers: The Spy Who Shagged Me *** (1999) Mike Myers.	Movie: I Spy ** (2002) A spy recruits a boxer to help him retrieve a stolen plane.	Movie: I Spy ** (2002) A spy recruits a boxer to help him retrieve a stolen plane.	Movie: Demolition Man ** 1/2 (1993, Science Fiction) Sylvester Stallone. (CC)	Movie: Demolition Man ** 1/2 (1993, Science Fiction) Sylvester Stallone. (CC)	Movie: Demolition Man ** 1/2 (1993, Science Fiction) Sylvester Stallone. (CC)	Movie: Demolition Man ** 1/2 (1993, Science Fiction) Sylvester Stallone. (CC)	Movie: Demolition Man ** 1/2 (1993, Science Fiction) Sylvester Stallone. (CC)	Movie: Demolition Man ** 1/2 (1993, Science Fiction) Sylvester Stallone. (CC)
DSC (42)	Paid Program	Paid Program	Paid Program	Paid Program	America's Loch Ness Monster	America's Loch Ness Monster	Amazon Abyss A voyage up the Amazon River reveals new species.	Amazon Abyss A voyage up the Amazon River reveals new species.	Amazon Abyss A voyage up the Amazon River reveals new species.	Amazon Abyss A voyage up the Amazon River reveals new species.	Amazon Abyss A voyage up the Amazon River reveals new species.	Giant Squid: Caught on Camera
A&E (47)	Murder, She Wrote Suspicion of Murder	Biography Jayne Mansfield (CC)	Old House	Old House	Ask This Old	Ask This Old	Criss Angel	Criss Angel	Criss Angel	Criss Angel	Criss Angel	Criss Angel
HIST (48)	Automobiles Mercedes (CC)	Days That Shook the World (CC)	Wild West Tech Six-shooter technology.	Wild West Tech Six-shooter technology.	Heavy Metal B-52 Stratofortress (CC)	Heavy Metal B-52 Stratofortress (CC)	Mail Call (CC)	Blue-print	Modern Marvels Mackinac Bridge	Modern Marvels Mackinac Bridge	Modern Marvels Mackinac Bridge	Modern Marvels Mackinac Bridge
NICK (55)	Grown Up	OddPar-ents	Jimmy Neutron	Jimmy Neutron	Spon-geBob	Spon-geBob	OddPar-ents	Avatar-Last Air	Danny Phantom	Danny Phantom	Danny Phantom	Danny Phantom
DISN (56)	The Wiggles	Higgly-town	Movie: Little Einsteins	Movie: Little Einsteins	Mickey Mouse	Mickey Mouse	Handy Manny	Doodle-bops	Charlie & Lola	Lilo & Stitch	Emperor New	Emperor New
FAM (58)	Dukes of Hazzard Carnival of Thrills	Dukes of Hazzard Carnival of Thrills	Full House	Full House	Full House	Full House	Boy Mts. World	Boy Mts. World	Ground-ed-Life	Ground-ed-Life	Movie: Now and Then ** (1995)	Movie: Now and Then ** (1995)
HALL (60)	Little House on the Prairie I Do, Again	Movie: House Arrest * 1/2 (1996, Comedy) Concerned teens lock their bickering parents in the cellar.	Movie: House Arrest * 1/2 (1996, Comedy) Concerned teens lock their bickering parents in the cellar.	Movie: House Arrest * 1/2 (1996, Comedy) Concerned teens lock their bickering parents in the cellar.	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)	Movie: The Journey of Natty Gann * 1/2 (1985, Drama) Meredith Salenger. (CC)

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	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KLBY/ABC (4) (6)	Paid Program	Paid Program	Coach of the Year Spotlight	Coach of the Year Spotlight	College Foot.	College Football: Regional Coverage -- Miami at Louisville, Michigan State at Pittsburgh or Oklahoma at Oregon. (Live)	College Football: Michigan at Notre Dame. (Live) (CC)	College Football: LSU at Auburn. (Live) (CC)	College Football: LSU at Auburn. (Live) (CC)	College Football: LSU at Auburn. (Live) (CC)	College Football: LSU at Auburn. (Live) (CC)	Post Game
KSNK/NBC (3) (8)	Jeop-ardly!	The Insider	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
KBSL/CBS (12) (11)	Paid Program	Paid Program	Ultimate Blackjack Tour (CC)	Ultimate Blackjack Tour (CC)	Football Today	Football Today	Football Today	Football Today	Football Today	Football Today	Football Today	Football Today
K15CG (2)	America's Home Cooking: Family Favorites	America's Home Cooking: Family Favorites	America's Home Cooking: Family Favorites	America's Home Cooking: Family Favorites	Rich Dad's Guide to Wealth With Robert Kiyosaki (CC)	Rich Dad's Guide to Wealth With Robert Kiyosaki (CC)	The Best of Stars on Ice: Volume II (CC)	The Best of Stars on Ice: Volume II (CC)	The Best of Stars on Ice: Volume II (CC)	The Best of Stars on Ice: Volume II (CC)	The Best of Stars on Ice: Volume II (CC)	The Best of Stars on Ice: Volume II (CC)
ESPN (28)	(11:00) College Football: Iowa State at Iowa. (Live)	(11:00) College Football: Iowa State at Iowa. (Live)	(11:00) College Football: Iowa State at Iowa. (Live)	(11:00) College Football: Iowa State at Iowa. (Live)	College Football Scoreboard (Live)	College Football Scoreboard (Live)	PGA Golf: 84 Lumber Classic -- Third Round. Farmington, Pa. (Live) (CC)	PGA Golf: 84 Lumber Classic -- Third Round. Farmington, Pa. (Live) (CC)	PGA Golf: 84 Lumber Classic -- Third Round. Farmington, Pa. (Live) (CC)	PGA Golf: 84 Lumber Classic -- Third Round. Farmington, Pa. (Live) (CC)	SportsCenter (Live) (CC)	SportsCenter (Live) (CC)
USA (37)	(10:00) Movie: Frequency *** (2000) A man communicates with his long-dead father via ham radio. Dennis Quaid.	Movie: Frequency *** (2000) A man communicates with his long-dead father via ham radio. Dennis Quaid.	Movie: Frequency *** (2000) A man communicates with his long-dead father via ham radio. Dennis Quaid.	Movie: Frequency *** (2000) A man communicates with his long-dead father via ham radio. Dennis Quaid.	Movie: A Man Apart * 1/2 (2003) A DEA agent searches for his wife's murderer.	Movie: A Man Apart * 1/2 (2003) A DEA agent searches for his wife's murderer.	Movie: End of Days * 1/2 (1999) (CC)	Movie: End of Days * 1/2 (1999) (CC)	Movie: End of Days * 1/2 (1999) (CC)	Movie: End of Days * 1/2 (1999) (CC)	Movie: End of Days * 1/2 (1999) (CC)	Movie: End of Days * 1/2 (1999) (CC)
TBS (38)	(11:45) Movie: Save the Last Dance *** (2001, Romance) Julia Stiles. (CC)	Movie: Save the Last Dance *** (2001, Romance) Julia Stiles. (CC)	Movie: Save the Last Dance *** (2001, Romance) Julia Stiles. (CC)	Movie: Save the Last Dance *** (2001, Romance) Julia Stiles. (CC)	Movie: Sister Act ** (1992, Musical Comedy) (PA) Whoopi Goldberg. (CC)	Movie: Sister Act ** (1992, Musical Comedy) (PA) Whoopi Goldberg. (CC)	Movie: Cheaper by the Dozen ** 1/2 (2003, Comedy) Steve Martin. (CC)	Movie: Cheaper by the Dozen ** 1/2 (2003, Comedy) Steve Martin. (CC)	Movie: Cheaper by the Dozen ** 1/2 (2003, Comedy) Steve Martin. (CC)	Movie: Cheaper by the Dozen ** 1/2 (2003, Comedy) Steve Martin. (CC)	Movie: Cheaper by the Dozen ** 1/2 (2003, Comedy) Steve Martin. (CC)	Movie: Cheaper by the Dozen ** 1/2 (2003, Comedy) Steve Martin. (CC)
WGN (39)	Cosby Show	Moehsa (CC)	Soul Train Kirk Franklin; T-Pain.	Soul Train Kirk Franklin; T-Pain.	Movie: Rushmore *** (1998, Comedy) Jason Schwartzman, Bill Murray. (CC)	Movie: Rushmore *** (1998, Comedy) Jason Schwartzman, Bill Murray. (CC)	Farscape PK Tech Girl (CC)	Farscape PK Tech Girl (CC)	The Funny Things Kids Do (CC)	The Funny Things Kids Do (CC)	The Funny Things Kids Do (CC)	The Funny Things Kids Do (CC)
TNT (40)	(10:00) Movie: The Art of War ** (2000, Suspense) A U.N. operative is framed for a Chinese diplomat's murder.	Movie: The Art of War ** (2000, Suspense) A U.N. operative is framed for a Chinese diplomat's murder.	Movie: The Art of War ** (2000, Suspense) A U.N. operative is framed for a Chinese diplomat's murder.	Movie: The Art of War ** (2000, Suspense) A U.N. operative is framed for a Chinese diplomat's murder.	Shark Roulette	Shark Roulette	Everything You Need to Know	MythBusters Salsa Escape (CC)	MythBusters Mega Movie Myths (CC)	MythBusters Mega Movie Myths (CC)	MythBusters Mega Movie Myths (CC)	MythBusters Mega Movie Myths (CC)
DSC (42)	Killer Jellyfish (CC)	Shark Roulette	Shark attack facts.	Shark Roulette	Shark Roulette	Shark Roulette	MythBusters Salsa Escape (CC)	MythBusters Salsa Escape (CC)	MythBusters Salsa Escape (CC)	MythBusters Salsa Escape (CC)	MythBusters Salsa Escape (CC)	MythBusters Salsa Escape (CC)
A&E (47)	Sim-mons	Sim-mons	Sim-mons	Sim-mons	Movie: The Firm *** (1993, Drama) A law-school grad signs on with a sinister Tennessee firm. Tom Cruise. (CC)	Movie: The Firm *** (1993, Drama) A law-school grad signs on with a sinister Tennessee firm. Tom Cruise. (CC)	The First 48 (CC)	The First 48 (CC)	The First 48 (CC)	The First 48 (CC)	The First 48 (CC)	The First 48 (CC)
HIST (48)	Lost Worlds William Wallace's Scotland.	Lost Worlds William Wallace's Scotland.	Lost Worlds William Wallace's Scotland.	Lost Worlds William Wallace's Scotland.	Lost Worlds (CC)	Lost Worlds (CC)	Lost Worlds Secret Cities of the A-Bomb	American Vesuvius	Similarity to the Sept. 11, 2001 catastrophe. (CC)	Similarity to the Sept. 11, 2001 catastrophe. (CC)	Similarity to the Sept. 11, 2001 catastrophe. (CC)	Similarity to the Sept. 11, 2001 catastrophe. (CC)
NICK (55)	Cats-cratch	Cats-cratch	The X's (CC)	The X's (CC)	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV	Nick-toons TV
DISN (56)	Movie: Tarzan II (2005) Voices of Harrison Chad. (CC)	Voices of Harrison Chad. (CC)	Proud Family	Proud Family	Ameri-can Drgn	Ameri-can Drgn	Kim Possible	Kim Possible	Proud Family	Proud Family	Emperor New	Zack & Cody
FAM (58)	(11:00) Movie: Now and Then ** (1995)	Movie: The Rookie *** (2002, Drama) A high-school baseball coach tries out for the major league. Dennis Quaid. (CC)	Movie: The Rookie *** (2002, Drama) A high-school baseball coach tries out for the major league. Dennis Quaid. (CC)	Movie: The Rookie *** (2002, Drama) A high-school baseball coach tries out for the major league. Dennis Quaid. (CC)	Movie: Love Affair ** (1994) Two airline passengers promised to others fall in love. Warren Beatty.	Movie: Love Affair ** (1994) Two airline passengers promised to others fall in love. Warren Beatty.	Movie: The Count of Monte Cristo ** 1/2 (2002, Adventure) Jim Caviezel. (CC)	Movie: The Count of Monte Cristo ** 1/2 (2002, Adventure) Jim Caviezel. (CC)	Movie: The Count of Monte Cristo ** 1/2 (2002, Adventure) Jim Caviezel. (CC)	Movie: The Count of Monte Cristo ** 1/2 (2002, Adventure) Jim Caviezel. (CC)	Movie: The Count of Monte Cristo ** 1/2 (2002, Adventure) Jim Caviezel. (CC)	Movie: The Count of Monte Cristo ** 1/2 (2002, Adventure) Jim Caviezel. (CC)
HALL (60)	(11:30) Movie: Follow the Stars Home ** 1/2 (2001) (CC)	Movie: Follow the Stars Home ** 1/2 (2001) (CC)	Movie: Follow the Stars Home ** 1/2 (2001) (CC)	Movie: Follow the Stars Home ** 1/2 (2001) (CC)	Movie: Love Affair ** (1994) Two airline passengers promised to others fall in love. Warren Beatty.	Movie: Love Affair ** (1994) Two airline passengers promised to others fall in love. Warren Beatty.	Movie: A Cooler Climate ** 1/2 (1999, Drama) Sally Field, Judy Davis. (CC)	Movie: A Cooler Climate ** 1/2 (1999, Drama) Sally Field, Judy Davis. (CC)	Movie: A Cooler Climate ** 1/2 (1999, Drama) Sally Field, Judy Davis. (CC)	Movie: A Cooler Climate ** 1/2 (1999, Drama) Sally Field, Judy Davis. (CC)	Movie: A Cooler Climate ** 1/2 (1999, Drama) Sally Field, Judy Davis. (CC)	Movie: A Cooler Climate ** 1/2 (1999, Drama) Sally Field, Judy Davis. (CC)

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	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
KLBY/ABC (4) (6)	News (CC)	Kake News	College Football: Nebraska at USC. (Live) (CC)	College Football: Nebraska at USC. (Live) (CC)	Post Game	News (CC)	Grey's Anatomy	Ent. Tonight	Post Game	News (CC)	Grey's Anatomy	Ent. Tonight
KSNK/NBC (3) (8)	News	Wheel of Fortune	Outra-geous	Movie: Runaway Bride ** (1999) A columnist tries to get the scoop on a commitment-shy gal. Julia Roberts.	News	Saturday Night Live (CC)	News	Saturday Night Live (CC)	News	Saturday Night Live (CC)	News	Saturday Night Live (CC)
KBSL/CBS (12) (11)	News (CC)	Inside Edition	College Football: Florida at Tennessee. (Live) (CC)	College Football: Florida at Tennessee. (Live) (CC)	News (CC)	Paid Program	Alias Breaking Point (CC)	Alias Breaking Point (CC)	News (CC)	Paid Program	Alias Breaking Point (CC)	Alias Breaking Point (CC)
K15CG (2)	Branson Jubilee	Theatres of Branson.	Daniel O'Donnell: Branson Encore	Daniel O'Donnell: Branson Encore	ABBA in Concert (CC)	ABBA in Concert (CC)	Monty Python	Monty Python	ABBA in Concert (CC)	ABBA in Concert (CC)	Monty Python	Monty Python
ESPN (28)	Score-board	College Football: Clemson at Florida State. (Live) (CC)	SportsCenter (Live) (CC)	SportsCenter (Live) (CC)	SportsCenter (Live) (CC)	SportsCenter (Live) (CC)	College Football Final (Live) (CC)	College Football Final (Live) (CC)	SportsCenter (Live) (CC)	SportsCenter (Live) (CC)	College Football Final (Live) (CC)	College Football Final (Live) (CC)
USA (37)	(5:00) Movie: End of Days * 1/2 (1999)	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: Criminal Intent	Law & Order: SVU	Law & Order: SVU
TBS (38)	College Football: Arizona State at Colorado. (Live)	College Football: Arizona State at Colorado. (Live)	College Football: Arizona State at Colorado. (Live)	College Football: Arizona State at Colorado. (Live)	Movie: Dumb & Dumber ** (1994) Comedy) Jim Carrey, Jeff Daniels. (CC)	Movie: Dumb & Dumber ** (1994) Comedy) Jim Carrey, Jeff Daniels. (CC)	College Football	College Football	College Football	College Football	College Football	College Football
WGN (39)	America's Funniest Home Videos (CC)	World's Most Shocking	That's Just Wrong (CC)	That's Just Wrong (CC)	WGN News at Nine	WGN News at Nine	Sex and the City	Becker (CC)	Home Improve.	Home Improve.	Home Improve.	Home Improve.
TNT (40)	(5:00) Movie: Rush Hour 2 ** (2001)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)	Movie: Kill Bill: Vol. 2 *** (2004, Action) An assassin confronts her former boss and his gang. (CC)
DSC (42)	(5:00) MythBusters Mega Movie Myths	Supervolcano A powerful supervolcano lies under Yellowstone National Park.	Supervolcano A powerful supervolcano lies under Yellowstone National Park.	Supervolcano A powerful supervolcano lies under Yellowstone National Park.	MythBusters Cooling a Six-Pack	MythBusters Cooling a Six-Pack	Supervolcano	Supervolcano	Supervolcano	Supervolcano	Supervolcano	Supervolcano
A&E (47)	The First 48 Home invasion. (CC)	Cold Case Files (CC)	Cold Case Files (N)	The First 48 (CC)	American Justice	American Justice	Cold Case Files (CC)	Cold Case Files (CC)	American Justice	American Justice	Cold Case Files (CC)	Cold Case Files (CC)
HIST (48)	Modern Marvels (CC)	Movie: Windtalkers ** (2002, War) A Marine protects a Navajo code transmitter in World War II. Nicolas Cage. (CC)	Movie: Windtalkers ** (2002, War) A Marine protects a Navajo code transmitter in World War II. Nicolas Cage. (CC)	Movie: Windtalkers ** (2002, War) A Marine protects a Navajo code transmitter in World War II. Nicolas Cage. (CC)	Navajo Code Talkers (CC)	Navajo Code Talkers (CC)	Movie: Windtalkers ** (2002) (CC)	Movie: Windtalkers ** (2002) (CC)	Navajo Code Talkers (CC)	Navajo Code Talkers (CC)	Movie: Windtalkers ** (2002) (CC)	Movie: Windtalkers ** (2002) (CC)
NICK (55)	OddPar-ents	Spon-geBob	Avatar: The Last Airbender (CC)	Nick-toons TV	Nick-toons TV	Fresh Prince	Cosby Show	Rose-anne	Rose-anne	Rose-anne	Rose-anne	Rose-anne
DISN (56)	Hannah Montana	That's-Raven	Replace-ments	Ameri-can Drgn	Movie: Gotta Kick It Up ** 1/2 (2002) A teacher motivates a Latina dance team.	Zack & Cody	That's-Raven	Hannah Montana	Emperor New	Emperor New	Emperor New	Emperor New
FAM (58)	(4:00) Movie: Count-Cristo	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.	Movie: Willy Wonka and the Chocolate Factory *** (1971) Gene Wilder.
HALL (60)	Movie: A Season for Miracles ** (1999, Drama) Carla Gugino, Kathy Baker. (CC)	Movie: Falling in Love With the Girl Next Door (2006, Comedy) Patty Duke. (CC)	Movie: Falling in Love With the Girl Next Door (2006, Comedy) Patty Duke. (CC)	Movie: Falling in Love With the Girl Next Door (2006, Comedy) Patty Duke. (CC)	M*A*S*H Inga (CC)	M*A*S*H Inga (CC)	M*A*S*H The Price	M*A*S*H The Price	M*A*S*H The Price	M*A*S*H The Price	M*A*S*H The Price	M*A*S*H The Price

Chat with Rosalie

New column focuses on aging

As a way to inform older readers about ongoing and changing topics, Rosalie Seemann, secretary of the Northwest Kansas Area Agency on Aging, will answer questions or provide information about the agency on a monthly basis.



R. Seemann

Replies to questions posed to Seemann will be in column format. Readers may submit questions by writing Seemann at: Chat with Rosalie c/o Rosalie Seemann, 426 Hale, Levant, Kan. 67743, or by emailing: rseemann@st-tel.net.

The Northwest Kansas Area Agency on Aging is part of a national network of agencies created in 1973 by the Older Americans Act.

It is a private, nonprofit organization with the responsibility of administering Older American Act programs in the 18 counties of northwest Kansas.

The following are questions posed to Seemann and her responses.

Q. What are some of the options people have in order to make the transition to the age bracket known as "senior citizen" easier?
A. This sort of depends on the person. A person may be perfectly happy and not need, or want, any of the programs available to seniors. But if they are in need of options or pro-

grams to assist them in their senior years, the first thing is they should contact their Area Agency on Aging for assistance.

The Area Agency on Aging will assist the person in determining what or if they need assistance.

Q. What are some of the benefits for senior citizens which often go unused or little known about?

A. Probably the most unused program available to those over the age of 60 is the nutrition program.

This is the noon meal prepared five days a week at senior centers or prepared at one center and transported to another center.

This also serves as a "hospitality" site or get together for those that are alone in their home.

There is a suggested donation for those over age 60, and for those under 60 there is a set price for the meals.

This is a very good way for families to know their loved ones are getting one good balanced meal a day. The Area Agency on Aging also has the sites where