

# Woman's reaction to mom's death infuriates her sister

DEAR ABBY: My sister, "Sheila," and I have not had the friendliest relationship over the last few years. Five years ago, we moved our mother to a wonderful assisted-living facility close to me as she aged. I was responsible for all her care decisions. I am a single, full-time shift worker at a hospital, while Sheila is very affluent and flies on a private company jet.

When I received a phone call at work that Mom's end was near, I left immediately to be at her side. Mom was able to talk softly with me, and briefly with my sister on the phone. When the conversation ended, Sheila told me, "OK, I guess this is it," and said goodbye, adding it was "bad timing" since she had company coming.

I called Sheila on Mom's passing, two days later, to clarify notification of family and friends so there would be no duplication. She said she'd call only one family friend.

Sheila had friends visiting during that time and had planned an overnight suite and spa day at a five-star hotel in Beverly Hills on the same day Mom died, which she kept. Why do you think a daughter grieving her mother's passing would go to a health spa?

— STILL FURIOUS.  
DEAR STILL FURIOUS: Please accept my sympathy for the loss of your mother, which you still appear to be grieving. Perhaps it's time to let go of your anger and accept that everyone grieves in his or her own way. From your description of your sister's behavior, it appears she had emotionally distanced herself from her mother — and possibly you — long before your mother's actual passing. Letting go was easier for her than for you because she had already moved on.

DEAR ABBY: How can I tell my dear husband of nearly 50 years that he talks too much? I have tried telling him that conversation is a two-way street, and that as we grow older we should talk less and listen more — but his way of conversing is to tell long, involved stories, omitting not the slightest detail, and he will tell his life story to anyone who will listen.

I dread having dinner with friends and family now, knowing that at



**Abigail Van Buren**

● Dear Abby

some point, he will begin to hold court and the other diners will sit with glazed eyes, smothering their yawns and glancing at their watches. I don't want to hurt his feelings, but this problem is getting worse and I need some advice.

If you print this, perhaps he will see himself and realize that others need to be involved in conversations. Please help!

— DISTRESSED  
DEAR DISTRESSED: If your husband hasn't picked up on the social cues (glazed eyes and glances at watches) regarding his monologues, please do not count on him "seeing himself" in a letter in my column and realizing that it relates to him.

After nearly 50 years, you are, to put it mildly, long overdue for a frank talk with your spouse. And when you do, work out a signal you can give him to tell him when enough is enough. I hope it helps. But he's a little old to be learning social sensitivity. You may have to keep living with it and count your blessings for his virtues.

DEAR ABBY: When walking through two sets of doors, and someone holds both of them for you, when is the correct time to say "thank you"? Is it after the person holds the first door or the second? I have been wondering about this for quite some time.

— BRANDY  
DEAR BRANDY: Wonder no more. Say "thank you" twice.

DEAR ABBY: I am a 27-year-old female who has been in numerous relationships in the past. All ended with my being unfaithful or having an overwhelming desire to be. I can't seem to maintain a relationship for more than a short period of time due to this.

I recently sat down and admitted to myself that I am practicing sexually destructive behavior. I know what I'm doing is just plain crazy,

but I can't seem to stop. I did some research on sexual addiction and have considered attending meetings to help me get this under control.

The problem is, I told a (male) friend of mine about my problem. It was someone I care about and had a previous relationship with. I was shocked by his response. He said

maybe my problem is I've been trying to stifle my desires and I should explore them more — by attending sex parties with him! Was that an appropriate response? I don't know who else to ask about this, as I have not confided in anyone else. Should I cut him out of my life or forgive his ignorance?

— LOST IN TEXAS  
DEAR LOST: Cross this "friend" off your list immediately. Instead of supporting you, he is attempting to take advantage of your illness. You had it right the first time. Joining a group that will help you to overcome your compulsion will be a giant step toward healing. Please

## Hungry students eat fresh food through program

HYDE PARK, N.Y. (AP) — An earthy abundance from local farms comes through the loading docks of the Culinary Institute of America: sprigs of asparagus in the spring, peas and beets in the summer, apples and squash in the fall.

The food — much of it taken from the soil the day before — provides

fresh fodder for the Hudson Valley for the riverside school's five restaurants and classroom kitchens.

The culinary institute, which buys directly from about two dozen local farms, is among the many colleges providing healthier choices for their students while throwing a lifeline to farmers getting by on thin

margins. "We can't single-handedly save Hudson Valley agriculture," said Paul Wigsten, buyer for the culinary institute. "But we'd like to give it a shot."

The Web site farmtocollege.org lists more than 100 college buying programs, with such participants as Harvard University, Ohio Univer-

sity and the University of California, Santa Barbara.

In New York, local buying programs are in place at Vassar College, Hamilton College, Skidmore College and Rensselaer Polytechnic Institute, according to the Commission on Independent Colleges and Universities.



Worship in the church of your choice this weekend.



THE SHEPHERD'S STAFF, REXFORD, Joan Dingwerth, Director, 687-2565

### Schedule of church services

**ASCENSION-ON-THE-PRAIRIE EPISCOPAL**, Rev. Don Martin, College Drive & Wheatridge Rd., 462-3041, Holy Eucharist, 9:00 a.m. every Sunday, Evening Prayer, 5:15 p.m. Wednesday, September through May. Christian Education for Youth, 6:30 p.m. Wednesday, September through May

**COLLEGE DRIVE ASSEMBLY OF GOD**, Pastor, Jeremy Gundling, 245 W. College Dr. - 462-8234, Early Service - 8:00 a.m.; Sunday School 9:30 a.m., Morning Worship - 10:45 a.m.

**BEREAN CHURCH**, 1000 S. Franklin, 460-2763, www.colbyborean.com; Sunday School 9:30 a.m., Sunday Worship 10:45 a.m. Awana Clubs, Wednesday, 7 p.m., Middle & High School, Wednesday, 7 p.m. @ the Heartland Christian School Gym

**FIRST BAPTIST CHURCH**, Grant & Webster Street, 462-2867. Sunday School 9:15 a.m., Morning Worship 10:30 a.m., Youth Group 7:00 p.m., Wednesday Kids Club (K-6) 7:00 p.m.

**COLLEGE VIEW BAPTIST CHURCH**, (SBC), Pastor Tom Huffman, 1185 Wheatridge Rd. at College Drive, 460-7144, Sunday Bible Study 9:30 a.m., Sunday Worship services, 10:45 a.m.

**MINGO BIBLE CHURCH**, 420 Main Mingo, 785-462-2992: An independent community church served by Village Missions Pastor Chris Shubert. Sunday School: 9:30AM - all ages. Sunday Services: 10:45AM. Sunday Nights: 1st Sunday of the month: potluck following morning service - no evening service; 2nd Sunday: services at 6:30 PM; 3rd Sunday: informal fellowship - bring a snack to share!; 4th and 5th Sunday: services at 6:30 p.m.

**SACRED HEART CATHOLIC**, 462-2179, Father Dana Clark, Pastor, Saturday Eve. Mass 5:30 p.m., Sunday Masses 8:00 & 10:00 a.m., Confessions will be heard Saturday 4:30-5:05 p.m. and from 7:30-7:45 a.m. and 9:25-9:40 a.m. on Sunday.

**FIRST PRESBYTERIAN CHURCH**, Rev. Carol Rahn, 515 W. 4th, 462-6342, Worship, 9:00 a.m.

**WESLEYAN CHURCH**, 320 W. Pine - 462-8391, Sunday School 9:30 a.m., Sunday Worship 10:40 a.m., Sunday Evening Cell groups at 6:00 p.m., Wednesday Youth Ministries, Kids Clubhouse 7 p.m.

**CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**, 1145 S. Franklin - 460-6605, President Gary Slavens, 460-2656; Rocky Robbins, 1st counselor, 460-1101; Tim Wilson, 2nd counselor, 785-846-7796. Sacrament meeting 10 a.m., Sunday School and Primary 11:20 a.m., Priesthood, Relief Society, YM/YW, 12:10 p.m.; Family History Center open to public, 7-9 p.m. Thursdays or by appointment. Call 462-3571.

**COLBY UNITED METHODIST CHURCH**, Rev. James Mardock, pastor, 950 S. Franklin, 462-6521, Sunday Worship Services at 8:30 and 11:00 a.m., 6:30 p.m., Fellowship coffee 9:30 a.m., Sunday School, 9:45 a.m., KXXX broadcasts 11:00 worship. http://www.gbmg-umc.org/colby-umc/

**REDEEMING LOVE MINISTRIES, INC.**, 345 N. Franklin, Apostle W.G. and Rev. Orvella Romine, Equipping Class, Sunday, 10 a.m., Sunday worship, 11 a.m., Wednesday, R.L.M Training Center (Bible School), 7 p.m.

**CHURCH OF CHRIST**, 510 E. 4th, Jay Kelley, minister, Sunday Bible Study 9:30 a.m., Sunday Worship 10:30 a.m., Sunday Eve. Worship 6:00 p.m., Wednesday, Bible Study 7:00 p.m.

**COLBY EVANGELISM CENTER**, Rev. Robert Cooper, 815 West 3rd - 462-2062, Sunday School 9:45; Sunday service 10:00 and 6:30 p.m.; Wednesday Bible Study 6:30 p.m.; Friday Youth Power Hour at 7:00 p.m.

**FIRST CHRISTIAN CHURCH**, (Disciples of Christ), Pastor Bradley L. Herndon, 385 W. 3rd - 460-2718, Sunday Morning Worship at 9:00 a.m.; Sunday School at 10:30 a.m. E-mail: fccolby@st-tel.net

**TRINITY LUTHERAN CHURCH**, Rev. John L. Schmidt, East 5th & Country Club, 462-3497, Services, Sat., 5:30 p.m., Sunday; Sunday School and Adult Bible Class 9:15 a.m.; Services, 10:30 a.m. Visit us at www.trinitycolby.com

**OUR SAVIORS LUTHERAN CHURCH**, Brewster, Sunday worship 9:00 a.m.; 2nd Sunday of the month at 8:00 a.m.

**PLEASANT HOME CHURCH**, Pastor, Charlie Busch, 694-2242, 3190 Road 70, Edson, Worship, 9:00 a.m., Sunday School 10:00 a.m., Evening service, 6:00 p.m.

**LEVANT COMMUNITY CHURCH**, 205 1st St., Pastor Jerry Vincent, 586-2376, Sunday School (classes for 3 years & up and 3 adult classes) 9:30 a.m., Morning worship 10:30 a.m.

**WINONA METHODIST CHURCH**, Rev. Sheryl Johnson, Sunday School, 10:30 a.m., Morning Worship 9:15 a.m. (CDT)

**BREWSTER UNITED METHODIST CHURCH**, PO Box 250, Brewster. Pastor Dorine Chambers, 785-462-6044, Sunday School: 9:45 a.m.; Worship Service, 10:45 a.m.

**THE SHEPHERD'S STAFF, REXFORD**, Joan Dingwerth, Director, 687-2565

**REXFORD COMMUNITY CHURCH**, Rexford, Pastor Lane Purcell, 687-3305, Sunday School 9:30 a.m., Worship Service 10:30 a.m.

**BREWSTER COMMUNITY CHURCH**, Mike Pinkelman, Pastor, Brewster - 694-2720, Sunday School (all ages) 9:30 a.m., Worship Service 10:30 a.m., Bible Study 7:00 p.m., Wed. mornings 6:30 a.m. - Men's Bible Study, Wed. 7:00 p.m. - Children's Ministries (Royal Rangers/Missionettes), Wed. 7:15 p.m. - Intercessory & Prayer, Thurs. 4:00 p.m. - Women's Bible Study

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